

### Age Group Athletes Code of Conduct

The British Triathlon Federation is the national governing body of triathlon in Great Britain as recognised by the International Triathlon Union. This document is the Organisation's code of conduct specifically aimed at Age Group athletes, to offer guidance on good practice for the involvement in the sport of triathlon.

## Rights

As a responsible athlete you will:

- Treat all persons within the triathlon community with dignity and respect.
- Treat everyone equally.
- Not discriminate against an individual or group on any grounds, including age, sexual
  orientation, socio-economic status, disability, race, occupation, religion or political
  persuasion.
- Challenge discrimination in whatever form it takes.
- Recognise that abusive language, bullying, harassment and physical violence will not be tolerated.

# Behaviour

As a responsible athlete you will:

- Display a high standard of behaviour at all times. You should display courtesy and good manners towards others.
- Avoid swearing, abusive language and irresponsible behaviour. This includes behaviour that is dangerous to yourself and/or to others.
- Never engage in any inappropriate or illegal behaviour.
- Avoid destructive behaviour. Leave an event/training venue as you would like to find it.
- Report any poor behaviour by others to your Team Manager/club/coach/committee.
- Recognise and celebrate other athlete's successful performances.
- Consistently promote positive aspects of the sport.
- If you are seeking or receiving coaching support from another coach, you should inform your current coach. Likewise, if you are a member of more than one club, both clubs should be made aware.

# Competition

As a responsible athlete you will:

- Adhere to the ITU uniform and competition rules.
- Adhere to British Triathlon competition rules and British Triathlons code of Ethics
- Uphold the same values of sportsmanship in and out of competition.

#### **BRITISH TRIATHLON**

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- Cooperate fully with all others involved in the sport, including technical officials, team managers and support staff.
- Anticipate and be responsible for your own needs, in training and competition e.g. being organised, bringing appropriate equipment, being on time.
- Always thank coaches and officials that enable you to participate within the sport of triathlon.
- Adhere to the Anti-Doping Rules of the British Triathlon Federation which are the UK Anti-Doping Rules published by UKAD (or its successor), as amended from time to time. Such rules shall take effect and be construed as the rules of the British Triathlon Federation. You can find the UK Anti-Doping rules at <a href="http://www.ukad.org.uk/resources/document/uk-anti-doping-rules">http://www.ukad.org.uk/resources/document/uk-anti-doping-rules</a>. These rules apply to all athletes and athlete support personnel who are members of the British Triathlon Federation and its Home Nation Associations of Triathlon England, Welsh Triathlon and Triathlon Scotland. You should be aware that you are personally responsible for any prohibited substance found in your system, regardless of how it got there and whether or not you had an intention to cheat. The Anti-Doping Rules stipulate that any athlete can be tested at any time. British Triathlon also reserves the right to coordinate doping control.

# To young person's (under 18's) especially:

- Never accept lifts in cars or invitations into homes on your own without prior knowledge and consent of a parent/guardian/carer.
- Ensure you always have safe travel arrangements to and from training and racing.
- Report any accidental injury, distress or misunderstanding to a parent/guardian, Team manager or welfare officer.

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