East Midlands Regional Committee AGM 2023 Report

Regional Development Manager- East Midlands Sarah Williams

The work programme of the Regional Development Managers is based around the values and goals laid out in the British Triathlon Strategic plan: 2019-2024

Our 4 Values:

**We are people centred**

* **We are ambitious**
* **We are inclusive**
* **We do what’s right**

Our enabling goals:

* **Exceptional People**
* **Outstanding events**
* **Excellent Organisation**
* **Elevated Profile**

Our Goals:

* **More Participants**
* **Great Clubs**
* **Growing Membership**
* **Winning athletes**

It has been a year of change within British Triathlon. It seems to also be a year where there is some stabilisation and growth back into the sport. Events are up from last year and there has been an increase in the number of affiliated clubs.

The coach education programme has restarted with the new look courses in Foundation and Group coach available for booking.

Courses planned for 2023/2024 – Foundation coach – Worksop 27.09.2023 and Yarborough 18.01.2024

Group coach – 28.09.2023 Harborough and Yarborough 14.03.2024.

2023 saw the end of the GO TRI programme after 10 years, and the launch of the Swim Bike Run programmes. As the Swim Bike Run programmes become established, I think we will see more beginner participation in the “develop” (training) sessions and “mini” events programme. For more information on the Swim Bike Run programmes check the website: <https://www.britishtriathlon.org/swim-bike-run-programme>

**Priority Place Update**

Progress has really been made within my Place Based area of The Dales in Nottingham City. Relationships and collaboration is happening between British Cycling, local community groups, Nottingham City Council and lead organsations in the area. Below are the examples of activity that has taken place in 2023.

* New Muslim women’s swim session every Wednesday at Victoria Leisure Centre.
* 10-week cycle for confidence course that ran May to July.
* Bike project to service donated bikes by Paul Fowler. Now running a children bike club in Sneinton.
* Funding brought in £1550 used in the above projects.

**Statistics**

Club and individual membership

Total number of clubs EM (my region) 50 Clubs including Juniors or Junior clubs (17)

Total membership EM (my region) 2020

Events

Total number of events 60

Coaches and Activators

L1 Female – 60 and Male – 106

L2 Female – 40 and Male – 85

L2 Diploma - Female 8 and Male 11

HPCP – Female 8 and Male 24

Community Activator – Female 11 and 15 Male

CPD Workshops

Open Water – Spring Lakes Nottingham – 21.05.2023

Strength and Conditioning – Willison Sports Centre, Northants – 09.09.2023