

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.)	T1	BIKE (PI-Bike.)	T2	RUN (PI-Run.)	Total	Diff.
MJU17										
1	1012	Daniel, Gareth	GBR	0:09:56 (3.)	2:41	0:36:02 (6.)	1:20	0:17:59 (22.)	01:07:56	+00:00:00
2	1016	Mitchell, Owen	GBR	0:09:40 (2.)	2:31	0:37:19 (18.)	1:26	0:17:28 (11.)	01:08:22	+00:00:26
3	1018	White, Charlie	GBR	0:10:28 (5.)	3:13	0:38:17 (43.)	1:31	0:17:54 (17.)	01:11:21	+00:03:25
4	1013	El-Saied, Mohamed Ahm	EGY	0:09:40 (1.)	3:07	0:44:34 (348.)	1:32	0:17:08 (5.)	01:15:59	+00:08:03
5	1011	Carrillo Duarte, Guillem	MEX	0:11:50 (28.)	2:50	0:41:11 (154.)	1:50	0:20:03 (90.)	01:17:42	+00:09:46
6	6165	Lewis Rodriguez, Philip	BEL	0:12:55 (56.)	3:45	0:41:28 (169.)	2:54	0:19:06 (46.)	01:20:05	+00:12:09
7	1014	Flaherty, Sam	GBR	0:13:33 (95.)	4:05	0:39:02 (63.)	2:09	0:22:00 (213.)	01:20:47	+00:12:51

MSEN1

1	1029	Smith, Elliot	GBR	0:11:05 (15.)	3:01	0:38:16 (42.)	2:16	0:19:49 (76.)	01:14:26	+00:00:00
2	1056	Pratt, William	GBR	0:17:06 (400.)	3:22	0:36:35 (12.)	1:47	0:17:11 (7.)	01:15:59	+00:01:33
3	1049	Hallanoro, Matti	FIN	0:14:12 (141.)	3:34	0:38:11 (39.)	1:52	0:18:35 (27.)	01:16:22	+00:01:56
4	1054	MacDonald, Rory	GBR	0:13:17 (73.)	3:02	0:40:32 (129.)	1:30	0:20:34 (120.)	01:18:53	+00:04:27
5	1059	Stenning, Gavin	GBR	0:16:36 (359.)	3:56	0:40:41 (137.)	1:53	0:22:41 (273.)	01:25:45	+00:11:19
6	1060	Turner, Matthew	GBR	0:13:49 (110.)	3:52	0:41:59 (207.)	2:23	0:24:21 (376.)	01:26:22	+00:11:56
7	13175	Edwards, Robert	GBR	0:15:21 (248.)	3:35	0:43:25 (286.)	1:55	0:22:37 (263.)	01:26:50	+00:12:24
8	6127	Bilboe, Stephen	GBR	0:16:01 (309.)	3:52	0:43:36 (301.)	1:39	0:21:57 (210.)	01:27:03	+00:12:37
9	1058	Smart, Willie	GBR	0:16:04 (315.)	3:31	0:45:21 (396.)	2:23	0:20:23 (104.)	01:27:39	+00:13:13
10	1045	Bowman, Fred	GBR	0:16:14 (331.)	4:00	0:44:53 (365.)	1:58	0:20:44 (131.)	01:27:46	+00:13:20
11	1027	Mester, Alexander	GER	0:16:44 (368.)	3:45	0:42:12 (216.)	2:08	0:23:20 (321.)	01:28:08	+00:13:42
12	1030	Twist, Freddie	GBR	0:13:18 (77.)	3:54	0:52:38 (556.)	2:32	0:20:23 (107.)	01:32:44	+00:18:18
13	7030	Cassemis, Lance	GBR	0:17:55 (463.)	4:15	0:47:12 (471.)	1:55	0:23:39 (345.)	01:34:54	+00:20:28
14	1151	Macleod, John	GBR	0:16:04 (314.)	4:13	0:46:07 (436.)	2:36	0:27:28 (512.)	01:36:27	+00:22:01
15	7028	Potts, Richard	GBR	0:20:23 (541.)	3:20	0:45:35 (411.)	1:42	0:26:13 (473.)	01:37:12	+00:22:46
16	6031	Butcher, Giles	GBR	0:18:53 (497.)	6:13	0:46:08 (439.)	2:56	0:26:06 (467.)	01:40:14	+00:25:48
17	1024	Seeck, Christian	GER	0:20:12 (538.)	4:43	0:44:53 (366.)	2:56	0:27:38 (518.)	01:40:19	+00:25:53
18	1036	Morton, Jon	GBR	0:16:18 (338.)	5:32	0:53:36 (566.)	3:01	0:22:10 (231.)	01:40:35	+00:26:09
19	1044	Bennett, Colin	GBR	0:20:40 (545.)	4:58	0:49:36 (517.)	3:07	0:26:30 (484.)	01:44:48	+00:30:22
20	7029	Newcombe, Gary	GBR	0:23:26 (576.)	6:11	0:46:58 (462.)	2:45	0:26:32 (485.)	01:45:51	+00:31:25
21	1041	Haskell, Sean	USA	0:18:17 (478.)	6:36	0:51:23 (543.)	2:52	0:27:33 (516.)	01:46:39	+00:32:13

MSEN2

1	2150	O Callaghan, Tyler	GBR	0:10:35 (6.)	2:38	0:35:30 (2.)	1:21	0:17:01 (4.)	01:07:03	
2	2058	Chadburn, Adam	AUS	0:10:20 (4.)	2:45	0:36:06 (7.)	1:28	0:17:44 (15.)	01:08:21	+00:01:18
3	2055	Biddlecombe, Robert	GBR	0:11:41 (23.)	2:47	0:35:48 (3.)	1:35	0:18:06 (23.)	01:09:55	+00:02:52
4	1157	Hayton, Robbie	GBR	0:11:09 (16.)	3:50	0:38:06 (36.)	1:48	0:18:33 (26.)	01:13:24	+00:06:21
5	2143	Marshall, Justin	GBR	0:11:16 (18.)	3:37	0:38:55 (59.)	1:51	0:18:37 (28.)	01:14:14	+00:07:11
6	1170	Booth, Robert	GBR	0:13:59 (127.)	3:11	0:37:39 (26.)	1:37	0:17:58 (20.)	01:14:22	+00:07:19
7	2155	Raistrick, Luke	GBR	0:11:47 (26.)	3:08	0:37:37 (25.)	2:04	0:19:59 (87.)	01:14:32	+00:07:29
8	2053	Bardiger, Daniel	GBR	0:14:14 (144.)	3:31	0:37:23 (19.)	1:51	0:18:53 (41.)	01:15:49	+00:08:46
9	1130	Wicker, Oliver	GBR	0:15:10 (230.)	3:25	0:38:11 (40.)	2:08	0:17:29 (12.)	01:16:21	+00:09:18
10	9067	Roberts, Josh	GBR	0:11:51 (29.)	3:10	0:39:19 (73.)	1:38	0:20:43 (130.)	01:16:38	+00:09:35
11	1135	King, Daniel	GBR	0:12:08 (37.)	4:34	0:40:06 (97.)	2:25	0:19:38 (64.)	01:18:50	+00:11:47
12	1117	McCullagh, Chris	GBR	0:14:15 (146.)	3:24	0:37:50 (29.)	1:54	0:21:33 (184.)	01:18:54	+00:11:51
13	2175	Willis, David	GBR	0:12:59 (59.)	3:54	0:41:11 (153.)	1:41	0:19:39 (65.)	01:19:23	+00:12:20
14	1034	Miller, Will	GBR	0:13:29 (88.)	3:32	0:39:38 (81.)	2:01	0:21:23 (166.)	01:20:01	+00:12:58
15	1152	Shearn, David	GBR	0:15:03 (214.)	3:26	0:39:19 (72.)	1:45	0:20:38 (124.)	01:20:09	+00:13:06
16	2158	Reid, Spike	GBR	0:15:22 (252.)	3:22	0:39:22 (74.)	2:09	0:20:09 (95.)	01:20:23	+00:13:20
17	2002	Ellis, Russell	GBR	0:14:09 (138.)	3:28	0:40:23 (119.)	2:13	0:20:21 (103.)	01:20:32	+00:13:29
18	1145	Baker, Ed	GBR	0:13:25 (86.)	3:42	0:40:00 (90.)	2:16	0:21:20 (159.)	01:20:40	+00:13:37
19	1156	Bonsall, Nicholas	GBR	0:11:31 (21.)	3:27	0:41:22 (163.)	2:29	0:21:59 (211.)	01:20:45	+00:13:42
20	2172	Ventre, Renato	BRA	0:15:09 (226.)	3:24	0:41:19 (161.)	1:44	0:19:19 (51.)	01:20:52	+00:13:49

GLOBAL PARTNER



SUUNTO

PRESENTED BY

TATA STEEL

LOCAL PARTNER

VISIT LONDON
VISITLONDON.COM/SPORT



speedo

EVENT ORGANISER

upsolut sports uk.

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.)	T1	BIKE (PI-Bike.)	T2	RUN (PI-Run.)	Total	Diff.
21	2121	Groves, Alistair	GBR	0:13:33 (94.)	4:26	0:38:15 (41.)	2:37	0:22:10 (230.)	01:20:59	+00:13:56
22	1038	Priestley, Ben	GBR	0:15:52 (297.)	3:18	0:41:12 (157.)	2:02	0:19:17 (49.)	01:21:39	+00:14:36
23	1132	James, Phil	GBR	0:16:24 (343.)	3:09	0:40:01 (91.)	2:35	0:19:41 (70.)	01:21:48	+00:14:45
24	2014	Norman, Chris	GBR	0:13:54 (120.)	3:54	0:42:11 (214.)	1:58	0:20:03 (89.)	01:21:57	+00:14:54
25	2056	Butler, Mark	GBR	0:14:20 (150.)	3:15	0:43:41 (302.)	1:48	0:19:14 (48.)	01:22:17	+00:15:14
26	2169	Thompson, James	GBR	0:13:18 (76.)	3:16	0:43:28 (290.)	2:17	0:20:08 (93.)	01:22:26	+00:15:23
27	1033	Jermyn, Steven	GBR	0:14:58 (205.)	3:40	0:41:07 (151.)	2:12	0:20:54 (140.)	01:22:50	+00:15:47
28	1118	Coyle, James	GBR	0:14:22 (154.)	3:46	0:41:45 (193.)	2:21	0:21:15 (153.)	01:23:26	+00:16:23
29	1035	Morgan, Andy	GBR	0:14:42 (184.)	3:44	0:41:30 (171.)	2:15	0:21:21 (163.)	01:23:30	+00:16:27
30	1171	Morris, Chris	GBR	0:17:25 (425.)	3:06	0:41:58 (205.)	1:26	0:19:44 (74.)	01:23:37	+00:16:34
31	1121	Symes, Lewis	GBR	0:15:21 (248.)	5:10	0:41:10 (152.)	1:52	0:20:40 (128.)	01:24:10	+00:17:07
32	2127	Ireson, William	GBR	0:14:35 (172.)	5:04	0:44:11 (328.)	1:59	0:18:53 (40.)	01:24:40	+00:17:37
33	2140	Loweth, Alistair	GBR	0:15:03 (215.)	3:22	0:42:10 (213.)	1:52	0:22:25 (249.)	01:24:51	+00:17:48
34	1134	Hebblethwaite, Edward	GBR	0:14:33 (169.)	5:07	0:40:03 (92.)	2:30	0:23:12 (306.)	01:25:24	+00:18:21
35	2047	Mighell, Justin	AUS	0:14:55 (201.)	5:30	0:41:33 (177.)	1:53	0:22:01 (216.)	01:25:50	+00:18:47
36	1066	Jardine, Alastair	GBR	0:13:53 (119.)	4:45	0:42:54 (250.)	2:17	0:22:22 (247.)	01:26:08	+00:19:05
37	2167	Tester, Nicholas	GBR	0:15:23 (257.)	3:52	0:43:26 (288.)	2:41	0:20:50 (137.)	01:26:11	+00:19:08
38	2048	Addo, Conrad	GBR	0:17:53 (461.)	3:50	0:41:26 (167.)	3:33	0:19:47 (75.)	01:26:27	+00:19:24
39	6008	Fox, Benjamin	GBR	0:13:24 (85.)	5:01	0:46:38 (454.)	1:54	0:19:40 (68.)	01:26:35	+00:19:32
40	1165	Attreed, Kevin	GBR	0:15:54 (300.)	3:59	0:40:06 (96.)	2:16	0:24:32 (390.)	01:26:44	+00:19:41
41	2173	Wharton, Barnaby	GBR	0:14:15 (145.)	6:16	0:40:08 (99.)	2:41	0:23:29 (328.)	01:26:46	+00:19:43
42	2026	Donovan, Neil	IRL	0:17:21 (420.)	3:51	0:45:35 (410.)	2:09	0:17:58 (19.)	01:26:52	+00:19:49
43	6123	Rowland, Harry	GBR	0:16:59 (388.)	4:58	0:44:49 (360.)	2:01	0:19:07 (47.)	01:27:52	+00:20:49
44	2139	Lowe, Neil	GBR	0:11:46 (25.)	4:44	0:44:00 (319.)	3:06	0:24:23 (380.)	01:27:57	+00:20:54
45	2016	Retter, Simon	GBR	0:16:18 (339.)	4:47	0:42:28 (231.)	2:37	0:22:01 (215.)	01:28:09	+00:21:06
46	2019	Parsons, Matthew	GBR	0:14:43 (185.)	3:32	0:44:00 (321.)	2:22	0:23:37 (338.)	01:28:12	+00:21:09
47	2029	Huntington, Samuel	USA	0:17:04 (397.)	4:54	0:44:35 (349.)	1:52	0:19:58 (85.)	01:28:20	+00:21:17
48	1008	Czyzyk, Matthew	GBR	0:15:15 (240.)	4:11	0:43:22 (281.)	2:42	0:23:02 (296.)	01:28:31	+00:21:28
49	2035	Dudnikov, Anton	GBR	0:17:32 (437.)	4:39	0:42:53 (249.)	3:07	0:20:39 (127.)	01:28:48	+00:21:45
50	2166	Taylor, Steven	GBR	0:15:02 (210.)	4:18	0:44:55 (370.)	2:00	0:22:39 (265.)	01:28:52	+00:21:49
51	2135	Lindsay, Nick	GBR	0:14:30 (165.)	4:29	0:46:00 (428.)	2:07	0:21:51 (204.)	01:28:55	+00:21:52
52	1154	Bruce, Rob	GBR	0:15:22 (251.)	3:49	0:42:18 (222.)	2:09	0:25:24 (433.)	01:29:00	+00:21:57
53	2023	Epoque, Julien	FRA	0:16:26 (346.)	4:56	0:43:09 (269.)	2:10	0:22:27 (250.)	01:29:06	+00:22:03
54	2124	Hartley, Eric	USA	0:14:58 (206.)	4:38	0:47:20 (476.)	2:09	0:20:05 (91.)	01:29:09	+00:22:06
55	1149	Peachey, David	GBR	0:17:12 (406.)	5:24	0:44:14 (333.)	1:41	0:20:48 (136.)	01:29:16	+00:22:13
56	2062	Cox, Calvin	GBR	0:15:04 (216.)	4:16	0:44:48 (359.)	2:36	0:22:53 (290.)	01:29:36	+00:22:33
57	2123	Haigh, Robert	GBR	0:14:50 (193.)	4:26	0:44:31 (347.)	2:30	0:23:24 (325.)	01:29:39	+00:22:36
58	2057	Carbayo, Nestor	ESP	0:17:28 (433.)	4:26	0:43:30 (292.)	2:09	0:22:33 (259.)	01:30:05	+00:23:02
59	1125	Whitaker, Steve	GBR	0:15:24 (259.)	6:37	0:42:32 (234.)	2:03	0:23:44 (349.)	01:30:19	+00:23:16
60	2022	Brown, Ned	GBR	0:16:34 (357.)	5:19	0:42:59 (259.)	2:22	0:23:20 (319.)	01:30:32	+00:23:29
61	2064	Crockford, Alistair	GBR	0:14:46 (186.)	4:09	0:45:04 (379.)	2:20	0:24:36 (395.)	01:30:53	+00:23:50
62	1064	Baskerville, Ashley	AUS	0:16:00 (307.)	4:10	0:45:26 (403.)	2:25	0:23:01 (295.)	01:31:00	+00:23:57
63	2027	Hughes, Nick	GBR	0:17:19 (417.)	3:47	0:45:33 (408.)	1:57	0:22:33 (260.)	01:31:07	+00:24:04
64	2049	Allen, Robert	GBR	0:15:28 (263.)	4:56	0:44:39 (353.)	2:28	0:23:53 (360.)	01:31:21	+00:24:18
65	1139	Greig, Edward	GBR	0:16:15 (333.)	4:25	0:45:51 (417.)	2:15	0:22:58 (294.)	01:31:43	+00:24:40
66	1026	Mayer, Alexander	GER	0:19:27 (514.)	4:09	0:44:16 (335.)	1:49	0:22:13 (235.)	01:31:51	+00:24:48
67	2174	Williamson, Kirk	IRL	0:17:00 (392.)	3:42	0:46:29 (447.)	2:37	0:22:43 (277.)	01:32:29	+00:25:26
68	1172	Delaney, Nathan	GBR	0:17:37 (444.)	4:37	0:46:07 (435.)	2:29	0:22:03 (220.)	01:32:50	+00:25:47
69	2162	Sketchley, Evan	CAN	0:17:20 (418.)	5:03	0:44:51 (363.)	2:45	0:22:54 (291.)	01:32:51	+00:25:48
70	7024	Jefferies, Paul	GBR	0:15:04 (217.)	5:15	0:45:01 (375.)	2:27	0:25:45 (451.)	01:33:30	+00:26:27
71	1127	Buzzard, David	GBR	0:15:29 (264.)	4:37	0:47:06 (466.)	1:47	0:24:54 (409.)	01:33:51	+00:26:48
72	7128	Fordham, Stephen	GBR	0:16:53 (380.)	6:03	0:47:39 (485.)	1:42	0:22:39 (266.)	01:34:54	+00:27:51
73	2039	Berry, Tom	GBR	0:14:57 (204.)	4:30	0:50:21 (530.)	2:15	0:23:16 (313.)	01:35:17	+00:28:14
74	13147	Byrne, Tim	AUS	0:13:42 (104.)	6:05	0:44:20 (337.)	3:01	0:28:24 (538.)	01:35:30	+00:28:27

GLOBAL PARTNER 	PRESENTED BY 	LOCAL PARTNER 				EVENT ORGANISER 
---	---	--	---	--	---	--

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.)	T1	BIKE (PI-Bike.)	T2	RUN (PI-Run.)	Total	Diff.
75	6063	O Neal, Harvey	GBR	0:16:33 (356.)	6:21	0:45:53 (420.)	2:20	0:24:38 (397.)	01:35:44	+00:28:41
76	1175	Simpson, Davy	GBR	0:17:13 (407.)	5:49	0:43:43 (303.)	2:05	0:26:58 (499.)	01:35:47	+00:28:44
77	2157	Rees, Chris	GBR	0:14:49 (192.)	5:57	0:46:42 (457.)	2:41	0:25:40 (448.)	01:35:47	+00:28:44
78	7126	Saito, Taro	JPN	0:15:05 (221.)	6:43	0:47:20 (475.)	2:22	0:24:40 (399.)	01:36:08	+00:29:05
79	1022	Cieslak, Michael	GER	0:20:28 (542.)	5:13	0:43:15 (277.)	2:28	0:25:04 (421.)	01:36:27	+00:29:24
80	2156	Rees, Thomas	GBR	0:16:17 (337.)	5:17	0:50:24 (532.)	2:00	0:22:33 (258.)	01:36:29	+00:29:26
81	1150	Forster, Alex	GBR	0:22:43 (573.)	5:19	0:43:20 (280.)	2:29	0:22:40 (269.)	01:36:29	+00:29:26
82	7127	Bates, David	GBR	0:19:20 (506.)	4:12	0:43:32 (297.)	3:00	0:26:56 (497.)	01:36:59	+00:29:56
83	1147	Jolley, Phil	GBR	0:18:02 (467.)	5:34	0:47:43 (487.)	1:54	0:23:57 (363.)	01:37:07	+00:30:04
84	1169	Kyegombe, Semyalo	GBR	0:17:25 (425.)	5:45	0:47:14 (473.)	3:10	0:23:52 (358.)	01:37:25	+00:30:22
85	1129	Gardiner, Miles	GBR	0:15:23 (256.)	7:28	0:47:41 (486.)	2:00	0:25:17 (430.)	01:37:47	+00:30:44
86	1153	Wellesley-Wood, Adam	GBR	0:18:40 (489.)	5:02	0:46:04 (432.)	3:04	0:25:26 (437.)	01:38:13	+00:31:10
87	2164	Spurr, Chris	GBR	0:22:04 (563.)	5:32	0:43:30 (293.)	3:22	0:24:25 (382.)	01:38:52	+00:31:49
88	7025	Holden, John	GBR	0:19:59 (532.)	4:46	0:46:32 (449.)	2:05	0:26:29 (483.)	01:39:48	+00:32:45
89	1039	Sayer, Sebastian	GBR	0:20:05 (536.)	4:40	0:46:35 (451.)	3:52	0:25:07 (424.)	01:40:16	+00:33:13
90	1161	Shering, Dan	GBR	0:11:41 (22.)	5:04	0:55:40 (577.)	2:11	0:25:53 (458.)	01:40:27	+00:33:24
91	6124	Rubin, Adrian	AUS	0:15:57 (302.)	5:41	0:51:57 (547.)	1:59	0:26:18 (476.)	01:41:50	+00:34:47
92	2060	Clifford Kinlan, Andrew	IRL	0:21:21 (558.)	3:55	0:48:38 (505.)	3:43	0:24:18 (374.)	01:41:53	+00:34:50
93	7026	McIntosh, Ian	GBR	0:17:23 (424.)	4:44	0:54:09 (571.)	2:53	0:22:51 (287.)	01:41:58	+00:34:55
94	2118	Giudici, Marcus	BRA	0:17:00 (391.)	5:48	0:50:30 (534.)	2:47	0:26:02 (463.)	01:42:06	+00:35:03
95	1113	Vine, George	GBR	0:17:48 (453.)	5:18	0:50:13 (527.)	2:07	0:27:26 (511.)	01:42:51	+00:35:48
96	6034	Nolan, Matthew	GBR	0:20:42 (546.)	5:30	0:52:31 (552.)	2:12	0:23:02 (297.)	01:43:55	+00:36:52
97	6035	Sharpe, Matthew	GBR	0:21:12 (555.)	6:13	0:52:57 (559.)	2:50	0:21:46 (195.)	01:44:56	+00:37:53
98	8177	Marwood, Adam	GBR	0:21:37 (560.)	4:06	1:00:11 (581.)	1:37	0:20:28 (114.)	01:47:57	+00:40:54
99	J4068	Mccallum, Stewart	ZAF	0:17:50 (456.)	6:46	0:51:04 (540.)	4:43	0:28:03 (530.)	01:48:24	+00:41:21
100	7027	Rajput, Kamal	GBR	0:25:56 (592.)	4:39	0:54:02 (569.)	2:53	0:26:44 (496.)	01:54:13	+00:47:10
101	6156	Hadjihari, Chris	GBR	0:26:57 (594.)	6:13	0:50:45 (538.)	3:02	0:30:43 (569.)	01:57:38	+00:50:35
102	2030	Smith, Craig	GBR	0:27:11 (595.)	6:31	1:04:28 (588.)	2:48	0:29:31 (547.)	02:10:27	+01:03:24

MSEN3

1	6179	Pearce, Ben	GBR	0:11:56 (33.)	2:41	0:35:56 (5.)	1:19	0:17:31 (13.)	01:09:21	+00:00:00
2	3018	Bloxam, Andrew	GBR	0:10:55 (11.)	2:34	0:36:46 (13.)	1:35	0:17:38 (14.)	01:09:27	+00:00:06
3	I3151	Candler, Neil	GBR	0:10:44 (7.)	3:14	0:37:55 (32.)	1:46	0:19:19 (52.)	01:12:56	+00:03:35
4	I3174	Harrington, Bruce	ZAF	0:12:08 (38.)	3:14	0:38:30 (47.)	2:08	0:19:18 (50.)	01:15:17	+00:05:56
5	L4113	Wickham, Ben	GBR	0:13:57 (125.)	3:52	0:38:34 (50.)	1:47	0:17:17 (9.)	01:15:25	+00:06:04
6	2009	Hopkins, Peter	GBR	0:11:02 (13.)	3:37	0:40:05 (95.)	1:40	0:19:38 (63.)	01:15:59	+00:06:38
7	I3141	Barker, Simon	GBR	0:13:26 (87.)	3:15	0:40:34 (133.)	1:47	0:17:12 (8.)	01:16:12	+00:06:51
8	J4018	Leat, Christopher	GBR	0:13:32 (92.)	3:07	0:39:06 (66.)	1:40	0:19:23 (55.)	01:16:46	+00:07:25
9	J4055	Skelton, Tom	GBR	0:14:36 (174.)	3:27	0:37:55 (31.)	2:16	0:18:57 (42.)	01:17:09	+00:07:48
10	J4020	Mac Lean, Bruce	ZAF	0:10:56 (12.)	3:48	0:38:41 (53.)	2:22	0:21:42 (192.)	01:17:27	+00:08:06
11	J4033	Norris, Liam	GBR	0:13:41 (103.)	3:38	0:39:02 (62.)	2:10	0:19:30 (58.)	01:18:00	+00:08:39
12	I3129	STAFFORD, PATRICK	GBR	0:15:49 (288.)	4:12	0:38:04 (35.)	1:58	0:18:40 (31.)	01:18:41	+00:09:20
13	I3140	Bailey, Andrew	GBR	0:13:45 (107.)	3:45	0:38:34 (49.)	2:02	0:21:18 (158.)	01:19:23	+00:10:02
14	1063	Spelstra, Daan	NLD	0:13:56 (124.)	3:41	0:38:08 (37.)	2:18	0:21:24 (168.)	01:19:26	+00:10:05
15	J4035	O Leary, Justin	AUS	0:14:38 (178.)	3:17	0:40:22 (116.)	1:58	0:20:11 (96.)	01:20:24	+00:11:03
16	I3168	Giannangelo, Chris	GBR	0:14:09 (140.)	3:33	0:39:41 (82.)	1:53	0:21:13 (150.)	01:20:28	+00:11:07
17	J4015	King, Paul	GBR	0:13:37 (100.)	3:10	0:41:40 (184.)	1:57	0:20:16 (100.)	01:20:39	+00:11:18
18	3031	Hall, Tim	GBR	0:15:32 (267.)	4:29	0:40:04 (93.)	1:57	0:18:51 (38.)	01:20:51	+00:11:30
19	3011	King, Tom	GBR	0:15:02 (212.)	3:49	0:40:43 (138.)	1:55	0:20:23 (105.)	01:21:50	+00:12:29
20	3019	Henderson, Tom	GBR	0:14:54 (199.)	3:49	0:41:41 (187.)	2:04	0:19:57 (82.)	01:22:23	+00:13:02
21	2024	Hardcastle, Ian	GBR	0:12:53 (55.)	4:18	0:42:57 (255.)	1:59	0:20:27 (112.)	01:22:31	+00:13:10
22	6021	Giles, Jon	GBR	0:13:45 (106.)	3:53	0:40:12 (104.)	2:10	0:22:39 (267.)	01:22:37	+00:13:16
23	J4048	Sanders, Duncan	GBR	0:15:24 (260.)	3:46	0:39:02 (64.)	2:30	0:21:59 (212.)	01:22:40	+00:13:19
24	3041	Playfair, Richard	GBR	0:14:32 (166.)	3:57	0:40:21 (114.)	3:34	0:20:42 (129.)	01:23:03	+00:13:42

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.)	T1	BIKE (PI-Bike.)	T2	RUN (PI-Run.)	Total	Diff.
25	I3143	Behling, Alessandro	BRA	0:16:09 (323.)	4:16	0:40:14 (106.)	2:11	0:20:28 (115.)	01:23:16	+00:13:55
26	I3134	Beer, Jon	GBR	0:13:51 (112.)	3:52	0:41:12 (156.)	2:20	0:22:06 (224.)	01:23:19	+00:13:58
27	I3135	Green, Anthony	GBR	0:16:19 (341.)	3:45	0:39:43 (84.)	2:08	0:21:38 (188.)	01:23:31	+00:14:10
28	J4052	Severn, James	GBR	0:13:48 (109.)	4:13	0:42:36 (237.)	2:10	0:20:53 (139.)	01:23:38	+00:14:17
29	1122	Bland, James	GBR	0:12:40 (50.)	3:56	0:42:09 (211.)	1:58	0:23:18 (316.)	01:23:59	+00:14:38
30	2044	Walters, Mark	GBR	0:12:08 (36.)	4:28	0:44:47 (357.)	1:41	0:21:00 (143.)	01:24:02	+00:14:41
31	I3154	Carey, Chris	GBR	0:15:09 (225.)	3:54	0:41:25 (166.)	2:11	0:21:30 (176.)	01:24:07	+00:14:46
32	3025	Clark, Richard	GBR	0:14:30 (162.)	4:23	0:41:55 (202.)	2:34	0:20:47 (134.)	01:24:08	+00:14:47
33	J4054	Sherriff, Michael	ZAF	0:15:45 (283.)	3:47	0:40:09 (100.)	2:44	0:21:52 (206.)	01:24:16	+00:14:55
34	J4042	Pownceby, Nicholas	GBR	0:13:33 (93.)	3:57	0:40:47 (141.)	2:43	0:23:24 (324.)	01:24:21	+00:15:00
35	1164	Attreed, Lee	GBR	0:15:45 (282.)	4:01	0:40:16 (109.)	2:36	0:22:13 (234.)	01:24:49	+00:15:28
36	3051	Foster, James	GBR	0:15:16 (241.)	3:20	0:40:20 (113.)	2:32	0:23:35 (334.)	01:25:02	+00:15:41
37	3014	Taylor, Joe	GBR	0:14:07 (137.)	3:51	0:41:54 (198.)	2:13	0:23:03 (298.)	01:25:07	+00:15:46
38	J4045	Rehr, Christoph	GER	0:17:42 (451.)	4:02	0:40:26 (124.)	2:09	0:20:58 (142.)	01:25:14	+00:15:53
39	2015	Retter, Jonathan	GBR	0:14:49 (189.)	3:42	0:42:55 (252.)	2:42	0:21:20 (160.)	01:25:25	+00:16:04
40	J4057	Smith, Hayden	GBR	0:13:48 (108.)	4:21	0:41:55 (203.)	2:39	0:22:46 (280.)	01:25:27	+00:16:06
41	6171	Boyle, Tom	GBR	0:13:36 (98.)	4:33	0:42:07 (210.)	3:00	0:22:19 (242.)	01:25:33	+00:16:12
42	3021	Raposa, Jan	SVN	0:14:49 (190.)	4:00	0:40:44 (140.)	2:22	0:23:47 (353.)	01:25:40	+00:16:19
43	6040	Brown, Philip	GBR	0:13:06 (64.)	4:54	0:44:21 (341.)	2:04	0:21:24 (169.)	01:25:47	+00:16:26
44	6019	Clark, Darren	GBR	0:17:38 (445.)	3:17	0:40:22 (115.)	2:49	0:21:51 (205.)	01:25:56	+00:16:35
45	6002	Shannon, Alan	IRL	0:16:01 (312.)	4:12	0:43:59 (317.)	1:38	0:20:08 (94.)	01:25:57	+00:16:36
46	J4022	Holland, George	ZAF	0:14:48 (188.)	4:16	0:41:04 (146.)	2:44	0:23:12 (306.)	01:26:02	+00:16:41
47	3016	Hull, Daniel	GBR	0:14:03 (132.)	4:22	0:41:58 (206.)	3:02	0:22:47 (284.)	01:26:10	+00:16:49
48	J4006	Holyoak, Mike	GBR	0:15:29 (265.)	4:04	0:44:29 (346.)	2:23	0:19:49 (76.)	01:26:13	+00:16:52
49	I3126	Judson, Cameron	AUS	0:16:10 (327.)	4:17	0:39:25 (75.)	2:32	0:23:55 (361.)	01:26:17	+00:16:56
50	J4024	Mead, Alexander	GBR	0:16:57 (384.)	3:44	0:40:44 (139.)	2:32	0:22:28 (251.)	01:26:23	+00:17:02
51	1067	Calvert, Howard	GBR	0:19:23 (508.)	3:59	0:43:29 (291.)	1:44	0:17:52 (16.)	01:26:25	+00:17:04
52	I3119	Van Zyl, Johan	ZAF	0:17:22 (423.)	4:07	0:40:14 (107.)	3:13	0:21:31 (182.)	01:26:26	+00:17:05
53	3038	Lloyd-Davies, Luke	GBR	0:11:43 (24.)	3:12	0:48:33 (502.)	2:41	0:20:23 (106.)	01:26:31	+00:17:10
54	3032	Doyle, Chris	AUS	0:15:49 (287.)	5:29	0:41:54 (199.)	2:50	0:20:44 (132.)	01:26:44	+00:17:23
55	6126	Aucock, Richard	GBR	0:17:46 (452.)	4:21	0:41:30 (173.)	1:54	0:21:21 (162.)	01:26:51	+00:17:30
56	I3156	Chelius, Chris	FRA	0:14:18 (148.)	4:11	0:43:35 (300.)	2:46	0:22:07 (226.)	01:26:56	+00:17:35
57	J4062	Thomas, David	GBR	0:13:31 (90.)	3:57	0:43:58 (316.)	2:25	0:23:12 (308.)	01:27:01	+00:17:40
58	8067	Draper, Owen	GBR	0:14:37 (175.)	3:47	0:41:04 (147.)	2:04	0:26:02 (464.)	01:27:34	+00:18:13
59	J4012	Jones, Ian	GBR	0:17:18 (414.)	5:43	0:41:11 (154.)	2:30	0:20:55 (141.)	01:27:34	+00:18:13
60	I3125	Patrick, Oliver	GBR	0:16:22 (342.)	3:43	0:41:40 (184.)	3:47	0:22:12 (232.)	01:27:43	+00:18:22
61	1119	Jorgensen, Mark	GBR	0:16:46 (369.)	4:29	0:41:48 (197.)	2:19	0:22:46 (281.)	01:28:06	+00:18:45
62	L4114	Willcock, James	GBR	0:15:13 (235.)	3:49	0:44:26 (344.)	2:14	0:22:41 (271.)	01:28:21	+00:19:00
63	J4037	Oliver, John	GBR	0:14:23 (156.)	3:53	0:42:27 (228.)	2:25	0:25:34 (446.)	01:28:39	+00:19:18
64	L4146	O'Donnell, Paul	IRL	0:16:43 (366.)	5:32	0:41:43 (190.)	4:38	0:20:15 (99.)	01:28:49	+00:19:28
65	7023	McCormick, Andrew	GBR	0:15:17 (244.)	3:52	0:41:55 (201.)	2:42	0:25:07 (423.)	01:28:51	+00:19:30
66	3059	Conway, David	GBR	0:16:19 (340.)	4:18	0:46:33 (450.)	2:45	0:19:04 (45.)	01:28:56	+00:19:35
67	J4041	Petty, Mark	GBR	0:13:19 (78.)	4:30	0:45:20 (393.)	3:23	0:22:41 (271.)	01:29:13	+00:19:52
68	6050	Smith, Alan	GBR	0:16:24 (344.)	4:36	0:43:52 (312.)	2:50	0:21:42 (193.)	01:29:22	+00:20:01
69	6020	Sills, Neil	AUS	0:16:48 (371.)	4:26	0:43:23 (282.)	2:11	0:22:42 (276.)	01:29:28	+00:20:07
70	I3131	Thomas, Rhodri	GBR	0:14:23 (158.)	5:38	0:47:31 (482.)	2:10	0:19:55 (79.)	01:29:35	+00:20:14
71	3060	Formisano, Michel	FRA	0:15:44 (280.)	5:08	0:44:53 (368.)	2:11	0:21:41 (190.)	01:29:35	+00:20:14
72	I3117	Johnson, Simon	GBR	0:16:06 (318.)	5:13	0:45:19 (391.)	2:15	0:20:47 (135.)	01:29:37	+00:20:16
73	I3164	Devitt, James	GBR	0:17:27 (429.)	4:05	0:43:52 (309.)	2:32	0:21:49 (201.)	01:29:43	+00:20:22
74	2028	Hendricks, Richard	GBR	0:17:52 (458.)	4:56	0:44:00 (319.)	1:50	0:21:12 (149.)	01:29:49	+00:20:28
75	6172	Knowles, Joseph	GBR	0:17:00 (390.)	4:24	0:43:03 (262.)	2:22	0:23:27 (327.)	01:30:14	+00:20:53
76	3061	Jackaman, Stefan	GBR	0:19:16 (504.)	4:36	0:41:38 (182.)	2:49	0:22:03 (219.)	01:30:20	+00:20:59
77	I3136	Wicling, Stuart	GBR	0:16:04 (316.)	4:01	0:42:56 (253.)	2:57	0:24:34 (394.)	01:30:31	+00:21:10
78	I3113	Laurent, Ryan	ZWE	0:16:01 (311.)	5:27	0:45:42 (413.)	3:04	0:20:39 (125.)	01:30:51	+00:21:30

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.)	T1	BIKE (PI-Bike.)	T2	RUN (PI-Run.)	Total	Diff.
79	3022	Slocombe, David	GBR	0:16:17 (336.)	4:12	0:43:11 (270.)	2:42	0:24:34 (393.)	01:30:54	+00:21:33
80	1116	Bell, Matthew	GBR	0:14:39 (181.)	6:21	0:43:52 (311.)	2:18	0:23:52 (357.)	01:31:01	+00:21:40
81	1163	Williams, David	GBR	0:15:14 (239.)	5:16	0:44:23 (342.)	1:50	0:24:20 (375.)	01:31:01	+00:21:40
82	I3159	Curtis, Richard	GBR	0:15:37 (273.)	4:26	0:46:10 (442.)	2:21	0:22:31 (253.)	01:31:04	+00:21:43
83	I3165	Baldenson-Higgins, Ada	GBR	0:18:55 (498.)	4:52	0:42:48 (245.)	3:12	0:21:22 (165.)	01:31:08	+00:21:47
84	J4034	Nowak, Paul	GBR	0:15:09 (229.)	5:31	0:44:14 (332.)	3:09	0:23:08 (302.)	01:31:09	+00:21:48
85	J4013	Kearns, Munier	ZAF	0:15:26 (261.)	5:21	0:43:56 (313.)	2:58	0:23:31 (329.)	01:31:11	+00:21:50
86	I3149	Bushell, Terry	GBR	0:14:30 (164.)	6:05	0:45:22 (397.)	3:13	0:22:04 (221.)	01:31:11	+00:21:50
87	J4056	Smith, Daniel	GBR	0:16:48 (373.)	4:28	0:43:24 (284.)	2:29	0:24:12 (370.)	01:31:20	+00:21:59
88	3037	Fitzgerald, Mark	GBR	0:14:23 (155.)	4:16	0:43:02 (260.)	3:00	0:26:56 (498.)	01:31:35	+00:22:14
89	2011	Olliff, Dominic	GBR	0:13:22 (83.)	4:54	0:49:43 (521.)	2:12	0:21:32 (183.)	01:31:42	+00:22:21
90	6038	Foister, Laurence	GBR	0:14:37 (177.)	5:26	0:45:18 (388.)	2:06	0:24:25 (383.)	01:31:50	+00:22:29
91	6025	Hayward, Michael	GBR	0:16:15 (332.)	5:13	0:46:16 (444.)	2:24	0:21:55 (209.)	01:32:01	+00:22:40
92	3039	Famelaer, Patrick	BEL	0:17:49 (455.)	6:08	0:41:29 (170.)	2:57	0:23:50 (355.)	01:32:12	+00:22:51
93	6042	Crowle, Phillip	GBR	0:14:33 (167.)	4:49	0:44:45 (355.)	2:29	0:25:54 (459.)	01:32:28	+00:23:07
94	3040	Walker, Richard	GBR	0:12:11 (41.)	5:00	0:48:15 (497.)	2:33	0:24:36 (396.)	01:32:34	+00:23:13
95	J4029	Murphy, Niall	IRL	0:17:52 (460.)	4:58	0:45:33 (409.)	2:15	0:22:10 (229.)	01:32:45	+00:23:24
96	3047	Hull, John	GBR	0:18:24 (484.)	5:26	0:43:06 (266.)	2:29	0:24:12 (371.)	01:33:35	+00:24:14
97	I3111	Blake, David	GBR	0:13:54 (122.)	4:19	0:44:40 (354.)	2:50	0:27:55 (527.)	01:33:37	+00:24:16
98	3026	Dodimead, Luke	GBR	0:16:32 (351.)	5:00	0:45:00 (373.)	2:50	0:24:43 (402.)	01:34:04	+00:24:43
99	I3157	Clements, Hugh	GBR	0:17:18 (415.)	5:19	0:41:47 (196.)	3:29	0:26:39 (492.)	01:34:30	+00:25:09
100	J4008	Jaworski, Adam	POL	0:15:01 (209.)	5:59	0:46:44 (458.)	2:34	0:24:22 (379.)	01:34:38	+00:25:17
101	6049	Searle, Rob	GBR	0:18:16 (477.)	5:12	0:43:23 (283.)	2:13	0:25:57 (461.)	01:34:59	+00:25:38
102	J4058	Smith, Graham	GBR	0:16:32 (355.)	4:47	0:45:05 (380.)	2:40	0:26:09 (470.)	01:35:12	+00:25:51
103	6006	Rose, Rhys	GBR	0:17:22 (422.)	4:48	0:40:56 (145.)	3:32	0:28:55 (542.)	01:35:32	+00:26:11
104	J4050	Satchcroft, Alexander	AUS	0:14:53 (197.)	4:57	0:50:23 (531.)	2:19	0:24:10 (366.)	01:36:39	+00:27:18
105	I3142	Barson, Martyn	GBR	0:19:45 (523.)	5:29	0:45:59 (424.)	2:40	0:22:51 (288.)	01:36:41	+00:27:20
106	6039	Johnson, Andrew	NZL	0:16:25 (345.)	5:02	0:45:32 (406.)	2:36	0:27:09 (505.)	01:36:42	+00:27:21
107	I3116	Cowley, Bryan	ZAF	0:17:02 (393.)	5:47	0:44:52 (364.)	2:59	0:26:12 (472.)	01:36:49	+00:27:28
108	3034	Pearson, Mark	GBR	0:15:50 (293.)	5:25	0:47:07 (467.)	2:36	0:26:40 (493.)	01:37:36	+00:28:15
109	J4021	MacDonald, Craig	GBR	0:14:13 (142.)	4:44	0:53:14 (561.)	2:14	0:23:21 (322.)	01:37:44	+00:28:23
110	I3115	Carbutt, Ross	ZAF	0:16:57 (385.)	5:48	0:44:56 (371.)	2:58	0:27:06 (503.)	01:37:44	+00:28:23
111	6024	Palczynski, Richard	GBR	0:17:29 (434.)	5:37	0:48:01 (492.)	2:32	0:24:21 (376.)	01:37:57	+00:28:36
112	1162	Stapleton, Richard	GBR	0:18:48 (491.)	5:56	0:46:01 (429.)	2:32	0:24:59 (414.)	01:38:13	+00:28:52
113	J4031	Nagel, Mathew	BWA	0:14:30 (163.)	5:38	0:44:35 (350.)	4:33	0:30:33 (564.)	01:39:47	+00:30:26
114	I3138	Adesanya, Femi	GBR	0:22:22 (569.)	7:33	0:44:10 (327.)	3:04	0:23:10 (305.)	01:40:16	+00:30:55
115	I3144	Bevan, Gareth	GBR	0:18:20 (481.)	5:54	0:47:22 (479.)	4:18	0:24:43 (401.)	01:40:34	+00:31:13
116	I3114	Stevenson, Rupert	GBR	0:18:40 (490.)	6:11	0:50:07 (526.)	2:27	0:23:17 (314.)	01:40:40	+00:31:19
117	6169	Spurdle, Sean	NZL	0:18:19 (479.)	4:19	0:43:24 (285.)	3:26	0:31:16 (576.)	01:40:43	+00:31:22
118	6041	Webb, Simon	GBR	0:15:13 (233.)	7:00	0:51:34 (545.)	2:03	0:26:06 (466.)	01:41:54	+00:32:33
119	J4030	Murphy, Daniel	IRL	0:22:30 (572.)	5:45	0:47:30 (481.)	2:26	0:23:51 (356.)	01:42:00	+00:32:39
120	6170	Hardwick, Paul	GBR	0:17:32 (438.)	5:27	0:47:47 (488.)	2:39	0:29:53 (551.)	01:43:16	+00:33:55
121	6136	Blanco, Albert Campabac	ESP	0:10:48 (8.)	6:49	0:47:47 (489.)	8:49	0:30:06 (555.)	01:44:17	+00:34:56
122	6139	Mondragon, Antoni	ESP	0:15:49 (289.)	4:23	0:46:41 (456.)	7:20	0:30:07 (556.)	01:44:18	+00:34:57
123	6138	Gravina, Fabrizio	ESP	0:16:03 (313.)	3:54	0:45:25 (402.)	8:51	0:30:08 (558.)	01:44:19	+00:34:58
124	I3150	Cabrera, Harold	CAN	0:19:58 (531.)	5:53	0:51:11 (541.)	3:02	0:24:27 (385.)	01:44:29	+00:35:08
125	J4064	Trott, Alexander	GBR	0:17:40 (446.)	5:23	0:52:05 (549.)	2:35	0:27:21 (508.)	01:45:02	+00:35:41
126	2031	Trotter, Iain	GBR	0:15:39 (276.)	5:09	0:56:15 (578.)	3:04	0:25:05 (422.)	01:45:10	+00:35:49
127	I3123	Shardlow, Nicholas	GBR	0:22:10 (566.)	5:40	0:50:39 (537.)	2:24	0:27:17 (506.)	01:48:09	+00:38:48
128	I3172	Ham-Howes, Austen	GBR	0:23:32 (578.)	4:57	0:47:20 (477.)	2:43	0:29:45 (549.)	01:48:16	+00:38:55
129	1023	Fahning, Benjamin	GER	0:25:31 (590.)	5:19	0:45:22 (398.)	3:43	0:29:30 (546.)	01:49:24	+00:40:03
130	J4051	Savage, Tom	GBR	0:20:59 (551.)	0:35	0:54:52 (576.)	4:37	0:26:34 (488.)	01:57:36	+00:48:15
131	6032	Cusworth, Patrick	GBR	0:20:55 (550.)	5:39	1:02:13 (584.)	2:29	0:28:54 (541.)	02:00:07	+00:50:46
132	6033	Nolan, Thomas	GBR	0:32:03 (597.)	5:47	1:07:35 (589.)	2:46	0:26:33 (486.)	02:14:42	+01:05:21

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.) T1	BIKE (PI-Bike.) T2	RUN (PI-Run.)	Total	Diff.
MSEN4								
1	8039	Matthewson, Toby	GBR	0:11:11 (17.) 3:22	0:35:03 (1.) 1:36	0:16:18 (2.)	01:07:28	+00:00:00
2	7157	Archer, Stuart	GBR	0:10:52 (9.) 2:49	0:36:30 (11.) 1:32	0:17:21 (10.)	01:09:02	+00:01:34
3	8060	Shaw, Andy	GBR	0:12:44 (52.) 2:51	0:37:36 (24.) 1:37	0:19:21 (53.)	01:14:06	+00:06:38
4	7021	Bruton, Paul	GBR	0:12:59 (60.) 3:14	0:37:29 (22.) 1:35	0:19:40 (67.)	01:14:56	+00:07:28
5	8064	Smith, Marcus	GBR	0:13:34 (96.) 3:18	0:37:32 (23.) 1:32	0:19:35 (60.)	01:15:29	+00:08:01
6	5150	Ennion, Matt	GBR	0:14:04 (133.) 3:38	0:39:07 (67.) 1:50	0:17:01 (3.)	01:15:38	+00:08:10
7	7166	Brunton, Daniel	GBR	0:12:27 (47.) 3:05	0:37:24 (20.) 1:55	0:21:11 (148.)	01:16:00	+00:08:32
8	8065	Sobczyk, Grzegorz	POL	0:16:41 (363.) 3:09	0:38:45 (55.) 1:35	0:16:06 (1.)	01:16:15	+00:08:47
9	5127	Beaumont, Angus	GBR	0:16:08 (322.) 3:17	0:36:29 (10.) 1:47	0:19:34 (59.)	01:17:13	+00:09:45
10	6045	Brocklehurst, Matt	GBR	0:13:23 (84.) 3:30	0:39:01 (61.) 2:23	0:19:57 (81.)	01:18:12	+00:10:44
11	7140	Barrett, Matt	GBR	0:14:23 (156.) 3:43	0:38:30 (46.) 2:02	0:20:07 (92.)	01:18:43	+00:11:15
12	3030	Donnelly, Philip	GBR	0:10:55 (10.) 3:22	0:42:43 (244.) 2:29	0:19:43 (73.)	01:19:10	+00:11:42
13	7016	Lonsdale, Antony	GBR	0:18:09 (473.) 3:38	0:36:48 (14.) 2:12	0:18:46 (34.)	01:19:32	+00:12:04
14	1120	Ashmore, Simon	GBR	0:13:57 (125.) 3:40	0:40:48 (142.) 1:52	0:19:40 (69.)	01:19:56	+00:12:28
15	8119	Walston, Robert	GBR	0:13:08 (67.) 3:56	0:39:09 (70.) 2:03	0:22:35 (261.)	01:20:50	+00:13:22
16	8115	Uprichard, Sean	GBR	0:12:48 (53.) 3:14	0:42:05 (209.) 2:27	0:20:29 (116.)	01:21:00	+00:13:32
17	7159	Barun, Mark	GBR	0:13:40 (102.) 5:25	0:40:35 (134.) 2:06	0:19:23 (54.)	01:21:08	+00:13:40
18	8178	Thomas, Iwan	GBR	0:14:59 (207.) 3:33	0:40:37 (135.) 1:50	0:20:24 (108.)	01:21:21	+00:13:53
19	6018	Spalding, Dan	GBR	0:13:56 (123.) 4:03	0:40:24 (123.) 2:02	0:21:06 (145.)	01:21:30	+00:14:02
20	5170	Berek, Micah	USA	0:11:55 (30.) 5:22	0:40:12 (103.) 2:53	0:21:41 (191.)	01:22:01	+00:14:33
21	8010	Foley, Keith	GBR	0:15:57 (304.) 3:35	0:40:22 (117.) 2:03	0:20:36 (123.)	01:22:32	+00:15:04
22	7019	Spavin, Christopher	GBR	0:15:13 (232.) 3:49	0:39:09 (68.) 2:06	0:22:22 (245.)	01:22:36	+00:15:08
23	8007	Drew, Alex	GBR	0:13:52 (117.) 4:45	0:39:54 (87.) 2:29	0:21:49 (202.)	01:22:47	+00:15:19
24	7163	Brennan, Arran	GBR	0:13:22 (82.) 3:47	0:42:27 (229.) 2:25	0:21:17 (155.)	01:23:17	+00:15:49
25	5162	Lawson, John	GBR	0:15:08 (224.) 3:57	0:41:56 (204.) 2:04	0:20:27 (111.)	01:23:31	+00:16:03
26	5172	Bardos, Edward	GBR	0:11:57 (34.) 4:48	0:42:18 (219.) 2:30	0:22:21 (244.)	01:23:51	+00:16:23
27	8015	Gifford, Richard	NZL	0:13:09 (68.) 3:46	0:41:18 (160.) 2:27	0:23:15 (311.)	01:23:53	+00:16:25
28	5131	Rogers, Robert	GBR	0:15:53 (299.) 4:13	0:40:04 (94.) 2:29	0:21:28 (174.)	01:24:06	+00:16:38
29	7170	Clark, Phil	GBR	0:14:56 (203.) 4:06	0:43:11 (270.) 1:57	0:20:14 (98.)	01:24:22	+00:16:54
30	7133	Davey, Adam	AUS	0:14:49 (191.) 5:00	0:42:58 (256.) 2:00	0:19:50 (78.)	01:24:35	+00:17:07
31	7138	Morley, Jamie	GBR	0:14:09 (139.) 3:54	0:42:13 (218.) 2:45	0:21:38 (189.)	01:24:37	+00:17:09
32	5147	Weggässer, Andreas	GER	0:16:49 (374.) 4:02	0:39:29 (78.) 2:04	0:22:17 (239.)	01:24:38	+00:17:10
33	8051	Pasipanodya, Chinyarad	ZWE	0:17:02 (394.) 4:43	0:39:49 (86.) 2:36	0:20:33 (118.)	01:24:41	+00:17:13
34	8123	Williams, Simon	GBR	0:14:48 (187.) 4:07	0:43:09 (268.) 2:20	0:20:26 (109.)	01:24:47	+00:17:19
35	5133	Johnson, Philip	GBR	0:16:01 (308.) 4:08	0:39:32 (79.) 2:10	0:23:15 (312.)	01:25:04	+00:17:36
36	5175	Cantell, Darren	GBR	0:16:06 (319.) 3:50	0:41:41 (186.) 2:03	0:21:27 (172.)	01:25:05	+00:17:37
37	6150	Bisanti, Robi	ITA	0:15:35 (270.) 4:09	0:42:53 (248.) 2:04	0:20:33 (117.)	01:25:12	+00:17:44
38	3052	Marks, Dan	GBR	0:14:21 (151.) 4:29	0:41:45 (192.) 3:01	0:21:49 (200.)	01:25:23	+00:17:55
39	8062	Skeates, Kay	GBR	0:15:39 (277.) 4:01	0:41:42 (189.) 1:48	0:22:18 (241.)	01:25:26	+00:17:58
40	5126	Reeve, Ed	GBR	0:16:50 (375.) 4:18	0:39:27 (76.) 2:41	0:22:15 (237.)	01:25:28	+00:18:00
41	7017	Anderson, Christopher	GBR	0:16:48 (372.) 4:17	0:39:35 (80.) 2:21	0:22:33 (257.)	01:25:32	+00:18:04
42	8053	Ramsay, Darryl	ZAF	0:13:30 (89.) 4:49	0:44:10 (326.) 2:44	0:20:33 (119.)	01:25:44	+00:18:16
43	6023	Bratton, Richard	GBR	0:15:14 (238.) 4:36	0:41:38 (181.) 2:27	0:22:41 (275.)	01:26:34	+00:19:06
44	7175	Cusack, Daniel	AUS	0:13:42 (105.) 5:02	0:44:12 (330.) 2:14	0:22:00 (214.)	01:27:08	+00:19:40
45	1141	Smith, David	GBR	0:16:51 (378.) 3:54	0:41:46 (195.) 2:28	0:22:20 (243.)	01:27:17	+00:19:49
46	5138	Keeping, James	GBR	0:16:36 (360.) 4:30	0:41:14 (158.) 2:12	0:22:48 (286.)	01:27:19	+00:19:51
47	8002	Demeter, Zsolt	HUN	0:15:05 (219.) 4:06	0:43:31 (294.) 1:53	0:22:47 (284.)	01:27:20	+00:19:52
48	8026	Knipe, Stuart	GBR	0:14:54 (198.) 4:07	0:41:37 (179.) 2:13	0:24:32 (391.)	01:27:21	+00:19:53
49	8037	Malen, Brett	GBR	0:18:59 (500.) 3:43	0:41:21 (162.) 1:58	0:21:31 (180.)	01:27:30	+00:20:02
50	8047	Pace, Phillip	AUS	0:15:09 (228.) 4:10	0:43:26 (287.) 2:07	0:22:44 (279.)	01:27:34	+00:20:06
51	8005	Dodds, Stuart	GBR	0:16:16 (334.) 4:19	0:43:04 (264.) 2:07	0:22:07 (225.)	01:27:51	+00:20:23
52	8036	Mace, Will	GBR	0:16:05 (317.) 4:26	0:42:59 (258.) 2:02	0:22:32 (256.)	01:28:02	+00:20:34

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.)	T1	BIKE (PI-Bike.)	T2	RUN (PI-Run.)	Total	Diff.
53	7176	Davidson, Mark	GBR	0:15:45 (284.)	4:47	0:45:11 (383.)	1:58	0:20:27 (113.)	01:28:07	+00:20:39
54	5151	Malloy, John	GBR	0:19:43 (521.)	4:05	0:40:23 (121.)	2:42	0:21:25 (170.)	01:28:15	+00:20:47
55	8118	Von Kaltenborn, Noel	GBR	0:15:45 (281.)	5:09	0:42:25 (226.)	2:07	0:22:57 (292.)	01:28:21	+00:20:53
56	1133	Bryant, Ben	GBR	0:15:44 (279.)	4:49	0:42:41 (241.)	2:09	0:23:31 (331.)	01:28:53	+00:21:25
57	8042	Mott, David	GBR	0:15:58 (306.)	4:11	0:45:24 (400.)	2:11	0:21:20 (161.)	01:29:02	+00:21:34
58	3015	Burnage, Jeremy	GBR	0:15:57 (303.)	5:00	0:42:26 (227.)	3:00	0:22:46 (283.)	01:29:08	+00:21:40
59	8024	Janzen, Chris	CAN	0:15:58 (305.)	5:10	0:43:06 (267.)	3:23	0:21:49 (198.)	01:29:24	+00:21:56
60	3029	Chris Cheetham, Chris	GBR	0:17:14 (409.)	3:04	0:45:54 (421.)	1:38	0:21:37 (187.)	01:29:25	+00:21:57
61	3055	Sharpe, Mark	GBR	0:16:31 (350.)	4:32	0:45:18 (389.)	2:28	0:20:46 (133.)	01:29:34	+00:22:06
62	7172	Cope, Jonathan	GBR	0:17:35 (440.)	4:31	0:42:22 (225.)	2:27	0:23:19 (317.)	01:30:12	+00:22:44
63	8057	Ruiz, Ivan	GBR	0:14:52 (195.)	5:30	0:44:00 (322.)	2:44	0:23:45 (350.)	01:30:49	+00:23:21
64	5152	Voges, Derek	GBR	0:16:09 (325.)	5:05	0:41:33 (176.)	2:14	0:25:52 (457.)	01:30:51	+00:23:23
65	5129	Franklin, Daniel	GBR	0:14:05 (134.)	4:27	0:42:42 (242.)	2:25	0:27:19 (507.)	01:30:56	+00:23:28
66	8127	Wright, Stephen	GBR	0:17:00 (389.)	4:56	0:45:02 (378.)	2:26	0:21:47 (196.)	01:31:09	+00:23:41
67	1160	Powney, Ian	GBR	0:14:21 (153.)	4:52	0:41:46 (194.)	2:18	0:28:15 (533.)	01:31:30	+00:24:02
68	8025	Jones, Tim	GBR	0:19:08 (503.)	3:49	0:42:56 (254.)	2:32	0:23:09 (304.)	01:31:32	+00:24:04
69	7142	Eilat, Gonen	ISR	0:17:03 (395.)	5:50	0:41:37 (180.)	2:51	0:24:29 (388.)	01:31:48	+00:24:20
70	5124	Eygelaaar, Johannes	GBR	0:13:01 (61.)	5:14	0:43:14 (275.)	2:21	0:28:04 (531.)	01:31:52	+00:24:24
71	8125	Wilson, Glenn	ZAF	0:14:33 (170.)	4:31	0:46:53 (461.)	2:25	0:23:38 (340.)	01:31:59	+00:24:31
72	5168	Ralph, David	GBR	0:15:38 (274.)	4:24	0:45:01 (377.)	2:11	0:24:54 (408.)	01:32:06	+00:24:38
73	5136	Washbourne, Steve	GBR	0:13:16 (70.)	4:40	0:45:25 (401.)	2:52	0:25:56 (460.)	01:32:07	+00:24:39
74	8113	Talbot, Nick	GBR	0:15:02 (211.)	4:24	0:45:23 (399.)	2:35	0:24:49 (404.)	01:32:10	+00:24:42
75	6149	Ampstead, Tim	GBR	0:14:03 (131.)	4:58	0:45:29 (404.)	2:14	0:25:32 (441.)	01:32:13	+00:24:45
76	8048	Pardi, Stefano	ITA	0:14:38 (179.)	5:07	0:48:02 (493.)	1:58	0:22:31 (254.)	01:32:15	+00:24:47
77	6046	Pattison, Neil	GBR	0:14:33 (168.)	4:46	0:44:25 (343.)	2:51	0:25:43 (449.)	01:32:16	+00:24:48
78	5177	Labuschagné, Joe	ZAF	0:17:04 (398.)	4:42	0:42:18 (221.)	2:32	0:26:25 (482.)	01:32:59	+00:25:31
79	6167	Pickles, James	GBR	0:15:35 (269.)	4:12	0:44:11 (329.)	2:16	0:27:01 (501.)	01:33:13	+00:25:45
80	6044	Eddy, Max	GBR	0:16:55 (382.)	4:30	0:42:35 (236.)	2:45	0:26:34 (487.)	01:33:17	+00:25:49
81	6028	Welch, Andy	GBR	0:14:24 (159.)	6:19	0:45:21 (395.)	3:10	0:24:08 (365.)	01:33:21	+00:25:53
82	8121	Wigston, Andrew	GBR	0:15:48 (286.)	6:05	0:46:15 (443.)	2:10	0:23:23 (323.)	01:33:39	+00:26:11
83	3056	Sparrow, Ben	GBR	0:14:34 (171.)	5:28	0:45:12 (384.)	3:35	0:25:08 (425.)	01:33:56	+00:26:28
84	7164	Brett, Brian	GBR	0:14:36 (173.)	5:12	0:45:14 (386.)	2:47	0:26:36 (490.)	01:34:22	+00:26:54
85	8045	Newman, Toby	GBR	0:22:24 (570.)	4:21	0:42:40 (239.)	2:59	0:22:09 (228.)	01:34:31	+00:27:03
86	5164	Ripado, L Guillermo	ESP	0:15:21 (250.)	4:14	0:47:09 (469.)	3:58	0:23:52 (359.)	01:34:33	+00:27:05
87	5165	Barker, Peter	GBR	0:17:17 (413.)	3:57	0:43:49 (307.)	2:58	0:26:43 (495.)	01:34:42	+00:27:14
88	8018	Hall, Kevin	GBR	0:15:23 (254.)	4:26	0:48:17 (499.)	2:51	0:23:50 (354.)	01:34:46	+00:27:18
89	1111	Anthony, Richard	GBR	0:17:40 (449.)	4:04	0:46:00 (426.)	2:38	0:24:56 (411.)	01:35:16	+00:27:48
90	7152	Ryan, Luke	GBR	0:16:51 (376.)	5:39	0:48:41 (507.)	1:57	0:22:17 (240.)	01:35:24	+00:27:56
91	1124	Veloso, Nacho	DNK	0:18:21 (482.)	4:39	0:46:29 (448.)	2:34	0:23:37 (337.)	01:35:39	+00:28:11
92	8116	Valley, Shaahid	ZAF	0:21:21 (559.)	4:37	0:46:35 (452.)	2:02	0:21:30 (178.)	01:36:04	+00:28:36
93	8013	Gamero, Fernando	ESP	0:15:19 (245.)	5:25	0:47:21 (478.)	3:05	0:25:22 (432.)	01:36:30	+00:29:02
94	5171	Nolan, Nathan	CAN	0:13:53 (118.)	4:23	0:53:06 (560.)	2:36	0:22:40 (268.)	01:36:35	+00:29:07
95	7141	O Reilly, Rafique	GBR	0:17:36 (442.)	4:24	0:48:17 (498.)	2:32	0:24:26 (384.)	01:37:13	+00:29:45
96	5137	Bezodis, Mark	GBR	0:18:09 (472.)	3:58	0:47:11 (470.)	2:27	0:25:46 (453.)	01:37:29	+00:30:01
97	8014	Gear, Ian	GBR	0:16:54 (381.)	5:43	0:48:38 (506.)	2:37	0:23:45 (351.)	01:37:36	+00:30:08
98	5154	O Donnell, Jon	GBR	0:20:07 (537.)	5:00	0:47:12 (472.)	2:33	0:22:52 (289.)	01:37:43	+00:30:15
99	2005	Page, Christiaan	GBR	0:15:17 (243.)	5:23	0:49:10 (514.)	2:10	0:26:19 (478.)	01:38:18	+00:30:50
100	6048	Silvester, John	GBR	0:16:11 (329.)	5:12	0:46:37 (453.)	3:05	0:27:25 (509.)	01:38:28	+00:31:00
101	3013	Le Roux, Simon	GBR	0:16:12 (330.)	4:24	0:49:27 (516.)	2:41	0:26:38 (491.)	01:39:20	+00:31:52
102	7134	Scanavino, Leonardo	ARG	0:14:37 (175.)	4:50	0:54:05 (570.)	2:15	0:23:43 (348.)	01:39:28	+00:32:00
103	8031	Leader, Stewart	GBR	0:19:52 (527.)	4:46	0:52:34 (554.)	1:54	0:21:03 (144.)	01:40:07	+00:32:39
104	8016	Grabiec, Marek	GBR	0:16:42 (364.)	6:49	0:45:31 (405.)	3:14	0:28:18 (534.)	01:40:31	+00:33:03
105	J4010	Johnston, Eric	USA	0:17:36 (443.)	5:12	0:48:42 (508.)	3:30	0:25:44 (450.)	01:40:44	+00:33:16
106	5144	Wazacz, Richard	GBR	0:19:56 (529.)	6:13	0:45:48 (415.)	3:03	0:26:19 (477.)	01:41:16	+00:33:48

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.)	T1	BIKE (PI-Bike.)	T2	RUN (PI-Run.)	Total	Diff.
107	8038	Marchese, Giuseppe	USA	0:16:47 (370.)	5:14	0:48:06 (496.)	3:20	0:28:26 (539.)	01:41:51	+00:34:23
108	5159	Giust, Jason	ITA	0:18:50 (494.)	5:49	0:50:39 (536.)	2:25	0:24:27 (386.)	01:42:09	+00:34:41
109	8112	Stoddard, Stephen	GBR	0:18:49 (492.)	5:44	0:47:01 (463.)	2:46	0:27:54 (524.)	01:42:12	+00:34:44
110	8017	Gutierrez, Roberto	VEN	0:24:40 (583.)	4:35	0:45:52 (418.)	2:04	0:25:28 (438.)	01:42:38	+00:35:10
111	6120	Rushton, Jhan	GBR	0:19:54 (528.)	5:32	0:48:50 (510.)	2:12	0:26:25 (481.)	01:42:51	+00:35:23
112	6135	Mondragon, Miquel	ESP	0:13:06 (65.)	4:32	0:47:47 (490.)	8:47	0:30:07 (557.)	01:44:18	+00:36:50
113	5134	Turner, Ian	GBR	0:16:27 (348.)	4:46	0:49:37 (518.)	2:37	0:30:55 (572.)	01:44:20	+00:36:52
114	6022	Herberg, Jethro	GBR	0:19:22 (507.)	6:18	0:48:56 (512.)	3:13	0:28:01 (529.)	01:45:47	+00:38:19
115	5163	Obaidi, David	GBR	0:19:04 (502.)	6:54	0:52:04 (548.)	3:38	0:24:52 (407.)	01:46:30	+00:39:02
116	8058	Santolaria-Baranano, Jo	ESP	0:22:04 (564.)	5:12	0:50:16 (528.)	2:32	0:27:45 (521.)	01:47:48	+00:40:20
117	8021	Holness, Andrew	GBR	0:17:11 (402.)	5:45	0:52:34 (553.)	2:52	0:32:02 (580.)	01:50:22	+00:42:54
118	7156	Alakoc, Yalin	TUR	0:17:10 (401.)	6:01	1:02:31 (586.)	2:18	0:23:38 (341.)	01:51:37	+00:44:09
119	6029	Gilbert, Karl	GBR	0:20:03 (534.)	7:37	0:52:37 (555.)	2:55	0:28:32 (540.)	01:51:42	+00:44:14
120	8066	Springsguth, David	GBR	0:20:45 (547.)	6:12	0:52:42 (558.)	3:09	0:29:08 (545.)	01:51:55	+00:44:27
121	6047	Wright, Matt	GBR	0:25:47 (591.)	5:02	0:46:09 (441.)	3:23	0:31:42 (577.)	01:52:02	+00:44:34
122	7018	Johnston, Alan	GBR	0:20:23 (540.)	5:01	0:56:48 (579.)	3:47	0:26:07 (468.)	01:52:03	+00:44:35
123	6064	Kelly, Ben	IRL	0:24:17 (581.)	6:57	0:50:05 (525.)	2:58	0:28:21 (536.)	01:52:36	+00:45:08
124	5167	Pitt, Ian	GBR	0:19:27 (514.)	4:45	0:51:24 (544.)	3:38	0:35:36 (585.)	01:54:47	+00:47:19
125	5142	Ormondroyd, Neil	GBR	0:20:19 (539.)	7:54	0:53:46 (568.)	3:48	0:30:48 (570.)	01:56:33	+00:49:05
126	8030	Lampitt, Ian	GBR	0:18:24 (483.)	6:01	0:54:45 (574.)	4:02	0:34:13 (582.)	01:57:23	+00:49:55
127	8028	Koshutova, Driton	KOS	0:18:15 (476.)	6:19	1:00:22 (583.)	2:45	0:31:06 (575.)	01:58:46	+00:51:18
128	6065	O Malley, Breffni	IRL	0:26:38 (593.)	7:59	0:52:38 (556.)	2:34	0:30:42 (567.)	02:00:30	+00:53:02
129	8009	Flintoff, Barry	GBR	0:19:24 (510.)	7:06	0:57:51 (580.)	2:58	0:36:52 (586.)	02:04:09	+00:56:41
130	5157	Messervy-Whiting, Char	GBR	0:25:17 (587.)	6:35	1:02:29 (585.)	2:19	0:32:29 (581.)	02:09:08	+01:01:40
131	6027	Batts, Mark	GBR	0:24:54 (584.)	9:37	1:17:49 (590.)	4:09	0:30:06 (553.)	02:26:33	+01:19:05

MVET1

1	9061	Whale, James	GBR	0:12:28 (48.)	3:04	0:36:13 (8.)	1:43	0:18:51 (36.)	01:12:16	+00:00:00
2	8168	Blackmore, Paul	GBR	0:12:27 (46.)	3:00	0:36:26 (9.)	1:39	0:20:51 (138.)	01:14:22	+00:02:06
3	9035	Martin, Iain	GBR	0:13:22 (80.)	2:53	0:37:58 (33.)	1:34	0:18:52 (39.)	01:14:35	+00:02:19
4	8174	Bryan, Rory	GBR	0:11:55 (32.)	2:44	0:40:08 (98.)	1:46	0:18:38 (29.)	01:15:09	+00:02:53
5	9002	Chambers, Tom	GBR	0:11:48 (27.)	3:09	0:40:10 (101.)	1:35	0:19:41 (71.)	01:16:21	+00:04:05
6	8149	Bulley, James	GBR	0:15:11 (231.)	3:10	0:36:50 (15.)	2:14	0:19:57 (83.)	01:17:20	+00:05:04
7	6161	Edmondson, Iain	GBR	0:14:00 (128.)	3:54	0:38:53 (57.)	1:44	0:19:56 (80.)	01:18:26	+00:06:10
8	8135	Lewis, Simon	GBR	0:15:03 (213.)	3:03	0:38:27 (45.)	1:47	0:20:12 (97.)	01:18:30	+00:06:14
9	9008	Criddle, Gary	GBR	0:14:16 (147.)	3:12	0:39:47 (85.)	1:41	0:19:36 (82.)	01:18:31	+00:06:15
10	8165	Ashbury, Paul	GBR	0:13:51 (113.)	3:10	0:38:39 (52.)	2:11	0:21:21 (164.)	01:19:11	+00:06:55
11	8144	Hinsley, Colin	GBR	0:15:06 (222.)	3:24	0:37:42 (27.)	1:50	0:21:18 (157.)	01:19:18	+00:07:02
12	9028	Holmes, Barry	GBR	0:13:20 (79.)	3:26	0:40:33 (130.)	1:46	0:20:19 (101.)	01:19:21	+00:07:05
13	9004	Conceicao, Filipe	PRT	0:16:08 (321.)	2:43	0:40:50 (143.)	1:34	0:18:24 (25.)	01:19:37	+00:07:21
14	6043	Baty, Lee	GBR	0:14:41 (183.)	4:04	0:37:52 (30.)	2:09	0:21:15 (152.)	01:19:59	+00:07:43
15	9041	Morrison, Ian	GBR	0:14:40 (182.)	3:32	0:42:54 (251.)	1:38	0:17:54 (18.)	01:20:36	+00:08:20
16	7007	Wright, Duncan	GBR	0:18:49 (493.)	3:18	0:37:04 (16.)	1:48	0:19:43 (72.)	01:20:40	+00:08:24
17	9014	Eland, Chris	GBR	0:17:26 (428.)	3:49	0:38:47 (56.)	1:46	0:18:58 (43.)	01:20:45	+00:08:29
18	9042	Murtagh, Sean	GBR	0:13:11 (69.)	3:28	0:41:36 (178.)	1:55	0:21:09 (147.)	01:21:18	+00:09:02
19	9046	Pole, Mike	GBR	0:13:22 (80.)	3:25	0:41:23 (165.)	2:08	0:21:06 (146.)	01:21:23	+00:09:07
20	9018	Flint, John	GBR	0:11:18 (20.)	4:32	0:41:39 (183.)	2:35	0:21:24 (167.)	01:21:25	+00:09:09
21	9025	Greig, Will	GBR	0:14:20 (149.)	3:42	0:38:35 (51.)	2:51	0:22:29 (252.)	01:21:55	+00:09:39
22	7012	Vickers, David	GBR	0:20:47 (548.)	3:21	0:39:42 (83.)	1:35	0:17:59 (21.)	01:23:21	+00:11:05
23	9034	Leake, Richard	GBR	0:15:14 (237.)	3:46	0:40:29 (127.)	1:54	0:22:03 (218.)	01:23:25	+00:11:09
24	6158	Carman, Richard	GBR	0:13:37 (99.)	4:21	0:39:09 (69.)	2:15	0:24:10 (367.)	01:23:30	+00:11:14
25	9064	Williams, Matthew	GBR	0:17:34 (439.)	3:45	0:40:19 (111.)	1:59	0:21:29 (175.)	01:25:04	+00:12:48
26	9024	Green, Patrick	GBR	0:15:38 (275.)	3:48	0:41:54 (200.)	2:06	0:22:14 (236.)	01:25:39	+00:13:23
27	8143	Sadler, Mark	GBR	0:15:53 (298.)	5:05	0:40:23 (120.)	2:35	0:21:50 (203.)	01:25:43	+00:13:27

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.)	T1	BIKE (PI-Bike.)	T2	RUN (PI-Run.)	Total	Diff.
28	9040	Morris, Trevor	GBR	0:12:41 (51.)	3:25	0:41:44 (191.)	3:08	0:25:00 (417.)	01:25:55	+00:13:39
29	3024	O Carroll, Richard	ZAF	0:16:26 (346.)	3:55	0:40:15 (108.)	2:47	0:22:40 (270.)	01:26:02	+00:13:46
30	6131	Murray, Mark	GBR	0:15:56 (301.)	3:54	0:43:06 (265.)	1:55	0:21:48 (197.)	01:26:37	+00:14:21
31	8152	Phillips, Chris	GBR	0:16:44 (367.)	4:08	0:42:30 (233.)	1:51	0:21:30 (177.)	01:26:42	+00:14:26
32	8155	Brink, Taco	USA	0:11:55 (31.)	4:27	0:42:11 (215.)	2:35	0:25:47 (454.)	01:26:54	+00:14:38
33	9050	Sanbeck, Rune	DNK	0:15:24 (258.)	5:16	0:37:26 (21.)	2:39	0:26:17 (475.)	01:27:01	+00:14:45
34	8146	Richardson, Joe	GBR	0:14:13 (143.)	3:13	0:42:09 (212.)	2:04	0:25:28 (439.)	01:27:07	+00:14:51
35	8151	Barkes, Jason	GBR	0:14:00 (129.)	4:25	0:43:19 (278.)	2:15	0:23:43 (347.)	01:27:40	+00:15:24
36	9062	White, Andrew	GBR	0:13:17 (71.)	4:09	0:45:53 (419.)	2:24	0:22:12 (233.)	01:27:52	+00:15:36
37	9026	Hawthorne, Stephen	GBR	0:13:17 (74.)	4:56	0:43:58 (315.)	2:33	0:23:31 (330.)	01:28:13	+00:15:57
38	9060	Wee, Alex	GBR	0:17:16 (412.)	3:54	0:40:12 (105.)	2:24	0:24:34 (392.)	01:28:17	+00:16:01
39	7010	Doherty, Shaun	GBR	0:17:13 (408.)	3:45	0:42:13 (217.)	2:23	0:23:03 (299.)	01:28:35	+00:16:19
40	8164	Arthur, Simon	GBR	0:13:36 (97.)	3:37	0:44:55 (369.)	2:17	0:24:13 (373.)	01:28:36	+00:16:20
41	1136	Armstrong, Tim	GBR	0:15:13 (236.)	4:41	0:40:34 (132.)	2:56	0:25:32 (441.)	01:28:54	+00:16:38
42	1137	Burden, Stephen	GBR	0:15:31 (266.)	4:38	0:42:52 (247.)	2:08	0:24:04 (364.)	01:29:11	+00:16:55
43	9015	Emsley, Philip	GBR	0:18:03 (468.)	3:54	0:45:44 (414.)	1:52	0:19:57 (84.)	01:29:28	+00:17:12
44	8175	Burns, Mark	GBR	0:18:56 (499.)	3:12	0:41:41 (188.)	2:07	0:23:46 (352.)	01:29:39	+00:17:23
45	9038	Mercieca, David	AUS	0:14:51 (194.)	4:06	0:43:12 (272.)	2:15	0:25:33 (445.)	01:29:54	+00:17:38
46	9005	Cook, Andrew	GBR	0:16:52 (379.)	4:02	0:44:21 (339.)	1:57	0:22:46 (282.)	01:29:56	+00:17:40
47	8159	Flynn, Nick	GBR	0:17:40 (447.)	4:11	0:42:42 (243.)	2:36	0:23:39 (344.)	01:30:46	+00:18:30
48	9039	Middlemiss, Peter	GBR	0:15:00 (208.)	4:28	0:44:38 (352.)	2:28	0:24:38 (398.)	01:31:10	+00:18:54
49	8172	Brown, Will	GBR	0:16:28 (349.)	4:12	0:47:08 (468.)	3:15	0:20:34 (121.)	01:31:34	+00:19:18
50	8169	Bloch, Adam	GBR	0:15:49 (290.)	4:04	0:45:41 (412.)	2:10	0:24:24 (381.)	01:32:06	+00:19:50
51	7146	Isnardi, Tino	GBR	0:19:50 (525.)	5:15	0:43:32 (295.)	2:42	0:21:28 (173.)	01:32:44	+00:20:28
52	9019	Gardner, Kev	GBR	0:17:52 (459.)	3:55	0:44:12 (331.)	1:52	0:24:56 (410.)	01:32:46	+00:20:30
53	9022	Gollings, Denzil	GBR	0:21:42 (562.)	3:43	0:42:58 (257.)	1:55	0:22:43 (278.)	01:32:59	+00:20:43
54	9049	Sambhi, Sarwjit	GBR	0:18:34 (487.)	3:53	0:45:55 (423.)	2:03	0:23:13 (309.)	01:33:36	+00:21:20
55	8147	White, Mark	GBR	0:17:15 (410.)	4:42	0:45:20 (392.)	2:49	0:23:36 (336.)	01:33:40	+00:21:24
56	7116	Johnson, Simon	GBR	0:16:51 (377.)	5:18	0:43:03 (261.)	2:31	0:26:00 (462.)	01:33:41	+00:21:25
57	7009	Davies, Stephen	GBR	0:17:49 (454.)	4:38	0:43:20 (279.)	3:00	0:24:58 (413.)	01:33:43	+00:21:27
58	8157	Cottrell, Tim	GBR	0:15:36 (271.)	4:31	0:45:59 (425.)	2:36	0:25:24 (434.)	01:34:05	+00:21:49
59	6146	Ball, Matthew	GBR	0:16:17 (335.)	5:32	0:46:22 (446.)	2:43	0:23:20 (320.)	01:34:12	+00:21:56
60	6178	Carman, Bruce	GBR	0:17:20 (419.)	4:46	0:44:56 (372.)	2:16	0:25:02 (418.)	01:34:18	+00:22:02
61	9054	Taylor, Ivan	GBR	0:13:38 (101.)	4:53	0:41:23 (164.)	3:12	0:31:46 (578.)	01:34:50	+00:22:34
62	8161	Horton, Dean	GBR	0:17:11 (405.)	4:58	0:46:04 (433.)	1:57	0:24:46 (403.)	01:34:54	+00:22:38
63	8173	Brudenall, Peter	AUS	0:17:57 (465.)	5:01	0:47:04 (464.)	2:08	0:22:57 (293.)	01:35:07	+00:22:51
64	6054	Mellman, Oliver	GBR	0:17:15 (411.)	4:33	0:46:08 (437.)	2:06	0:25:31 (440.)	01:35:31	+00:23:15
65	9021	Godsell, James	GBR	0:15:36 (271.)	6:10	0:46:06 (434.)	2:53	0:25:16 (428.)	01:35:59	+00:23:43
66	9017	Feely, Mike	GBR	0:18:19 (480.)	5:05	0:45:50 (416.)	2:11	0:24:51 (405.)	01:36:14	+00:23:58
67	2017	Kane, Timothy	GBR	0:17:27 (430.)	5:05	0:46:45 (459.)	2:56	0:25:12 (426.)	01:37:23	+00:25:07
68	6129	Luty, Shaun	GBR	0:19:49 (524.)	4:02	0:43:47 (304.)	3:57	0:26:05 (465.)	01:37:38	+00:25:22
69	7008	Attfield, Simon	GBR	0:18:12 (475.)	4:32	0:47:53 (491.)	2:29	0:24:59 (416.)	01:38:04	+00:25:48
70	7117	Mohammadi, Babak	GBR	0:20:03 (535.)	5:27	0:45:13 (385.)	2:33	0:25:25 (436.)	01:38:40	+00:26:24
71	9032	Jewsbury, Neil	GBR	0:19:52 (526.)	4:31	0:48:34 (504.)	2:34	0:23:38 (341.)	01:39:08	+00:26:52
72	8131	Montibelli, Paul	GBR	0:18:03 (469.)	6:58	0:49:43 (521.)	2:18	0:22:09 (227.)	01:39:10	+00:26:54
73	8160	Bristow, Paul	GBR	0:15:05 (220.)	5:39	0:47:32 (483.)	2:16	0:29:06 (544.)	01:39:36	+00:27:20
74	9016	Fearn, Neil	GBR	0:17:28 (431.)	4:39	0:50:03 (524.)	3:02	0:27:55 (525.)	01:43:05	+00:30:49
75	9052	Smith, Stephen	GBR	0:15:43 (278.)	6:21	0:47:26 (480.)	2:55	0:30:42 (566.)	01:43:05	+00:30:49
76	9013	Drury, Kay	IRL	0:22:27 (571.)	5:03	0:49:07 (513.)	2:30	0:24:56 (412.)	01:44:01	+00:31:45
77	6134	Fabra, David	ESP	0:15:49 (292.)	4:35	0:45:01 (376.)	8:48	0:30:06 (554.)	01:44:18	+00:32:02
78	3063	Sheehan, Thomas	USA	0:16:32 (353.)	6:34	0:51:47 (546.)	4:14	0:25:15 (427.)	01:44:21	+00:32:05
79	9053	Springgay, David	CAN	0:18:04 (470.)	5:24	0:51:15 (542.)	2:44	0:27:31 (515.)	01:44:56	+00:32:40
80	9023	Gonzalez, Cyril	FRA	0:16:37 (362.)	8:54	0:48:44 (509.)	2:56	0:27:55 (526.)	01:45:04	+00:32:48
81	6026	Hodges, Andy	GBR	0:19:37 (520.)	6:32	0:53:30 (563.)	2:36	0:23:41 (346.)	01:45:55	+00:33:39

GLOBAL PARTNER



SUUNTO

PRESENTED BY

TATA STEEL

LOCAL PARTNER

VISIT
LONDON
VISITLONDON.COM/SPORT

speedo

EVENT ORGANISER

upsolut sports uk.

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.)	T1	BIKE (PI-Bike.)	T2	RUN (PI-Run.)	Total	Diff.
82	9033	Kennedy, Dennis	GBR	0:21:21 (557.)	6:28	0:44:21 (340.)	4:23	0:30:15 (559.)	01:46:45	+00:34:29
83	7139	Pound, Rob	NZL	0:21:12 (556.)	6:34	0:52:25 (551.)	2:45	0:25:32 (443.)	01:48:27	+00:36:11
84	9066	Wiltshire, Mark	USA	0:19:43 (522.)	6:55	0:49:38 (519.)	2:50	0:30:43 (568.)	01:49:47	+00:37:31
85	8166	Baker, Steven	CAN	0:21:01 (553.)	5:55	0:52:07 (550.)	3:24	0:28:23 (537.)	01:50:48	+00:38:32
86	6011	Macpherson, Alan	GBR	0:25:30 (589.)	7:25	0:50:27 (533.)	2:48	0:27:43 (520.)	01:53:51	+00:41:35
87	1112	Gore, Simon	GBR	0:23:30 (577.)	8:13	0:49:14 (515.)	4:03	0:30:38 (565.)	01:55:36	+00:43:20
88	13180	Davies, Mark	GBR	0:34:04 (598.)	8:58	0:43:35 (299.)	3:26	0:30:20 (560.)	02:00:22	+00:48:06

MVET2

1	5002	Thomas, Mark	GBR	0:12:17 (42.)	2:46	0:37:05 (17.)	1:44	0:18:48 (35.)	01:12:39	+00:00:00
2	L4142	Darison, Martin	GBR	0:12:10 (40.)	2:47	0:38:26 (44.)	1:48	0:18:07 (24.)	01:13:16	+00:00:37
3	L4140	Cottingham, Peter	GBR	0:15:07 (223.)	3:00	0:35:53 (4.)	1:42	0:18:59 (44.)	01:14:39	+00:02:00
4	L4141	Coxhead, Robert	GBR	0:12:24 (45.)	3:07	0:37:48 (28.)	1:45	0:20:36 (122.)	01:15:38	+00:02:59
5	5176	Lawrence, Mick	GBR	0:12:56 (58.)	3:33	0:39:27 (76.)	1:45	0:19:29 (57.)	01:17:08	+00:04:29
6	8139	Falshaw, James	GBR	0:13:52 (116.)	3:05	0:41:04 (147.)	1:33	0:18:39 (30.)	01:18:12	+00:05:33
7	L4133	Brotherson, Simon	GBR	0:12:35 (49.)	3:31	0:40:41 (136.)	2:40	0:19:24 (56.)	01:18:50	+00:06:11
8	L4123	Bukunola, Babs	GBR	0:15:19 (245.)	2:59	0:40:28 (125.)	1:49	0:18:51 (37.)	01:19:23	+00:06:44
9	L4124	McAlister, Stephen	GBR	0:16:09 (326.)	3:40	0:40:51 (144.)	2:06	0:19:40 (66.)	01:22:25	+00:09:46
10	L4153	Hayes, Simon	GBR	0:13:51 (114.)	5:08	0:38:53 (58.)	3:05	0:21:33 (185.)	01:22:29	+00:09:50
11	L4120	Shortland, Tony	GBR	0:12:22 (43.)	3:43	0:41:05 (149.)	1:55	0:23:35 (335.)	01:22:38	+00:09:59
12	L4162	Mann, Craig	GBR	0:17:03 (396.)	4:09	0:41:26 (168.)	2:11	0:18:42 (32.)	01:23:30	+00:10:51
13	L4175	Sharp, James	GBR	0:14:28 (161.)	4:22	0:40:20 (112.)	2:06	0:22:24 (248.)	01:23:38	+00:10:59
14	L4139	Conklin, Mark	USA	0:13:54 (121.)	3:45	0:41:31 (174.)	2:22	0:22:31 (254.)	01:24:02	+00:11:23
15	L4122	Phillips, John	GBR	0:15:28 (262.)	4:02	0:39:57 (89.)	2:08	0:22:38 (264.)	01:24:11	+00:11:32
16	L4157	Huggett, Alistair	GBR	0:18:31 (485.)	4:01	0:38:31 (48.)	2:18	0:21:49 (199.)	01:25:08	+00:12:29
17	L4135	Carter, Michael	GBR	0:17:11 (404.)	4:22	0:43:03 (263.)	1:52	0:20:01 (88.)	01:26:27	+00:13:48
18	L4156	Hoey, Stephen	GBR	0:17:41 (450.)	4:11	0:42:02 (208.)	2:12	0:21:14 (151.)	01:27:19	+00:14:40
19	L4172	Pocock, Tim	GBR	0:17:29 (435.)	4:33	0:40:24 (122.)	2:26	0:22:36 (262.)	01:27:27	+00:14:48
20	L4147	Gilbert, Peter	GBR	0:18:05 (471.)	4:31	0:40:28 (126.)	2:16	0:22:16 (238.)	01:27:34	+00:14:55
21	J4060	Warren, Jon	USA	0:16:42 (365.)	5:33	0:43:47 (305.)	3:09	0:18:42 (33.)	01:27:52	+00:15:13
22	7031	Lindsay, Ian	GBR	0:14:53 (196.)	4:19	0:43:32 (295.)	2:07	0:23:05 (300.)	01:27:54	+00:15:15
23	L4150	Green, Jon	GBR	0:18:33 (486.)	4:40	0:41:06 (150.)	2:15	0:21:46 (194.)	01:28:18	+00:15:39
24	7002	Carrington, Mark	GBR	0:14:38 (179.)	4:15	0:42:29 (232.)	2:19	0:26:16 (474.)	01:29:55	+00:17:16
25	L4121	Russell, Richard	GBR	0:17:36 (441.)	4:22	0:42:18 (220.)	2:12	0:23:38 (341.)	01:30:04	+00:17:25
26	L4138	Cipelli, Guido	ITA	0:16:37 (361.)	4:37	0:41:15 (159.)	3:08	0:24:52 (406.)	01:30:27	+00:17:48
27	L4152	Hayden, Fraser	GBR	0:16:09 (324.)	4:41	0:42:40 (240.)	1:56	0:25:04 (420.)	01:30:29	+00:17:50
28	5004	Toms, Robert	GBR	0:18:52 (495.)	4:52	0:43:12 (274.)	2:25	0:23:19 (318.)	01:32:39	+00:20:00
29	7001	Millington, John	GBR	0:16:32 (354.)	4:24	0:44:53 (366.)	2:20	0:25:34 (447.)	01:33:41	+00:21:02
30	L4154	Herman, Mark	GBR	0:16:34 (357.)	5:26	0:44:48 (358.)	3:00	0:24:29 (388.)	01:34:16	+00:21:37
31	7005	Harrold, Andrew	GBR	0:20:02 (533.)	5:28	0:42:36 (238.)	2:55	0:23:31 (332.)	01:34:30	+00:21:51
32	7145	Harket, Chris	GBR	0:17:11 (402.)	5:21	0:46:08 (438.)	2:38	0:23:37 (339.)	01:34:53	+00:22:14
33	L4176	Smith, Graeme	GBR	0:12:22 (44.)	4:31	0:44:29 (345.)	3:01	0:31:52 (579.)	01:36:13	+00:23:34
34	L4145	Farren, Patrick	IRL	0:15:51 (294.)	6:39	0:48:20 (500.)	3:14	0:22:22 (246.)	01:36:24	+00:23:45
35	8001	De Wolf, Mark	CAN	0:15:49 (291.)	5:37	0:46:19 (445.)	2:22	0:26:20 (479.)	01:36:24	+00:23:45
36	L4129	Berman, David	GBR	0:12:51 (54.)	9:01	0:44:05 (323.)	3:49	0:27:46 (522.)	01:37:30	+00:24:51
37	L4155	Hodgkinson, Andrew	GBR	0:17:51 (457.)	6:05	0:43:14 (276.)	2:41	0:28:10 (532.)	01:37:59	+00:25:20
38	L4166	Narbeth, Christopher	GBR	0:19:31 (517.)	6:51	0:44:08 (324.)	2:38	0:26:43 (494.)	01:39:48	+00:27:09
39	L4151	Hart, Robin	GBR	0:18:35 (488.)	5:26	0:44:47 (356.)	2:55	0:28:19 (535.)	01:40:00	+00:27:21
40	L4128	Baumber, Peter	GBR	0:22:20 (568.)	6:42	0:43:50 (308.)	3:38	0:24:11 (368.)	01:40:39	+00:28:00
41	7151	Ryan, Marc	GBR	0:18:12 (474.)	5:54	0:50:01 (523.)	2:58	0:24:12 (369.)	01:41:14	+00:28:35
42	3053	Giddings, Stuart	GBR	0:18:53 (496.)	7:39	0:45:21 (394.)	5:07	0:25:19 (431.)	01:42:16	+00:29:37
43	1006	Greenwood, Neil	GBR	0:16:01 (309.)	6:01	0:50:52 (539.)	2:36	0:27:29 (513.)	01:42:58	+00:30:19
44	6128	Breingan, David	GBR	0:23:01 (574.)	7:05	0:49:43 (520.)	2:02	0:21:35 (186.)	01:43:24	+00:30:45
45	5005	Trosh, Mick	GBR	0:20:59 (552.)	7:01	0:48:05 (495.)	3:29	0:24:41 (400.)	01:44:14	+00:31:35

GLOBAL PARTNER 	PRESENTED BY 	LOCAL PARTNER 	VISIT LONDON 			EVENT ORGANISER 
---	---	--	---	--	---	--

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.)	T1	BIKE (PI-Bike.)	T2	RUN (PI-Run.)	Total	Diff.
46	6133	Domenech, Juan Anton	ESP	0:15:45 (284.)	5:38	0:48:22 (501.)	4:30	0:30:05 (552.)	01:44:18	+00:31:39
47	L4159	Kehily, Graham	GBR	0:17:21 (421.)	5:38	0:50:31 (535.)	3:00	0:27:52 (523.)	01:44:20	+00:31:41
48	7114	Warr, John	MLT	0:19:37 (519.)	5:41	0:46:03 (431.)	3:44	0:29:39 (548.)	01:44:42	+00:32:03
49	5067	Jamieson, John	GBR	0:15:23 (255.)	6:36	0:47:06 (465.)	3:49	0:34:17 (583.)	01:47:10	+00:34:31
50	L4149	Graver, Sean	GBR	0:20:34 (543.)	6:33	0:48:05 (494.)	3:28	0:31:01 (574.)	01:49:40	+00:37:01
51	L4125	Toffolo, Stefano	GBR	0:25:29 (588.)	5:48	0:48:56 (511.)	3:28	0:29:52 (550.)	01:53:31	+00:40:52
52	7006	Farquhar, Tor	GBR	0:22:13 (567.)	7:11	0:53:25 (562.)	3:08	0:27:59 (528.)	01:53:54	+00:41:15

MVET3

1	5034	Hughes, Ian	GBR	0:11:03 (14.)	3:04	0:38:44 (54.)	1:55	0:19:35 (61.)	01:14:20	+00:00:00
2	5018	Simanek, Petr	CZE	0:11:18 (19.)	3:26	0:39:04 (65.)	1:58	0:21:27 (171.)	01:17:10	+00:02:50
3	5052	Thomas, Tim	GBR	0:13:06 (63.)	3:31	0:39:18 (71.)	1:56	0:20:20 (102.)	01:18:08	+00:03:48
4	3028	Kitchen, Ian	GBR	0:14:07 (136.)	4:00	0:42:35 (235.)	2:21	0:20:39 (126.)	01:23:39	+00:09:19
5	5055	Woitha, Claus	GER	0:14:07 (135.)	4:02	0:38:01 (34.)	2:37	0:25:25 (435.)	01:24:09	+00:09:49
6	5019	Morton, Adrian	GBR	0:13:07 (66.)	4:34	0:40:16 (109.)	2:38	0:24:13 (372.)	01:24:46	+00:10:26
7	5017	Gardner, Paul	GBR	0:14:21 (152.)	3:52	0:40:33 (131.)	2:27	0:25:04 (419.)	01:26:15	+00:11:55
8	5020	Benbow, Alastair	GBR	0:15:34 (268.)	4:07	0:45:06 (381.)	1:38	0:19:58 (86.)	01:26:21	+00:12:01
9	1009	Gull, Simon	GBR	0:16:11 (328.)	4:12	0:42:52 (246.)	2:54	0:21:31 (181.)	01:27:37	+00:13:17
10	5051	Taylor, Jean	GBR	0:13:18 (75.)	5:34	0:43:57 (314.)	2:12	0:23:14 (310.)	01:28:13	+00:13:53
11	1138	Duffy, Malcolm	GBR	0:16:32 (352.)	4:09	0:44:08 (325.)	1:41	0:22:41 (274.)	01:29:10	+00:14:50
12	5033	Herbert-Smith, Martyn	GBR	0:14:56 (202.)	4:12	0:45:18 (390.)	2:28	0:23:17 (315.)	01:30:09	+00:15:49
13	5042	Polson, Pedro	NZL	0:12:09 (39.)	4:22	0:46:00 (427.)	2:38	0:26:22 (480.)	01:31:29	+00:17:09
14	5166	Bradshaw, Mark	GBR	0:17:18 (416.)	4:16	0:44:38 (351.)	2:15	0:23:06 (301.)	01:31:31	+00:17:11
15	5037	Knapp, Martin	GBR	0:17:25 (427.)	5:18	0:44:50 (362.)	2:07	0:23:26 (326.)	01:33:05	+00:18:45
16	5025	Freegard, Keith	GBR	0:16:58 (386.)	4:14	0:44:16 (336.)	2:13	0:25:33 (444.)	01:33:13	+00:18:53
17	6154	Candy, Colman	IRL	0:19:57 (530.)	5:37	0:43:27 (289.)	1:48	0:23:08 (303.)	01:33:55	+00:19:35
18	5036	Kelly, Ken	GBR	0:17:05 (399.)	5:54	0:47:18 (474.)	3:14	0:21:16 (154.)	01:34:45	+00:20:25
19	5045	Redfern, Redy	GBR	0:15:04 (218.)	5:06	0:46:03 (430.)	3:16	0:26:59 (500.)	01:36:25	+00:22:05
20	5044	Rechberger, Hermann	AUT	0:19:34 (518.)	6:38	0:43:12 (273.)	2:29	0:26:07 (469.)	01:37:57	+00:23:37
21	7004	Brackenbury, Collin	GBR	0:21:41 (561.)	6:59	0:42:21 (223.)	2:36	0:24:29 (387.)	01:38:03	+00:23:43
22	5031	Harbour, Stuart	GBR	0:17:54 (462.)	4:34	0:46:46 (460.)	3:02	0:25:49 (456.)	01:38:04	+00:23:44
23	5021	Blount, Gregory	GBR	0:15:09 (226.)	4:57	0:47:35 (484.)	3:17	0:27:30 (514.)	01:38:26	+00:24:06
24	5039	Macfarlane, Ian	GBR	0:17:40 (448.)	5:37	0:45:10 (382.)	3:18	0:27:08 (504.)	01:38:52	+00:24:32
25	5048	Sanderson, Iain	GBR	0:23:49 (579.)	5:55	0:45:00 (374.)	3:29	0:21:18 (156.)	01:39:29	+00:25:09
26	5043	Poole, Andrew	GBR	0:16:57 (383.)	4:48	0:45:55 (422.)	2:59	0:29:06 (543.)	01:39:43	+00:25:23
27	5013	Mc Fadden, Adrian	IRL	0:19:24 (510.)	6:37	0:43:59 (318.)	4:10	0:25:45 (452.)	01:39:53	+00:25:33
28	5046	Reynolds, Rob	GBR	0:24:17 (580.)	4:24	0:43:48 (306.)	2:16	0:26:11 (471.)	01:40:54	+00:26:34
29	1025	Mayer, Klaus-Peter	GER	0:20:35 (544.)	4:36	0:46:08 (440.)	2:46	0:27:34 (517.)	01:41:38	+00:27:18
30	6007	Fox, Tony	GBR	0:20:49 (549.)	5:50	0:45:15 (387.)	4:01	0:30:31 (562.)	01:46:24	+00:32:04
31	1040	Haskell, Brian	USA	0:19:23 (509.)	6:40	0:53:44 (567.)	3:34	0:27:02 (502.)	01:50:21	+00:36:01
32	5054	Williams, David	GBR	0:19:18 (505.)	0:43	1:00:21 (582.)	4:12	0:24:59 (415.)	01:59:31	+00:45:11
33	5012	Cunningham, Michael	GBR	0:24:23 (582.)	6:39	0:54:47 (575.)	3:17	0:30:58 (573.)	02:00:03	+00:45:43

MVET4

1	5061	Gates, Nigel	GBR	0:13:31 (91.)	3:33	0:40:23 (118.)	2:34	0:17:09 (6.)	01:17:08	+00:00:00
2	5112	Thorpe, Bryan	GBR	0:12:56 (57.)	3:58	0:39:01 (60.)	2:08	0:20:26 (109.)	01:18:26	+00:01:18
3	5059	Rankin, David	IRL	0:14:02 (130.)	3:47	0:39:54 (88.)	2:20	0:21:30 (179.)	01:21:32	+00:04:24
4	5063	Newman, Ivan	GBR	0:13:51 (115.)	3:53	0:40:32 (128.)	2:17	0:22:04 (222.)	01:22:35	+00:05:27
5	5111	Taylor, Rick	GBR	0:15:13 (234.)	4:36	0:42:28 (230.)	2:07	0:23:33 (333.)	01:27:56	+00:10:48
6	5060	Darkins, Roger	GBR	0:15:17 (242.)	4:29	0:43:52 (310.)	2:50	0:24:21 (378.)	01:30:47	+00:13:39
7	5065	Redfearn, Charles	GBR	0:17:56 (464.)	4:14	0:44:20 (338.)	2:43	0:21:55 (208.)	01:31:05	+00:13:57
8	1028	Twist, Patrick	GBR	0:19:28 (516.)	4:13	0:48:34 (503.)	2:50	0:30:27 (561.)	01:45:29	+00:28:21
9	5062	Kendrick, Alastair	GBR	0:21:04 (554.)	6:01	0:53:33 (564.)	2:27	0:27:25 (510.)	01:50:28	+00:33:20

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.)	T1	BIKE (PI-Bike.)	T2	RUN (PI-Run.)	Total	Diff.
10	6118	Hand, Kevin	GBR	0:19:27 (513.)	6:18	0:53:34 (565.)	4:42	0:26:36 (489.)	01:50:35	+00:33:27
11	5058	Nichols, Mark	GBR	0:30:50 (596.)	5:36	0:46:39 (455.)	2:48	0:25:49 (455.)	01:51:41	+00:34:33

MVET5

1	5115	Berwick, George	GBR	0:13:17 (72.)	3:51	0:41:30 (171.)	3:11	0:22:06 (223.)	01:23:53	+00:00:00
2	5118	Euler, Barry	AUS	0:16:07 (320.)	4:38	0:41:33 (175.)	2:08	0:21:54 (207.)	01:26:18	+00:02:25
3	5146	Frößler, Hans	GER	0:18:59 (501.)	4:23	0:40:11 (102.)	1:56	0:23:57 (362.)	01:29:25	+00:05:32
4	5120	McCabe, David	AUS	0:17:30 (436.)	4:02	0:45:32 (407.)	2:04	0:22:02 (217.)	01:31:08	+00:07:15
5	5116	Burton, Robert	GBR	0:17:28 (432.)	5:41	0:44:15 (334.)	2:46	0:25:17 (429.)	01:35:26	+00:11:33
6	7153	Thornley, Roy	GBR	0:16:59 (387.)	5:30	0:50:16 (529.)	2:44	0:27:42 (519.)	01:43:09	+00:19:16
7	5114	Bennett, Barry	GBR	0:25:11 (586.)	0:27	0:54:35 (573.)	4:14	0:30:31 (563.)	02:04:56	+00:41:03

MVET6

1	5121	Bramley, Peter	GBR	0:19:26 (512.)	8:06	0:44:50 (361.)	2:55	0:35:07 (584.)	02:00:21	+00:00:00
2	1176	Snow, Simon	GBR	0:25:08 (585.)	6:45	0:54:15 (572.)	4:33	0:30:55 (571.)	02:01:34	+00:01:13

GLOBAL PARTNER



SUUNTO

PRESENTED BY

TATA STEEL

LOCAL PARTNER

VISIT
LONDON
VISITLONDON.COM/SPORT

speedo

EVENT ORGANISER

upsolut sports uk.

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.) T1	BIKE (PI-Bike.) T2	RUN (PI-Run.)	Total	Diff.
WJU17								
1	1017	Wedmore, Julia	GBR	0:13:55 (35.) 3:32	0:48:18 (132.) 1:34	0:20:04 (10.)	01:27:21	+00:00:00
2	1005	Brunt, Sophie	GBR	0:15:07 (66.) 4:37	0:54:51 (200.) 3:23	0:30:33 (198.)	01:48:29	+00:21:08
WJU19								
1	1021	Harkins, Emma	GBR	0:12:37 (21.) 3:54	0:48:47 (142.) 2:08	0:23:21 (59.)	01:30:46	+00:00:00
2	1019	Alterman, Rose	GBR	0:18:35 (161.) 6:46	0:56:28 (210.) 2:04	0:23:22 (61.)	01:47:15	+00:16:29
WSEN1								
1	6155	Hughes, Emily	GBR	0:15:14 (68.) 3:02	0:39:35 (6.) 1:38	0:20:57 (21.)	01:20:24	+00:00:00
2	6116	Herron, Gabby	AUS	0:13:30 (30.) 3:46	0:45:17 (72.) 2:00	0:24:33 (78.)	01:29:04	+00:08:40
3	1053	Levy, Hila	USA	0:17:49 (145.) 5:02	0:47:13 (114.) 2:37	0:27:15 (147.)	01:39:53	+00:19:29
4	1061	Younkins, Karen	USA	0:12:27 (13.) 5:16	0:51:05 (172.) 2:32	0:33:18 (213.)	01:44:35	+00:24:11
5	1020	Maciver, Annie	GBR	0:18:27 (158.) 6:50	0:56:31 (211.) 2:06	0:23:22 (60.)	01:47:15	+00:26:51
6	6153	Rossiter, Victoria	GBR	0:22:09 (211.) 7:28	0:48:53 (146.) 3:28	0:33:08 (212.)	01:55:04	+00:34:40
WSEN2								
1	2041	Fort, Julie	GBR	0:11:05 (3.) 3:24	0:41:01 (10.) 2:01	0:19:12 (4.)	01:16:42	+00:00:00
2	2050	Anderson, Kirsty	GBR	0:11:36 (6.) 3:29	0:39:11 (3.) 2:20	0:21:36 (31.)	01:18:10	+00:01:28
3	2146	Murray, Seonaid	GBR	0:11:14 (4.) 3:37	0:43:36 (49.) 2:01	0:17:56 (1.)	01:18:22	+00:01:40
4	2151	Onn, Sally	GBR	0:14:07 (41.) 2:56	0:41:53 (22.) 1:49	0:18:26 (3.)	01:19:09	+00:02:27
5	1146	Trembling, Kerrie	GBR	0:12:51 (23.) 3:33	0:42:02 (24.) 1:53	0:20:06 (11.)	01:20:23	+00:03:41
6	1126	Copie, Clemence	FRA	0:13:44 (33.) 3:51	0:41:28 (17.) 1:56	0:21:31 (28.)	01:22:27	+00:05:45
7	6164	Jenkins, Christina	GBR	0:13:17 (26.) 3:32	0:43:44 (50.) 1:39	0:20:21 (15.)	01:22:32	+00:05:50
8	2128	Israsena, Fay	NLD	0:13:06 (25.) 3:53	0:41:29 (18.) 2:43	0:23:41 (71.)	01:24:49	+00:08:07
9	2113	Farrell, Gemma	GBR	0:15:07 (67.) 3:41	0:44:12 (56.) 1:49	0:20:36 (18.)	01:25:23	+00:08:41
10	2131	Jones, Anne	GBR	0:11:51 (8.) 3:34	0:46:07 (86.) 1:42	0:22:15 (38.)	01:25:27	+00:08:45
11	1155	Bruce, Lara Jo	GBR	0:14:00 (37.) 3:15	0:44:10 (55.) 2:01	0:22:08 (36.)	01:25:31	+00:08:49
12	1123	Buckenham, Lindsay	GBR	0:14:50 (60.) 4:21	0:41:44 (19.) 2:04	0:24:19 (76.)	01:27:16	+00:10:34
13	2154	Pogonowski, Ruth	GBR	0:14:25 (51.) 4:23	0:43:00 (35.) 2:14	0:23:25 (64.)	01:27:25	+00:10:43
14	2125	Holmes, Sarah	GBR	0:12:30 (16.) 4:11	0:44:06 (54.) 2:27	0:26:13 (116.)	01:29:25	+00:12:43
15	2046	Wright, Emily	GBR	0:14:38 (54.) 6:04	0:43:46 (51.) 2:14	0:22:51 (50.)	01:29:31	+00:12:49
16	6113	Thompson, Emily	GBR	0:16:05 (99.) 4:50	0:43:23 (44.) 3:08	0:23:03 (53.)	01:30:27	+00:13:45
17	6052	Cook, Catherine	GBR	0:15:55 (91.) 3:49	0:46:45 (102.) 2:30	0:21:32 (29.)	01:30:29	+00:13:47
18	2142	Madden, Elizabeth	USA	0:15:19 (73.) 4:31	0:44:23 (60.) 2:12	0:24:08 (74.)	01:30:31	+00:13:49
19	2130	Jones, Anna	GBR	0:14:16 (45.) 4:57	0:43:31 (48.) 2:39	0:25:17 (91.)	01:30:39	+00:13:57
20	2001	Ellis, Melanie	GBR	0:16:39 (109.) 4:18	0:41:50 (21.) 2:18	0:25:38 (101.)	01:30:42	+00:14:00
21	7129	Laidlaw, Hollie	GBR	0:14:12 (42.) 4:52	0:44:42 (64.) 2:02	0:25:19 (94.)	01:31:04	+00:14:22
22	2170	Towers, Emma	GBR	0:15:58 (96.) 3:54	0:42:52 (31.) 2:13	0:27:01 (143.)	01:31:56	+00:15:14
23	1142	Noble, Lorna	GBR	0:17:51 (146.) 3:58	0:42:59 (34.) 2:20	0:24:51 (84.)	01:31:57	+00:15:15
24	6057	John, Sarah	GBR	0:15:57 (94.) 4:16	0:42:59 (33.) 2:47	0:26:15 (118.)	01:32:12	+00:15:30
25	6056	Henderson, Kirsteen	GBR	0:15:16 (70.) 4:33	0:46:54 (103.) 1:57	0:23:34 (67.)	01:32:13	+00:15:31
26	2126	Ingold, Joanna	GBR	0:15:26 (77.) 4:09	0:46:33 (98.) 2:33	0:23:38 (69.)	01:32:17	+00:15:35
27	1166	Manson, Rebecca	GBR	0:15:40 (83.) 4:21	0:45:02 (68.) 2:05	0:25:33 (99.)	01:32:39	+00:15:57
28	1168	Kyegombe, Edyth	GBR	0:15:41 (85.) 5:15	0:46:17 (93.) 2:32	0:23:13 (57.)	01:32:56	+00:16:14
29	2122	Guerra, Emily	USA	0:15:30 (78.) 4:37	0:45:52 (84.) 2:25	0:24:43 (81.)	01:33:05	+00:16:23
30	1144	Younge, Alice	GBR	0:15:30 (79.) 3:59	0:43:11 (42.) 2:05	0:28:43 (170.)	01:33:26	+00:16:44
31	2112	Falk, Wendy	GBR	0:15:02 (64.) 4:17	0:45:51 (83.) 2:30	0:26:39 (128.)	01:34:16	+00:17:34
32	1062	Harper, Ailanore	GBR	0:17:10 (126.) 3:56	0:45:42 (80.) 2:11	0:25:58 (111.)	01:34:55	+00:18:13
33	1010	Navarro Virgos, Victoria	ESP	0:16:28 (104.) 5:13	0:47:40 (120.) 3:02	0:22:37 (44.)	01:34:57	+00:18:15
34	2171	Van Dijk, Heleen	NLD	0:12:36 (20.) 4:26	0:49:00 (148.) 2:11	0:27:48 (155.)	01:35:59	+00:19:17
35	1131	Down, Hayley	GBR	0:19:23 (176.) 3:41	0:47:51 (125.) 1:35	0:23:38 (70.)	01:36:07	+00:19:25

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.)	T1	BIKE (PI-Bike.)	T2	RUN (PI-Run.)	Total	Diff.
36	2066	Dumas, Caroline	GBR	0:17:15 (131.)	4:22	0:44:30 (61.)	3:33	0:26:40 (131.)	01:36:18	+00:19:36
37	1148	Lilley, Amy	GBR	0:16:59 (120.)	5:26	0:48:41 (139.)	1:57	0:23:27 (65.)	01:36:28	+00:19:46
38	6005	Gill, Anna	GBR	0:16:30 (105.)	5:09	0:47:03 (109.)	1:58	0:25:53 (109.)	01:36:32	+00:19:50
39	2147	Natolie, Eve-Marie	GBR	0:14:13 (44.)	5:16	0:46:43 (101.)	2:03	0:28:29 (165.)	01:36:42	+00:20:00
40	1143	Price, Helena	GBR	0:15:17 (72.)	5:39	0:47:05 (110.)	2:25	0:26:48 (137.)	01:37:12	+00:20:30
41	2141	Macdonald, Kiera	GBR	0:15:17 (71.)	4:11	0:52:31 (186.)	2:00	0:23:24 (63.)	01:37:21	+00:20:39
42	2032	Kirby, Felicity	GBR	0:12:35 (19.)	6:55	0:48:49 (144.)	3:23	0:26:18 (120.)	01:37:58	+00:21:16
43	1167	Solon, Kura	GBR	0:17:14 (130.)	4:51	0:47:23 (117.)	2:10	0:26:44 (134.)	01:38:19	+00:21:37
44	2036	Frankham, Katherine	GBR	0:14:42 (56.)	4:37	0:48:41 (140.)	2:09	0:28:13 (160.)	01:38:20	+00:21:38
45	2165	Taylor, Melissa	AUS	0:18:44 (163.)	4:31	0:45:56 (85.)	2:43	0:26:51 (140.)	01:38:43	+00:22:01
46	1115	Miller, Becky	GBR	0:23:19 (213.)	5:41	0:45:17 (72.)	3:27	0:23:35 (68.)	01:41:16	+00:24:34
47	2061	Coughlan, Sinead	GBR	0:10:30 (2.)	6:30	0:51:01 (170.)	4:15	0:29:30 (184.)	01:41:44	+00:25:02
48	2051	Applegarth, Sarah	GBR	0:17:06 (121.)	7:36	0:48:05 (127.)	2:51	0:26:15 (117.)	01:41:51	+00:25:09
49	6160	Sutherland, Catriona	GBR	0:21:29 (203.)	5:39	0:48:48 (143.)	2:54	0:23:05 (55.)	01:41:53	+00:25:11
50	2038	Parr, Georgina	GBR	0:16:17 (102.)	5:21	0:49:52 (158.)	2:15	0:28:15 (162.)	01:41:59	+00:25:17
51	2149	Nicholson, Samantha	GBR	0:17:08 (123.)	4:42	0:49:30 (154.)	2:57	0:27:52 (157.)	01:42:08	+00:25:26
52	2138	Lodge, Eleanor	GBR	0:14:54 (62.)	4:55	0:49:29 (152.)	2:40	0:31:28 (206.)	01:43:23	+00:26:41
53	2037	Poots, Laura	GBR	0:17:24 (137.)	5:18	0:48:55 (147.)	2:59	0:29:06 (178.)	01:43:42	+00:27:00
54	6058	Whittle, Rebecca	GBR	0:18:16 (154.)	3:52	0:53:13 (191.)	2:15	0:26:46 (136.)	01:44:20	+00:27:38
55	6176	Allender, Katie	GBR	0:20:18 (192.)	4:40	0:51:18 (178.)	2:30	0:25:57 (110.)	01:44:40	+00:27:58
56	2021	Kraus, Sabine	GER	0:19:39 (181.)	6:58	0:50:14 (164.)	2:44	0:25:50 (106.)	01:45:23	+00:28:41
57	2136	Loader, Reine	ZAF	0:17:09 (125.)	6:03	0:51:01 (170.)	2:34	0:30:09 (194.)	01:46:54	+00:30:12
58	2063	Cox, Penny	AUS	0:17:31 (139.)	6:09	0:52:12 (184.)	2:35	0:29:23 (182.)	01:47:47	+00:31:05
59	2119	Goldman, Rose	GBR	0:19:56 (185.)	5:11	0:49:29 (153.)	3:42	0:29:39 (186.)	01:47:54	+00:31:12
60	1114	Caseley, Emma	GBR	0:20:14 (191.)	5:48	0:53:22 (193.)	2:23	0:26:44 (135.)	01:48:30	+00:31:48
61	2152	Pavlatova, Miroslava	CZE	0:19:38 (180.)	4:41	0:52:25 (185.)	3:08	0:29:15 (180.)	01:49:06	+00:32:24
62	2116	Gallagher, Denise	IRL	0:14:20 (47.)	4:01	0:59:00 (216.)	2:51	0:29:39 (187.)	01:49:49	+00:33:07
63	6112	Coombe, Ellen	GBR	0:21:44 (207.)	6:18	0:50:34 (167.)	2:42	0:28:54 (174.)	01:50:10	+00:33:28
64	2004	Huang, Chaoni	CHN	0:20:44 (196.)	5:11	0:54:54 (201.)	3:09	0:27:08 (145.)	01:51:04	+00:34:22
65	2111	Essex, Amy	GBR	0:21:27 (202.)	5:48	0:53:08 (190.)	2:24	0:28:56 (176.)	01:51:41	+00:34:59
66	7125	Kogler, Christine	GER	0:19:54 (184.)	6:24	0:54:30 (198.)	2:51	0:29:31 (185.)	01:53:08	+00:36:26
67	2153	Peattie, Masha	GBR	0:19:49 (182.)	5:21	0:50:40 (169.)	3:14	0:35:32 (215.)	01:54:34	+00:37:52
68	2052	Bailey, Gemma	GBR	0:21:08 (200.)	5:24	0:57:19 (213.)	3:50	0:28:41 (169.)	01:56:20	+00:39:38

WSEN3

1	J4032	Nichols, Claire	GBR	0:13:37 (31.)	3:16	0:42:34 (30.)	2:04	0:18:23 (2.)	01:19:53	+00:00:00
2	J4040	Perry, Josephine	GBR	0:13:44 (34.)	3:24	0:40:37 (8.)	2:01	0:25:10 (89.)	01:24:53	+00:05:00
3	I3160	Darch, Sarah	GBR	0:15:48 (89.)	3:55	0:41:22 (15.)	2:34	0:21:57 (33.)	01:25:35	+00:05:42
4	8120	Flintham, Nina	GBR	0:14:21 (48.)	3:46	0:42:22 (28.)	2:48	0:23:04 (54.)	01:26:19	+00:06:26
5	3058	Locker, Joanne	GBR	0:15:42 (86.)	4:02	0:44:19 (58.)	2:13	0:20:23 (16.)	01:26:37	+00:06:44
6	J4027	Middleton, Amy	GBR	0:14:26 (52.)	3:40	0:43:03 (37.)	2:24	0:23:56 (72.)	01:27:28	+00:07:35
7	J4044	Ramsumair, Joanna	GBR	0:16:48 (115.)	3:46	0:42:06 (26.)	2:11	0:24:44 (82.)	01:29:32	+00:09:39
8	I3139	Archer, Genefer	GBR	0:17:40 (140.)	4:01	0:43:28 (47.)	2:26	0:22:23 (41.)	01:29:56	+00:10:03
9	J4023	McClary, Samantha	GBR	0:19:22 (175.)	3:16	0:44:00 (53.)	1:59	0:21:45 (32.)	01:30:20	+00:10:27
10	7022	Sijtsma, Leonie	NLD	0:15:43 (88.)	4:35	0:45:27 (76.)	1:49	0:22:57 (51.)	01:30:30	+00:10:37
11	2042	Marambe, Alison	GBR	0:12:26 (12.)	4:06	0:50:35 (168.)	1:57	0:22:32 (43.)	01:31:35	+00:11:42
12	6163	Hintsche, Maike	GER	0:18:19 (155.)	4:04	0:43:23 (45.)	3:28	0:24:17 (75.)	01:33:28	+00:13:35
13	3010	Koltai, Bernadette	GBR	0:17:10 (127.)	4:19	0:47:59 (126.)	2:50	0:21:22 (26.)	01:33:39	+00:13:46
14	J4004	Havill, Andrea	GBR	0:16:53 (117.)	4:07	0:46:14 (90.)	2:53	0:24:06 (73.)	01:34:13	+00:14:20
15	I3167	Foreman-Peck, Anna	GBR	0:14:13 (43.)	3:59	0:43:24 (46.)	2:08	0:30:34 (199.)	01:34:17	+00:14:24
16	I3166	Fassnidge, Edie	GBR	0:14:22 (50.)	3:44	0:43:17 (43.)	2:19	0:30:36 (200.)	01:34:17	+00:14:24
17	I3162	De Moraes, Camilla	GBR	0:14:39 (55.)	4:10	0:48:26 (134.)	2:06	0:25:03 (88.)	01:34:22	+00:14:29
18	J4039	Pasternak, Katarzyna	POL	0:16:34 (107.)	4:12	0:45:50 (82.)	2:00	0:25:52 (108.)	01:34:26	+00:14:33
19	3048	Hull, Anna	GBR	0:16:50 (116.)	4:43	0:45:06 (69.)	2:13	0:25:35 (100.)	01:34:26	+00:14:33

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.)	T1	BIKE (PI-Bike.)	T2	RUN (PI-Run.)	Total	Diff.
20	2007	Hartley, Clare	GBR	0:14:44 (58.)	4:55	0:48:35 (138.)	2:20	0:25:18 (93.)	01:35:51	+00:15:58
21	J4016	Korbacz, Anna	POL	0:18:25 (156.)	4:32	0:43:07 (40.)	3:29	0:26:39 (129.)	01:36:09	+00:16:16
22	2114	Harilela, Krsna	GBR	0:16:43 (110.)	5:06	0:47:06 (111.)	2:33	0:26:02 (113.)	01:37:28	+00:17:35
23	I3169	Glockler, Sarah	GBR	0:16:58 (119.)	4:08	0:48:17 (131.)	2:16	0:26:07 (114.)	01:37:45	+00:17:52
24	I3112	O Grady, Tara	GBR	0:19:56 (186.)	5:52	0:47:46 (123.)	2:19	0:22:09 (37.)	01:38:00	+00:18:07
25	J4019	Lems, Nicolien	NLD	0:16:46 (114.)	4:37	0:44:47 (66.)	2:47	0:29:17 (181.)	01:38:12	+00:18:19
26	6122	Rubin, Karen	NLD	0:15:15 (69.)	6:21	0:50:12 (163.)	2:40	0:25:17 (92.)	01:39:43	+00:19:50
27	I3155	Cassidy, Kat	AUS	0:17:56 (148.)	4:55	0:47:51 (124.)	2:22	0:26:55 (141.)	01:39:57	+00:20:04
28	I3152	Cannell, Tara	CAN	0:18:08 (152.)	5:01	0:48:12 (128.)	2:04	0:27:10 (146.)	01:40:33	+00:20:40
29	I3158	Cornish, Jennifer	GBR	0:23:42 (217.)	4:54	0:46:16 (92.)	3:08	0:23:23 (62.)	01:41:21	+00:21:28
30	1174	Oliver, Karen	GBR	0:16:12 (101.)	4:56	0:49:59 (159.)	3:11	0:27:20 (148.)	01:41:36	+00:21:43
31	6051	Bateman, Miranda	GBR	0:17:51 (147.)	4:32	0:51:11 (176.)	2:24	0:26:48 (139.)	01:42:43	+00:22:50
32	7122	Case, Abby	GBR	0:17:18 (132.)	5:37	0:51:58 (182.)	2:12	0:26:35 (125.)	01:43:37	+00:23:44
33	L4112	Whittaker, Elizabeth	GBR	0:15:00 (63.)	4:38	0:55:53 (205.)	2:30	0:25:46 (103.)	01:43:46	+00:23:53
34	I3145	Birch, Helen	GBR	0:21:08 (201.)	4:57	0:48:53 (145.)	3:04	0:25:51 (107.)	01:43:51	+00:23:58
35	1158	Donnelly, Jeanette	GBR	0:15:56 (93.)	6:34	0:50:33 (166.)	2:20	0:28:54 (175.)	01:44:16	+00:24:23
36	6137	Canals, Caia	ESP	0:15:21 (74.)	4:57	0:51:06 (173.)	2:50	0:30:06 (192.)	01:44:18	+00:24:25
37	6140	Sicart, Anna	ESP	0:14:30 (53.)	5:47	0:51:06 (174.)	2:51	0:30:05 (191.)	01:44:18	+00:24:25
38	2003	Adames, Alexandra	GBR	0:17:22 (135.)	4:34	0:51:41 (179.)	5:17	0:25:28 (97.)	01:44:19	+00:24:26
39	J4003	Hartley, Isobel	GBR	0:19:05 (169.)	3:55	0:50:00 (160.)	3:46	0:28:10 (159.)	01:44:55	+00:25:02
40	7123	Rehman, Farah	GBR	0:19:16 (172.)	5:29	0:51:50 (181.)	3:17	0:25:16 (90.)	01:45:06	+00:25:13
41	J4007	Hopkinson, Emma	GBR	0:18:02 (149.)	4:29	0:54:24 (197.)	2:49	0:26:48 (138.)	01:46:31	+00:26:38
42	3009	Bartova, Lenka	CZE	0:18:59 (168.)	5:43	0:51:08 (175.)	4:13	0:26:36 (126.)	01:46:37	+00:26:44
43	I3124	Patrick, Lara	GBR	0:18:06 (151.)	5:04	0:50:15 (165.)	2:39	0:30:56 (202.)	01:46:57	+00:27:04
44	I3130	Thomas, Alice	GBR	0:18:03 (150.)	5:29	0:53:49 (195.)	2:14	0:27:30 (151.)	01:47:02	+00:27:09
45	L4111	Walker, Helen	GBR	0:20:22 (194.)	4:51	0:49:50 (157.)	4:48	0:27:46 (154.)	01:47:34	+00:27:41
46	3049	Langstaff, Laura	GBR	0:22:05 (210.)	5:15	0:48:16 (130.)	3:47	0:28:18 (164.)	01:47:39	+00:27:46
47	J4043	Prozesky, Ilse-marie	GBR	0:20:01 (188.)	6:25	0:52:51 (188.)	3:03	0:26:16 (119.)	01:48:33	+00:28:40
48	J4026	Meyer, Annemarie	GBR	0:17:44 (142.)	6:20	0:48:46 (141.)	3:07	0:33:03 (211.)	01:48:59	+00:29:06
49	1002	Coutinho, Cristiane	BRA	0:17:19 (134.)	4:24	0:57:41 (215.)	2:42	0:26:59 (142.)	01:49:03	+00:29:10
50	1159	Jones, Sarah	GBR	0:15:24 (76.)	5:57	0:59:46 (217.)	3:29	0:24:33 (77.)	01:49:06	+00:29:13
51	3067	Jones, Lyndsey	GBR	0:26:11 (221.)	4:51	0:52:09 (183.)	2:08	0:25:22 (96.)	01:50:39	+00:30:46
52	6003	Zou, Xi	CHN	0:20:21 (193.)	7:02	0:52:41 (187.)	3:21	0:28:17 (163.)	01:51:40	+00:31:47
53	3050	Williams, Kelly	GBR	0:23:45 (218.)	7:08	0:54:47 (199.)	2:52	0:24:58 (86.)	01:53:27	+00:33:34
54	J4047	Rowlands, Jennifer	GBR	0:19:38 (179.)	5:23	0:54:20 (196.)	3:23	0:31:02 (203.)	01:53:44	+00:33:51
55	I3122	Atkins, Stacey	GBR	0:21:43 (206.)	5:25	0:51:49 (180.)	2:26	0:32:54 (210.)	01:54:16	+00:34:23
56	I3179	Grennan, Sharon	GBR	0:26:07 (220.)	9:15	0:47:01 (107.)	3:52	0:28:46 (171.)	01:54:59	+00:35:06
57	I3127	Hunt, Kathrine	GBR	0:23:21 (214.)	6:09	0:56:11 (207.)	3:12	0:30:15 (196.)	01:59:05	+00:39:12

WSEN4

1	8032	Lebray, Gaelle	GBR	0:12:58 (24.)	3:15	0:39:23 (4.)	1:38	0:20:19 (14.)	01:17:31	+00:00:00
2	8052	Pinches, Liz	GBR	0:12:37 (22.)	3:08	0:39:30 (5.)	2:03	0:20:16 (13.)	01:17:32	+00:00:01
3	8033	Lloyd, Michelle	GBR	0:12:15 (10.)	3:14	0:41:11 (13.)	1:32	0:19:57 (8.)	01:18:08	+00:00:37
4	8003	Dewar, Claire	AUS	0:12:28 (15.)	3:22	0:39:55 (7.)	1:51	0:20:58 (22.)	01:18:31	+00:01:00
5	8117	Vile, Katharine	GBR	0:11:14 (5.)	3:12	0:41:04 (11.)	1:47	0:22:47 (48.)	01:20:02	+00:02:31
6	7149	French, Catherine	GBR	0:13:39 (32.)	3:19	0:41:14 (14.)	1:48	0:21:35 (30.)	01:21:33	+00:04:02
7	8124	Williams, Liza	GBR	0:13:27 (29.)	4:02	0:42:06 (25.)	1:44	0:21:10 (25.)	01:22:27	+00:04:56
8	8029	Laffan, Fiona	GBR	0:14:44 (57.)	3:18	0:41:25 (16.)	1:48	0:22:01 (34.)	01:23:14	+00:05:43
9	7015	Gorman, Helen	GBR	0:10:23 (1.)	4:01	0:41:59 (23.)	2:47	0:25:21 (95.)	01:24:29	+00:06:58
10	8128	Young, Nathalie	GBR	0:18:49 (166.)	3:55	0:42:26 (29.)	1:45	0:19:45 (6.)	01:26:38	+00:09:07
11	5125	Villar, America	ESP	0:15:23 (75.)	3:52	0:43:10 (41.)	1:55	0:22:46 (47.)	01:27:04	+00:09:33
12	7173	Crawshaw, Amanda	GBR	0:14:04 (40.)	4:51	0:45:10 (70.)	3:06	0:22:42 (46.)	01:29:51	+00:12:20
13	3057	Ford, Gillian	GBR	0:14:51 (61.)	4:22	0:43:06 (39.)	2:33	0:25:30 (98.)	01:30:21	+00:12:50
14	7150	Wells, Louise	GBR	0:15:33 (82.)	4:32	0:45:45 (81.)	2:11	0:22:47 (49.)	01:30:47	+00:13:16

GLOBAL PARTNER



SUUNTO

PRESENTED BY

TATA STEEL

LOCAL PARTNER

VISIT LONDON
VISITLONDON.COM/SPORT



speedo

EVENT ORGANISER

upsolut sports uk.

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.)	T1	BIKE (PI-Bike.)	T2	RUN (PI-Run.)	Total	Diff.
15	7171	Clarke, Debbie	GBR	0:16:54 (118.)	4:03	0:47:42 (121.)	2:08	0:22:04 (35.)	01:32:49	+00:15:18
16	5149	Warren, Claire	GBR	0:15:31 (80.)	5:14	0:46:14 (88.)	2:14	0:24:46 (83.)	01:33:58	+00:16:27
17	8023	Jankowitz, Reinet	GBR	0:14:45 (59.)	4:29	0:48:32 (136.)	1:57	0:24:38 (80.)	01:34:20	+00:16:49
18	8111	Sprinkel, Olivia	GBR	0:17:12 (128.)	4:42	0:46:14 (89.)	3:03	0:23:14 (58.)	01:34:24	+00:16:53
19	8006	Doyle, Tracy	GBR	0:16:06 (100.)	4:51	0:45:10 (71.)	2:25	0:26:39 (130.)	01:35:09	+00:17:38
20	8041	Morgan, Amanda	AUS	0:15:58 (95.)	4:24	0:46:33 (97.)	2:29	0:27:01 (143.)	01:36:23	+00:18:52
21	7165	Brown, Rachel	USA	0:14:22 (49.)	4:46	0:44:44 (65.)	2:47	0:29:52 (190.)	01:36:29	+00:18:58
22	7160	Beringer, Ilka Bettina	GER	0:18:45 (164.)	5:00	0:42:17 (27.)	3:08	0:27:37 (153.)	01:36:45	+00:19:14
23	7014	Mason, Donna	GBR	0:18:48 (165.)	5:49	0:46:54 (104.)	3:06	0:23:06 (56.)	01:37:42	+00:20:11
24	5128	Paddon, Fiona	GBR	0:14:03 (39.)	6:27	0:46:20 (95.)	3:02	0:28:40 (168.)	01:38:30	+00:20:59
25	5173	Pedder, Amy	GBR	0:15:55 (92.)	5:20	0:46:30 (96.)	3:33	0:28:15 (161.)	01:39:32	+00:22:01
26	6066	Ryan, Joanne	IRL	0:19:24 (177.)	4:33	0:48:12 (129.)	2:03	0:25:43 (102.)	01:39:53	+00:22:22
27	8020	Hillier, Claudine	GBR	0:17:08 (122.)	5:31	0:48:34 (137.)	3:38	0:26:30 (123.)	01:41:20	+00:23:49
28	6010	Bishop, Rachael	GBR	0:17:23 (136.)	5:16	0:48:25 (133.)	2:08	0:28:49 (173.)	01:41:59	+00:24:28
29	6013	Gilbert, Alexandra	USA	0:17:43 (141.)	6:33	0:51:11 (177.)	2:31	0:26:31 (124.)	01:44:26	+00:26:55
30	6014	Johnson, Amanda	GBR	0:18:09 (153.)	5:54	0:47:46 (122.)	4:24	0:28:46 (172.)	01:44:57	+00:27:26
31	7020	Van Randerdaat, Martine	NLD	0:18:34 (159.)	5:32	0:47:26 (118.)	3:04	0:30:40 (201.)	01:45:15	+00:27:44
32	6174	Bard, Brigette	GBR	0:17:18 (132.)	5:54	0:46:37 (100.)	3:08	0:32:53 (209.)	01:45:48	+00:28:17
33	2067	Hilton, Melanie	GBR	0:23:55 (219.)	5:20	0:47:00 (105.)	2:35	0:27:58 (158.)	01:46:45	+00:29:14
34	6175	Penegar, Kate	GBR	0:17:48 (144.)	5:24	0:55:31 (203.)	2:39	0:30:07 (193.)	01:51:28	+00:33:57
35	7158	Azpiroz, Maria	ESP	0:19:36 (178.)	0:27	1:05:59 (220.)	3:21	0:30:23 (197.)	02:09:45	+00:52:14
36	3035	Kühne, Babett	GER	0:21:58 (209.)	9:07	0:55:50 (204.)	4:13	0:43:55 (219.)	02:15:00	+00:57:29

WVET1

1	8154	Phillips, Jacqui	GBR	0:12:30 (18.)	3:23	0:38:59 (2.)	1:44	0:20:03 (9.)	01:16:38	+00:00:00
2	9003	Clarke, Kim	GBR	0:13:25 (27.)	3:24	0:41:49 (20.)	1:58	0:21:00 (23.)	01:21:35	+00:04:57
3	8171	Bowen, Alison	GBR	0:15:41 (84.)	3:19	0:40:39 (9.)	2:01	0:20:39 (19.)	01:22:17	+00:05:39
4	6180	Rogers-Dixon, Polly	IRL	0:18:57 (167.)	3:36	0:44:16 (57.)	2:09	0:19:47 (7.)	01:28:43	+00:12:05
5	8153	Cresswell, Caroline	GBR	0:17:09 (124.)	4:10	0:44:34 (62.)	1:58	0:22:32 (42.)	01:30:20	+00:13:42
6	6125	Chesworth, Emma	GBR	0:15:05 (65.)	4:49	0:45:36 (78.)	2:31	0:22:58 (52.)	01:30:57	+00:14:19
7	9056	Thompson, Katie	GBR	0:13:59 (36.)	4:10	0:46:15 (91.)	2:13	0:26:01 (112.)	01:32:35	+00:15:57
8	L4119	Fox, Victoria	GBR	0:20:13 (190.)	4:47	0:44:36 (63.)	2:24	0:20:56 (20.)	01:32:54	+00:16:16
9	9009	Crockford, Wendy	GBR	0:16:01 (97.)	4:35	0:47:09 (112.)	3:04	0:29:13 (179.)	01:40:01	+00:23:23
10	6130	Morris, Emma	GBR	0:15:49 (90.)	4:57	0:48:28 (135.)	2:34	0:29:51 (188.)	01:41:36	+00:24:58
11	9065	Wilson, Angela	GBR	0:18:34 (160.)	5:30	0:49:35 (155.)	3:13	0:26:40 (132.)	01:43:31	+00:26:53
12	I3128	Sparry, Sara	GBR	0:23:18 (212.)	5:50	0:47:38 (119.)	2:52	0:29:24 (183.)	01:49:01	+00:32:23
13	9055	Thomas-Taylor, Susan	GBR	0:23:39 (216.)	5:20	0:53:14 (192.)	2:53	0:24:36 (79.)	01:49:40	+00:33:02
14	2008	Herd, Samantha	GBR	0:20:56 (198.)	5:35	0:53:23 (194.)	2:31	0:30:12 (195.)	01:52:35	+00:35:57
15	7115	Howard, Jenny	GBR	0:21:54 (208.)	6:30	0:55:57 (206.)	2:55	0:31:26 (205.)	01:58:41	+00:42:03
16	9058	Vermeulen, Inge	NLD	0:26:28 (222.)	7:28	0:56:40 (212.)	2:54	0:26:24 (121.)	01:59:52	+00:43:14
17	9036	Martin, Amanda	GBR	0:21:32 (205.)	7:28	0:57:19 (213.)	4:41	0:38:37 (217.)	02:09:36	+00:52:58
18	7118	Hewing, Martina	GER	0:19:57 (187.)	9:06	0:55:25 (202.)	1:07	0:39:54 (218.)	02:15:27	+00:58:49

WVET2

1	L4131	Bird, Alison	GBR	0:12:11 (9.)	3:17	0:38:54 (1.)	1:55	0:19:31 (5.)	01:15:46	
2	L4143	Downey, Bea	GBR	0:12:21 (11.)	3:19	0:41:08 (12.)	2:27	0:20:13 (12.)	01:19:27	+00:03:41
3	L4137	Church, Genevieve	GBR	0:12:27 (14.)	3:27	0:43:55 (52.)	1:54	0:22:41 (45.)	01:24:22	+00:08:36
4	L4161	Lockwood, Wendy	GBR	0:12:30 (17.)	3:24	0:46:13 (87.)	1:59	0:21:28 (27.)	01:25:32	+00:09:46
5	L4164	Milne, Patricia	GBR	0:15:32 (81.)	4:44	0:44:22 (59.)	2:04	0:20:25 (17.)	01:27:05	+00:11:19
6	6141	Burchett, Lesley	GBR	0:11:44 (7.)	3:45	0:45:32 (77.)	3:52	0:23:28 (66.)	01:28:18	+00:12:32
7	6143	Alder, Boo	GBR	0:18:27 (157.)	4:04	0:43:05 (38.)	2:07	0:22:16 (39.)	01:29:57	+00:14:11
8	L4148	Goble, Sally	GBR	0:19:08 (171.)	4:30	0:45:19 (74.)	2:37	0:22:21 (40.)	01:33:54	+00:18:08
9	L4163	Mc Grane, Anne	IRL	0:16:03 (98.)	4:30	0:47:10 (113.)	2:04	0:26:07 (114.)	01:35:53	+00:20:07
10	L4174	Robertson, Wendy	GBR	0:14:02 (38.)	4:44	0:47:18 (115.)	2:30	0:27:25 (150.)	01:35:58	+00:20:12

Age Group Race Course Sprint Distance

Dextro Energy Triathlon London - Sprint Distance

24.07.2010

printed 24.07.2010 17:15:32

Position	No	Name	Nat	SWIM (PI-Swim.)	T1	BIKE (PI-Bike.)	T2	RUN (PI-Run.)	Total	Diff.
11	L4126	Arundel, Penny	GBR	0:16:45 (113.)	3:49	0:45:23 (75.)	2:38	0:29:00 (177.)	01:37:33	+00:21:47
12	5001	Street, Anna	GBR	0:16:45 (112.)	4:25	0:49:15 (150.)	3:03	0:25:49 (105.)	01:39:14	+00:23:28
13	6119	Dawson, Nadia	GBR	0:20:05 (189.)	4:53	0:56:13 (208.)	2:49	0:26:36 (126.)	01:50:35	+00:34:49
14	L4144	Downie, Mandy	GBR	0:17:13 (129.)	5:42	0:56:26 (209.)	3:13	0:28:31 (167.)	01:51:04	+00:35:18
15	L4168	O'Brien, Pippa	GBR	0:19:05 (170.)	6:16	0:49:49 (156.)	3:15	0:33:40 (214.)	01:52:02	+00:36:16
16	L4130	Berman, Tracy	GBR	0:16:19 (103.)	8:29	1:00:19 (218.)	3:16	0:29:51 (189.)	01:58:13	+00:42:27

WVET3

1	5049	Smith, Carole	GBR	0:13:27 (28.)	3:07	0:42:58 (32.)	1:49	0:21:02 (24.)	01:22:22	+00:00:00
2	5029	Hall, Ailsa	GBR	0:19:21 (174.)	4:06	0:44:53 (67.)	2:23	0:24:52 (85.)	01:35:34	+00:13:12
3	5023	EGAN, LYNETTE	AUS	0:21:30 (204.)	4:26	0:43:03 (36.)	3:23	0:24:58 (87.)	01:37:18	+00:14:56
4	5015	Pollard, Linda	GBR	0:16:37 (108.)	4:41	0:47:00 (106.)	2:32	0:26:40 (133.)	01:37:29	+00:15:07
5	5032	Hayes, Lynn	GBR	0:16:33 (106.)	4:46	0:47:03 (108.)	2:15	0:27:21 (149.)	01:37:56	+00:15:34
6	5024	Elliott, Deborah	GBR	0:17:46 (143.)	5:10	0:46:34 (99.)	3:02	0:28:29 (166.)	01:40:58	+00:18:36
7	5148	Cole, Karen	GBR	0:17:29 (138.)	5:10	0:50:09 (162.)	3:16	0:25:48 (104.)	01:41:50	+00:19:28
8	6166	Adams, Josephine	GBR	0:21:04 (199.)	5:49	0:50:02 (161.)	3:07	0:26:28 (122.)	01:46:29	+00:24:07
9	5028	Gunn, Victoria	GBR	0:20:54 (197.)	7:19	0:49:20 (151.)	3:01	0:32:05 (207.)	01:52:38	+00:30:16
10	5016	Heynes, Arlene	GBR	0:23:33 (215.)	8:36	1:01:00 (219.)	3:28	0:36:32 (216.)	02:13:07	+00:50:45

WVET4

1	5066	Schaetzlein, Gabi	GER	0:15:43 (87.)	4:32	0:47:22 (116.)	2:44	0:32:08 (208.)	01:42:27	+00:00:00
2	5064	Parker, Jo	GBR	0:19:19 (173.)	5:04	0:49:04 (149.)	3:05	0:31:08 (204.)	01:47:38	+00:05:11
3	7111	Middlemast, Lynda	GBR	0:38:32 (223.)	7:47	1:18:06 (221.)	4:34	0:47:57 (220.)	03:06:54	+01:24:27

WVET5

1	5014	O'Reilly, Chris	GBR	0:14:17 (46.)	4:30	0:46:17 (94.)	2:49	0:27:31 (152.)	01:35:21	+00:00:00
2	5119	Graves, Jeanette Susan	GBR	0:19:51 (183.)	5:45	0:52:57 (189.)	3:01	0:27:52 (156.)	01:49:24	+00:14:03