



**TRIATHLON
CYMRU**

SUPER SERIES 2023

Overall Open

Rank	Name	Club	Overall Points	Eligible Points	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6	Stage 1 - Llanelli		Stage 2 - TATA		Stage 3 - SWYD		Stage 4 - Broad Haven		Stage 5 - Bala		Stage 6 - Llandudno	
											Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points
1	Liam Lloyd	TRI POTENTIAL	390	390	100	100	100			90	1:04:12	100	1:51:04	100	00:58:33	100					1:02:37	90
2	Dafyd Jay	TORFAEN TRI	380	380		80	90		100	110			1:57:09	80	01:01:03	90			01:34:43	100	1:01:15	110
3	Guto Morgans	Top Step Tri	290	290	70	70		80		70	1:12:45	70	2:00:33	70			2:03:06	80			1:09:38	70
4	Archie Dilks		249	249	60		70	44		75	1:13:39	60			01:05:12	70	2:15:39	44			1:07:44	75
5	Jack Southam	NORTH DOCK DREDGERS TRI	185	185	48	27	65			45	1:14:53	48	2:14:28	27	01:06:28	65	2:33:10				1:12:27	45
5	Llewelyn Edwards		185	185				55	80	50							2:12:10	55	01:37:43	80	1:11:40	50
7	Steven Allport	GOG TRIATHLON CLUB	211	183	36	28	40	42		65	1:17:55	36	2:13:33	28	01:09:51	40	2:16:27	42			1:09:51	65
8	Luke Richards	RHONDDA TRI	179	179		39	75	65					2:10:02	39	01:04:47	75	2:08:27	65				
9	Dave Coates	TEAM WATT	178	178	44	44	49			41	1:15:32	44	2:09:12	44	1:07:47	49					1:14:46	41
10	Jonathon Seymour	GOG TRIATHLON CLUB	176	176	50	49		33		44	1:14:17	50	2:08:13	49			2:19:51	33			1:12:30	44
11	Dan Whaites	NEWT	157	157	65	42	50				1:13:32	65	2:09:24	42	01:07:35	50						
11	Joe O'Shea	Port Talbot Harriers	157	157	40		47	70			1:17:01	40			01:08:02	47	2:07:12	70				
13	Johnathan Price	WEST WALES FITNESS COACHING	159	156	45	3	46		17	48	1:14:56	45	2:18:16	3	01:08:07	46			01:45:32	17	1:11:57	48
14	James Moore	CARMARTHEN TRIATHLON CLUB	172	145	28		33	38	27	46	1:19:33	28	2:27:21		01:11:05	33	2:19:06	38	01:43:51	27	1:12:26	46
15	William Horton	TENBY PENGUINS	160	144	34	16	38	34		38	1:18:40	34	2:15:53	16	01:10:08	38	2:19:49	34	01:51:51		1:16:13	38
16	Patrick Jones	Army Triathlon Association	133	133	49	45	39				1:14:24	49	2:09:09	45	01:10:05	39						
17	Lewis Bradley	Celtic Tri	143	127		19	35	26	16	47			2:15:44	19	01:10:10	35	2:21:57	26	01:45:42	16	1:12:01	47
17	Scott Ruse	SWANSEA VALE TRI	127	127	30	22	28	47			1:19:18	30	2:14:58	22	01:12:16	28	2:14:56	47	01:48:51			
19	Gwyndaf Lewis	CARMARTHEN TRIATHLON CLUB	124	124	32		24	31		37	1:19:02	32			01:12:58	24	2:20:03	31			1:16:26	37
20	Chris Powell	NORTH DOCK DREDGERS TRI	119	119	31	17	42	29			1:19:04	31	2:15:50	17	01:09:44	42	2:21:26	29				
21	Jason Hanson	MONMOUTH TRI CLUB	116	116		32	36	48					2:12:49	32	01:10:08	36	2:13:42	48				
22	Iestyn Evans	SWANSEA VALE TRI	114	114	43	40			31		1:15:38	43	2:09:49	40					01:43:03	31		
23	Andrew Jones-GOG	GOG Triathlon Club	109	109			31		23	55					01:11:27	31			01:44:42	23	1:10:50	55
24	Owen Staddon	NEWT	82	82	25	11		35	11		1:20:21	25	2:17:12	11			2:19:36	35	01:46:08	11		

#N/A	Ifan BOWEN	Carmarthen Triathlon Club	185				85			100					01:01:51	85					1:01:43	100	
#N/A	Oliver Simon	ATAC	170		85	85					1:08:02	85	1:56:56	85									
#N/A	Finley BRUCE	Pembrokeshire Triathlon Club	165				80			85					01:04:44	80						1:05:03	85
#N/A	Jordan Clarke	Ras Endurance	140					75	65								2:05:40	75	01:39:15	65			
#N/A	Stephen Rowlands	CARMARTHEN TRIATHLON CLUB	110		55	55					1:14:15	55	2:07:00	55									
#N/A	Gruffudd Lewis	Caffi Gruff Tri	100					100									1:59:15	100					
#N/A	Finn Arentz		90		90						1:06:42	90											
#N/A	John THELWELL	Maximus Developments	90						90											01:36:37	90		
#N/A	Morgan DAVIES	WUSSS TRI	90			90							1:56:10	90									
#N/A	Tom FOSTER	WhittleFit	90					90									2:00:24	90					
#N/A	Rhys Jones-Rhondda Tri	RHONDDA TRI	89		46			43			#N/A	46					2:16:05	43					
#N/A	Iwan JONES	Total Tri Training	85					85									2:02:47	85					
#N/A	James WILKINSON		85						85											01:37:05	85		
#N/A	Sean Petty	DRAGON TRI	80		80						1:11:46	80											
#N/A	Kyle BLACKMORE	TEAM BRAV	75			75							1:58:37	75									
#N/A	Rhys Palmer	SWANSEA VALE TRI	75		75						1:12:30	75											
#N/A	Richard BOOTH	Prime Triathlon Coaching	75						75											01:38:21	75		
#N/A	Adam Morgan	North Dock Dredgers Tri	74		35			39			1:17:59	35					2:18:43	39					
#N/A	Evan PARRY JOHN	PEN-Y-BONT TRIATHLON CLUB	72			29	43						2:13:13	29	01:09:18	43							
#N/A	Ben TULL	Somerset Rc Tri	70						70											01:38:39	70		
#N/A	Huw Neale	CARDIFF TRIATHLETES	68		37	31					1:17:54	37	2:13:02	31									
#N/A	Oliver WEBB	CARDIFF TRIATHLETES	65			65							2:05:12	65									
#N/A	Marc GEARY		63				27			36					01:12:22	27						1:16:41	36
#N/A	Alastair MASSEY	SWANSEA VALE TRI	60			26	34						2:14:44	26	01:10:11	34							
#N/A	David HAWKINS	Cardiff Triathletes	60					60									2:09:10	60					
#N/A	David MURRAY	Dragon Tri	60				60								01:07:29	60							
#N/A	Patrick MCKEOWN	North Endurance	60						60											01:39:26	60		
#N/A	Ryan JAMES	TEAM BRAV	60			60							2:06:05	60									
#N/A	Harri RAVENSCROFT	OUTRIC	55				55								01:07:30	55							
#N/A	Toby MORRELL	TriHarder	55						55											01:39:30	55		
#N/A	Martin Cole	PORT TALBOT HARRIERS	54		29	25					1:19:28	29	2:14:45	25									
#N/A	Danny JONES	National Triathlon Performance Centre Wales	50					50									2:13:02	50					

#N/A	Martyn TAYLOR	Tombish Tri	50					50										01:39:37	50		
#N/A	Mike DAVIES	PORT TALBOT HARRIERS	50			50						2:07:16	50								
#N/A	Rich BRADY	TRI-MONKEY	49					49									2:13:17	49			
#N/A	Timothy GIBBONS	None	49					49										01:39:38	49		
#N/A	Craig BURROWS	Whittlefit	48					48							01:08:01	48					
#N/A	Lewis RICHARDS	MAESTEG TRI CLUB	48			48						2:08:17	48								
#N/A	Robin HUGHES	Kalas Do3	48					48										01:39:40	48		
#N/A	Garod THOMAS	PORT TALBOT HARRIERS	47			47						2:08:30	47								
#N/A	Ryan Haigh		47		47						1:14:54	47									
#N/A	Tomos HALES	Wrekinsport	47					47										01:40:06	47		
#N/A	Douglas WILDERS		46					46										01:40:31	46		
#N/A	Harry LEWIS	Cardiff Triathletes	46					46									2:15:17	46			
#N/A	Owain LEWIS-STRANGE	SWANSEA VALE TRI	46			46						2:08:59	46								
#N/A	Alan Porter	TAFF ELY TRIATHLON CLUB	45		11		3			31	1:24:00	11	2:25:11		01:16:37	3				1:21:27	31
#N/A	David Morgan	PORT TALBOT HARRIERS	45		27	18					1:19:56	27	2:15:44	18							
#N/A	James MURRAY	Dragon Tri	45					45									2:15:30	45			
#N/A	Oliver GREENSILL		45					45							01:08:17	45					
#N/A	Stefan WEBSTER	White Rock Triathletes	45					45										01:40:34	45		
#N/A	Mark ALSTON	Bristol And District Triathlon	44					44										01:40:43	44		
#N/A	Nathan TROWBRIDGE	Tri Potential	44				44								01:08:47	44					
#N/A	Ioan WELLSBURY		43							43								01:49:09		1:13:46	43
#N/A	Adam BROWN	MERTHYR TRIATHLON CLUB	43			43						2:09:19	43								
#N/A	Charlie Malpas	Taff Ely Triathlon Club	42							42	1:25:42									1:14:43	42
#N/A	Sion RICHARDS	Rhondda Triathlon Club	42				8			34			2:23:25		01:15:39	8				1:17:11	34
#N/A	Dominic Davies		42		42						1:16:16	42									
#N/A	Sam CARTWRIGHT	Brighton Tri Club	42					42										01:41:07	42		
#N/A	Keith Tannetta	CARDIFF TRIATHLETES	41		41						1:16:57	41									
#N/A	Matthew JENSON	Warrington Running Club	41					41										01:41:27	41		
#N/A	Nick THOMAS	PORT TALBOT HARRIERS	41			41						2:09:47	41								
#N/A	Rhys HARRIES	Tri Potential	41				41								01:09:46	41					
#N/A	Richard DANDO	Dragon Tri	41					41									2:16:57	41			
#N/A	James ROBERTS		40					40									2:17:25	40			

#N/A	James Levannais		39		39					1:17:18	39									
#N/A	David Lee		38		38					1:17:42	38									
#N/A	Rhys OWEN- Jinx	JINX SPORT	38			38						2:10:43	38							
#N/A	Richard ELSTON		38					38										01:41:58	38	
#N/A	Conor FLANAGAN	Cambridge Triathlon Club	37					37										01:42:04	37	
#N/A	Gavin WEDLAKE	Cardiff Triathletes	37				37							01:10:08	37					
#N/A	Hugh PASCOE	PORT TALBOT HARRIERS	37			37						2:11:33	37							
#N/A	mike tate	SWANSEA VALE TRI	37		9	14		14		1:24:11	9	2:16:31	14				2:26:59	14		
#N/A	Thomas DUFFY		37					37									2:19:07	37		
#N/A	James MANSON	CARDIFF TRIATHLETES	36			36						2:11:53	36							
#N/A	Matthew LATHAM	TeamTriGuru	36					36											01:42:21	36
#N/A	Ross HOSKING	Heathwood Tri	36					36									2:19:08	36		
#N/A	Daniel RICHARDS	PEN-Y-BONT TRIATHLON CLUB	35			35						2:12:11	35							
#N/A	Andrew DEANS	CARDIFF TRIATHLETES	34			34						2:12:21	34							
#N/A	James SIMMONS	London Fields Triathlon Club	34					34											01:42:29	34
#N/A	Reuben Morgan	NORTH DOCK DREDGERS TRI	34		26	8				1:20:04	26	2:17:41	8							
#N/A	Sam Ekstrom-Gabb	Cardiff Triathletes	34		18		16			1:23:08	18			01:14:41	16					
#N/A	Chris Lee	Merthyr triathlon club	33		23		10			1:21:01	23	2:20:12		01:15:19	10					
#N/A	Finlay MCCANCE	Mersey Tri	33					33											01:42:39	33
#N/A	Rhys DOYLE	TRI POTENTIAL	33			33						2:12:30	33							
#N/A	Tomos Foulkes	CARMARTHEN TRIATHLON CLUB	33		33					1:18:46	33									
#N/A	Graeme TUNSTALL	GOG TRIATHLON CLUB	32						32			2:29:59							1:18:56	32
#N/A	Ashley HURDMAN	Your Tri Mentor	32					32											01:42:52	32
#N/A	Matthew DORMAN		32				32							01:11:16	32					
#N/A	Michael KIPLING	Cardiff Triathletes	32					32								2:19:59	32			
#N/A	Chris BROWN	Heathwood Tri	30				30							01:11:32	30					
#N/A	Samuel BOWRING	PORT TALBOT HARRIERS	30			30						2:13:11	30							
#N/A	Alex HALL	Telford Triathlon Club	29					29											01:43:32	29
#N/A	Timothy BAGGULEY		29				29							01:12:01	29					
#N/A	Jonathan CARRICK	CELTIC TRI	28					28								2:21:32	28			
#N/A	Philip ROBERTS	Wrekin Sport	28					28											01:43:33	28
#N/A	John Hiddlestone	NORTH DOCK DREDGERS TRI	27						27	1:31:26		2:31:17		01:22:45					1:24:37	27
#N/A	Jonathan HARWOOD	PEMBROKESHIRE TRI	27					27								2:21:49	27			

#N/A	Helen MOYES		50					50									1:55:15	50		
#N/A	Millie Barnes	Cardiff Triathletes	50				50								2:33:35	50				
#N/A	Rebecca JOHN	PORTHCAWL TRIATHLON CLUB	50			50					2:24:39	50								
#N/A	Ceri Ruzi		49			49					2:26:40	49								
#N/A	Eleanore NASH		49					49									01:55:59	49		
#N/A	Emily Christopher	Team Watt	49			49				1:26:36	49									
#N/A	Llawela SCALE		48					48							2:40:27	48				
#N/A	Jackie GIBBONS	Pembrokeshire Triathlon Club	47						47										1:31:21	47
#N/A	Alice EVANS	Oxford Uni Tri Club	47				47						01:17:51	47						
#N/A	Eleanor DAVIES	Clwb Beicioær Bala	47					47									1:56:41	47		
#N/A	Poppy Otteson	Celtic Tri	46			13			33	1:52:37	13								1:52:12	33
#N/A	Kirsty HUDSON	Cardiff Triathletes	46					46							2:41:20	46				
#N/A	Ruth JOHNSTONE	Malvern Triathlon Club	46						46								1:57:41	46		
#N/A	Sera MOORE	Tri Potential	46				46						01:18:07	46						
#N/A	Catherine GRIFFITHS	Dc Triathlon	45					45							2:42:53	45				
#N/A	Joanne DERRY	Tadcaster Triathlon Club	45						45								1:57:59	45		
#N/A	Lili JONES	MERTHYR TRIATHLON CLUB	45			45					2:32:53	45								
#N/A	Stephanie CONWAY	GOG TRIATHLON CLUB	44			4			40		2:58:15	4							1:37:55	40
#N/A	Annette NIXON	Deal Tri	44					44									1:58:35	44		
#N/A	Lucy CLARKE		44					44							2:43:10	44				
#N/A	Helena TOLLICK	PEMBROKESHIRE TRI	43				8		35						3:22:58	8			1:46:18	35
#N/A	Louise MOORE	Deal Triathlon	43					43									1:58:44	43		
#N/A	Alison SMITH	Hillingdon	42				42						01:22:17	42						
#N/A	Emily MOUNSEY	SWANSEA VALE TRI	42			42					2:36:53	42								
#N/A	Kelly KNIGHT		42					42									1:58:46	42		
#N/A	Lara Griffiths	Carmarthen Tri	42			42				1:32:14	42									
#N/A	Sara MORGAN	Taff Ely Triathlon Club	42					42							2:45:14	42				

#N/A	Karen MUNN	Pembrokeshire Triathlon Club	41						41									2:22:48		1:36:43	41
#N/A	Amy COOPER		41				41								2:45:51	41					
#N/A	Karen ANDREW	Lancing College	41					41										1:58:48	41		
#N/A	Nichola SHUTTLE	Aim High Tri	41			41							01:22:38	41							
#N/A	Abbie SIMS		40			32	8								2:57:19	32	2:08:25	8			
#N/A	Beth PERRITT	Total Tri Training	40				40										1:59:22	40			
#N/A	Bethan Marks	Celtic Tri	40	40						1:33:47	40										
#N/A	Hannah BROWN	Team Nft	40			40							01:22:58	40							
#N/A	Rae GRAINGER	PEN-Y-BONT TRIATHLON CLUB	40		40							2:38:43	40								
#N/A	Caroline NICHOLAS-THOMAS	SWANSEA VALE TRI	39		39							2:39:07	39								
#N/A	Catherine ETCHELL	Brecon Triathlon Club	39			39									2:48:38	39					
#N/A	Llinos Jones	ATAC	39	39						1:34:35	39										
#N/A	Alexandra BELLERBY	Nyp Tri	38		38								01:24:19	38							
#N/A	Louise PIERPOINT	PORT TALBOT HARRIERS	38		38							2:39:44	38								
#N/A	Tasmin Thomas		38		38										2:49:55	38					
#N/A	Donna HALL		37					37									2:24:48		1:42:12	37	
#N/A	Beverley FIRTH	Evolve Endurance	37			37											2:00:04	37			
#N/A	Clare HARRIS	PEMBROKESHIRE TRI	37		37										2:52:35	37					
#N/A	Fiona ABLESON BRADSHAW	Oxford Triathlon Club	37		37								01:24:58	37							
#N/A	Rebecca OWEN	PORT TALBOT HARRIERS	37		37							2:40:42	37								
#N/A	Armored JACKSON		36			36											02:00:32	36			
#N/A	Caroline SANDLES	3Ms Gorseinon Road Runners	36		36										2:54:51	36					
#N/A	Helen BARRETT	SOUTH WALES POLICE TRI CLUB	36		36							2:41:54	36								
#N/A	Claire MORGAN		35		35										2:55:48	35					
#N/A	Emma JENKINS	CARDIFF TRIATHLETES	35		35							2:42:30	35				2:12:16				
#N/A	Laura DAVIES	no club	35			35											2:01:05	35			
#N/A	Wendy HURST		35		35								01:26:29	35							

Open Senior

Senior Open											Stage 1 - Llanelli		Stage 2 - TATA		Stage 3 - SWYD		Stage 4 - Broad Haven		Stage 5 - Bala		Stage 6 - Llandudno	
Position	Name	Club	Overall Points	Eligible scores	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points
1	Liam Lloyd	Tri Potential	410	410	100	100	100			110	1:04:12	100	1:51:04	100	00:58:33	100					1:02:37	110
2	Dafyd Jay	TORFAEN TRI	400	400		85	90		100	125			1:57:09	85	01:01:03	90			1:34:43	100	1:01:15	125
3	Guto Morgans	Top Step Tri	335	335	80	75		80		100	1:12:45	80	2:00:33	75			2:03:06	80			1:09:38	100
4	Jack Southam	North Dock	281	261	65	41	80	20		75	1:14:53	65	2:14:28	41	01:06:28	80	2:33:10	20			1:12:27	75
5	Llewelyn Edwards		225	225				60	80	85							2:12:10	60	1:37:43	80	1:11:40	85
6	William Horton	TENBY PENGUINS	238	199	45	34	47	42	5	65	1:18:40	45	2:15:53	34	01:10:08	47	2:19:49	42	1:51:51	5	1:16:13	65
6	Lewis Bradley	Ferry Flatliners	227	199		35	45	39	28	80			2:15:44	35	01:10:10	45	2:21:57	39	1:45:42	28	1:12:01	80
8	Luke Richards	Rhondda Triathlon	196	196		46	85	65					2:10:02	46	01:04:47	85	2:08:27	65				
9	Dan Whaites	NEWT	194	194	75	49	70				1:13:32	75	2:09:24	49	01:07:35	70						
10	Joe O'Shea	PORT TALBOT HARRIERS	180	180	50		60	70			1:17:01	50	QRY		01:08:02	60	2:07:12	70				
11	Gwyndaf Lewis	Carmarthen Triathlon Club	179	179	42		37	40		60	1:19:02	42			01:12:58	37	2:20:03	40			1:16:26	60
12	Patrick Jones	Army Triathlon Association	173	173	70	55	48				1:14:24	70	2:09:09	55	01:10:05	48						
13	Scott Ruse	SWANSEA VALE TRI	186	168	41	38	40	49	18		1:19:18	41	2:14:58	38	1:12:16	40	2:14:56	49	1:48:51	18		
14	Andrew JONES	GOG Triathlon Club	163	163			43		30	90					01:11:27	43			1:44:42	30	1:10:50	90
15	Owen Staddon	NEWT	140	140	40	31		43	26		1:20:21	40	2:17:12	31			2:19:36	43	1:46:08	26		
16	Jason HANSON	MONMOUTH TRI CLUB	139	139		43	46	50					2:12:49	43	01:10:08	46	2:13:42	50				
17	Iestyn Evans	SWANSEA VALE TRI	138	138	55	47			36		1:15:38	55	2:09:49	47					1:43:03	36		
18	Alastair Massey	SWANSEA VALE TRI	130	130	46	40	44				1:18:01	46	2:14:44	40	01:10:11	44						
19	Sion RICHARDS	RHONDDA TRI	113	113		25	33			55			2:23:25	25	01:15:39	33					1:17:11	55
#N/A	Jordan Clarke	Ras Endurance	140					75	65								2:05:40	75	1:39:15	65		
#N/A	Gruffudd LEWIS	Caffi Gruff Tri	100					100									1:59:15	100				

#N/A	Adam Morgan	North Dock Dredgers Tri	93		47			46			1:17:59	47					2:18:43	46						
#N/A	Evan PARRY JOHN	PEN-Y-BONT TRIATHLON CLUB	91			42	49						2:13:13	42	01:09:18	49								
#N/A	Finn Arentz		90		90						1:06:42	90												
#N/A	John THELWELL	Maximus Developments	90						90												1:36:37	90		
#N/A	Morgan DAVIES	WUSSS TRI	90			90							1:56:10	90										
#N/A	Tom FOSTER	WhittleFit	90					90									2:00:24	90						
#N/A	Ioan WELLSBURY		86					16	70												1:49:09	16	1:13:46	70
#N/A	Iwan JONES	Total Tri Training	85					85									2:02:47	85						
#N/A	James WILKINSON		85					85													1:37:05	85		
#N/A	Rhys Palmer	SWANSEA VALE TRI	85		85						1:12:30	85												
#N/A	Kyle BLACKMORE	TEAM BRAV	80			80							1:58:37	80										
#N/A	Harri RAVENSCROFT	OUTRIC	75				75								01:07:30	75								
#N/A	Richard BOOTH	Prime Triathlon Coaching	75					75													1:38:21	75		
#N/A	Ben TULL	Somerset Rc Tri	70					70													1:38:39	70		
#N/A	Oliver WEBB	CARDIFF TRIATHLETES	70			70							2:05:12	70										
#N/A	Sam Ekstrom-Gabb	Cardiff Triathletes	67		33		34				1:23:08	33			01:14:41	34								
#N/A	Lance COOKSEY	PORTHCAWL TRIATHLON CLUB	66			28	38						2:20:04	28	01:12:57	38								
#N/A	Craig BURROWS	Whittlefit	65				65								01:08:01	65								
#N/A	Ryan James	TEAM BRAV	65			65					2:06:05		2:06:05	65										
#N/A	Tom IMLAH	GOG Triathlon Club	62					12	50												1:50:08	12	1:17:50	50
#N/A	Owain LEWIS-STRANGE	SWANSEA VALE TRI	60			60							2:08:59	60										
#N/A	Patrick MCKEOWN	North Endurance	60					60													1:39:26	60		
#N/A	Ryan Haigh		60		60						1:14:54	60												
#N/A	Danny JONES	National Triathlon Performance Centre Wales	55					55									2:13:02	55						
#N/A	Leighton JAMES	VALLEY AVENGERS TRI CLUB	55			21	34						2:26:32	21			2:25:14	34						
#N/A	Martyn TAYLOR	Tombish Tri	55					55													1:39:37	55		

#N/A	Oliver GREENSILL		55				55							01:08:17	55							
#N/A	Jack Arnold	SWANSEA VALE TRI	52		34	18				1:22:22	34	2:27:44	18									
#N/A	Adam BROWN	MERTHYR TRIATHLON CLUB	50			50						2:09:19	50									
#N/A	Gareth Bowen	Team Nft	50		39			11		1:20:51	39								1:50:28	11		
#N/A	Nathan TROWBRIDGE	Tri Potential	50				50							01:08:47	50							
#N/A	Timothy GIBBONS	None	50					50											1:39:38	50		
#N/A	Daniel Cope		49		49					1:17:23	49											
#N/A	Robin HUGHES	Kalas Do3	49					49											1:39:40	49		
#N/A	David Lee		48		48					1:17:42	48											
#N/A	Harry LEWIS	Cardiff Triathletes	48				48									2:15:17	48					
#N/A	Nick THOMAS	PORT TALBOT HARRIERS	48			48						2:09:47	48									
#N/A	Tomos HALES	Wrekingsport	48					48											1:40:06	48		
#N/A	Douglas WILDERS		47					47											1:40:31	47		
#N/A	James ROBERTS		47				47									2:17:25	47					
#N/A	Gavin James	PORT TALBOT HARRIERS	46		23	23				1:25:07	23	2:24:42	23									
#N/A	Stefan WEBSTER	White Rock Triathletes	46					46											1:40:34	46		
#N/A	Mark ALSTON	Bristol And District Triathlon	45					45											1:40:43	45		
#N/A	Rhys OWEN	JINX SPORT	45			45						2:10:43	45									
#N/A	Thomas DUFFY		45				45									2:19:07	45					
#N/A	Andrew DEANS	CARDIFF TRIATHLETES	44			44						2:12:21	44									
#N/A	Ross HOSKING	Heathwood Tri	44				44									2:19:08	44					
#N/A	Sam CARTWRIGHT	Brighton Tri Club	44					44											1:41:07	44		
#N/A	Tomos Foulkes	Carmarthen Triathlon Club	44		44					1:18:46	44											
#N/A	Alex WILKS	NORTH DOCK DREDGERS TRI	43			12		31				2:29:40	12			2:27:45	31					
#N/A	Joshua Lewis		43		43					1:18:54	43											
#N/A	Matthew JENSON	Warrington Running Club	43					43											1:41:27	43		

#N/A	kieran williams		28		28						1:23:39	28										
#N/A	Cavan McGill		27		27						1:23:55	27										
#N/A	Connor MANTELL	Porthcawl Tridents	27			27									01:18:27	27						
#N/A	Sam FIGGURES	PORT TALBOT HARRIERS	27			27								2:21:08	27							
#N/A	Toby MILLER	Prime Triathlon	27					27												1:45:50	27	
#N/A	Tudor MORRIS		27					27									2:30:02	27				
#N/A	Alex BRACE	Tenby Penguins	26					26									2:30:31	26				
#N/A	Dan Totterdale		26		26						1:24:20	26										
#N/A	Josh ARMITAGE	Swyd Tri Club	26			26									01:20:33	26						
#N/A	Josh Pearson	Swyd Tri Club	26		6	20					0	6			01:25:38	20						
#N/A	Duncan REYNOLDS	One Endurance	25					25												1:46:29	25	
#N/A	Huw MEREDITH		25			25									01:21:43	25						
#N/A	Joseph Bailey		25		25						1:24:34	25										
#N/A	Luke MARSHALL		25			25											2:30:33	25				
#N/A	Craig RANFT	Ferry Flatliners	24			24											2:31:11	24				
#N/A	Jarrad MORRIS	Heathwood Tri	24			24									01:22:55	24						
#N/A	Kurt MCDONNELL		24					24												1:46:31	24	
#N/A	Scott PHILLIPS		24		24								2:24:17	24								
#N/A	Aengus OCURRAIDHIN	Bad Tri	23					23												1:47:29	23	
#N/A	Ben GOSS		23			23									01:24:03	23						
#N/A	Lewis BOWEN		23					23									2:31:41	23				
#N/A	Domenico TODARO		22					22									2:32:14	22				
#N/A	Luke ASHLEY		22					22												1:47:44	22	
#N/A	Martin DAVIES	SWANSEA VALE TRI	22		22								2:26:17	22								
#N/A	Will EVANS		22			22									01:24:31	22						
#N/A	Chris LANE		21					21												1:47:47	21	

Female Senior

Position	Name	Club	Overall Points	Eligible scores	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6	Stage 1 - Llanelli		Stage 2 - TATA		Stage 3 - SWYD		Stage 4 - Broad Haven		Stage 5 - Bala		Stage 6 - Llandudno	
											Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points
1	Bethan Jones	Tri Potential	380	380	100	80	90			110	1:19:46	100	2:20:28	80	01:13:22	90					1:17:07	110
2	Claire Walters	Port Talbot	435	360	75	85	75	100		100	1:21:36	75	2:19:26	85	01:15:15	75	2:18:05	100			1:19:01	100
3	Eloise Crowley	Cardiff Tri	260	260	85			85	90		1:21:00	85					2:31:19	85	1:53:42	90		
4	Lucy Evans	Porthcawl	171	171	43	43	42	43			1:41:24	43	2:51:40	43	01:32:42	42	3:07:41	43				
5	Ffion JONES	TRI POTENTIAL	152	152		46	45	41	20				2:46:37	46	01:28:42	45	3:12:58	41	2:21:03	20		
#N/A	Tia FROOM	Hereford Triathlon Club	195						70	125									1:59:34	70	1:15:59	125
#N/A	Hana BLAKE		190				100	90							01:12:24	100	2:20:22	90				
#N/A	Paige Horsnell	Tri Potential	165		80		85				1:21:19	80			01:13:43	85						
#N/A	Rachel Davies	ATAC	165		90	75					1:20:14	90	2:20:35	75								
#N/A	Lucy Marland	Rhondda	130		70		60				1:22:37	70			01:17:15	60						
#N/A	Cathryn Williams	Port Talbot	125		65	60					1:23:49	65	2:24:23	60								
#N/A	Georgia ARMITAGE		113				48		65						01:25:25	48			1:59:58	65		
#N/A	Ffion Caines	DC Triathlon	105		55	50					1:27:45	55	2:27:20	50								
#N/A	Stephanie CONWAY	GOG TRIATHLON CLUB	102			42				60			2:58:15	42							1:37:55	60
#N/A	Eleanor HUNTER	badtri	100						100											1:52:19	100	
#N/A	Hannah MUNDAY	INTELLI TRI	100			100							2:06:47	100								
#N/A	Emma Colwill	Port Talbot	97		49	48					1:30:56	49	2:33:22	48								
#N/A	Lucy Chieffo	Swansea Vale	90		46	44					1:38:43	46	2:47:37	44								
#N/A	Madison SHADDICK	TEAM BRAV	90			90							2:17:04	90								
#N/A	Hayley TURNER	GOG Triathlon	85						85										1:54:05	85		
#N/A	Alli Connolly	Warrington Triathlon Club	85							85											1:20:57	85
#N/A	Rosie Courts	Port Talbot	81		41	40					1:42:28	41	3:03:13	40								
#N/A	Abbie SIMS		80					47	33								2:57:19	47	2:08:25	33		

#N/A	Helen MOYES		80					80										1:55:15	80			
#N/A	Milly KIPLING	Cardiff Triathletes	80				80								2:31:40	80						
#N/A	Nicola Jones	Swansea Vale	80		39	41				1:44:15	39	3:00:50	41									
#N/A	Rachel SAYER-SMITH	Wakefield Triathlon Club	80				80							01:13:56	80							
#N/A	Kathryn Schofield	Warrington Triathlon Club	80					80													1:26:54	80
#N/A	Kelly Peat	PEMBROKESHIRE TRI	77		38			39		1:46:50	38							3:32:58	39			
#N/A	Eleanore NASH		75					75										1:55:59	75			
#N/A	Millie Barnes	Cardiff Triathletes	75					75										2:33:35	75			
#N/A	Ashleigh Gray		75					75													1:31:17	75
#N/A	Emma JEFFERYS	Torbay Tri Club	70				70							01:16:08	70							
#N/A	Llawela SCALE		70					70										2:40:27	70			
#N/A	Ursula HANKINSON	FUL-ON TRI TRIATHLON CLUB	70			70						2:23:34	70									
#N/A	Rachel Cook	GOG Triathlon	70					70													1:33:40	70
#N/A	Amy DYER		65				65							01:16:45	65							
#N/A	Catherine GRIFFITHS	Dc Triathlon	65					65										2:42:53	65			
#N/A	Robyn MCQUEEN	CARDIFF TRIATHLETES	65			65						2:23:43	65									
#N/A	Amelia Anderson		65					65													1:36:08	65
#N/A	Armored JACKSON		60					60										2:00:32	60			
#N/A	Emily Christopher	Team Watt	60		60					1:26:36	60											
#N/A	Lucy CLARKE		60					60										2:43:10	60			
#N/A	Alice EVANS	Oxford Uni Tri Club	55				55							01:17:51	55							
#N/A	Amy COOPER		55					55										2:45:51	55			
#N/A	Kara TRANTER	Cerist Triathlon Club	55					55										2:01:54	55			
#N/A	Rebecca JOHN	PORTHCAWL TRIATHLON CLUB	55			55						2:24:39	55									
#N/A	Gwenno Llewelyn		50		50					1:28:31	50											
#N/A	Kelsie JOHNSON		50					50										2:01:55	50			

#N/A	Sera MOORE	Tri Potential	50				50							01:18:07	50								
#N/A	Tasmin Thomas		50				50									2:49:55	50						
#N/A	Claire MORGAN		49				49									2:55:48	49						
#N/A	Hannah BROWN	Team Nft	49				49							01:22:58	49								
#N/A	Indi LACEY	Hyde Park Harriers	49						49											2:01:57	49		
#N/A	Lili JONES	MERTHYR TRIATHLON CLUB	49			49						2:32:53	49										
#N/A	Jessica ARNULL		48						48											2:02:21	48		
#N/A	Lara Griffiths	Carmarthen Tri	48		48						1:32:14	48											
#N/A	Sydney VICKERY		48				48									2:56:25	48						
#N/A	Emily MOUNSEY	SWANSEA VALE TRI	47			47						2:36:53	47										
#N/A	Laura Borrelli		47		47						1:38:09	47											
#N/A	Lauren BLAKE		47				47							01:26:48	47								
#N/A	Lucy COX	Elements	47						47											2:02:25	47		
#N/A	Lowri HARRIS	Cr@p Tri	46				46									3:01:59	46						
#N/A	Olivia LEWIS		46						46											2:02:26	46		
#N/A	Sarah LUXTON	Torbay Tri Club	46				46							01:27:44	46								
#N/A	Amy Seppman	Port Talbot	45		45						1:39:16	45											
#N/A	Emily JACABS	Mendip Trc	45						45											2:02:43	45		
#N/A	Isabelle MARCH	Carmarthen Triathlon Club	45						45							3:04:49	45						
#N/A	Sheridan COURT	SWANSEA VALE TRI	45			45						2:47:12	45										
#N/A	Elizabeth Robbins		44		44						1:39:53	44											
#N/A	Ffion EVANS		44						44											2:03:52	44		
#N/A	Jess WEST	Team Watt	44						44							3:06:19	44						
#N/A	Zoe STRONG		44				44							01:32:26	44								
#N/A	Amy WHITEHEAD		43						43											2:04:00	43		
#N/A	Anna HOLDEN	Oxford Triathlon Club	43				43							01:32:27	43								

#N/A	Rebecca Walters		33		33					1:54:56	33									
#N/A	Kate HAIR		32					32									2:09:00	32		
#N/A	Sarah Jones		32		32					2:01:58	32									
#N/A	Abigail Jeffreys		31		31					2:02:14	31									
#N/A	Amy STOKER		31					31									2:09:01	31		
#N/A	Isobelle FOSTER		30					30									2:09:55	30		
#N/A	Lucy Jones		30		30					2:02:34	30						3:05:08			
#N/A	Emily Ellis		29		29					2:05:21	29									
#N/A	Jessica PAGE		29					29									2:13:27	29		
#N/A	Laura Daniels		28		28					2:13:39	28									
#N/A	Phoebe WEAVER	Entire Pc	28					28									2:14:12	28		
#N/A	Hayley Edwards-Potts	NEWTS	27		27					2:19:02	27									
#N/A	Lara EDWARDS		27					27									2:14:15	27		
#N/A	Camilla BROCKLEHURST		26					26									2:14:51	26		
#N/A	Ffion STORER JONES		25					25									2:15:10	25		
#N/A	Mia JOHNSON	Prime Triathlon Coaching	24					24									2:15:34	24		
#N/A	Molly TOOLAN-KERR		23					23									2:15:38	23		
#N/A	Hannah REES	Tri Anglia	22					22									2:17:29	22		
#N/A	Lizzy GOODAIRE	Cadence Tri	21					21									2:19:16	21		
#N/A	Louise CONWAY	Wrecsam Tri	19					19									2:21:18	19		
#N/A	Georgina SWIRE		18					18									2:21:47	18		
#N/A	Cara LEE		17					17									2:22:32	17		
#N/A	Caterina PRADA		16					16									2:23:19	16		
#N/A	Rebecca CHALK		15					15									2:23:26	15		
#N/A	Emily WHYMAN		14					14									2:25:21	14		
#N/A	Beth LANGLEY		13					13									2:27:36	13		

#N/A	Jennifer HESLINGTON	Evesham Vale Triathletes	12						12										2:29:58	12		
#N/A	Maeve SMITH		11						11										2:30:35	11		
#N/A	Llio OWEN		10						10										2:30:58	10		
#N/A	Megan WILKINSON		9						9										2:32:37	9		
#N/A	Menna WILLIAMS		8						8										2:32:38	8		
#N/A	Megan REILLY		7						7										2:32:56	7		
#N/A	Cydney HOY- GRIFFITHS		6						6										2:33:07	6		
#N/A	Millie RICE		5						5										2:36:02	5		
#N/A	Grace FROST		4						4										2:36:44	4		
#N/A	Eve FROST		3						3										2:36:57	3		
#N/A	Rebecca POUND	Bangor University Triathlon	2						2										2:37:16	2		
#N/A	Jane JAMES		1						1										2:38:38	1		

Open Veteran

Open Veteran											Stage 1 - Llanelli		Stage 2 - TATA		Stage 3 - SWYD		Stage 4 - Broad Haven		Stage 5 - Bala		Stage 6 - Llandudno	
Position	Name	Club	Overall Points	Eligible Points	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points
1	Dave COATES	TEAM WATT	340	340	75	75	100			90	1:15:32	75	2:09:12	75	1:07:47	100					1:14:46	90
1	Jonathon Seymour	GOG Triathlon	340	340	85	85		70		100	1:14:17	85	2:08:13	85			2:19:51	70			1:12:30	100
3	James Moore	Carmarthen Triathlon Club	409	325	49	35	75	75	65	110	1:19:33	49	2:27:21	35	01:11:05	75	2:19:06	75	1:43:51	65	1:12:26	110
4	Chris Powell	North Dock	254	254	50	49	90	65			1:19:04	50	2:15:50	49	01:09:44	90	2:21:26	65				
5	Simon Phillips	Pembrokeshire Tri	165	139	7	23	40	21	19	55	1:33:36	7	2:34:05	23	01:22:26	40	3:00:04	21	2:04:23	19	1:26:59	55
6	Miklos Biro	GOG Triathlon	94	94	27	17				50	1:28:05	27	2:39:08	17							1:28:25	50
7	Matthew Rayson	Clwb Seiclo Cwm Gwendreath	73	73	14	29		30			1:31:48	14	2:32:58	29			2:40:11	30				
#N/A	Oliver Simon	ATAC	200		100	100					1:08:02	100	1:56:56	100								
#N/A	Stephen Rowlands	Carmarthen Tri	180		90	90					1:14:15	90	2:07:00	90								
#N/A	Ryan MORRISON	Cadence Tri	175						50	125									1:45:55	50	1:10:48	125
#N/A	Rhys Jones	RHONDDA TRI	165		80			85			1:14:54	80					2:16:05	85				
#N/A	Huw Neale	Cardiff Tri	120		60	60					1:17:54	60	2:13:02	60								
#N/A	Graeme TUNSTALL	GOG TRIATHLON CLUB	114			34				80			2:29:59	34							1:18:56	80
#N/A	David awkins	Cardiff Triathletes	100					100									2:09:10	100				
#N/A	Toby MORRELL	TriHarder	100						100											1:39:30	100	
#N/A	David Morgan	Port Talbot	98		48	50					1:19:56	48	2:15:44	50								
#N/A	Reuben Morgan	North Dock	94		47	47					1:20:04	47	2:17:41	47								
#N/A	Colin BAILEY	Birmingham Running And Triathlon (BRAT) Club	90						90											1:40:54	90	
#N/A	Osian Griffith		90		43		47				1:23:54	43			01:15:31	47						
#N/A	Rich BRADY	TRI-MONKEY	90					90									2:13:17	90				
#N/A	Simon BLAIN	GOG TRIATHLON CLUB	89			40				49			2:24:58	40							1:28:37	49
#N/A	David Thomas	Rhondda	87		37			50			1:24:38	37					2:25:28	50				

#N/A	Jonathan CARRICK	CELTIC TRI	60					60								2:21:32	60				
#N/A	Mark HENNESSEY	Heathwood Tri	60				60							01:14:34	60						
#N/A	Jim Dilks	Tenby Penguins Open Water S.C.	60																	1:26:48	60
#N/A	Daniel Maclachlan	Tri Potential	55		55					1:18:19	55										
#N/A	Dean EVANS	Manchester Triathlon Club	55						55											1:45:18	55
#N/A	Huw BENDALL		55			55							2:14:49	55							
#N/A	Jonathan HARWOOD	PEMBROKESHIRE TRI	55					55								2:21:49	55				
#N/A	Mark Davies	Rhondda	55		19	36				1:29:42	19	2:27:00	36								
#N/A	Stephen MARTIN	Porthcawl Triathlon Club	55				55							01:14:45	55						
#N/A	Brian Keane	Pembrokeshire Tri	54		22		32			1:29:09	22			01:28:30	32						
#N/A	OWEN EVANS	Cardiff Tri	54		16	38				1:31:06	16	2:25:36	38								
#N/A	Paul John		52		15		37			1:31:25	15			01:25:45	37						
#N/A	Adam BLACKMORE	Tri energy	49					49								2:25:42	49				
#N/A	Jonathan CASSELL	Jonathan Cassell	49						49											1:46:04	49
#N/A	Nicholas BARTON	Cardiff Triathletes	49				49							01:15:06	49						
#N/A	Adam KEOGH		48						48											1:47:10	48
#N/A	Matt KING	Flow Factory Team	48				48							01:15:13	48						
#N/A	Neil MORGAN	PORT TALBOT HARRIERS	48			48						2:16:11	48								
#N/A	Simon ROXBURGH	GOG Triathlon Club	48					48								2:25:49	48				
#N/A	Will CROME		47						47											1:48:32	47
#N/A	Chris FOGARTY	Army Triathlon	46					46								2:28:05	46				
#N/A	James DILKS	Tenby Penguins	46				46							01:15:52	46						
#N/A	Kirk matthews		46		46					1:22:31	46										
#N/A	Nathan BEVAN	RHONDDA TRI	46			46						2:19:53	46								
#N/A	Neil OAKES	Total Transition Triathlon	46						46											1:48:58	46
#N/A	Paul RIDGWAY	NORTH DOCK DREDGERS TRI	46		24	22				1:28:41	24	2:35:30	22								

#N/A	Dewi Owen		45		45						1:22:46	45										
#N/A	Jason RUSHTON		45				45									2:28:31	45					
#N/A	Ken MONTGOMERY	Halifax Harriers	45					45										1:49:36	45			
#N/A	Mark RYDER	Nyp Tri	45				45							01:19:00	45							
#N/A	Michael THOMAS	SWANSEA VALE TRI	45			45							2:20:11	45								
#N/A	Adrian BULL	Y Fenni Triathlon	44					44								2:32:42	44					
#N/A	Matt STEVENS		44					44										1:49:41	44			
#N/A	Paul BRUTON	NEWT	44			44							2:20:19	44								
#N/A	Gareth BOOKER	Royal Navy Triathlon	43				43							01:19:39	43							
#N/A	Neil WILLIAMS		43				43									2:32:45	43					
#N/A	Steve DONNELLY	Torbay Tri Club	43					43										1:49:43	43			
#N/A	Chris LLOYD	Tenby Penguins	42				42							01:20:21	42							
#N/A	James PODBURY	THAMES TURBO	42				42									2:33:22	42					
#N/A	Martyn Lewis	Pembrokeshire Tri	42		17		25				1:30:26	17				2:45:30	25					
#N/A	Matthew DUNKER	Tenpoint Blackfish	42					42										1:49:58	42			
#N/A	Thomas Snelgrove	Swansea Tri Sharks	42		42						1:24:03	42										
#N/A	Dave NICOL	Brighton Tri Club	41					41										1:52:06	41			
#N/A	Gareth STRANGE	PlsIn Tri	41				41							01:22:01	41							
#N/A	Matthew REYNOLDS	PORT TALBOT HARRIERS	41			41							2:21:46	41								
#N/A	Philip THOMAS	RHONDDA TRI	41				41									2:34:14	41					
#N/A	Jamie BLOOR	Ashbourne	40					40										1:52:15	40			
#N/A	Mathew NEWMAN		40					40								2:35:13	40					
#N/A	Simon Mills	Tri Potential	40		40						1:24:30	40										
#N/A	Craig WOODLAND		39				39							01:23:07	39							
#N/A	Gareth AYRES	PORT TALBOT HARRIERS	39			39							2:25:31	39								
#N/A	John Hewson	Swansea Vale Tri	39					39			1:40:34					2:36:00	39					

Female Veteran

Female Veteran	Name	Club	Overall Points	Eligible Points	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6	Stage 1 - Llanelli		Stage 2 - TATA		Stage 3 - SWYD		Stage 4 - Broad Haven		Stage 5 - Bala		Stage 6 - Llandudno	
											Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points
1	Catherine Marks	Pembrokeshire Triathlon Club	570	390	90	100	90	90	90	110	1:25:03	90	2:23:58	100	01:17:01	90	2:29:03	90	01:53:32	90	1:19:57	110
2	Gwenllian Thomas	Carmarthen Tri	425	360	100		80	80	65	100	1:22:59	100			01:18:28	80	2:31:09	80	1:56:14	65	1:24:30	100
3	Rhian Roxburgh	GOG Triathlon Club	325	325				100	100	125							2:20:39	100	01:48:04	100	1:10:08	125
4	Emma Davies-Hughes	North Dock	245	245	85			75	85		1:28:22	85					2:36:36	75	01:54:04	85		
5	Claire Thomas	Tenby Aces	312	236	55	45	55	46	31	80	1:37:43	55	2:52:13	45	01:28:16	55	3:13:28	46	2:25:10	31	1:36:42	80
6	Gillian Hopkins	Celtic Tri	206	206	75	85			46		1:31:19	75	2:32:46	85					2:01:48	46		
7	Sandra Jones	CELTIC TRI	190	190	60	60	70				1:35:31	60	2:42:53	60	01:23:52	70						
8	Debbie Hannah	Celtic Tri	102	102	47	35			20		1:42:03	47	3:08:06	35					2:45:28	20		
#N/A	caryl williams	Bynea	170		80	90					1:28:48	80	2:31:31	90								
#N/A	Karina KAUFMANN	London Heathside	165				85		80						01:17:20	85			01:54:14	80		
#N/A	Gwennan HENSTOCK		123			80			43				2:33:53	80					2:08:14	43		
#N/A	Kate NIMMO		100				100								01:15:36	100						
#N/A	Carol Jones	North Dock	99		50	49					1:37:57	50	2:47:31	49								
#N/A	Nadine PHILLIPS	GOG TRIATHLON CLUB	97			27				70			3:19:08	27							1:58:21	70
#N/A	Donna Wild	PORT TALBOT HARRIERS	93		49	44					1:41:14	49	2:54:49	44								
#N/A	Hayley Proudfoot		90																		1:30:46	90
#N/A	Marina Wright		85		42	43					1:45:09	42	2:57:30	43								
#N/A	Sonia VALLA		85					85								2:29:32	85					
#N/A	Nesta McCluskey		85																		1:34:35	85
#N/A	Lisa Tustin	Celtic Tri	81		43	38					1:44:50	43	3:01:41	38								
#N/A	Caroline NICHOLAS-THOMAS	SWANSEA VALE TRI	75			75							2:39:07	75								
#N/A	Donna RIDDLER	Nyp Tri	75						75										01:54:34	75		

#N/A	Nichola SHUTTLE	Aim High Tri	75				75							01:22:38	75						
#N/A	Nadia Hamilton-Rainey		75																	1:51:19	75
#N/A	Viv Jones	BYNEA CC	74		38	36				1:48:17	38	3:06:40	36								
#N/A	Claire Protheroe	Bynea	72		39	33				1:48:05	39	3:10:35	33								
#N/A	Bethan Marks	Celtic Tri	70		70					1:33:47	70										
#N/A	Kirsty HUDSON	Cardiff Triathletes	70				70									2:41:20	70				
#N/A	Louise PIERPOINT	PORT TALBOT HARRIERS	70			70						2:39:44	70								
#N/A	Rebecca LEWIS		70					70											01:54:48	70	
#N/A	Alexandra BELLERBY	Nyp Tri	65				65							01:24:19	65						
#N/A	Llinos Jones	ATAC	65		65					1:34:35	65										
#N/A	Rebecca OWEN	PORT TALBOT HARRIERS	65			65						2:40:42	65								
#N/A	Sara MORGAN	Taff Ely Triathlon Club	65				65									2:45:14	65				
#N/A	Nadine Phillips	GOG Triathlon	65																	01:58:21	65
#N/A	Bethan Thomas	Port Talbot	64		36	28				1:51:09	36	3:17:46	28								
#N/A	Rachael Parkinson	Bynea	62		33	29				1:52:44	33	3:17:12	29								
#N/A	Clare HARRIS	PEMBROKESHIRE TRI	60				60									2:52:35	60				
#N/A	Eleanor DAVIES	Clwb Beicioær Bala	60					60											1:56:41	60	
#N/A	Wendy HURST		60				60							01:26:29	60						
#N/A	Kelly KNIGHT		55					55											1:58:46	55	
#N/A	Laura BUTCHER	PEN-Y-BONT TRIATHLON CLUB	55			55						2:42:55	55								
#N/A	Maria SALIGOVA SMITH		55				55									2:59:04	55				
#N/A	Erika HOLE		50				50									2:59:21	50				
#N/A	Helen COLLEY	TAFF ELY TRIATHLON CLUB	50			50						2:47:01	50								
#N/A	Karen ANDREW	Lancing College	50					50											1:58:48	50	
#N/A	Suzie MIDDLETON	Harlow Running & Tri Club	50				50							01:30:51	50						
#N/A	Beth PERRITT	Total Tri Training	49					49											1:59:22	49	

#N/A	Nest Gwenllian ROBERTS		49				49							01:51:25	49						
#N/A	Tsvetka POWELL	North Dock Dredgers Tri	49				49									3:01:04	49				
#N/A	Beverley FIRTH	Evolve Endurance	48					48											2:00:04	48	
#N/A	Caroline RUDGE		48				48							02:01:42	48						
#N/A	Kate HUMPHREY	NEWT	48			48						2:48:06	48								
#N/A	Lucy Davies		48				48									3:01:55	48				
#N/A	Natalie Ashford		48		48					1:41:59	48										
#N/A	Carla POTTER		47				47									3:05:19	47				
#N/A	Laura DAVIES	no club	47					47											2:01:05	47	
#N/A	Philippa MOUNSEY	SWANSEA VALE TRI	47			47						2:49:22	47								
#N/A	Ania Ciolek		46		46					1:42:39	46										
#N/A	Geri EVANS	GOG TRIATHLON CLUB	46			46						2:51:14	46								
#N/A	Ange Davies		45		45					1:43:02	45										
#N/A	Hannah THOMAS	Milford Tritons	45				45									3:15:23	45				
#N/A	Laura MONIGHAN	Pendle Triathlon Club	45					45											2:05:36	45	
#N/A	Jenna BRASSINGTON		44					44											2:07:17	44	
#N/A	Lindsey BLACKFORD	Team Watt	44					44								3:17:22	44				
#N/A	Louise Rees James		44		44					1:43:51	44										
#N/A	OLIVIA CULL		43					43								3:21:02	43				
#N/A	Anne-Marie JERMAN	Dc Triathlon	42					42								3:24:26	42				
#N/A	Natalie Fulstow	WEST WALES FITNESS COACHING	42			42				#N/A		3:00:31	42								
#N/A	Tracy MACINNES	Lion squad	42					42											2:08:50	42	
#N/A	Hayley Harris	Celtic Tri	41		41					1:46:04	41										
#N/A	Jenny SLOCOMBE	Cardiff Triathletes	41					41								3:26:01	41				
#N/A	Kelly GRIFFITHS	CELTIC TRI	41			41						3:00:55	41								
#N/A	Maggie WILD		41					41											2:09:28	41	

#N/A	Cathryn JENKINS	CELTIC TRI	40			40						3:01:00	40							
#N/A	Jo WILLIAMS	PEMBROKESHIRE TRI	40					40								4:10:14	40			
#N/A	Louise Snelgrove		40		40						1:47:20	40								
#N/A	Sophie BAKER	Peak Performance	40						40									2:09:46	40	
#N/A	Kat CLARK	PORTHCAWL TRIATHLON CLUB	39			39							3:01:31	39						
#N/A	Kelly MARCHI	Lancing College	39						39									2:10:38	39	
#N/A	Natalia PIUSINSKA		38						38									2:10:49	38	
#N/A	Emma Dalling		37		37						1:50:44	37								
#N/A	Rebecca CLATWORTHY	FIT4TRI	37			37							3:02:23	37						
#N/A	Victoria DORAN	Sytri (Shrewsbury Triathlon Uk)	37						37									2:11:29	37	
#N/A	Anita SAYCELL	Ystwyth Cc	36						36									2:13:49	36	
#N/A	Amie Davies	Swansea Tri Sharks	35		35						1:51:11	35								
#N/A	Helen MUNRO	Tenby Aces	35						35									2:18:21	35	
#N/A	Alexa PINNER		34						34									2:19:15	34	
#N/A	Hayley COLLEY	PORTHCAWL TRIATHLON CLUB	34			34							3:08:08	34						
#N/A	Liz Davies		34		34						1:51:44	34								
#N/A	Mary COOPER	Chichester Triathlon Club	33						33									2:21:54	33	
#N/A	Angharad LEWIS	GOG TRIATHLON CLUB	32			32								3:11:41	32					
#N/A	Carla LAUDER		32						32									2:23:01	32	
#N/A	Melissa Thomas		32		32						1:53:13	32								
#N/A	Rachael Middleton-James		31		31						1:53:23	31								
#N/A	Vicki COLE	PONTYPOOL TRI	31			31							3:13:47	31						
#N/A	Ceri PUCKETT	CARDIFF TRIATHLETES	30			30							3:13:54	30						
#N/A	Jenny HERON		30						30									2:25:23	30	
#N/A	Linda Morgans		30		30						1:54:10	30								
#N/A	Sarah QUINLAN		29						29									2:26:51	29	

#N/A	Sian Davies		29		29						1:57:38	29										
#N/A	Abbey BONNER		28					28										2:27:13	28			
#N/A	Delyth Rucarean		28		28						1:59:45	28										
#N/A	Amy BARNES	Mersey Tri	27					27										2:27:26	27			
#N/A	Rhian Williams	Carmarthen Tri	27		27						2:00:20	27										
#N/A	Jo-Anne Williams		26		26						2:02:06	26										
#N/A	Lynsey SMITH		26					26										2:27:47	26			
#N/A	Nicola SINCLAIR	NEWT	26			26							3:32:15	26								
#N/A	Kerry HOPPER	PONTYPOOL TRI	25			25							3:46:31	25								
#N/A	Morag BROWN		25					25										2:30:51	25			
#N/A	Phillipa Morgan		25		25						2:15:12	25										
#N/A	Beverley Spear		24		24						2:28:27	24										
#N/A	Catherine EAST	Stafford Triathlon Club	24					24										2:34:01	24			
#N/A	Helen FLETCHER	The Triathlon Coaching Company	23					23										2:34:27	23			
#N/A	Jo SCHIRMER		22					22										2:34:41	22			
#N/A	Ruth KEELING		21					21										2:35:44	21			
#N/A	Toni COLLIER	Stafford Triathlon Club	19					19										2:45:59	19			
#N/A	Karina KURTIOVA		18					18										2:47:02	18			
#N/A	Gemma STRUTHERS	GOG Triathlon Club	17					17										2:54:33	17			
#N/A	Sian HOLLINS	Cardiff Triathletes	16					16										3:03:50	16			
#N/A	Jo SHUTTLEWORTH	Chorlton Runners	15					15										3:06:53	15			

Open Vintage Veterans

Open VV											Stage 1 - Llanelli		Stage 2 - TATA		Stage 3 - SWYD		Stage 4 - Broad Haven		Stage 5 - Bala		Stage 6 - Llandudno	
Position	Name	Club	Overall Points	Eligible Points	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6	Time	Points	Time		Time	Points	Time	Points	Time	Points	Time	Points
1	Steven Allport	GOG Triathlon Club	505	415	100	100	90	90		125	1:17:55	100	2:13:33	100	01:09:51	90	2:16:27	90			1:09:51	125
2	Chris Lee	Merthyr triathlon club	305	305	85	75	60	85			1:21:01	85	2:20:12	75	01:15:19	60	2:20:41	85				
3	Alan Porter	Taff Ely Triathlon Club	280	280	70	65	55			90	1:24:00	70	2:25:11	65	01:16:37	55					1:21:27	90
4	mike tate	Swansea Vale	220	220	65	85		70			1:24:11	65	2:16:31	85			2:26:59	70				
5	John Hiddlestone	North Dock	207	207	37	45	45			80	1:31:26	37	2:31:17	45	01:22:45	45					1:24:37	80
6	Carwyn Jones	Pembrokeshire Triathlon Club	237	177	36	38	43	34	26	60	1:31:39	36	2:34:47	38	01:24:15	43	2:47:31	34	2:05:00	26	1:28:56	60
7	Stephen Richards	RHONDDA TRI	143	143	48	46	49				1:27:05	48	2:29:37	46	01:17:53	49						
8	Simon Hall	GOG Triathlon Club	142	142			48	50	44						01:19:06	48	2:30:25	50	1:55:40	44		
9	Justin Bailey	Team Watt	120	120	40		44	36			1:29:53	40			01:23:03	44	2:45:51	36				
10	Gareth Norton	CARDIFF TRIATHLETES	105	105	50	40			15		1:26:29	50	2:34:20	40					2:14:03	15		
11	Gwyn Everett	Taff Ely	87	87	27		32	28			1:37:38	27			01:35:21	32	3:02:35	28				
12	Richard Morris	Team Watt	69	69	10		29	30			1:46:25	10			01:38:02	29	3:01:46	30	2:34:22			
#N/A	Marc GEARY		195				85			110					01:12:22	85					1:16:41	110
#N/A	Martin Cole	Port Talbot	180		90	90					1:19:28	90	2:14:45	90								
#N/A	Mike Evans	RHONDDA TRI	110		60	50					1:25:10	60	2:26:48	50								
#N/A	Matthew Stevens	Fylde tri Group	100							100											1:16:46	100
#N/A	Martyn EDWARDS	Manx Tri Club	100						100										1:44:47	100		
#N/A	James MURRAY	Dragon Tri	100					100							2:15:30	100						
#N/A	David MURRAY	Dragon Tri	100				100								01:07:29	100						
#N/A	Andrew Davies		98		38	60					1:30:56	38	2:26:20	60								
#N/A	Andrew Jones	Precision Race Team	93		47		46				1:27:14	47			01:21:01	46						
#N/A	James Donovan-Davies		90		49			41			1:27:03	49					2:42:58	41				

#N/A	Ian LAVERIE	Nova Raiders Cc	90					90										1:44:55	90		
#N/A	James REDMAN	pactri	85					85										1:46:00	85		
#N/A	Merf Jones	GOG Triathlon	85																	1:21:56	85
#N/A	Neil Davies	RHONDDA TRI	81		42	39			1:29:17	42	2:34:38	39									
#N/A	Jeff Partridge	Bynea CC	81		35	27		19	1:32:10	35	2:42:47	27						2:11:18	19		
#N/A	Tim Parfitt		80		80				1:21:52	80											
#N/A	Simon LEWIS		80			80							01:13:36	80							
#N/A	Scott BAIRSTOW	Brownlee Fitness	80					80										1:46:56	80		
#N/A	Jeff PYRAH	Hastings Ac	80				80								2:25:06	80					
#N/A	Dave WILLIAMS	CELTIC TRI	80			80					2:20:01	80									
#N/A	Bleddyn EDWARDS	Cardiff Triathlon Club	77			36		41			2:35:08	36						1:57:25	41		
#N/A	Victor THOMPSON	Crystal Palace Triathletes	75				75						01:13:47	75							
#N/A	Simon NORWOOD	Hereford Triathlon Club	75					75										1:48:22	75		
#N/A	Richard Leary	Celtic Tri	75		75				1:22:30	75											
#N/A	Nick ELLIOTT	Mikes Bikes	75				75								2:25:53	75					
#N/A	Clinton Halsall		75																	1:25:01	75
#N/A	Peter HOPSON		70				70						01:14:01	70							
#N/A	Gareth BECK	NEWTS	70			70					2:20:28	70									
#N/A	Derek CLARKE		70					70										1:48:53	70		
#N/A	Jeremy Carr	Total Tri Training	70																	1:25:19	70
#N/A	Steve Hayward	Celtic Tri	65		34	31			1:32:31	34	2:40:10	31									
#N/A	Robert ENGLEADOW	Coach Toby	65					65										1:50:42	65		
#N/A	Edward DAVIES	Ferry Flatliners	65				65						01:15:16	65							
#N/A	Damian CAPPS	TEAM CEMAIS	65					65							2:27:44	65					
#N/A	Carlo Galeotti	GOG Triathlon	65																	1:25:54	65
#N/A	Simon MARKS		63				39	24					01:28:18	39				2:06:29	24		

#N/A	Mark POCOCK	Thames Valley Traithletes (Tvt)	40				40							01:26:43	40						
#N/A	Dean HARRIS	Ras Endurance	40				40									2:43:01	40				
#N/A	Will TOLLICK	PEMBROKESHIRE TRI	39				39									2:43:41	39				
#N/A	Adrian FEASBY	Swim 1st Tri Club	39					39										1:59:49	39		
#N/A	Neil MCMANUS		38					38										2:00:11	38		
#N/A	Mark PAYNE		38				38							01:28:34	38						
#N/A	Jason THOMAS		38				38									2:44:43	38				
#N/A	Gary PHILLIPS	Pen-y-bont Triathlon	37			37						2:35:07	37								
#N/A	Colin BARRETT	Tenby Aces	37				37									2:45:29	37				
#N/A	Anthony STEPHENS		37					37										2:02:48	37		
#N/A	Alex BEARD		37				37							01:30:00	37						
#N/A	Scott GREEN	Avon Valley Triathletes	36				36							01:31:46	36						
#N/A	Dominic CARROLL		36					36										2:03:11	36		
#N/A	Nick CHILTON	Peter Lloyd Coaching @trilloody	35				35									2:47:27	35				
#N/A	Neil VICARS HARRIS	Gog Triathlon	35			35						2:36:29	35								
#N/A	Marcus SHERBORNE	PAC Tri	35					35										2:03:12	35		
#N/A	Ian THORNE		35				35							01:32:43	35						
#N/A	Pab MADDOX		34					34										2:03:13	34		
#N/A	Andrew Hillis	Monmouth	34		18	16				1:42:15	18	2:55:37	16								
#N/A	Timothy CUMMINGS		33				33							01:34:13	33						
#N/A	Shaine REGAN	Pontypool Tri	33			33						2:38:05	33								
#N/A	Gerald BRACE		33					33								2:47:47	33				
#N/A	Chris SAMS	Prime Triathlon Coaching	33					33										2:03:26	33		
#N/A	Stephen OSBORNE	Taff Ely Triathlon Club	32					32								2:58:35	32				
#N/A	Sean WELLS		32					32										2:03:44	32		

#N/A	Iestyn FOSTER	Pontypool Tri	32			13		19				3:07:29	13			3:14:38	19				
#N/A	Bleddyn EVANS	Gog Triathlon	32			32						2:39:00	32								
#N/A	Allan Davies	ATAC	32		32						1:35:53	32									
#N/A	Mark O'EHANLON	Heathwood Tri	31					31							01:35:45	31					
#N/A	Jonathan RICHARDS	Swp Tri	31						31										2:04:10	31	
#N/A	Daniel COULL		31					31									2:59:06	31			
#N/A	Martin KITCHENER		30					30							01:36:36	30					
#N/A	Mark FINN	Port Talbot	30					30							2:41:33	30					
#N/A	Brian JOHNSON	Cerist Triathlon Club	30						30										2:04:40	30	
#N/A	John BENNETT	Mersey Tri	29						29										2:04:46	29	
#N/A	Jeremy ROWE	CARDIFF TRIATHLETES	29					29							2:41:44	29					
#N/A	Anthony James		29		29							1:36:50	29								
#N/A	Matthew GALLOP		28						28										2:04:58	28	
#N/A	Mathew PRITCHARD	Swyd Tri Club	28					28							01:38:22	28					
#N/A	Jay SHARMA	Maesteg Triathlon Club	28					28							2:42:31	28					
#N/A	Iwan Jones	Clwb Seiclo Cwm Gwendraeth	28		16	12						1:43:52	16	3:09:56	12						
#N/A	Kevin KELLY		27						27										2:04:59	27	
#N/A	Nathan COAST		26					26									3:04:24	26			
#N/A	JON WILLIAMS		26		26							1:38:01	26								
#N/A	Simon CURRIE		25						25										2:05:50	25	
#N/A	Adrian LEWIS	Rhfc/Team Watt	25					25									3:05:37	25			
#N/A	Mike GRIFFITHS	Celtic Tri/Team Deviant	24					24									3:08:58	24			
#N/A	Mark Owen	Newt	24					24							2:43:32	24					
#N/A	Dyfed Bolton		24		24							1:40:13	24								
#N/A	Simon GARBUTT		23						23										2:06:46	23	
#N/A	Ross Shepherd		23		23							1:40:33	23								

#N/A	Juliet Davies	North Dock	49		49					1:53:16	49								
#N/A	Clare Biddlecombe		48		48					1:54:03	48								
#N/A	Rachel BROWN	Brat	48					48									2:11:48	48	
#N/A	Joy WILLIAMS	CELTIC TRI	47			47						3:26:58	47						
#N/A	Nicola PEAKE		46					46									3:31:08	46	
#N/A	Sharon Thomas	Carmarthen Tri	46		46					1:56:16	46								
#N/A	Victoria CURRY	Alnwick And District Tri Club	46					46									2:13:16	46	
#N/A	Tej QUINE	Cardiff Triathletes	45					45									3:36:33	45	
#N/A	Zorika ADAMS		45					45									2:14:00	45	
#N/A	Agnes CHASSOT		44					44									3:48:25	44	
#N/A	Jane RYALL	Clwb Seiclo Llanymddyfri	44					44									2:14:24	44	
#N/A	Sarah Partridge		44		44					1:57:27	44								
#N/A	Anna Wake		43		43					1:58:54	43								
#N/A	Sharn CRANE	Beccles Triathlon Club	43					43									2:15:19	43	
#N/A	Liz Macdermott		42		42					2:05:17	42								
#N/A	Traci SHIPLEY		42					42									2:15:33	42	
#N/A	Louise BUXTON	Bath Amphibians	41					41									2:16:07	41	
#N/A	Sara DAVIES- Ferry Flatliners	Ferry Flatliners	40					40									2:17:29	40	
#N/A	Joanne Coyne		39		39					2:17:15	39								
#N/A	Kathryn JOHNSON		39					39									2:17:42	39	
#N/A	Dawn SAMUELS	Wrecsam Tri Club	38					38									2:18:35	38	
#N/A	Mandy Town	Port Talbot	38		38					2:50:43	38	s							
#N/A	Beverley NOBLE		36					36									2:20:18	36	
#N/A	Catherine WORSLEY		35					35									2:23:03	35	
#N/A	Kate FOLLOWS		34					34									2:23:25	34	
#N/A	Laraine GIBBINS	Torbay Tri	33					33									2:24:24	33	
#N/A	Sarah GODBEHERE	Wakefield Triathlon Club	31					31									2:26:09	31	
#N/A	Jane CRANE		29					29									2:27:05	29	

#N/A	Anne DEHAPIOT	Hampstead Triathlon Club	28						28										2:29:05	28		
#N/A	Kristin BREUSS		26						26										2:34:56	26		
#N/A	Susan ENNIS	Mersey Tri	25						25										2:35:08	25		
#N/A	Kirsty MIDDLEMIST	Team Twinkle	24						24										2:36:11	24		
#N/A	Carriann PRICE	Wrexham Triathlon Club	23						23										2:38:51	23		
#N/A	Marie WOODWARD	Stafford Triathlon Club	22						22										2:39:52	22		
#N/A	Joan COOKE		21						21										2:44:38	21		
#N/A	Lesley PERKINS	Tri Preston	19						19										2:59:16	19		
#N/A	Annie OWENS	Tri Preston	18						18										3:11:44	18		
#N/A	Sonia CARTY		17						17										3:12:49	17		
#N/A	Susan STANGER		16						16										4:07:00	16		

Open Super Veteran

Open Super Veteran											Stage 1 - Llanelli		Stage 2 - TATA		Stage 3 - SWYD		Stage 4 - Broad Haven		Stage 5 - Bala		Stage 6 - Llandudno	
Position	Name	Club	Overall Points	Eligible Points	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points
1	Andy BOSTOCK	DRAGON TRI	360	360		100	80	100	80				2:24:43	100	1:19:23	80	2:29:02	100	1:56:32	80		
2	Kevin Wheeler	Pembrokeshire Triathlon Club	358	335	80		85	80	23	90	1:29:12	80			1:19:19	85	2:38:34	80	2:57:50	23	1:39:41	90
2	Neil Williams	Taff Ely	335	335	90	85	75	85			1:28:07	90	2:32:55	85	1:20:14	75	2:38:23	85				
4	Steve PRYKE	Pembrokeshire Triathlon Club	267	267			48	70	39	110					1:28:26	48	2:51:15	70	2:12:39	39	1:30:37	110
5	Mike HAYDEN	PORT TALBOT HARRIERS	135	190		75	60	55					2:39:01	75	1:25:52	60	3:21:22	55				
#N/A	Peter MUNN	Pembrokeshire Triathlon Club	166						41	125									2:10:51	41	1:28:52	125

#N/A	Michael Battersby	Cardiff Tri	155		85	70					1:28:36	85	2:41:34	70							
#N/A	Dean Edwards		125		65	60					1:42:53	65	2:56:30	60							
#N/A	Chris Morris	North Dock	125		45	80					1:57:09	45	2:38:21	80							
#N/A	Martyn White	North Dock	110		60	50					1:43:34	60	3:13:38	50							
#N/A	Terry JOHNSON		100						100									1:49:06	100		
#N/A	Keith Tannetta	Cardiff Tri	100		100						1:16:57	100									
#N/A	Derek THOMSON	Flying Monk	100				100								1:17:52	100					
#N/A	Stephen Rich	Pembrokeshire Triathlon Club	100						100										1:30:42	100	
#N/A	Robert Chappell	Taff Ely	97		55		42				1:45:50	55			1:37:23	42					
#N/A	Robert SPAIN	NORTH DOCK DREDGERS TRI	95			49	46						3:14:37	49	1:33:18	46					
#N/A	Philip Murrow	Cardiff Tri	93		50		43				1:46:11	50			1:37:02	43					
#N/A	Anthony holling	Port Talbot	91		44	47					2:05:42	44	3:42:22	47							
#N/A	Ric COOPER	PEMBROKESHIRE TRI	90					90									2:31:12	90			
#N/A	Kevin LAWLEY		90				90								1:19:01	90					
#N/A	Des ASTLEY	MERTHYR TRIATHLON CLUB	90			90							2:28:30	90							
#N/A	Adrian CARR		90					90										1:52:51	90		
#N/A	Paul ALGERI	GOG Triathlon Club	85					85										1:55:47	85		
#N/A	David Henley	Black Country Triathletes	85						85											1:41:47	85
#N/A	Guy Clamp		80						80											1:48:24	80
#N/A	Michael SMITH		78					50	28						3:28:31	50	2:25:27	28			
#N/A	Richard BARR		75						75									1:56:34	75		
#N/A	John DIFFEY		75					75							2:46:00	75					
#N/A	Huw Lloyd	Bynea	75		75						1:40:42	75									

#N/A	Peter HAYWARD	Torbay Tri Club	70					70									1:57:52	70		
#N/A	Paul Carman	North Dock	70		70					1:41:06	70									
#N/A	Justin CLARK		70			70							1:20:22	70						
#N/A	Anthony HOLLING	PORT TALBOT HARRIERS	70			46		24				3:42:22	46				2:55:48	24		
#N/A	William SNOWDON	CARDIFF TRIATHLETES	65			65						2:54:30	65							
#N/A	Stuart NASH	Nantwich Triathlon Club	65					65									1:58:21	65		
#N/A	Jon PHILLIPS		65				65								2:53:05	65				
#N/A	David POLAND	Optimumtri	65			65							1:20:33	65						
#N/A	John WILDING	Chichester Triathlon Club	60					60									2:01:43	60		
#N/A	Adrian COLLEY	Taff Ely Triathlon Club	60				60								3:17:33	60				
#N/A	Paul ROBERTSON	Total Transition Tri Club	55					55									2:01:48	55		
#N/A	Martyn LEVER	Greenlight PT	55			55							1:26:32	55						
#N/A	Martin DAVIES	NEWT	55			55						2:59:58	55							
#N/A	Paul MCMULLEN		50					50									2:03:13	50		
#N/A	Gary NEWELL		50			50							1:26:38	50						
#N/A	Martin HOPWOOD	Martin Hopwood	49					49									2:06:36	49		
#N/A	John CLEMENTS	Oxford Triathlon Club	49			49							1:26:56	49						
#N/A	david john walters	Carmarthen Tri	49		49					1:47:50	49									
#N/A	Peter Jones		48		48					1:50:23	48									
#N/A	Michael KEARNEY	PORT TALBOT HARRIERS	48			48						3:29:18	48							
#N/A	Ian MOSSOP	Welsh Triathlon W1062180	48					48									2:06:49	48		
#N/A	Steve HOPE	Pactrac - Peterborough Area Combined Triathlon Club	47					47									2:07:16	47		
#N/A	Steve BUNCE	Walden Tri	47			47							1:31:17	47						

#N/A	Ian Warne		47		47					1:51:49	47								
#N/A	Ray Skinner	Carmarthen Tri	46		46					1:55:50	46								
#N/A	Mark MURPHY		46					46									2:07:39	46	
#N/A	Gavin KEWLEY		45			45							1:34:08	45					
#N/A	Alan BUXTON	Bath Amphibians	45					45									2:07:45	45	
#N/A	Stuart KEEPING		44			44							1:34:49	44					
#N/A	Stephen ROBINS		44					44									2:08:24	44	
#N/A	Paul ROBERTS	Wrexham tri	43					43									2:08:50	43	
#N/A	Martin CRAIG	Wakefield triathlon	42					42									2:10:08	42	
#N/A	David HUNTER		41			41							1:47:08	41					
#N/A	Neil CORDY		40			40							1:55:04	40					
#N/A	David TOLSON	RED ROSE RUNNERS	40					40									2:12:26	40	
#N/A	Neil PACEY		38					38									2:15:41	38	
#N/A	Roland SHAW	Beccles Triathlon Club	37					37									2:16:31	37	
#N/A	Johnny OFARRELL		36					36									2:17:48	36	
#N/A	Bob LAUDER		35					35									2:20:38	35	
#N/A	David MOORE	Pembs Tri Club	34					34									2:21:38	34	
#N/A	Dave WALKER		33					33									2:23:11	33	
#N/A	Matthew VANMIERT	Total Transition Triathlon	32					32									2:24:00	32	
#N/A	David EDWARDS	GOG Triathlon	31					31									2:24:14	31	
#N/A	Nick LEEMING	Meirionnyd Running Club	30					30									2:24:15	30	
#N/A	Marcus FRY	N/A	29					29									2:24:39	29	
#N/A	Eugene KERTZMAN	Bath Amphibians	27					27									2:27:25	27	

#N/A	Carl TAYLOR	None	26							26										2:40:07	26			
#N/A	Ste BELL		25							25											2:51:07	25		

Female Super Veteran

Female Super Veteran											Stage 1 - Llanelli		Stage 2 - TATA		Stage 3 - SWYD		Stage 4 - Broad Haven		Stage 5 - Bala		Stage 6 - Llandudno	
Position	Name	Club	Overall Points	Eligible Points	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points
1	Jackie Gibbons	Pembrokeshire	480	395	90		90	85	90	125	1:39:52	90			01:29:25	90	3:12:12	85	2:15:45	90	1:31:21	125
2	Carolyn Williams	Port Talbot	375	375	100	100	85	90			1:38:40	100	2:47:50	100	01:30:27	85	3:01:22	90				
#N/A	Tracey Williams	Celtic Tri	175		85	90					1:49:34	85	3:08:43	90								
#N/A	Karen MUNN	Pembrokeshire Triathlon Club	175						65										2:22:48	65	1:36:43	110
#N/A	Christina Smith	Celtic Tri	160		80	80					1:53:17	80	3:15:05	80								
#N/A	LYNNE GRIFFITHS	Harlech Triathlon Club	127					80	47								3:20:21	80	2:31:33	47		
#N/A	Colette Price	Gog Triathlon	100							100											1:43:00	100
#N/A	Juliet EDWARDS	Cerist	100						100										2:14:09	100		
#N/A	Catherine ETCHELL	Brecon Triathlon Club	100					100									2:48:38	100				
#N/A	Stella LEVER	Greenlight PT	100				100								01:29:17	100						
#N/A	Alison VESEY		85						85											2:16:18	85	
#N/A	Barbara COOK	North Dock	85			85							3:09:38	85								
#N/A	Liz DUNLOP	Wight Tri	80						80											2:17:37	80	
#N/A	Clare GRINDROD	Farnham Tri	80				80								01:32:40	80						
#N/A	Ann GRIFFITHS		75						75											2:17:45	75	
#N/A	Jayne Keely		75		75						2:04:11	75										
#N/A	LIN CRAM	Emlyn flyers	75					75									3:41:38	75				

#N/A	Sandra BARDEN	Hillingdon	75				75							01:34:47	75						
#N/A	Julie WEEKS		70					70										2:18:39	70		
#N/A	Julie Brown	Swansea Tri Sharks	70		70					2:10:11	70										
#N/A	Louise ALAN-SMITH		70				70							01:39:11	70						
#N/A	Jayne CALVERT	None	65				65							01:54:24	65						
#N/A	Linda Waller		65		65					2:15:16	65										
#N/A	Jo BAKER	Glossop Triathlon Club	60					60										2:23:28	60		
#N/A	Julie BROWN	Triathlon Redditch	60				60							01:58:00	60						
#N/A	Sarah GREAVES	Oswestry Olympians Tri Club	55					55										2:23:36	55		
#N/A	Carolyn RILEY		50					50										2:25:22	50		
#N/A	Janice Hearne		50		50					2:16:10	50										
#N/A	Sally KERTZMAN	Bath Amphibians	49					49										2:25:58	49		
#N/A	Kathleen DIXON		48					48										2:29:39	48		
#N/A	Sarah BARHAM	North Dock Dredgers Tri	46					46										2:39:38	46		
#N/A	Liz DAVIES-WARD	Hereford Triathlon Club	45					45										2:43:21	45		
#N/A	Helen ROBERTS	Clwb Beicio Bala	44					44										2:47:40	44		
#N/A	Karen JOHN	Tenby Aces	43					43										3:22:19	43		
#N/A	Debbie HEAP	Manchester Triathlon Club	0																		

Open Super Vintage Veteran

											Stage 1 - Llanelli		Stage 2 - TATA		Stage 3 - SWYD		Stage 4 - Broad Haven		Stage 5 - Bala		Stage 6 - Llandudno	
Position	Name	Club	Overall Points	Eligible Points	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points
1	Tony CLEMENTS	Swansea Sharks	295	295			80		90	125					01:51:00	80			2:42:15	90	1:58:51	125
2	Paul Bennett	Port Talbot	280	280	90	100		90			1:41:43	90	3:00:27	100			3:34:41	90				
#N/A	Phillip GIBBON	Taff Ely Triathlon	155				70	85							02:05:02	70	4:19:49	85				
#N/A	Wayne Richards	Swansea Tri	100		100						1:36:42	100										
#N/A	David DUERDEN	Exeter Tri Club	100				100								01:29:47	100						
#N/A	Richard Scarr	Thames Valley Triathletes	100				100										3:17:53	100				
#N/A	John Burnham	Brat	100						100										2:26:16	100		
#N/A	Michael WISE	Garden City Runners	90				90								01:34:08	90						
#N/A	Mike Burrows	North Dock	85		85						2:12:51	85										
#N/A	John SETFORD	Dartford Whiteoak	85				85								01:47:51	85						
#N/A	Rick MANN	Guernsey	75				75								02:03:15	75						

Female Super Vintage Veteran

Female Super Vintage Veteran				Stage 1 - Llanelli		Stage 2 - TATA		Stage 3 - SWYD		Stage 4 - Broad Haven		Stage 5 - Bala		Stage 6 - Llandudno	
Position	Name	Club	Overall Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points	Time	Points
1	Linda Spillane	NEWT	100			3:38:43	100								
2	Sue CANNABY	Coventry Triathletes	100					01:43:45	100						
3	Julia MANNERING	Rutland Running & Triathlon Club	90					01:45:57	90						
4	Annie SIDGWICK	Crowborough Tri Club	85					02:04:32	85						

Clubs

OVERALL CLUB STANDINGS			Stage 1 - Llanelli			Stage 2 - TATA			Stage 3 - SWYD			Stage 4 - Broad Haven			Stage 5 - Bala			Stage 6 - Llandudno		
Position	Club	Overall Total	Stage 1 Points	No of Eligible Athletes	Total Participant Points	Stage 2 Points	No of Eligible Athletes	Total Participant Points	Stage 3 Points	No of Eligible Athletes	Total Participant Points	Stage 4 Points	No of Eligible Athletes	Total Participant Points	Stage 5 Points	No of Eligible Athletes	Total Participant Points	Stage 6 Points	No of Eligible Athletes	Total Participant Points
1	Pembrokeshire Triathlon Club	2463	388	9	470	261	4	261	408	9	523	435	27	1272	361	10	502	610	15	1455
2	GOG Triathlon	1998	212	3	212	348	14	632	181	3	181	358	5	358	349	11	442	550	18	1404
3	North Dock Dredgers	1718	375	36	1401	319	21	763	261	4	261	281	7	332	237	5	237	245	3	245
4	Port Talbot Harriers	1641	420	19	943	455	36	1773	280	4	280	362	6	362	24	1	24	100	1	100
5	Cardiff Triathletes	1620	380	9	481	360	17	784	261	6	295	410	13	675	209	5	209			
6	Taff Ely	1551	405	10	504	205	4	205	306	6	334	360	11	514				275	3	275
7	Tri Potential	1452	375	7	442	226	3	226	410	8	505	131	2	131	90	2	90	220	2	220
8	Celtic Tri	1432	430	19	1099	400	18	843	115	2	115	185	5	185	67	3	67	235	2	235
9	Carmarthen Tri Club	1416	336	25	852	125	2	125	192	4	192	253	5	253	130	3	130	380	4	380
10	Rhondda Triathlon Club	1151	375	14	678	237	13	419	243	5	243	241	4	241				55	1	55
11	Swansea Vale Tri	1028	297	22	685	360	21	878	84	2	84	233	4	233	54	3	54			
12	Dragon Tri	820	156	3	156	124	2	124	180	2	180	280	3	280	80	1	80			
13	Team Watt	708	185	4	185	75	1	75	173	3	173	185	5	185				90	1	90
14	Newport East Wales Triathlon (NEWTS)	664	261	9	344	334	12	561				43	1	43	26	1	26			
15	Tenby Aces	626	202	3	202	45	1	45	145	2	145	199	5	199	35	109	35			
16	Bynea CC	594	339	7	407	236	7	271							19	1	19			
17	West Wales Fitness Coaching	557	165	3	165	222	3	222	85	1	85							85	1	85
18	Merthyr Triathlon Club	523	85	1	85	319	12	432	34	1	34	85	1	85						
19	ATAC	516	341	7	406	175	2	175												
20	Porthcawl Triathlon club	503	43	1	43	214	15	453	203	5	203	43	1	43						
21	Swansea Tri Sharks	488	184	5	184				80	1	80				99	2	99	125	1	125

22	Tenby Penguins	462	53	2	53	34	1	34	135	3	135	110	6	110	5	1	5	125	2	125
23	Clwb Seiclo Cwm Gwendraeth	312	128	5	128	117	5	117				67	2	67						
24	DC TRIATHLON	286	93	2	93	50	1	50				143	3	143						
25	Team Brav	274				274	4	274												
26	Hereford Triathlon Club	267										22	1	22	120	2	120	125	1	125
26	Ferry Flatliners	267				135	2	135	32	2	32	32	2	32	68	2	68			
28	Mersey Tri	265													190	8	229	75	1	75
29	Torbay Tri Club	262							116	2	116				146	3	146			
30	Y Fenni Triathlon	249										249	9	387						
31	Torfaen Dolphins	243				126	2	126	117	2	117									
32	Total Tri Training	241										85	1	85	86	4	86	70	1	70
33	Manx Tri Club	236													146	2	146	90	1	90
33	Heathwood Tri	236							192	6	220	44	1	44						
35	Cadence Tri	234													109	4	108	125	1	125
36	Torfaen Tri	225													100	1	100	125	1	125
37	Pen-Y-Bont Triathlon Club	219				161	5	161	58	2	58									
38	Top Step Tri	207										107	2	107				100	1	100
39	SWYD	203	6	1	6				178	8	207	19	1	19						
40	Nyp Tri	185							110	2	110				75	1	75			
40	Cerist Triathlon Club	185													185	3	185			
42	Ras Endurance	176										111	2	111	65	1	65			
43	Monmouth Tri	173	18	1	18	59	2	59	46	1	46	50	1	50						
44	Wrecsam Tri Club	168													168	5	168			
45	Oxford Triathlon Club	167							167	3	167									
46	Warrington Triathlon Club	165																165	2	165
46	Deal Tri	165													165	2	165			

48	Wrekin Sport	162												162	3	162			
48	Bath Amphibians	162												162	4	162			
50	Prime Triathlon	159												159	4	159			
51	Total Transition Tri	156												156	5	156			
52	Whittlefit	155						65	1	65	90	1	90						
52	Pure Endurance Triathletes	155												155	2	155			
52	Hillingdon	155						155	2	155									
52	Greenlight PT	155						155	2	155									
56	Bad Tri	152												152	3	152			
57	Brat	148												148	2	148			
58	Chichester Triathlon Club	140												140	4	140			
59	Army Triathlon Association	137						48	1	48	46	1	46	43	1	43			
60	Triathlon Redditch	135	75	1	75			60	1	60									
61	Farnham Tri	130						130	2	130									
62	Wakefield Triathlon Club	128												128	3	128			
63	Caffi Gruff Tri	124									124	2	124						
63	Brighton Phoenix	124												124	3	124			
65	Pontypool Triathlon Club	121				102	4	102			19	1	19						
66	Telford Triathlon Club	120												35	1	35	85	1	85
66	PAC Tri	120												120	2	120			
68	Exeter Tri Club	117						100	1	100	17	1	17						
69	3Ms Gorseinon Road Runners	115									115	2	115						
70	Peak Performance Wales	110	70	1	70									40	1	40			
71	Elements	107									107	2	107						
72	Clwb Beicio Bala	104												104	2	104			
73	North Endurance	103												103	3	103			

95	Black Country Triathletes	85															85	1	85
101	Yas Cycles Triathlon	83							50	1	50				33	1	33		
102	Wight Tri	80												80	1	80			
102	London Heathside	80												80	1	80			
102	Hastings	80										80	1	80					
102	Brownlee Fitness	80												80	1	80			
106	Team AGH	75	75	1	75														
106	OUTRIC	75							75	1	75								
106	Nova Raiders Cc	75												75	1	75			
106	Mikes Bikes	75										75	1	75					
106	Guernsey	75							75	1	75								
106	GJ Endurance	75	75	1	75														
106	Emlyn Flyers	75										75	1	75					
106	Crystal Palace Triathletes	75							75	1	75								
106	Congleton Cycling Club	75												75	1	75			
106	Aim High Tri	75							75	1	75								
116	Tinworks Tri Club	73	73	3	73														
117	Full on Tri	72				70	1	70							2	1	2		
117	Apex Triathlon	72							12	1	12	60	1	60					
119	TriForce	70	70	1	70														
119	Somerset Rc Tri	70												70	1	70			
119	Team Huub	70															70	1	70
122	Tri energy	67										49	1	49	18	1	18		
123	Chester Tri	66												66	4	66			
124	TEAM CEMAIS	65										65	1	65					
124	Ras Endurance	65												65	1	65			

152	Walden Tri	47						47	1	47									
152	Harlech Triathlon Club	47												47	1	47			
152	@leastwetri	47									47	6	47						
155	White Rock Triathletes	46												46	2	46			
156	Pendle Triathlon Club	45												45	1	45			
156	Milford Tritons	45									45	1	45						
156	Mendip Trc	45												45	1	45			
156	Jinx	45			45	1	45												
156	Halifax Harriers	45												45	1	45			
156	Bristol And District Triathlon	45												45	1	45			
162	Clwb Seiclo Llanyddyfri	44												44	1	44			
163	Warrington Running Club	43												43	1	43			
163	Royal Navy Triathlon	43						43	1	43									
163	INTRtri	43	43	1	43														
166	THAMES TURBO	42									42	1	42						
166	Tenpoint Blackfish	42												42	1	42			
166	Portsmouth Triathletes	42												42	1	42			
166	Lion squad	42												42	1	42			
170	PlsIn Tri	41						41	1	41									
170	Cambridge Triathlon Club	41												41	1	41			
172	Thames Valley Triathletes	40						40	1	40									
172	TeamTriGuru	40												40	1	40			
172	Sheffield Triathlon Club	40												40	2	40			
172	Ashbourne	40												40	1	40			
176	Swim 1st Tri Club	39												39	1	39			
176	London Fields Triathlon Club	39												39	1	39			

178	Triharman	38													38	1	38			
179	Your Tri Mentor	37													37	1	37			
179	Tri Preston	37													37	2	37			
179	Sytri (Shrewsbury Triathlon UK)	37													37	1	37			
179	Fit 4 Tri	37				37	1	37												
183	Ystwyth Cc	36													36	1	36			
183	Team Manvers	36													36	1	36			
183	Team LTR	36									36	1	36							
183	Rhys Harries	36													36	1	36			
183	Avon Valley Triathletes	36						36	1	36										
188	Pembrey & Burry Sport Cycle Club	35	35	1	35															
189	Leeds & Bradford Triathlon Club	33													33	1	33			
189	1485 Tri Club	33													33	2	33			
191	Swp Tri	31													31	1	31			
192	Meirionnyd Running Club	30													30	1	30			
193	Welland Valley Triathlon Club	29						29	1	29										
193	Entire	29									29	2	29							
195	Maesteg	28				28	1	28												
195	Hampstead Triathlon Club	28													28	1	28			
197	Porthcawl Tridents	27						27	1	27										
198	Tavistock Triathlon Club	25													25	1	25			
198	One Endurance	25													25	1	25			
200	Team Twinkle	24													24	1	24			
201	The Triathlon Coaching Company	23													23	1	23			
201	Rushacre Tri	23									23	1	23							

203	Tri 32	21												21	1	21			
203	Prfctri	21									21	1	21						
205	Clwb 3,2,1	17	17	1	17														
206	Chorlton Runners	15												15	1	15			
207	Swansea Harriers	14						14	1	14									
208	Uni of Birmigham Triathlon	13												13	1	13			
209	Evesham Vale Triathletes	12									12	1	12						
210	Fleet Feet Triathletes	10												10	1	10			
211	St Helens Tri	8												8	1	8			
211	Griffithstown Triathlon Club	8												8	1	8			
213	Rugby Triathlon Club	7												7	1	7			
214	Trin8	6												6	1	6			
215	Tb Triathlon	4												4	1	4			
216	South Wales Police	3						3	1	3									
216	Fitness Connection	3												3	2	3			
218	Bangor University Triathlon	2												2	1	2			