



TRIATHLON CYMRU

CYFRES RASUS IEUENCTID CYMRU
WELSH JUNIOR RACE SERIES



Pembrey Duathlon Race Results

TriStar Start Results

Position	First Name	Last Name	Category	Time
1	Osian	Munn	Open	00:06:37
2	Owain	Williams	Open	00:07:04
3	Ioan	Morris	Open	00:07:10

Position	First Name	Last Name	Category	Time
1	Elidian	Powell	Female	00:06:57
2	Mali-Gwen	Lewis	Female	00:07:13

*TriStar Starts do not feature in the Welsh Junior Race Series

TriStar 1 Results

Position	First Name	Last Name	Category	Time	Points
1	Molly	Shelmerdine	F	00:12:43	1000
2	Erin	Starkie	F	00:12:57	982
3	Ivy	Vaughan	F	00:13:06	
4	Ava	JONES	F	00:13:43	
5	Lois	Linnett	F	00:14:39	
6	Efa	Jones	F	00:14:45	
7	Alys	Coles	F	00:15:23	827
8	Sophie	Floyd	F	00:15:24	826
9	Eva	Williams	F	00:15:56	798

Position	First Name	Last Name	Category	Time	Points
1	Danny	Davies	O	00:11:14	1000
2	Jack	Pryce	O	00:11:41	961
3	Alexander	Hadfield	O	00:11:43	
4	Aled	Davies	O	00:11:47	953
5	Freddie	Andrews	O	00:13:36	826
6	Samuel	Jewell	O	00:13:41	821
7	Charlie	Vince	O	00:14:18	
8	Jacob	Falconer	O	00:14:55	753
9	Luke	Hendy	O	00:15:46	712

*Only Welsh Triathlon members scored points for the overall series

TriStar 2 Results

Position	First Name	Last Name	Category	Time	Points
1	Zoe	Jewell	F	00:17:37	1000
2	Megan	Hughes	F	00:18:50	935
3	Betsan Haf	Roberts-Truman	F	00:19:01	926
4	Isla	Hughes	F	00:19:21	910
5	Gwenno	Jones	F	00:19:26	907
6	Isabelle	Watson	F	00:19:53	886
7	Mali	Beynon	F	00:20:18	868
8	Pippa	Denney	F	00:20:40	
9	Dionne	Kathrens	F	00:20:48	
10	Elin	Renshaw	F	00:20:50	
11	Eloise	Williams- Jones	F	00:21:00	839
12	Freya	Lloyd	F	00:21:02	
13	Emma	Floyd	F	00:21:03	837
14	Ffion	Lindley	F	00:23:25	
15	Evelyn	Williams	F	00:24:02	733
Position	First Name	Last Name	Category	Time	Points
1	Isaac	McAdie	O	00:15:34	1000
2	Zachary	Munn	O	00:16:40	934
3	George	Caygill	O	00:17:00	916
4	Charlie	Coleman	O	00:17:19	899
5	George	Bailey	O	00:17:48	875
6	Ieuan	Williams-Powell	O	00:18:58	821
7	Jacob	Smith	O	00:19:34	796
8	Milo	Lockyer	O	00:19:39	792
9	Isaac	Brady	O	00:20:06	774
10	Morgan	Hughes	O	00:21:02	
11	Ralph	Bowen	O	00:21:13	
12	Morgan	Wakeman	O	00:22:53	

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TriStar 3 Results

Position	First Name	Last Name	Category	Time	Points
1	Katie	Evans	F	00:20:31	1000
2	Ruby	Watts	F	00:21:12	968
3	Leah	Rhodes	F	00:21:34	951
4	Gwen	Tompsett	F	00:21:57	
5	Fleur	Randles	F	00:22:10	926
6	Milly	Harris	F	00:22:31	911
7	Annie	Evans	F	00:22:47	901
8	Chloe	Butler	F	00:23:56	857
9	Jessie	Davies	F	00:24:37	833
10	Alis	Rucarean	F	00:29:08	
11	Ffion	Renshaw	F	00:29:38	

Position	First Name	Last Name	Category	Time	Points
1	Macsen	Watts	O	00:17:52	1000
2	Dylan	Williams-Yang	O	00:18:18	976
3	Harri	Roberts-Truman	O	00:18:32	964
4	Ben	Starkie	O	00:20:23	877
5	Sion	Phillips	O	00:21:18	
6	Charlie	Stephens	O	00:21:20	838
7	Tomos	Williams	O	00:21:40	825
8	Evan	Taylor	O	00:22:11	805
9	William	Wedlake	O	00:22:24	
10	Mostyn	Carthew	O	00:24:17	736
11	A-Jay	Abraham	O	00:25:32	700
12	Sid	Adarsh	O	00:25:47	
13	Zac	Roberts	O	00:26:21	678

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Youth Results

Position	First Name	Last Name	Category	Time	Points
1	Grace	Brady	F	00:25:24	1000
2	Holly	Humphreys	F	00:26:07	973
3	Imogen	McAdie	F	00:27:40	918
4	Carys	Pryor	F	00:29:31	861
5	Arianna	Protheroe	F	00:30:23	836

Position	First Name	Last Name	Category	Time	Points
1	Sam	Griffiths	O	00:22:12	1000
2	Evan	Price	O	00:23:07	960
3	Leo	Tytler	O	00:24:56	890
4	Sion	Rowlands	O	00:25:03	886
5	Osian	Morgan	O	00:27:05	820
6	Evan	Powell	O	00:27:47	799
7	Steffan	Rucarean	O	00:30:12	735

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Junior Results

Position	First Name	Last Name	Category	Time	Points
1	Bethany	Clifford	F	00:25:10	1000
2	Rhiannon	Heredia-Rowe	F	00:27:14	924

Position	First Name	Last Name	Category	Time	Points
1	Iestyn	Williams	O	00:25:04	1000
2	Daniel	Davies	O	00:25:16	992
3	Owain	James	O	00:26:53	932
4	Matthew	Cox	O	00:27:13	921

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