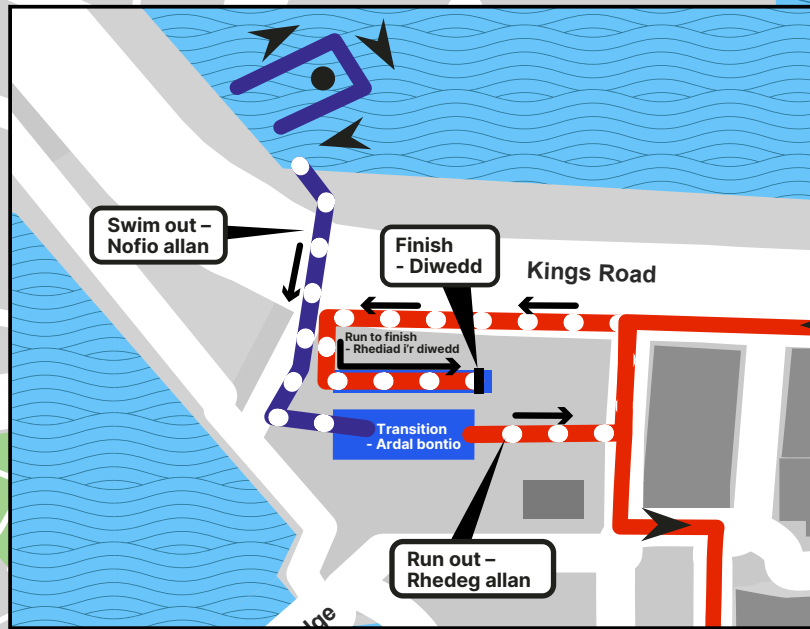


TRISTAR 3

ROUTE - LLWYBR



Start - Dechrau

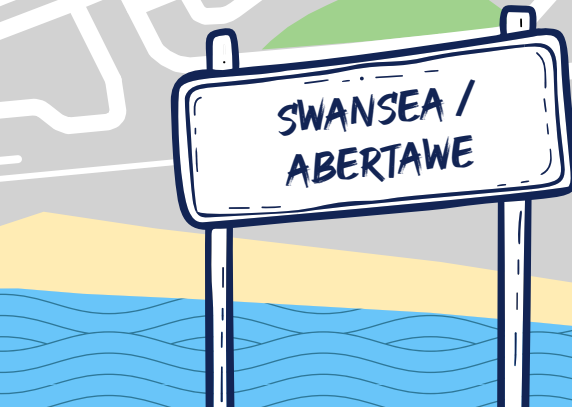
Transition - Ardal bontio


Finish - Diwedd


Tawe Basin

Sail Bridge

Trafalgar Bridge



 300m = 1 lap - lapiau

 1.7km = 2 laps - lapiau

 Directional arrows -
Arwyddion cyfarwyddo