

Elite Duathlon Championships

Para Athletes

Pos	First Name	Last Name	Cat	Cat Pos	Gender	Time	Run 1	T1	Cycle	T2	Run 2
1	Chris	Goodwin	Tri 6a	1	Male	01:00:22	00:17:54	00:00:48	00:31:19	00:00:42	00:09:38
2	Haseeb	Ahmad	Tri 6a	2	Male	01:01:15	00:18:21	00:00:44	00:31:26	00:00:28	00:10:13
3	Joseph	Townsend	Tri 1	1	Male	01:01:19	00:12:52	00:00:34	00:40:00	00:00:34	00:07:17
4	Chris	Frost	Tri 4	1	Male	01:04:03	00:19:18	00:00:53	00:32:45	00:00:32	00:10:33
5	Russell	White	Tri 4	2	Male	01:05:33	00:19:32	00:01:05	00:32:57	00:00:50	00:11:06
6	Alastair	Mckean	Tri 4	3	Male	01:05:59	00:19:41	00:00:37	00:34:34	00:00:34	00:10:31
7	Mark	Conway	Tri 1	2	Male	01:06:44	00:13:43	00:00:42	00:43:31	00:00:48	00:07:57
8	Melissa	Reid	Tri 6b	1	Female	01:07:13	00:20:24	00:00:56	00:33:54	00:00:42	00:11:15
9	Matthew	Emmerson	Tri 5	1	Male	01:07:39	00:18:20	00:00:49	00:36:52	00:00:35	00:11:02
10	David	Hill	Tri 4	4	Male	01:08:39	00:19:46	00:00:40	00:36:15	00:00:59	00:10:58
11	Adrian	Heathfield	Tri 5	2	Male	01:09:52	00:21:35	00:01:07	00:34:36	00:01:10	00:11:23
12	Alison	Patrick	Tri 6b	2	Female	01:10:22	00:20:45	00:00:49	00:36:40	00:00:59	00:11:07
13	George	Peasgood	Tri 5	3	Male	01:11:01	00:22:25	00:00:31	00:34:00	00:00:29	00:13:34
14	Sean	Grundy	Tri 6b	1	Male	01:11:18	00:19:19	00:00:50	00:39:20	00:00:58	00:10:49
15	Steve	Judge	Tri 3	1	Male	01:11:31	00:21:54	00:00:46	00:36:17	00:00:46	00:11:47
16	Rich	McLeod	Tri 4	5	Male	01:11:36	00:20:30	00:01:04	00:37:33	00:01:04	00:11:23
17	Cook	Daniel	Tri 1	3	Male	01:12:09	00:13:43	00:00:38	00:49:18	00:00:48	00:07:41
18	Steven	Crowley	Tri 5	4	Male	01:12:10	00:21:49	00:00:49	00:36:45	00:00:52	00:11:52
19	Craig	Green	Tri 4	6	Male	01:14:09	00:24:26	00:01:18	00:35:25	00:00:51	00:12:08
20	Tom	Larkham	Tri 5	5	Male	01:14:49	00:22:09	00:00:39	00:38:09	00:00:31	00:13:18
21	Mel	Nicholls	Tri 1	1	Female	01:14:54	00:16:41	00:01:09	00:48:15	00:00:59	00:07:48
22	Ryan	Taylor	Tri 3	2	Male	01:15:28	00:21:54	00:00:33	00:40:41	00:00:31	00:11:48

23	Ben	Jones	Tri 3	3	Male	01:16:04	00:21:55	00:00:56	00:40:16	00:00:54	00:12:00
24	Andrew	Lewis	Tri 2	1	Male	01:20:57	00:23:12	00:01:37	00:40:03	00:01:43	00:14:21
25	Neil	Malcolm	Tri 1	4	Male	01:22:19	00:16:49	00:01:16	00:53:00	00:02:01	00:09:12
26	Sophie	James	Tri 3	1	Female	01:22:46	00:22:05	00:00:43	00:47:36	00:00:35	00:11:46
27	Sarah	Pearson	Tri 3	2	Female	01:26:14	00:25:13	00:01:00	00:44:19	00:00:46	00:14:54
28	Paul	Thomas	Tri 3	4	Male	01:42:15	00:35:08	00:01:16	00:44:30	00:01:11	00:20:08