

## BRITISH TRIATHLON FEDERATION 2018 ELITE DUATHLON SELECTION POLICIES

### Introduction

This policy details the process which British Triathlon will apply when selecting athletes to compete in the major ETU and ITU Duathlon Championships.

In all championships, although athletes will be selected to the team on their own merit, the goal of the Team is to win medals for Great Britain and selection is dependent on the athlete agreeing to race in a manner that supports each athlete to achieve their best performance.

Please note that for all championships, athletes are obliged to pre-register their interest in gaining selection before the closing dates stated within this policy document, even if taking part in an official qualification race. This is so athletes can be contacted easily post closing date and so that any medical checks required prior to the race can be made in good time.

This policy is broken into two parts - these are explained below

1. **Eligibility Process** - There are number of essential components that support this process to ensure athletes are eligible for selection.
2. **Selection Process** - the athlete has met a minimum level of specific performance to be considered for selection and their performance(s) are evaluated by a selection committee in order to be selected to the team.

### ETU Powerman Middle Distance Duathlon European Championships, Vejle (Denmark), 6 May 2018

This event will not be a funded Championship but athletes selected will have a GB race suit provided for free.

Any athlete wishing to be considered must notify Sophie Lewis ([sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)) in writing that they wish to compete by 16/03/2018.

### Senior Team

#### Eligibility Process:

1. Athletes must have confirmed their nomination via email as set out above by the stated deadline date;

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2. Athletes must be eligible to represent Great Britain under ITU rules and must be members in good standing with a Home Nation Triathlon Association, which is a member of the British Triathlon Federation (BTF);
3. Athletes must be compliant with British Triathlon's anti-doping policy and hence be available for out-of-competition testing at all times. If required to do so by UK Anti-Doping or the ITU, they must maintain a record of their whereabouts using the ADAMS system;
4. Athletes must have completed their compulsory Pre-Participation Evaluation before the nomination deadline for the event, evidenced by sending Sophie Lewis ([sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)) a copy of their completed and signed 'BTF Fit to Compete' form, which can be downloaded from the BTF website [here](#).

### Selection Process:

Athletes will be selected in the following order of preference:

1. Reigning medallists from the ETU/ITU Standard/Long Course Duathlon Championships in 2017. Athletes, who have previously only raced at standard distance duathlon, must provide evidence to the Selection Committee, of their ability to race competitively over the longer distance and finish in the top 10 of their respective Championships, before their place will be confirmed.
2. Athletes who can show high quality performances in long course duathlon races in 2017 or 2018, which show enough road running/time trialling ability to finish within the top 10 in this Championship.
3. The selection committee will also consider Powerman results from 2017 and 2018 in high quality events, on a discretionary basis. In order to help athletes prove that they are of the required standard to be competitive at this level, the following times can be used as a guideline. Athletes can submit results where they have achieved these marks, in permitted running events, between 01/09/2017 and 16/03/2018.

<b>Senior Men</b>	10km: 32:00. 10mile: 52:30. ½ marathon: 70:30
<b>U23 Men</b>	10km: 32:30. 10mile: 53:15. ½ marathon: 71:30
<b>Elite Women</b>	10km: 36:30. 10mile: 60:15. ½ marathon: 80:30
<b>U23 Women</b>	10km: 37:00. 10mile: 61:00. ½ marathon: 81:30.

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At points 2 and 3, the Selection Committee will consider each athlete's best performance only and compare it to other athletes' best performances. Other results will be disregarded.

Except in unforeseen circumstances, selections to the team will be notified to athletes by 23/03/2018 and announced as soon as the notification is complete.

Athletes will need to be available to travel to the event in time to attend registration and race briefing.

### **ITU Junior and Standard Distance Duathlon World Championships, Fyn (Denmark) - 6 to 14 July 2018**

These races will be part of the World Multisport Championship. At time of publication, budget for this event has not been approved and BTF cannot guarantee that this will be a funded championship. The level to which BTF may contribute to the athletes' costs of travel or accommodation will be made clear on selection. Race entries will be paid for by BTF and a GB race suit will be provided for free.

Any athlete wishing to be considered must notify Sophie Lewis ([sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)) in writing that they wish to compete by 11/05/2018.

### **Senior and U23 (Standard Distance)**

#### **Eligibility Process:**

1. Athletes must have confirmed their nomination via email as set out above by the stated deadline date;
2. Athletes must be eligible to represent Great Britain under ITU rules and must be members in good standing with a Home Nation Triathlon Association, which is a member of the British Triathlon Federation (BTF);
3. Athletes must be compliant with British Triathlon's anti-doping policy and hence be available for out-of-competition testing at all times. If required to do so by UK Anti-Doping or the ITU, they must maintain a record of their whereabouts using the ADAMS system;
4. Athletes must have completed their compulsory Pre-Participation Evaluation before the nomination deadline for the event, evidenced by sending Sophie Lewis ([sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)) a copy of their completed and signed 'BTF Fit to Compete' form, which can be downloaded from the BTF website [here](#).

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### Selection Process:

A maximum team of up to two male Senior and one male under U23, and two female Senior and one female U23 athlete will be selected in the following order of preference, providing athletes can meet the minimum criteria specified in the guiding principles. BTF do not guarantee to fill all of these categories.

1. Reigning Duathlon medallists from the 2017 ITU Standard Distance World Duathlon Championships in both the senior and U23 categories. Athletes moving up a category cannot use an U23 result to apply for a senior place.
2. Reigning Duathlon medallists from the 2017 Standard Distance European Championships in both the senior and U23 categories.
3. The male and female senior and U23 winners at the 2018 BTF National Elite Duathlon Championships at Bedford on 25/03/2018. Athletes wishing to be considered must still have nominated to Sophie Lewis by the deadline above. The place will **not** roll down automatically to the next registered athlete over the line if the winner has not registered an interest in competing although they may be considered under point 4 below.
4. Further athletes may be selected to the team via strong performance results, based firstly on the order of finish at the following events:
  - 4.1 2018 ETU Long Distance Duathlon Championships (6 May)
  - 4.2 2017/18 French Duathlon Grand Prix fixtures
  - 4.3 2018 British Elite Duathlon Championships
  - 4.4 Bedford Autodrome (draft legal sprint) Duathlon on 11/03/2018
  - 4.5 Oulton Park (draft legal sprint) Duathlon on 18/03/2018
5. At points 3 and 4, the Selection Committee will consider those athletes who, in their sole opinion, have demonstrated the ability in the races stipulated to finish within the top 10 (senior) and top 5 (U23) of their respective championships. The Selection Committee will consider each athlete's single best performance only and compare it to other athletes' single best performances. Other results will be disregarded. As guidance see run standards required in point 6 below which will be used as an indicator of ability to achieve these positions;

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6. The following run standards need to have been obtained in at least one distance in support of selection and should have been obtained in single events (not run section of triathlon or duathlon) between 01/09/2017 and 13/05/2018. Where athletes have reached the required standard in more than one distance this will rank them higher than athletes who have only achieved it in one.

<b>Senior Men</b>	10km: 31:30.	10mile: 52:00.	½ marathon: 69:00
<b>U23 Men</b>	10km: 32:00.	10mile: 52:45.	½ marathon: 70:15
<b>Elite Women</b>	10km: 35:30.	10mile: 59:00.	½ marathon: 78:45
<b>U23 Women</b>	10km: 36:00.	10mile: 60:00.	½ marathon: 80:15

Except in unforeseen circumstances, the Team will be notified to athletes by 18/05/2018 and announced once notifications are complete.

### Junior

Any athlete wishing to be considered must notify Sophie Lewis ([sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)) in writing that they wish to compete by 11/05/2018.

### Eligibility Process:

1. Athletes must have confirmed their nomination via email as set out above by the stated deadline date;
2. Athletes must be eligible to represent Great Britain under ITU rules and must be members in good standing with a Home Nation Triathlon Association, which is a member of the British Triathlon Federation (BTF);
3. Athletes must be compliant with British Triathlon's anti-doping policy and hence be available for out-of-competition testing at all times. If required to do so by UK Anti-Doping or the ITU, they must maintain a record of their whereabouts using the ADAMS system;
4. Athletes must have completed their compulsory Pre-Participation Evaluation before the nomination deadline for the event, evidenced by sending Sophie Lewis ([sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)) a copy of their completed and signed 'BTF Fit to Compete' form, which can be downloaded from the BTF website [here](#).

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### Selection Process:

A maximum team of up to two male and two female junior athletes will be selected in the following order of preference, providing athletes can meet the minimum criteria specified in the guiding principles. BTF do not guarantee to fill all of these categories.

1. Reigning junior medallists from the 2017 World Junior Duathlon Championships. Athletes moving up an age group cannot use a junior medal result to apply to compete at U23 level;
2. Reigning junior medallists from the 2017 European Duathlon Championships;
3. The male and female junior winners at the 2018 National Elite Junior Duathlon Championships at Bedford on 25 March 2018;
4. Athletes from the spring gateway event at Llanelli 12 May 2018 who have obtained a performance considered to demonstrate medal winning ability at the duathlon;
5. If places remain, the Selection Committee will consider performances in the races detailed below, which demonstrate the ability to finish in the top 5, to select further athletes to the Team:
  - 5.1 2017 ETU European Junior Duathlon Championships
  - 5.2 2018 National Junior Duathlon Championships at Bedford;
  - 5.3 2017 World Junior Triathlon Championships in Rotterdam;
  - 5.4 2017/18 ETU Junior Cup results
  - 5.5 Any 2017 or 2018 French Duathlon Grand Prix races before 8/05/2018;

At point 5 the Selection Committee will consider each athlete's single best performance only and compare it to other athletes' single best performances. Other results will be disregarded. Athletes will need to have demonstrated a 5km run time in a permitted running event between 1/09/2017 and 13/05/2018 of:

Junior Men: 15.45

Junior Women: 17.30

Except in unforeseen circumstances, the Team will be notified to athletes by 18/05/2018 and announced once notifications are complete.

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ITU Powerman Long Distance Duathlon World Championships, Zofingen - 1 to 2  
September 2018

**Please note that British Triathlon will not provide funding for athletes to attend this event apart from providing a GB race suit for free.**

Any athlete wishing to be considered must notify Sophie Lewis ([sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)) in writing that they wish to compete by 20/07/2018.

**Seniors**

**Eligibility Process:**

1. Athletes must have confirmed their nomination via email as set out above by the stated deadline date;
2. Athletes must be eligible to represent Great Britain under ITU rules and must be members in good standing with a Home Nation Triathlon Association, which is a member of the British Triathlon Federation (BTF);
3. Athletes must be compliant with British Triathlon's anti-doping policy and hence be available for out-of-competition testing at all times. If required to do so by UK Anti-Doping or the ITU, they must maintain a record of their whereabouts using the ADAMS system;
4. Athletes must have completed their compulsory Pre-Participation Evaluation before the nomination deadline for the event, evidenced by sending Sophie Lewis ([sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)) a copy of their completed and signed 'BTF Fit to Compete' form, which can be downloaded from the BTF website [here](#).

**Selection Process:**

Initially up to two male senior and two female senior places will be available. Additional athletes may be added across the categories to bring the total team size to six.

1. Reigning Elite Senior Duathlon Medallists from the 2017 Powerman World Championships, 2018 ETU Powerman Championships or the 2017/2018 ETU/ITU Standard Distance Duathlon Championships. Athletes, who have previously only raced at standard distance duathlon, must provide evidence to the Selection Committee, of their ability to race competitively over the longer distance and finish in the top 10 of their respective championships, before their place will be confirmed;

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2. The Selection Committee will consider performances in the races below to select further athletes to the team:
  - 2.1 Any 2017/2018 Powerman Duathlon races
  - 2.2 Any 2017/18 long or middle distance triathlon results in high quality fields, for example in Challenge or Ironman branded races.

The Selection Committee will consider performances, which in their sole opinion demonstrate the ability to finish in the top 10 of their respective Championship over the Championship distance.

The Selection Committee will consider each athlete's best performance only, and compare it to other athletes' best performances. Other results will be disregarded.

In order to help athletes prove that they are of the required standard to be competitive at this level, the following run standards may be used as a guideline. Athletes can submit results where they have achieved these marks, in permitted running events, between 01/09/2017 and 20/07/2018.

<b>Senior Men</b>	10mile: 52:30. ½ marathon: 70:30.
<b>U23 Men</b>	10mile: 53:15. ½ marathon: 71:30.
<b>Elite Women</b>	10mile: 60:15. ½ marathon: 80:30.
<b>U23 Women</b>	10mile: 61:00. ½ marathon: 81:30.

Except in unforeseen circumstances, selections to the Team will be notified by 27/07/2018.

Athletes will be expected to arrive at the event in time for registration and briefing.

### **ETU Duathlon European Championships, Ibiza (Spain) 20-28 October 2018**

These races will be part of the European Multisport Championship. At time of publication, budget for this event has not been approved and BTF cannot guarantee that this will be a funded championship. The level to which BTF may contribute to the athletes' costs of travel or accommodation will be made clear on selection. Race entries will be paid for by BTF and a GB race suit will be provided for free.



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Any athlete wishing to be considered must notify Sophie Lewis ([sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)) in writing that they wish to compete by 03/09/2018.

### Senior and U23 Teams

#### Eligibility Process:

1. Athletes must have confirmed their nomination via email as set out above by the stated deadline date;
2. Athletes must be eligible to represent Great Britain under ITU rules and must be members in good standing with a Home Nation Triathlon Association, which is a member of the British Triathlon Federation (BTF);
3. Athletes must be compliant with British Triathlon's anti-doping policy and hence be available for out-of-competition testing at all times. If required to do so by UK Anti-Doping or the ITU, they must maintain a record of their whereabouts using the ADAMS system;
4. Athletes must have completed their compulsory Pre-Participation Evaluation before the nomination deadline for the event, evidenced by sending Sophie Lewis ([sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)) a copy of their completed and signed 'BTF Fit to Compete' form, which can be downloaded from the BTF website [here](#).

#### Selection Process:

Initially up to two male Senior and one male U23 and two female Senior and one female U23 place will be available. Additional athletes may be added across the categories to bring the total team size to six if one category is not filled.

Athletes will be selected in the following order of preference:

1. Reigning Elite Senior or U23 duathlon medallists from either 2017 ETU or 2018 ITU Standard Distance Duathlon Championships. Athletes moving up an age group cannot use an U23 result to apply for a senior place;
2. Male and female winner at the Elite Duathlon Championships at Bedford on 25/03/2018. Athletes wishing to be considered must still have nominated to Sophie Lewis by the deadline above. The place will **not** roll down automatically to the next registered athlete over the line if the winner has not registered an interest in competing.

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3. Athletes who can show performances in French Grand Prix Duathlon races in 2017 and 2018, which show an ability to finish in the top 10 (senior) or the top 5 (U23) in this Championships. See below at point 5 for guidance as to minimum run standards required.
4. Further athletes may be selected to the team via strong performance results, based firstly on the order of finish at the following events:
  - 4.1 2018 ETU/ITU Long Distance Duathlon Championships
  - 4.2 2018 British Elite Duathlon Championships
  - 4.3 Bedford Autodrome (draft legal sprint) Duathlon on 11/03/2018
  - 4.4 Oulton Park (draft legal sprint) Duathlon on 18/03/2018

At this point, any results submitted must clearly demonstrate to the Selection Committee, an ability to finish in the top 10 (senior) or the top 5 (U23) in these Championships. See below point 5 for guidance as to minimum run standards required.

5. At points 3 and 4, the Selection Committee will consider each athlete's best performance only and compare it to other athletes' best performances. Other results will be disregarded. Required run standards will be considered to help determine whether the athlete will be competitive at this level of competition. As guidance, one or more of the following times should have been achieved in permitted running events between 1/09/2017 and 3/09/2018:

**Elite Men** 10km: 31:30. 10mile: 52:00. ½ marathon: 69:00

**U23 Men** 10km: 32:00. 10mile: 52:45. ½ marathon: 70:15

**Elite Women** 10km: 35:30. 10mile: 59:00. ½ marathon: 78:45

**U23 Women** 10km: 36:00. 10mile: 60:00. ½ marathon: 80:15

**Junior Team**

Any athlete wishing to be considered must notify Sophie Lewis ([sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)) in writing that they wish to compete by 03/09/2018.

**Eligibility Process:**

1. Athletes must have confirmed their nomination via email as set out above by the stated deadline date;

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2. Athletes must be eligible to represent Great Britain under ITU rules and must be members in good standing with a Home Nation Triathlon Association, which is a member of the British Triathlon Federation (BTF);
3. Athletes must be compliant with British Triathlon's anti-doping policy and hence be available for out-of-competition testing at all times. If required to do so by UK Anti-Doping or the ITU, they must maintain a record of their whereabouts using the ADAMS system;
4. Athletes must have completed their compulsory Pre-Participation Evaluation before the nomination deadline for the event, evidenced by sending Sophie Lewis ([sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)) a copy of their completed and signed 'BTF Fit to Compete' form, which can be downloaded from the BTF website [here](#).

### Selection Process:

A team of up to two male and two female junior athletes will be selected in the following order of preference, providing athletes can meet the minimum criteria specified in the guiding principles. Additional athletes may be added across the categories to bring the total team size to six. BTF do not guarantee that all categories will be filled.

1. Reigning medallists from the 2018 World Junior Duathlon Championships.
2. Reigning medallists from the 2017 European Junior Duathlon Championships.
3. The male and female Junior winners at the 2018 National Elite Junior Duathlon Championships at Bedford on 25/03/2018. Athletes wishing to be considered must still have nominated to Sophie Lewis by the deadline above. The place will **not** roll down automatically to the next registered athlete over the line if the winner has not registered an interest in competing, although they may be considered under point 4 below;
4. If places remain, the Selection Committee will consider performances in the races detailed below, which demonstrate the ability to finish in the top 5, to select further athletes to the team;

4.1 2017 ETU European Junior Duathlon Championships

4.2 2018 National Junior Duathlon Championships at Bedford

4.3 2017 World Junior Triathlon Championships in Rotterdam

4.4 2017/18 ETU Junior Cup results

4.5 Any 2017 or 2018 French Duathlon Grand Prix races before 3/09/2018

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At point 4, the Selection Committee will consider each athlete's single best performance only and compare it to other athletes' single best performances. Other results will be disregarded. Athletes will need to have demonstrated a 5km run time in a permitted running event between 01/09/2017 and 3/09/2018;

**Junior men:** 15:45

**Junior women:** 17:30

Except in unforeseen circumstances, athletes selected to the team will be notified on 10/09/2018 and selections will be announced as soon as the notification is complete.

Athletes will need to be available to travel to the event in time to attend registration and race briefing.

### **Elite National Duathlon Championships**

In all selections related to this race the following appeal process will be in place:

In the event of accident or injury during the National Elite Duathlon Championship, a written report may be filed with the Multisport Coordinator ([sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)) by, or on behalf of, the athlete within 30 minutes of the last competitor finishing the relevant race, explaining mitigating circumstances and including previous results. An appeal on medical grounds must be supported at the time or within 24 hours of submission by a Medical Doctor's report. If the appeal is upheld, a projected result will be considered at selection point 4. Appropriate grounds for consideration will usually be those deemed to be outside the athlete's own control.

In event of championships either being cancelled or limited to a running race only, all athletes who have registered an interest in competing will have their previous race results compared by the selection committee and whose decision on selection shall be final.

### **APPENDIX**

Note 1: Conditions of selection

1. Selected athletes may be required to confirm two weeks prior to the event that they are able to compete to the standard that earned them selection and additional information and clearance from the British Triathlon's Medical Officer and or the

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Performance Director may be required. Athletes must not race in the 10 days prior to the respective Championship, unless otherwise approved by the Performance Director;

2. Athletes will be required to sign a Team Members' Agreement to accept their place on each team. The Agreement will include a code of conduct, to adhere to the BTF sponsorship guidelines and to wear provided race suit which must be unaltered (championship suits may not have personal sponsors added); and
3. Maximum team sizes will be dependent upon budget approval and available funding, and may be reduced from those stated above.

From 2018 onwards the International Triathlon Union (ITU) have introduced COMPULSORY pre-participation evaluation (PPE) screening for ALL athletes entered into any ETU/ITU races. Failure to do this and not provide the necessary paperwork will result in you not being able to be selected or entered into any ETU/ITU events. The main purpose of the screening is to identify athletes at risk of sudden cardiac death due to an electrical or structural heart abnormality. Details of how to complete this screening can be found on the [Selection Policies](#) page of the BTF website, under ITU PPE Screening Requirements (please read 'All Athletes - Pre Participation Evaluation(PPE) Criteria').

### Note 2: Selection Committee

1. A Selection Committee will be established comprising three members, including the BTF Performance Director as Chair, the BTF Head Coach and one other member. The composition of the selection committee will be reviewed and agreed by the BTF Performance Director and the BTF CEO; and
2. Additional experts may be asked to provide advice to the committee at the request of the Chair.

### Note 3: Appeals

1. Athletes have the right to appeal selection decisions through British Triathlon's Selection Review Process. A copy of the policy outlining this process is available on the BTF website:

[https://www.britishtriathlon.org/britain/documents/about/policy-documents/general-policies/btf\\_selection\\_review\\_policy\\_2014\\_nb.pdf](https://www.britishtriathlon.org/britain/documents/about/policy-documents/general-policies/btf_selection_review_policy_2014_nb.pdf)

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16 January 2018

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