



British Triathlon

World Class Performance Programme
Paratriathlon
Selection Process Appendices 2018-2019

Membership Level & Duration

UK Sport's ("UKS") funding policy dictates that the World Class Programme must be a progressive support programme, hence athletes funded at World Class Podium level are not normally eligible for future support at World Class Podium Potential level. There may be exceptional circumstances (such as long-term injury [see below], agreed educational commitments or changes to classifications/classification systems) when decisions are made contrary to this policy, but these instances will be rare.

2017-18 Paratriathlon programme members who are not selected to the 2018-19 WCPP will be supported for an agreed period to assist them off programme. The period of transition funding will be determined by the Performance Director ("the PD") and UKS with the length of time on programme taken into account to determine the appropriate period.

During this period, athletes will also be eligible for EIS transition support. This will be delivered via the following process:

- **Medical/Physiotherapy Support:**
 - No new injuries will be supported after the point at which the athlete leaves the programme.
 - Pre-existing injuries where Doctors/physios have a duty of care can continue to be supported. However, if the injury rehab process could take a significant length of time, the support period would need to be negotiated with the NGB as continuation of the UK Sport medical cover would be required. This can be a period up to three months from the athlete's exit date from WCPP.
- **Strength and Conditioning (S&C):**
 - There will be a final programme written by the S&C coach and a one month continuation of gym access.
- **Performance Lifestyle (PL):**
 - Podium athletes - 12 months continued PL support for those athletes engaged with the service.
 - Podium Potential athletes - 6 months continued PL Support for those athletes engaged with the service.
 - Personal Development Award (PDAs) - Podium athletes are able to access funding for a PDA. Once an athlete is off the programme, they are entitled to receive continued PDA funding, providing they are within their funding allowance, for three months after their last Athlete Performance Award (APA) payment.

Performance Reviews

As part of the management of the programme, athlete performance reviews for supported athletes will be carried out on a regular basis, including at the end of the programme year. The objective of these reviews is to ensure that the athletes' support is appropriate and that they are 'on track' to achieving their performance goals. These reviews do not form part of any selection decision for future years. The world class support selection process as outlined above will also be completed annually.

Membership Period 2018/19

The squad membership will run from 1 December 2018 to 30 November 2019.

Athlete Performance Awards

Nominated athletes have the opportunity to access an APA to contribute towards living and sporting costs. This award is means tested - athletes will receive documentation directly from UK Sport seeking financial information before an APA is offered. As such, they may see adjustments made to their award or indeed not be eligible for an award depending upon their personal financial circumstances. This process is managed entirely by UK Sport and runs on a rolling twelve-month period.

The funding levels for the different awards (subject to means testing) are as follows:

Podium		Podium Potential	
Band	Award	Band	Award
A	£28,000	C	£15,000
B	£21,000	D	£10,000
		E	£5,000

It is important to note that the amounts allocated for Podium Potential APAs are to contribute to sporting costs, which include an athlete's individual race programme.

Current WCPP athletes affected by injury/illness

It is highly likely that every athlete admitted to the WCPP will, at some point, suffer a performance limiting injury or illness. During the WCPP, the rehabilitation from injury/illness will be managed by the BTF medical team, in conjunction with the Paralympic Head Coach and PD. Provided an athlete makes every effort to adhere to their rehab programme and follow medical advice (nor do [or fail to do] anything which may jeopardise their rehab) their APA will continue at its current level until the post-season review process each year.

At this time, the membership of athletes affected by injury or illness in any given WCPP athlete year will be afforded a certain amount of protection:

- A significant injury/illness is defined as follows:
 - One that impacts on an athlete's ability to fully train/compete for a single or cumulative 3 month period; OR
 - One that, in the sole opinion of the Nomination Committee ("the Committee"), happens at a crucial time in the calendar that significantly impacts on the athlete's ability to deliver performances that would otherwise have qualified them for retention on the WCPP (i.e. such as at the World Championships).
- Athletes who are unable to satisfy the matrix criteria for at least their current WCPP level due significant injury/illness may be retained by the Committee for the following year. In making this decision, the Committee will take into account the following:
 - The athlete's prognosis of the injury/illness;
 - The athlete's previous injury/illness record and whether the athlete has been retained in any previous year(s) due to an injury/illness (related or otherwise to the current issue) - please note, an athlete's membership is less likely to be protected if they have a poor injury/illness record.
 - The athlete's adherence to medical advice and rehab programmes; AND
 - The athlete's ability to satisfy the aims of the WCPP (i.e. win medals at the Paralympic Games).
- Please note, where an athlete has been affected by a performance limiting injury/illness but the Committee determines that any one of the above criteria are not sufficiently positive, they are not obliged to retain them on the WCPP. Where an athlete is not retained, they will be eligible to access the transitional medical support via the EIS as outlined above.
- In retaining an athlete on the WCPP who has not met the required matrix level due (either in full or part) to a performance limiting injury/illness, the Committee may add return-to-fitness performance conditions to that athlete's membership that they will be expected to meet in order to be retained in future years.

- Where there are more athletes eligible for nomination to the WCPP than there are places available, those who have been affected by a performance limiting injury/illness (and who the Committee believe positively satisfy the criteria outlined above), will be prioritised over non-current athletes or those who have not met the relevant Matrix criteria but whom the Panel wish to exceptionally retain on the WCPP.

Pregnancy impact on APAs

To continue to receive funding during pregnancy (and after childbirth), the athlete would be expected to agree a reasonable and appropriate training and competition programme with the Performance Director and Head Coach that would timetable and plot the return of the athlete after childbirth to full competitive level, allowing them to satisfy the aims of the WCPP (i.e. to win medals at the Paralympic Games).

Provided the athlete adheres to this reasonable and appropriate training and competition plan throughout pregnancy (and for the agreed period after childbirth), the athlete's WCPP membership status will be protected. Should the athlete fail to do so, and they otherwise fail to satisfy the required criteria in the Performance Matrix, they will be removed from the WCPP at the end of the current WCPP athlete year.

Age

There is a lower age limit to the WCPP of 16. Athletes below this age may be supported by their relevant Home Nations Talent Programme. There is no upper age limit on any level of the WCPP though an athlete's age (including training/racing age) will be taken into account when considering their ongoing ability to win medals at the Paralympic Games.

Given the time taken to develop podium performances, it is generally expected that in most cases the Podium Potential levels will apply to athletes who are in the early stages of their careers age Exceptions to this may be made by the Committee - e.g. where athletes are considered 'late developers', have transferred from another sport or have acquired an impairment at a later stage in life.

Location

By definition, Podium Potential athletes have not yet demonstrated that they have the skills, knowledge or experience to achieve Paralympic success alone. Athletes at this level require intensive support and are encouraged to base themselves at British Triathlon's principle performance centre in Loughborough (provided this is appropriate to their personal circumstances). However, Podium Potential athletes may be supported in other locations on a case by case basis with the agreement of the BTF Performance Director and Head Coach. Athletes who are under 18 and/or still at school will not be expected to move away from home regardless of their level on the programme.

In addition, if appropriate, and with agreement from UK Sport, an athlete may not receive the total funding award if it is considered their current training environment is not of an appropriate standard to support performance progression.

AMS Cover

The Athlete Medical Scheme (AMS) is the private medical insurance cover for WCPP athletes whilst training and competing in their sport. It is provided as an additional benefit from UK Sport (UKS) alongside the support services they receive from their governing body programme and their APA.