



## **2019 Elite Duathlon Selection Policies**

### **Introduction**

This Selection Policy (“the Policy”) details the process which the British Triathlon Federation (BTF) will apply when selecting athletes to compete in the major ETU and ITU Duathlon Championships. Please note that for **all** championships, athletes are obliged to pre-register their interest in gaining selection before the closing dates stated within this Policy, even if taking part in an official qualification race. This is so athletes can be contacted easily after the closing date and so that any medical checks required prior to the race can be made in good time.

Events listed in this policy:

- ITU Senior, U23 and Junior Duathlon World Championships, Pontevedra (ESP) - 27 April-4 May 2019
- ETU Senior Powerman Middle Distance Duathlon European Championships, Viborg (DEN) - 12 May 2019
- ETU Senior, U23 and Junior Duathlon European Championships, Targu Mures (ROM) - 28 June-7 July 2019
- ITU Senior Powerman Long Distance Duathlon World Championships, Zofingen (SUI) - 8 September 2019

### **SECTION 1: ELIGIBILITY FOR ALL EVENTS**

- 1.1. To be considered for nomination to the ITU for 2019 Championship events, athletes must:
  - a. Be a member in good standing of a Home Nation Triathlon Association which is a member of the BTF and eligible to represent Great Britain in international championships under the rules of the ITU;
  - b. Request nomination for entry into the relevant race via email to Sophie Lewis ([sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)) by the stated Nomination Deadline date;
  - c. Have undergone the required ITU pre-participation examination and submit the BTF fit-to-compete form to Sophie Lewis by the relevant Nomination Deadline outlined in the table below; AND
  - d. Not be serving a period of ineligibility as a result of an anti-doping rule violation.

### **SECTION 2: SELECTION PROCESS**

#### **ITU Duathlon World Championships, Pontevedra (ESP) - 27 April-4 May 2019**

These races will be part of the World Multisport Championships. There will be NO funding for athlete travel and accommodation for this event. GBR kit WILL be provided.

- 2.1 **Nomination deadline:** 5pm Friday 8<sup>th</sup> March 2019 (email [sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)).
- 2.2 Except in unforeseen/exceptional circumstances, the team will be notified to athletes by 15<sup>th</sup> March 2019.

### Senior and Under 23

- 2.3 A senior/U23 team of up to 8 athletes will be selected. This will comprise:
- 3 male and 3 female senior places; AND
  - 1 male and 1 female U23 place.

If any one of the above race categories are not filled, additional athletes may be added across the categories to bring the total team size to a maximum of 8 athletes.

- 2.4 Subject to the maximum athlete places available (as per 2.3 above), eligible athletes will be automatically selected if they either:
- Competed at Elite European or World level in an ETU or ITU event in either triathlon (Continental Cup level or higher) or Duathlon (e.g. European or World Championships) in 2017, 2018 or 2019; OR
  - Have achieved the minimum run standard listed in the table below in the 12 months prior to the nomination deadline AND have achieved a top 15 (men) or top 10 (women) finish in either the 2017 or 2018 British Duathlon Championships.

<b>Senior Men</b>	32:00 (10km)	52:30 (10 mile)	70:30 (half marathon)
<b>U23 Men</b>	32:30 (10km)	53:15 (10 mile)	71:30 (half marathon)
<b>Senior Women</b>	36:30 (10km)	60:15 (10 mile)	80:30 (half marathon)
<b>U23 Women</b>	37:00 (10km)	61:00 (10 mile)	81:30 (half marathon)

*Note: Distances must be accurate and verified.*

- 2.5 If there are more athletes that meet the automatic selection criteria than there are places available, the Selection Panel (“the Panel”) will use the following discretionary process to determine which athletes to select:
- The Panel will determine what they consider to be each eligible athlete’s best performance (taking into account finishing position, race format and quality of field) from the events listed below - all other performances will be disregarded):
    - 2018 ITU Duathlon World Championships;
    - 2018 ETU Duathlon European Championships;
    - 2018/19 French Duathlon Grand Prix;
    - Elite European or World level ETU or ITU sprint/standard distance triathlon event (Continental Cup level or higher);
    - 2018 British Elite Duathlon Championships;

- vi. 2017 British Elite Duathlon Championships; OR
  - vii. 2018 ITU/ETU Long/Middle Distance Duathlon Championships.
- b. The Panel will then compare the eligible athletes' single best performance and select to the team the athlete (or athletes) deemed to have the best overall performance.

### Junior

- 2.6 A junior team of up to 4 athletes will be selected. This will comprise 2 male and 2 female junior athletes. If either gender category is not filled, additional junior athletes may be added to the other gender category to bring the total junior team size to a maximum of 4 athletes.
- 2.7 Subject to the maximum athlete places available (as per 2.6 above), eligible athletes will be automatically selected if they either:
- a. Competed at Elite European or World Junior/Youth level in an ETU or ITU event in either triathlon (ETU Junior Cup level or higher) or Duathlon (European or World Junior Championships) in 2017, 2018 or 2019; OR
  - b. Have achieved the minimum run standards listed in the table below in the 12 months prior to the nomination deadline AND have achieved a top 15 (men) or top 10 (women) finish in either the 2017 or 2018 British Junior Duathlon Championships.

<b>Junior Men</b>	16:15 (5km)
<b>Junior Women</b>	18:00 (5km)

*Note: Distances must be accurate and verified.*

- 2.8 If there are more athletes that meet the automatic selection criteria than there are places available, the Panel will use the following discretionary process to determine which athletes to select:
- a. The Panel will determine what they consider to be each eligible athlete's best performance (taking into account finishing position, race format and quality of field) from the events listed below - all other performances will be disregarded):
    - i. 2018 ITU/ETU World/European Junior or Youth Triathlon Championships;
    - ii. 2018 ETU Junior Cups;
    - iii. 2018 ITU World Junior Duathlon Championships;
    - iv. 2018 ETU European Junior Duathlon Championships;
    - v. 2018 British Junior Duathlon Championships; OR
    - vi. 2017 British Junior Duathlon Championships.
  - b. The Panel will then compare the eligible athletes' single best performance and select to the team the athlete (or athletes) deemed to have the best overall performance.

### **ETU Senior Powerman Middle Distance Duathlon European Championships, Viborg (DEN) - 12 May 2019**

There will be NO funding for athlete travel and accommodation for this event. GBR kit WILL be provided.

2.9 **Nomination deadline:** 5pm Friday 29<sup>th</sup> March 2019 (email [sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)).

2.10 A team of up to 6 athletes will be selected, comprising 3 male and 3 female athletes. If any one of the gender categories are not filled, additional athletes may be added across the categories to bring the total team size to a maximum of 6 athletes.

2.11 Subject to the maximum athlete places available (as per 2.10 above), eligible athletes will be automatically selected if they either:

- a. Competed at Elite European or World level in an ETU or ITU event in either triathlon (Continental Cup level or higher) or Duathlon (e.g. European or World Championships) in 2017, 2018 or 2019; OR
- b. Have achieved the minimum run standard listed in the table below in the 12 months prior to the nomination deadline AND have achieved a top 3 overall age-group finish (across all categories) in the 2018 ETU Powerman Middle Distance European Championships, provided the time is within 10% of the Elite winner.

Senior Men	32:30 (10km)	53:15 (10 mile)	71:30 (half marathon)
Senior Women	37:00 (10km)	61:00 (10 mile)	81:30 (half marathon)

*Note: Distances must be accurate and verified.*

2.12 If there are more athletes that meet the automatic selection criteria than there are places available, the Selection Panel (“the Panel”) will use the following discretionary process to determine which athletes to select:

- a. The Panel will determine what they consider to be each eligible athlete’s best performance (taking into account finishing position, race format and quality of field) from the events listed below - all other performances will be disregarded):
  - i. 2018 ITU Long Distance Duathlon World Championships;
  - ii. 2018 ETU Middle Distance Duathlon European Championships;
  - iii. 2018 or 2019 Powerman Duathlon races;
  - iv. 2018 ITU Standard Distance Duathlon World Championships;
  - v. 2018 ETU Standard Distance Duathlon European Championships; OR
  - vi. Elite European or World level ETU or ITU triathlon event (Continental Cup level or higher).
- b. The Panel will then compare the eligible athletes’ single best performance and select to the team the athlete (or athletes) deemed to have the best overall performance.

### **ETU Duathlon European Championships, Târgu Mures (ROM) - 28 June-7 July 2019**

These races will be part of the European Multisport Championship. There will be NO funding for athlete travel and accommodation for this event. GBR kit WILL be provided.

2.13 **Nomination deadline:** 5pm Friday 10<sup>th</sup> May 2019 (email [sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org))

- 2.14 Except in unforeseen/exceptional circumstances, the team will be notified to athletes by 17<sup>th</sup> May 2019.

### Senior and Under 23

- 2.15 A senior/U23 team of up to 8 athletes will be selected. This will comprise:

- a. 3 male and 3 female senior places; AND
- b. 1 male and 1 female U23 place.

If any one of the above race categories are not filled, additional athletes may be added across the categories to bring the total team size to a maximum of 8 athletes.

- 2.16 Subject to the maximum athlete places available (as per 2.15 above), eligible athletes will be automatically selected if they either:

- a. Competed at elite European or World level in an ETU or ITU event in either triathlon (Continental Cup level or higher) or Duathlon (European or World Championships) in 2017, 2018 or 2019; OR
- b. Have achieved the minimum run standard listed in the table below in the 12 months prior to the nomination deadline AND have achieved a top 15 (men) or top 10 (women) finish in either the 2018 or 2019 British Duathlon Championships.

<b>Senior Men</b>	32:00 (10km)	52:30 (10 mile)	70:30 (half marathon)
<b>U23 Men</b>	32:30 (10km)	53:15 (10 mile)	71:30 (half marathon)
<b>Senior Women</b>	36:30 (10km)	60:15 (10 mile)	80:30 (half marathon)
<b>U23 Women</b>	37:00 (10km)	61:00 (10 mile)	81:30 (half marathon)

*\*Distances must be accurate and verified.*

- 2.17 If there are more athletes that meet the automatic selection criteria than there are places available, the Panel will use the following discretionary process to determine which athletes to select:

- a. The Panel will determine what they consider to be each eligible athlete's best performance (taking into account finishing position, race format and quality of field) from the events listed below - all other performances will be disregarded):
  - i. 2019 ITU Duathlon World Championships;
  - ii. 2018 ITU Duathlon World Championships;
  - iii. 2018 ETU Duathlon European Championships;
  - iv. 2018/19 French Duathlon Grand Prix;
  - v. Elite European or World level ETU or ITU sprint/standard distance triathlon event (Continental Cup level or higher);
  - vi. 2019 British Elite Duathlon Championships;
  - vii. 2018 British Elite Duathlon Championships; OR
  - viii. 2018/2019 ITU/ETU Long/Middle Distance Duathlon Championships.

- b. The Panel will then compare the eligible athletes' single best performance and select to the team the athlete (or athletes) deemed to have the best overall performance.

### Junior

2.18 A junior team of up to 4 athletes will be selected. This will comprise 2 male and 2 female junior athletes. If either gender category is not filled, additional junior athletes may be added to the other gender category to bring the total junior team size to a maximum of 4 athletes.

2.19 Subject to the maximum athlete places available (as per 2.18 above), eligible athletes will be automatically selected if they either:

- a. Competed at Elite European or World Junior/Youth level in an ETU or ITU event in either triathlon (ETU Junior Cup level or higher) or Duathlon (European or World Junior Championships) in 2017, 2018 or 2019; OR
- b. Have achieved the minimum run standards listed in the table below in the 12 months prior to the nomination deadline AND have achieved a top 15 (men) or top 10 (women) finish in either the 2018 or 2019 British Junior Duathlon Championships.

<b>Junior Men</b>	16:15 (5km)
<b>Junior Women</b>	18:00 (5km)

*Note: Distances must be accurate and verified.*

2.20 If there are more athletes that meet the automatic selection criteria than there are places available, the Panel will use the following discretionary process to determine which athletes to select:

- a. The Panel will determine what they consider to be each eligible athlete's best performance (taking into account finishing position, race format and quality of field) from the events listed below - all other performances will be disregarded):
  - i. 2018 ITU/ETU World/European Junior or Youth Triathlon Championships;
  - ii. 2018/19 ETU Junior Cups;
  - iii. 2019 ITU World Junior Duathlon Championships;
  - iv. 2018 ITU World Junior Duathlon Championships;
  - v. 2018 ETU European Junior Duathlon Championships;
  - vi. 2018/19 British Super Series races;
  - vii. 2019 British Junior Duathlon Championships; OR
  - viii. 2018 British Junior Duathlon Championships.
- b. The Panel will then compare the eligible athletes' single best performance and select to the team the athlete (or athletes) deemed to have the best overall performance.

### ITU Senior Powerman Long Distance Duathlon World Championships, Zofingen (SUI) - 8 September 2019

There will be NO funding for athlete travel and accommodation for this event. GBR kit WILL be provided.

2.21 **Nomination deadline:** 5pm Friday 26<sup>th</sup> July 2019 (email [sophielewis@britishtriathlon.org](mailto:sophielewis@britishtriathlon.org)).

2.22 A team of up to 6 athletes will be selected, comprising 3 male and 3 female athletes. If any one of the gender categories are not filled, additional athletes may be added across the categories to bring the total team size to a maximum of 6 athletes.

2.23 Subject to the maximum athlete places available (as per 2.22 above), eligible athletes will be automatically selected if they either:

- c. Competed at Elite European or World level in an ETU or ITU event in either triathlon (Continental Cup level or higher) or Duathlon (e.g. European or World Championships) in 2017, 2018 or 2019; OR
- d. Have achieved the minimum run standard listed in the table below in the 12 months prior to the nomination deadline AND have achieved a top 3 overall age-group finish (across all categories) in either the 2018 ITU Powerman Long Distance World Championships or the 2019 ETU Powerman Middle Distance European Championships, provided the time is within 8% of the Elite winner.

<b>Senior Men</b>	32:30 (10km)	53:15 (10 mile)	71:30 (half marathon)
<b>Senior Women</b>	37:00 (10km)	61:00 (10 mile)	81:30 (half marathon)

*Note: Distances must be accurate and verified.*

2.24 If there are more athletes that meet the automatic selection criteria than there are places available, the Selection Panel (“the Panel”) will use the following discretionary process to determine which athletes to select:

- a. The Panel will determine what they consider to be each eligible athlete’s best performance (taking into account finishing position, race format and quality of field) from the events listed below - all other performances will be disregarded):
  - i. 2018 ITU Long Distance Duathlon World Championships;
  - ii. 2019 ETU Middle Distance Duathlon European Championships;
  - iii. 2018 ETU Middle Distance Duathlon European Championships;
  - iv. 2018 or 2019 Powerman Duathlon races;
  - v. 2019 ITU Standard Distance Duathlon World Championships;
  - vi. 2019 ETU Standard Distance Duathlon European Championships; OR
  - vii. Elite European or World level ETU or ITU sprint/standard distance triathlon event (Continental Cup level or higher).
- b. The Panel will then compare the eligible athletes’ single best performance and select to the team the athlete (or athletes) deemed to have the best overall performance.

### **SECTION 3: CONDITIONS & SELECTION PANEL**

#### **Conditions**

- 3.1 Athletes will be required to sign a Team Members' Agreement to accept their place on each team. The Agreement will include a code of conduct, and will require athletes to adhere to the BTF sponsorship guidelines and to wear the provided GB race suit (which must be unaltered [championship suits may not have personal sponsors added]).
- 3.2 From 2018 onwards, the ITU have introduced **COMPULSORY** pre-participation evaluation (PPE) screening for ALL athletes entered into any ETU/ITU races. Failure to undertake this evaluation, or to provide the necessary paperwork will result in you not being able to be selected or entered into any ETU/ITU events. The main purpose of the screening is to identify athletes at risk of sudden cardiac death due to an electrical or structural heart abnormality. Details of how to complete this screening can be found on the [Selection Policies](#) page of the BTF website, under ITU PPE Screening Requirements (please read 'All Athletes - Pre Participation Evaluation(PPE) Criteria').

#### Selection Panel

- 3.3 A Selection Panel ("the Panel") will be established comprising three members, including the BTF Performance Director as Chair, the BTF Head Coach and the BTF Performance Pathway Manager.
- 3.4 Additional experts may be asked to provide advice to the Panel at the request of the Chair.

#### **SECTION 4: APPEALS**

- 4.1 Athletes may appeal their non-nomination under this Selection Policy, but only after provision of written confirmation of the relevant decision and only according to the procedure laid out in the "BTF Appeals Policy" which can be found on the BTF website. Athletes wishing to seek advice regarding the appeals process (including the validity of any procedure itself) are advised to contact the British Athletes Commission (BAC) at [www.britishathletes.org](http://www.britishathletes.org).

#### **SECTION 5: AMENDMENT**

- 5.1 In the event that any unforeseen circumstance makes any provision of this Policy unworkable or ineffective to promote the aims of the Policy, the BTF will be entitled to amend this Policy so that the aims can be secured. Any amended version will be made available at [www.britishtriathlon.org](http://www.britishtriathlon.org).