



2023 Elite Cross-Triathlon & Cross Duathlon Selection Policies

Introduction

This Selection Policy (“the Policy”) details the process which the British Triathlon Federation (BTF) will apply when selecting athletes to compete in the major Europe Triathlon (ET) and World Triathlon (WT) Cross Triathlon and Cross Duathlon Championships. Please note that for **ALL** championships, athletes are obliged to **nominate their interest BEFORE** the nomination deadlines stated within this Policy (even if they have taken part in an official qualification race). This is so athletes can be contacted easily after the closing date and so that any medical checks required prior to the race can be made in good time.

Events listed in this policy:

- 2023 WT World Cross Duathlon World Championships - Ibiza, Spain, 2nd-3rd May
- 2023 WT World Cross Triathlon World Championships - Ibiza, Spain, 4th-5th May
- 2023 ET European Cross Duathlon Championships - Riva del Garda, Italy 8th - 10th September 2023
- 2023 ET European Cross Triathlon Championships - Riva del Garda, Italy 8th - 10th September 2023

SECTION 1: ELIGIBILITY FOR ALL EVENTS

1.1. To be considered for nomination to WT and/or ET 2023 Championship events, athletes must:

- a. Be a member in good standing of a Home Nation Triathlon Association which is a member of the BTF and eligible to represent Great Britain in international championships under the rules of World Triathlon;
- b. Request nomination for entry into the relevant race via completing the nomination form by the stated Nomination Deadline date **AND** in so doing list the performances where they believe have met the policy in each section below;
- c. Have undergone the required WT pre-participation examination and submit the BTF fit-to-compete form to multisport@britishtriathlon.org and eliteentries@britishtriathlon.org by the relevant Nomination Deadline outlined below;
- d. Not be serving a period of ineligibility as a result of an anti-doping rule violation.
- e. In respect of nomination for the female event, be an athlete who was registered as a female at birth. See the BTF Transgender Policy [HERE](#)

SECTION 2: SELECTION PROCESS

Selection Panel

A Selection Panel (“the panel”) will be established comprising three members, including the BTF Olympic Pathway Manager, the Age Group and Multisport Manager and one other person from the Age Group or Performance team



Additional experts may be asked to provide advice to the Panel at the request of the Chair Verity Miles.

NB In ALL events listed athletes moving up (e.g., Junior to U23 OR U23 to Senior) can carry a previous lower category performance forward.)

2023 WT Cross Duathlon World Championships - Ibiza, Spain, 2nd-3rd May

These races will be part of the World Multisport Championship. There will be NO funding for athlete travel and accommodation or race entry fee for this event. A GBR elite tri-suit and 3 items of BTF kit WILL be provided providing these items have not previously been distributed to nominating athletes in the previous 3 years.

- 2.1 **Nomination deadline:** 9am 10th March-complete the nomination form [HERE](#)
- 2.2 Except in unforeseen/exceptional circumstances, athletes will be notified of their selection by 17th March 2023.

Senior and Under 23

- 2.3 Subject to confirmation of athlete places provided to BTF by WT, BTF predict a senior/U23 team of up to 8 athletes will be selected. This will comprise:
 - a. 3 male and 3 female senior places; AND
 - b. 1 male and 1 female U23 place.

The Panel may fill up to the quota allocated to BTF, but they are not obliged to fill all available spaces if athletes do not satisfy the criteria outlined below. If any one of the above race categories are not filled, additional athletes may be added across the other age categories to bring the total team size to a maximum of 8 athletes. In previous editions of this championships BTF has been able to secure additional quota places across all categories. BTF will only consider requesting or accepting additional quota places for this event in 2023 should the Panel believe there is a compelling case to do so.

- 2.4 Subject to the maximum athlete places available (as per 2.3 above), eligible athletes will be automatically selected if they either:
 - a. Competed in an Elite ET or WT event in either cross-triathlon or cross-duathlon (European or World Championships) in the previous 3 years OR;
 - b. Competed in an Elite ET or WT event in triathlon (Continental Cup level or higher) AND can evidence appropriate mountain bike proficiency OR;
 - c. Have finished in the Top 8 of a British Super Series event AND can evidence appropriate mountain bike proficiency OR;
 - d. Have achieved a top 3 overall in the Age Group race (across all categories) AND finished in a time comparable to the top 10 in the Elite/U23 race in the European or World Cross Triathlon or Duathlon Championships OR;
 - e. Have achieved the minimum (road) run standard listed in the table below; AND



- f. Have achieved the required standard outlined in the 'Xterra Standards' table below in a round of the Xterra Europe or other continental Xterra round in either Triathlon OR Duathlon:

Run Standards (road)

| | | | |
|--------------|--------------|-----------------|-----------------------|
| Senior Men | 32:00 (10km) | 52:30 (10 mile) | 70:30 (half marathon) |
| U23 Men | 32:30 (10km) | 53:15 (10 mile) | 71:30 (half marathon) |
| Senior Women | 36:30 (10km) | 60:15 (10 mile) | 80:30 (half marathon) |
| U23 Women | 37:00 (10km) | 61:00 (10 mile) | 81:30 (half marathon) |

All Distances must be accurate and verified.

Xterra* Race Standards Table (results must be achieved in Xterra World or Europe Tour events)

| | |
|--------------|-------------------------------|
| Senior Men | Top 25 overall |
| U23 Men | Top 30 overall (not just U23) |
| Senior Women | Top 25 overall |
| U23 Women | Top 30 overall (not just U23) |

**Where a particular Xterra round has separate elite and age-group waves, age-group results can only be considered for Elite selection by the above criteria if both waves were run on exactly the same course, under the same rules and on the same day.*

- 2.14 If there are more athletes that meet the automatic selection criteria than there are places available, the Panel will use the following discretionary process to determine which athletes to select:
- The Panel will determine what they consider to be each eligible athlete's best performance (taking into account finishing position, race format and quality of field) from their listed results; all other performances will be disregarded.
 - The Panel will then compare the eligible athletes' single best performance and select to the team the athletes deemed to have the best overall performances.

Junior

- 2.15 Subject to confirmation of athlete places provided to BTF by WT, BTF predict a junior team of up to 4 athletes will be selected. This will comprise 2 male and 2 female junior athletes.

The Panel may fill up to the quota allocated to BTF, but they are not obliged to fill all available spaces if athletes do not satisfy the criteria outlined below. If any one of the above race categories are not filled, additional athletes may be added across the other age categories to bring the total team size to a maximum of 4 athletes. In previous editions of this championships BTF has been able to secure additional quota places across all categories. BTF will only consider requesting or accepting additional quota places for this event in 2023 should the Panel believe there is a compelling case to do so.



- 2.16 Subject to the maximum athlete places available (as per 2.15 above), eligible athletes will be automatically selected if they either:
- a. Competed at Elite European or World Junior level in an ET or WT cross-triathlon or cross-duathlon event (European or World Championships) OR;
 - b. Competed at Elite European or World Junior level in a ET or WT event (ET Junior Cup level or higher) AND can evidence appropriate mountain bike proficiency OR;
 - c. Have achieved a top 15 finish British Junior Super Series event AND can evidence appropriate mountain bike proficiency OR;
 - d. Have achieved a top 3 overall in the Age Group race (across all categories) AND finished in a time comparable to the top 10 in the Junior race in the European or World Cross Triathlon or Duathlon Championships.
- 2.17 If there are more athletes that meet the automatic selection criteria than there are places available, the Panel will use the following discretionary process to determine which athletes to select:
- a. The Panel will determine what they consider to be each eligible athlete's best performance (taking into account finishing position, race format and quality of field) from their listed results; all other performances will be disregarded.
 - b. The Panel will then compare the eligible athletes' single best performance and select to the team the athletes deemed to have the best overall performances.

2023 WT Cross Triathlon World Championships - Ibiza, Spain, 4th-5th May

These races will be part of the World Multisport Championship. There will be NO funding for athlete travel and accommodation or race entry fee for this event. A GBR elite tri-suit and 3 items of BTF kit WILL be provided providing these items have not previously been distributed to nominating athletes in the previous 3 years.

- 2.5 **Nomination deadline:** 9am 10th March-complete the nomination form [HERE](#)
- 2.6 Except in unforeseen/exceptional circumstances, athletes will be notified of their selection by 17th March 2023.

Senior and Under 23

- 2.7 Subject to confirmation of athlete places provided to BTF by WT, BTF predict a senior/U23 team of up to 8 athletes will be selected. This will comprise:
- a. 3 male and 3 female senior places; AND
 - b. 1 male and 1 female U23 place.

The Panel may fill up to the quota allocated to BTF, but they are not obliged to fill all available spaces if athletes do not satisfy the criteria outlined below. If any one of the above race categories are not filled, additional athletes may be added across the other age



categories to bring the total team size to a maximum of 8 athletes. In previous editions of this championships BTF has been able to secure additional quota places across all categories. BTF will only consider requesting or accepting additional quota places for this event in 2023 should the Panel believe there is a compelling case to do so.

- 2.8 Subject to athlete places available (as per 2.7 above), eligible athletes will be automatically selected if they either:
- Competed in an Elite ET or WT event in either cross-triathlon or cross-duathlon (European or World Championships) in the previous 3 years OR;
 - Competed in an Elite ET or WT event in triathlon (Continental Cup level or higher); AND can evidence appropriate mountain bike proficiency OR;
 - Have finished in the Top 8 of a British Super Series; AND can evidence appropriate mountain bike proficiency OR;
 - Have achieved a top 3 overall in the Age Group race (across all categories) AND finished in a time comparable to the top 10 in the Elite/U23 race in the European or World Cross Triathlon Championships OR;
 - Have achieved the minimum race performance standards listed in the table below.

Xterra Race Standards Table (results much be achieved in Xterra World or Europe Tour events)

| | |
|---------------------|-------------------------------|
| Senior Men | Top 30 overall |
| U23 Men | Top 40 overall (not just U23) |
| Senior Women | Top 25 overall |
| U23 Women | Top 30 overall (not just U23) |

Note 1: Where a particular Xterra round has separate elite and age-groups, age-group results can only be considered for Elite selection by the above criteria if both waves were run on EXACTLY the same course, under the same rules and on the SAME day.

Note 2: The above performance must be in an Xterra cross-triathlon or cross-duathlon and NOT an Xterra Trail Run event.

- 2.9 If there are more athletes that meet the automatic selection criteria than there are places available, the Selection Panel (“the Panel”) will use the following discretionary process to determine which athletes to select:
- The Panel will determine what they consider to be each eligible athlete’s single best performance from their listed results (taking into account finishing position, race format and quality of field). All other performances will be disregarded;
 - The Panel will then compare the eligible athletes’ single best performance and select to the team the athlete (or athletes) deemed to have the best overall performance

Junior

- 2.10 Subject to confirmation of athlete places provided to BTF by WT, BTF predict a junior team of up to 4 athletes will be selected. This will comprise 2 male and 2 female junior athletes.



The Panel may fill up to the quota allocated to BTF, but they are not obliged to fill all available spaces if athletes do not satisfy the criteria outlined below. If any one of the above race categories are not filled, additional athletes may be added across the other age categories to bring the total team size to a maximum of 4 athletes. In previous editions of this championships BTF has been able to secure additional quota places across all categories. BTF will only consider requesting or accepting additional quota places for this event in 2023 should the Panel believe there is a compelling case to do so.

- 2.11 Subject to the maximum athlete places available (as per 2.10 above), eligible athletes will be automatically selected if they either:
- a. Competed at Elite European or World Junior level in an ET or WT cross-triathlon event (European or World Championships) OR;
 - b. Competed at Elite European or World Junior level in an ET or WT event (ET Junior Cup level or higher) AND can evidence appropriate mountain bike proficiency OR;
 - c. Have achieved a top 15 finish at a British Junior Super Series event AND can evidence appropriate mountain bike proficiency OR;
 - d. Have achieved a top 3 overall in the Age Group race (across all categories) AND finished in a time comparable to the top 10 in the Junior race in the European or World Cross Triathlon Championships
- 2.12 If there are more athletes that meet the automatic selection criteria than there are places available, the Panel will use the following discretionary process to determine which athletes to select:
- a. The Panel will determine what they consider to be each eligible athlete's single best performance from their listed results (taking into account finishing position, race format and quality of field). All other performances will be disregarded;
 - b. The Panel will then compare the eligible athletes' single best performance and select to the team the athlete (or athletes) deemed to have the best overall performance

2023 ET Cross Duathlon Championships - Riva del Garda 8th - 10th September 2023

There will be NO funding for athlete travel and accommodation or race entry fee for this event. A GBR elite tri-suit and 3 items of BTF kit WILL be provided providing these items have not previously been distributed to nominating athletes in the previous 3 years.

- 2.13 **Nomination deadline:** 9am 28th July 2023-complete the nomination form [HERE](#)
- 2.14 Except in unforeseen/exceptional circumstances, athletes will be notified of their selection by 4th August 2023.

Senior and Under 23

- 2.15 Subject to confirmation of athlete places provided to BTF by WT, BTF predict a senior/U23 team of up to 8 athletes will be selected. This will comprise:



- a. 3 male and 3 female senior places; AND
- b. 1 male and 1 female U23 place.

The Panel may fill up to the quota allocated to BTF, but they are not obliged to fill all available spaces if athletes do not satisfy the criteria outlined below. If any one of the above race categories are not filled, additional athletes may be added across the other age categories to bring the total team size to a maximum of 8 athletes. In previous editions of this championships BTF has been able to secure additional quota places across all categories. BTF will only consider requesting or accepting additional quota places for this event in 2023 should the Panel believe there is a compelling case to do so.

- 2.16 Subject to the maximum athlete places available (as per 2.15 above), eligible athletes will be automatically selected if they either:
- a. Competed in an Elite ET or WT event in either cross-triathlon or cross-duathlon (European or World Championships) in the previous 3 years OR;
 - b. Competed in an Elite ET or WT event in triathlon (Continental Cup level or higher) AND can evidence appropriate mountain bike proficiency OR;
 - c. Have finished in the Top 8 of a British Super Series AND can evidence appropriate mountain bike proficiency OR;
 - d. Have achieved a top 3 overall in the Age Group race (across all categories) AND finished in a time comparable to the top 10 in the Elite/U23 race in the European or World Cross Triathlon or Duathlon Championships OR;
 - e. Have achieved the minimum (road) run standard listed in the table below; AND
 - f. Have achieved the required standard outlined in the 'Xterra Standards' table below in a round of the Xterra Europe or other continental Xterra round in either Triathlon OR Duathlon:

Run Standards (road)

| | | | |
|--------------|--------------|-----------------|-----------------------|
| Senior Men | 32:00 (10km) | 52:30 (10 mile) | 70:30 (half marathon) |
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Distances must be accurate and verified.

Xterra* Race Standards Table (results must be achieved in Xterra World or Europe Tour events)

| | |
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| Senior Men | Top 25 overall |
| U23 Men | Top 30 overall (not just U23) |
| Senior Women | Top 25 overall |
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Where a particular Xterra round has separate elite and age-group waves, age-group results can only be considered for Elite selection by the above criteria if both waves were run on **exactly the same course, under the same rules and on the **same** day.*



- 2.15 If there are more athletes that meet the automatic selection criteria than there are places available, the Panel will use the following discretionary process to determine which athletes to select:
- a) The Panel will determine what they consider to be each eligible athlete's best performance (taking into account finishing position, race format and quality of field) from their listed results; all other performances will be disregarded.
 - b) The Panel will then compare the eligible athletes' single best performance and select to the team the athletes deemed to have the best overall performances.

Junior

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The Panel may fill up to the quota allocated to BTF, but they are not obliged to fill all available spaces if athletes do not satisfy the criteria outlined below. If any one of the above race categories are not filled, additional athletes may be added across the other age categories to bring the total team size to a maximum of 4 athletes. In previous editions of this championships BTF has been able to secure additional quota places across all categories. BTF will only consider requesting or accepting additional quota places for this event in 2023 should the Panel believe there is a compelling case to do so.

- 2.17 Subject to the maximum athlete places available (as per 2.16 above), eligible athletes will be automatically selected if they either:
- a. Competed at Elite European or World Junior level in an ET or WT cross-triathlon or cross-duathlon event (European or World Championships) OR;
 - b. Competed at Elite European or World Junior level in a ET or WT event (ET Junior Cup level or higher) AND can evidence appropriate mountain bike proficiency OR;
 - c. Have achieved a top 15 finish British Junior Super Series event AND can evidence appropriate mountain bike proficiency OR;
 - d. Have achieved a top 3 overall in the Age Group race (across all categories) AND finished in a time comparable to the top 10 in the Junior race in the European or World Cross Triathlon or Duathlon Championships.
- 2.18 If there are more athletes that meet the automatic selection criteria than there are places available, the Panel will use the following discretionary process to determine which athletes to select:
- a. The Panel will determine what they consider to be each eligible athlete's best performance (taking into account finishing position, race format and quality of field) from their listed results; all other performances will be disregarded.
 - b. The Panel will then compare the eligible athletes' single best performance and select to the team the athletes deemed to have the best overall performances.



2023 ET Cross Triathlon Championships - Riva del Garda 8th - 10th September 2023

These races will be part of the World Multisport Championship. There will be NO funding for athlete travel and accommodation or race entry fee for this event. A GBR elite tri-suit and 3 items of BTF kit WILL be provided providing these items have not previously been distributed to nominating athletes in the previous 3 years.

2.19 **Nomination deadline:** 9am 28th July 2023-complete the nomination form [HERE](#)

2.20 Except in unforeseen/exceptional circumstances, athletes will be notified of their selection by 4th August 2023.

Senior and Under 23

2.21 Subject to confirmation of athlete places provided to BTF by WT, BTF predict a senior/U23 team of up to 8 athletes will be selected. This will comprise:

- a. 3 male and 3 female senior places; AND
- b. 1 male and 1 female U23 place.

The Panel may fill up to the quota allocated to BTF, but they are not obliged to fill all available spaces if athletes do not satisfy the criteria outlined below. If any one of the above race categories are not filled, additional athletes may be added across the other age categories to bring the total team size to a maximum of 8 athletes. In previous editions of this championships BTF has been able to secure additional quota places across all categories. BTF will only consider requesting or accepting additional quota places for this event in 2023 should the Panel believe there is a compelling case to do so.

2.22 Subject to athlete places available (as per 2.21 above), eligible athletes will be automatically selected if they either:

- f. Competed in an Elite ET or WT event in either cross-triathlon or cross-duathlon (European or World Championships) in the previous 3 years OR;
- g. Competed in an Elite ET or WT event in triathlon (Continental Cup level or higher); AND can evidence appropriate mountain bike proficiency OR;
- h. Have finished in the Top 8 of a British Super Series; AND can evidence appropriate mountain bike proficiency OR;
- i. Have achieved a top 3 overall in the Age Group race (across all categories) AND finished in a time comparable to the top 10 in the Elite/U23 race in the European or World Cross Triathlon Championships;
- j. Have achieved the minimum race performance standards listed in the table below.



Xterra* Race Standards Table (results must be achieved in Xterra World or Europe Tour events)

| | |
|--------------|-------------------------------|
| Senior Men | Top 30 overall |
| U23 Men | Top 40 overall (not just U23) |
| Senior Women | Top 25 overall |
| U23 Women | Top 30 overall (not just U23) |

**Where a particular Xterra round has separate elite and age-groups, age-group results can only be considered for Elite selection by the above criteria if both waves were run on EXACTLY the same course, under the same rules and on the SAME day.
AND The above performance must be in an Xterra cross-triathlon or cross-duathlon and NOT an Xterra Trail Run event.*

2.23 If there are more athletes that meet the automatic selection criteria than there are places available, the Selection Panel (“the Panel”) will use the following discretionary process to determine which athletes to select:

- a) The Panel will determine what they consider to be each eligible athlete’s single best performance from their listed results (taking into account finishing position, race format and quality of field). All other performances will be disregarded;
- b) The Panel will then compare the eligible athletes’ single best performance and select to the team the athlete (or athletes) deemed to have the best overall performance

Junior

2.24 Subject to confirmation of athlete places provided to BTF by WT, BTF predict a junior team of up to 4 athletes will be selected. This will comprise 2 male and 2 female junior athletes.

The Panel may fill up to the quota allocated to BTF, but they are not obliged to fill all available spaces if athletes do not satisfy the criteria outlined below. If any one of the above race categories are not filled, additional athletes may be added across the other age categories to bring the total team size to a maximum of 4 athletes. In previous editions of this championships BTF has been able to secure additional quota places across all categories. BTF will only consider requesting or accepting additional quota places for this event in 2023 should the Panel believe there is a compelling case to do so.

2.25 Subject to the maximum athlete places available (as per 2.24 above), eligible athletes will be automatically selected if they either:

- a) Competed at Elite European or World Junior level in an ET or WT cross-triathlon or cross-duathlon event (European or World Championships) OR;
- b) Competed at Elite European or World Junior level in an ET or WT event (ET Junior Cup level or higher) AND can evidence appropriate mountain bike proficiency OR;
- c) Have achieved a top 15 finish at a British Junior Super Series event AND can evidence appropriate mountain bike proficiency OR;



- d) Have achieved a top 3 overall in the Age Group race (across all categories) AND finished in a time comparable to the top 10 in the Junior race in the European or World Cross Triathlon Championships

2.26 If there are more athletes that meet the automatic selection criteria than there are places available, the Panel will use the following discretionary process to determine which athletes to select:

- c. The Panel will determine what they consider to be each eligible athlete's single best performance from their listed results (taking into account finishing position, race format and quality of field). All other performances will be disregarded;
- d. The Panel will then compare the eligible athletes' single best performance and select to the team the athlete (or athletes) deemed to have the best overall performance

SECTION 3: CONDITIONS

Conditions

- 3.1 Athletes will be required to sign a Team Members' Agreement to accept their place on each team. The Agreement will include a code of conduct, and will require athletes to adhere to the BTF sponsorship guidelines and to wear the provided GBR race suit (which must be unaltered [championship suits may have personal sponsors added as long as they are agreed with BTF at the point of confirmation of selection into the team.]). By completing the nomination form athletes agree to adhere to the code of conduct and to follow the UK Anti-Doping (UKAD) Clean Sport Anti-Doping policy.
- 3.2 World Triathlon COMPULSORY pre-participation evaluation (PPE) screening is mandatory for ALL athletes entered into any Europe World Triathlon races. Failure to undertake this evaluation, or to provide the necessary paperwork will result in you not being able to be selected or entered into any Europe/ World Triathlon events. The main purpose of the screening is to identify athletes at risk of sudden cardiac death due to an electrical or structural heart abnormality. Details of how to complete this screening can be found on the [Selection Policies](#) page of the BTF website, under World Triathlon PPE Screening Requirements (please read 'All Athletes - Pre Participation Evaluation(PPE) Criteria').

SECTION 4: APPEALS

- 4.1 Athletes may appeal their non-nomination under this Selection Policy, but only after provision of written confirmation of the relevant decision and only according to the procedure laid out in the "BTF Appeals Policy" which can be found on the BTF website. Athletes wishing to seek advice regarding the appeals process (including the validity of any procedure itself) are advised to contact the British Athletes Commission (BAC) at www.britishathletes.org.

SECTION 5: AMENDMENT



- 5.1 In the event that any unforeseen circumstance makes any provision of this Policy unworkable or ineffective to promote the aims of the Policy, the BTF will be entitled to amend this Policy so that the aims can be secured. Any amended version will be made available at www.britishtriathlon.org.