



# British Triathlon

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World Class Performance Programme  
Triathlon  
Selection Process Appendices 2017-2018

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## Membership Level & Duration

Athletes receiving “A level” awards must be medallists at Olympic level or the Key Milestone event for the year in non Olympic years (normally the World Championship Series Final) who, by continuing to be members of the programme, must by definition be striving to repeat this level of performance. These athletes may in principle remain eligible for the A level award for up to four years before their level is re-assessed, provided they attain annual performance targets agreed with the Performance Director and that these are agreed to by UK Sport.

There are no exceptions to the criteria to attain A level status, i.e. substitution of World Championship Series or ITU Points World rankings, or finish places in other championships.

Athletes receiving “B level” awards must have achieved a top-8 result at the 2016 Olympic Games or meet the minimum performance criteria for the Key Milestone(s) event for the year in non Olympic years. These athletes may in principle remain eligible for the B level award for up to two years before their level is re-assessed, provided they attain annual performance targets agreed with the Performance Director and that these are agreed to by UK Sport.

UK Sport’s funding policy dictates that the World Class Programme must be a progressive support programme, hence athletes funded at World Class Podium level are not normally eligible for future support at World Class Podium Potential level. There may be exceptional circumstances (such as long term injury or agreed educational commitments) when decisions are made contrary to this policy, but these instances will be rare.

2016-17 Olympic programme members that are not selected to the 2017-18 WCPP will be supported for an agreed period to assist them off programme. The period of transition funding will be determined by the PD and UKS with the length of time on programme taken into account to determine the appropriate period.

During this period athletes will also be eligible for EIS transition support. This will be delivered via the following process:

- Medical/Physiotherapy Support
  - No new injuries will be supported after the point at which the athlete leaves the programme
  - Pre existing injuries where Doctors/physios have a duty of care, can continue to be supported. However if the injury rehab process could take a significant length of time, the support period would need to be negotiated with the NGB as continuation of the UK Sport medical cover would be required. This can be a period up to three months from the athlete’s exit date from WCPP
- Strength and Conditioning
  - There will be a final programme written by S&C coach and a one month continuation of gym access
- Performance Lifestyle
  - Podium athletes - 12 months continued PL support for those athletes engaged with the service
  - Podium Potential - 6 months continued PL Support for those athletes engaged with the service
  - Personal Development Award (PDAs) - Podium athletes are able to access funding for a PDA. Once an athlete is off the programme, they are entitled to receive



continued PDA funding, providing they are within their funding allowance, for three months after their last APA payment.

### Performance Reviews

As part of the management of the programme, athlete performance reviews for supported athletes will be carried out on a regular basis including at the end of the programme year. The objective of these reviews is to ensure that the athletes' support is appropriate and that they are 'on track' to achieving their performance goals. These reviews do not form part of any selection decision for future years. The world class support selection process as outlined above will also be completed annually.

### Membership Period 2017/18

The squad membership will run from 1 December 2017 to 30 November 2018.

### Athlete Performance Awards

The invited athletes have the opportunity to access an Athlete Performance Award (APA) to contribute towards living and sporting costs (only sporting costs at Podium Potential level). This award is means tested, however, and athletes will receive documentation directly from UK Sport seeking financial information before an APA is offered and may see adjustments made to their award or indeed not be eligible for an award depending upon their personal financial circumstances. This process is managed entirely by UK Sport and runs for a maximum twelve month period.

The funding levels for the different awards are as follows:

| Podium |         | Podium Potential |         |
|--------|---------|------------------|---------|
| Band   | Award   | Band             | Award   |
| A      | £28,000 | C                | £15,000 |
| B      | £21,000 | D                | £10,000 |
|        |         | E                | £5,000  |

It is important to note that the amounts allocated for Podium Potential APAs are to contribute to sporting costs, which includes an athlete's individual race programme. The listed APA amounts are subject to approval from UKS following the confirmation of funding to UKS for the 2020 cycle.

### Short Term and Long Term Injuries impact on APAs

In the event of short term injury/illness, and if an athlete is likely to recover to full fitness for training and competition, the athlete may continue to receive their full APA allowance up to a maximum of three months from the point of injury.



To continue to receive funding during a performance limiting injury/illness, the athlete would have to agree an appropriate rehabilitation/training and (if appropriate) competition programme with the Performance Director that would timetable and plot the return of the athlete after the injury/illness to full competitive level and to participate fully in the WCP as per the WCP Selection Criteria.

At the end of the three-month period of injury/illness, the Performance Director would be required to undertake a review with the athlete to assess the commitment and progress of the athlete against the agreed programme. If the athlete, during this three-month period had shown neither commitment nor progress against the agreed programme, the athlete would be given a notice period before being removed from APA support.

### **Pregnancy impact on APAs**

To continue to receive funding during pregnancy (and after childbirth), the athlete would have to agree an appropriate training and competition programme with the Performance Director that would timetable and plot the return of the athlete after childbirth to full competitive level and to participate fully in the WCP as per the WCP Selection Criteria.

At the end of a three-month period after the childbirth, the Performance Director would be required to undertake a review with the athlete to assess the commitment and progress of the athlete against agreed performance targets. If this commitment were not demonstrated by the time of the three-month review, the athlete would be given a notice period (dependent on her time spent on the WCP) before being removed from APA support.

### **Age**

There is a lower age limit to the World Class Performance Programme of 16. Athletes below this age will be supported by their relevant Home Nations Talent Programme. There is no upper age limit on any level of the World Class Performance Programme although it is expected that in most cases the Podium Potential levels will generally apply to athletes of junior and U23 ages, although this will be dealt with during the performance profiling stage of the athlete assessment.

### **Location**

By definition, Podium Potential athletes have not yet demonstrated that they have the skills, knowledge or experience to achieve Olympic success alone. Athletes at this level require intensive support, and are encouraged to base themselves at one of British Triathlon's principle performance centres in Leeds or Loughborough. However, Podium Potential athletes may be supported in other locations on a case by case basis with the agreement of the BTF Performance Director. Athletes who are under 18 and/or still at school will not be expected to move away from home regardless of their level on the programme.

### **AMS Cover**

The Athlete Medical Scheme (AMS) is private medical insurance cover for World Class Programme (WCP) athletes whilst training and competing in their sport. It is provided as an additional benefit from UK Sport (UKS) alongside the support services they receive from their governing body programme and their Athlete Personal Award (APA).