

# SUPER SERIES ENTRY PROCESS EXPLAINED

## THE SUPER SERIES

The [Super Series](#) is designed to give our leading Youth and Junior athletes the best possible learning and development platform as well as to support the continued development of racing standards in Britain. Athletes in the Regional Academy and Home Nation Talent Pathway focus their domestic Triathlon racing commitments on the Super Series. Triathlon is a dynamic and fluid sport and our leading athletes are expert decision makers and Intelligent Racers. [Intelligent Racing](#) will often be best developed when athletes decision making abilities are put under some pressure. Ensuring Super Series races have the leading athletes competing will support this, similarly it will continue to drive performance standards forward too as well as provide the necessary [One Day One Race](#) experiences to support development in that pillar of the [Athlete Development Framework](#) too.

## PERFORMANCE ASSESSMENTS

All athletes wishing to compete in the Super Series must take part in a Performance Assessment. This gives every Youth and Junior athlete an equal opportunity to trial and compete for a place along with ensuring athletes are ready to race at this level.

Performance Assessments are held in March/April and are in [Loughborough](#) for English and Welsh athletes and also in [Scotland](#) and [Jersey](#) for athletes from those nations. Given the competition for places and high quality of field in the Super Series, athletes who live abroad and hold British passports are asked to come to Loughborough to trial. Comparing results from foreign races and making an accurate assessment is extremely difficult as standards are significantly higher and fields deeper in Britain outside all but 2-3 of the leading European nations.

All Performance Assessments follow the same format and are over the same distances.

**Youth** (2002/2003 born) - 400m swim / 10km bike / 2.5km run

**Junior** (2001/2000/1999 born) - 800m swim / 20km bike / 5km run

Similar to the Super Series the bike is draft legal and subject to British Triathlon draft-legal [Wheel Regulations](#) (all athletes) and [Gear Restrictions](#) (Youth athletes only). Given the time of year and low temperature of open water the swim is pool based. Due to logistics this is held separately from the bike and run.

Athletes start the bike/run in pursuit format. The fastest swimmer starts first, subsequent athletes follow according to swim time. If an athlete is 5 secs slower they start 5 secs behind, 10 secs slower 10 secs behind, etc. Athletes start in bare feet, as if exiting the water, and run into and complete T1, before going onto complete the bike, T2 and run without a break, as per a standard Triathlon.

## ROLL-DOWN LIST

The order of finish at the Performance Assessments will determine the order of entry for the first two Super Series Triathlons with the Duathlon sitting outside of this as an open entry event due its capacity. The English and Welsh results create the basis of the 'Roll-Down List'. Scottish and Jersey athletes are slotted into this list according to the level of their performance at their Assessment in comparison to English and Welsh athletes. This is done by the Performance Assessment Selection Committee which comprises of 2 representatives from each of England, Wales and Scotland along with the Performance Pathway Manager who acts as chairperson.

Athletes who are ill/injured/unable to compete may appeal to their Home Nation. The appeal will need to contain a doctors note (ill/injured) or grounds for non-attendance (serious and immovable commitments only are considered). Athletes whose appeal is upheld will be added to the list as follows:

- 1) their performance standard will be estimated by the Selection Committee to the nearest 10 places e.g. Top 10/Top 20 etc
- 2) they will be added to the list at the appropriate point e.g. a Top 10 athlete will go at place 11, a Top 20 athlete at place 21, etc.
- 3) if there is more than 1 athlete to be added at each point they will be ranked by the Selection Committee before being added

The final roll down list will be published [here](#) once drawn up. Starts places will roll down the list from the top until the event is full.

## START NUMBERS

The number of athletes able to start in each event will vary according to athlete experience and distance to the first buoy. The further the distance and more experienced the athletes the higher the start number in each event. The British Duathlon Championships is open entry and has no restriction on start numbers. 2018 start numbers are as follows:

**Llanelli (May Gateway)** Junior 60 - Youth 50

**Leeds WTS** Junior 65 - Youth 55

**SuperTri - Eton** Mixed Junior/Senior 75 - Youth 50

**Hetton Super Sprints** Junior 60 - Youth 50

**Under 20's Festival (Summer Gateway)** Junior 60 - Youth 50

### Other Events

**Blenheim** Mixed Junior/Senior 80 - Youth 65

**Cardiff** Mixed Junior/Senior 60 - no Youth

**London** Junior 80 - Youth 50\*

\*Entry to the Youth wave is via AJ Bell London Tri not British Triathlon

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## ENTRY PROCESS AS THE SEASON PROGRESSES

We have made some changes this year to how entries to the Series work as the season progresses. These will be under review for the 2018 season. The majority of athletes racing in the Super Series are members of Regional Academies or Home Nation Talent Squads. As part of the first pillar of the Athlete Development Framework [Training as Play](#) British Triathlon expects that athletes in its Performance Pathway Programmes begin to identify as Triathletes and prioritise Triathlon commitments above other sports.

For these reasons as the season progresses entry priority will transfer from the Roll-Down list to Super Series standings and so reward athletes who are racing in the Series regularly. The process is set out below. Please note any athletes that make a European or World Championship Team and/or the ETU Junior Cup Roll-Down List will automatically qualify for all further Super Series events. Mixed Junior/Senior events that sit outside the Series will work as set out below for all junior entries. Small numbers of international athletes may be invited to any Series event to strengthen the field and give leading athletes additional challenge.

Race 1 Duathlon	Open Entry	
Race 2 Llanelli	Roll-Down list	
Race 3 Leeds	Roll-Down list	
Race 4 SuperTri	Top 20 Super Series	Roll-Down list
Race 5 Hetton	Top 20 Super Series	Roll-Down list
Race 6 Under 20's	Top 40 Super Series	Roll-Down list

Starts for Blenheim and Cardiff will work as per Leeds, London as per Hetton

## REGISTERING INTEREST

Athletes must register their interest for the relevant event prior to the entry deadline to be awarded a start - if you have not registered your interest you will **NOT** receive a start. Click on the relevant event number to both register interest and find out deadlines.

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2

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Duathlon

Llanelli

Leeds

SuperTri

Hetton

U 20's

Blenheim

Cardiff

London

## ENTRY CODE

Athletes who have both registered their interest and are high enough on either the roll-down list or ranking list (as fits) will be sent an entry code. This code will need to be activated within **TWO WEEKS** to guarantee entry. Failure to activate your code will unfortunately mean that you **WILL** lose your entry. When entering please make sure you consistently use the same name, spelt in the same way, across all events in the Series e.g. always use Kate and not any derivatives e.g. Katie or Katherine

## WAIT LIST

Given the competition for places British Triathlon is committed to ensuring full start lists. To enable this and in a similar fashion to ITU events we operate a wait list and expect all athletes who are unable to start to notify [Sophie Lewis](#) of this as soon as possible. If a place is vacated it will fall to the first athlete on the wait list who will be contacted immediately. Athletes who do not start and have not notified us **WILL** be penalised, this will normally mean not starting the next Super Series event. All athletes who have not received an entry code will automatically be placed on the wait list (in order of roll-down and ranking as fits that point in the season). The wait list will close on the Wednesday before each event. Thereafter no changes will be made to start lists. It is expected that there will still be a small number of drop outs right up to the event - again Sophie Lewis must be contacted immediately in such cases to avoid any penalty. The majority of Super Series events will accept a very small number of entries on the day if the field size is below the set limit. Whilst no guarantee can be made on starts being available, should athletes wish to travel they should notify registration officials upon arrival and discuss how this will work at that event.

## QUESTIONS

Questions and communication about roll-down lists and associated appeals or athletes not starting should be directed to [Sophie Lewis](#)  
 Questions on entry codes, super series rankings or issues with entering to [Megan Cornick](#)  
 Questions that relate to the event itself should be directed to the relevant race organisation