

British Triathlon Youth and Junior Performance Pathway

SUPER SERIES ENTRY PROCESS EXPLAINED

The [Super Series](#) is designed to give our leading Youth and Junior athletes the best possible learning and development platform as well as to support the continued development of racing standards in Britain. Athletes in the Regional Academy and Home Nation Talent Pathway focus their domestic Triathlon racing commitments on the Super Series. Triathlon is a dynamic and fluid sport and our leading athletes are expert decision makers and Intelligent Racers. [Intelligent Racing](#) is best developed when athletes decision making abilities are put under some pressure. Ensuring Super Series races have the leading athletes competing will support this, similarly it will continue to drive performance standards forward, as well as provide the necessary [One Day One Race](#) experiences to support development in that pillar of the [Athlete Development Framework](#).

PERFORMANCE ASSESSMENTS

All British athletes wishing to compete in the Super Series must take part in the British Triathlon Performance Assessment weekend. This gives every Youth and Junior athlete an equal opportunity to compete for a place along with ensuring athletes are ready to race at this level.

The [Performance Assessments](#) are on March 30/31st in Nottingham (Saturday) and Loughborough (Sunday). Given the competition for places and high quality of field in the Super Series, athletes who live abroad and hold British passports are asked to come to the Assessments to trial. Comparing results from foreign races and making an accurate assessment is extremely difficult as standards are significantly higher and fields deeper in Britain outside all but 2-3 of the leading European nations.

The Performance Assessments are over the following distances for the following age groups.

Youth A - (2003/2004 born) 400m swim / 10km bike / 2.5km run

Youth B - (2002 born) 800m swim / 20km bike / 5km run

Junior - (2001/2000 born) 800m swim / 20km bike / 5km run

Similar to the Super Series the bike is draft legal and subject to British Triathlon draft-legal [Wheel Regulations](#) (all athletes) and [Gear Restrictions](#) (Youth A athletes ONLY). Given the time of year and low temperature of open water the swim is pool based. Due to logistics this is held separately from the bike and run.

Athletes start the bike/run in pursuit format. The fastest swimmer starts first, subsequent athletes follow according to swim time. If an athlete is 5 secs slower they start 5 secs behind, 10 secs slower 10 secs behind, etc. Athletes start in bare feet, as if exiting the water, and run into and complete T1, before going onto complete the bike, T2 and run without a break, as per a standard Triathlon.

SUPER SERIES QUALIFICATION

For 2019 the Performance Assessments will be the first event of the Youth and Junior Super Series and so will carry Super Series points. The order of finish therefore will create the first Super Series ranking of 2019. Unlike previous years where the order of finish at the Assessments has created a roll down list, for 2019 all subsequent Super Series start lists will be set from the Super Series rankings at the relevant entry deadline, with start places rolling down the list from the top until the event is full.

NB Any athlete selected to Championship teams and/or achieving ETU Jnr Cup qualification standards in 2019 will qualify for all further 2019 Super Series events

SENIORS AND A NEW AGE GROUP

2019 sees the reintroduction of the Senior Super Series. There are a number of good reasons for this, primary being creating more identity for U23's. To facilitate this we will have to combine or mix a number of Junior and Senior events.

Another change for 2019 sees an additional age group added. This will be termed Youth B and cater for 17 year olds ('02 born). Juniors will be 18/19 ('01/'00) and Youth A will be 15/16 ('03/'04). Youth B's will have their own Super Series rankings and essentially spend the year transitioning from Super Sprint to Sprint racing which we believe is best for their learning and development.

More information on the reasoning behind these changes can be found in the Super Series Moving Forwards which is on our Youth And Junior [Competition](#) page

START NUMBERS AND TIERS

The number of athletes able to start in each event will vary according to athlete experience and distance to the first (swim) buoy. The further the distance and more experienced the athletes the higher the start number in each event. The current racing pool for Junior and Youth Boys is significantly larger than that for Youth or Junior girls. We have enough numbers to race boys in 2 Tiers at those events that have the capacity.

How Tiers will operate - Super Series rankings will determine which Tier an athlete will race in with the higher ranked athletes being in Tier 1. Both Tiers will race over exactly the same course with results being combined and sorted by finish time; finish times will then determine ranking points - so a Tier 2 athlete with a faster time than a Tier 1 athlete will be awarded more ranking points.

Female start numbers - Field spread in female races at the first buoy is greater than that in male events therefore we can safely add additional female start numbers (especially for youth females) without compromising athlete safety

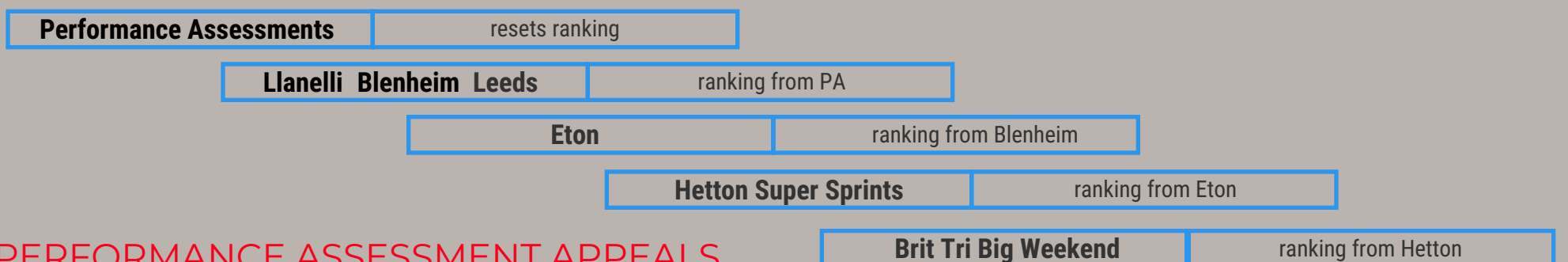
SUPER SERIES ENTRY PROCESS EXPLAINED

START NUMBERS, AGE GROUPS AND TIERS BY RACE

		Youth A	Youth B	Junior	Senior
1	Performance Assessments	Male 144	51	77	
		Female 96	32	48	
2	Llanelli	Male T1 25	30	25	40
		Male T2 45	10	50	10
		Female 45	25	40	30
3	Blenheim	Male 50	30	45	40
		Female 50	30	40	40
4	Leeds	Male T1 55	18	37	
		Male T2 55			
		Female 70	18	37	
5	Eton	Male 55	23	47	
		Female 70	23	47	
6	Hetton Super Sprints	Male 70	23	47	
		Female 70	23	47	
7	Brit Tri Big Weekend	Male T1 55	10	20	30
		Male T2 55	16	34	10
		Female 70	16	27	27

The numbers above serve as the guide that we will work to, however, British Triathlon reserves the right to make adjustments as needed in line with the philosophy of the Super Series - other events eg Cardiff, Bryn Bach will work in a similar way

RACE BY RANKING AT ENTRY



PERFORMANCE ASSESSMENT APPEALS

Athletes who are ill/injured/unable to compete and do not start (DNS) or do not finish (DNF) at the Performance Assessments and therefore do not have a Super Series ranking may appeal.

DNS - The appeal will need a doctors note (ill/injured) or grounds for non-attendance (serious and immovable commitments only)

DNF - The appeal will need to detail grounds for DNF and be handed to Sophie Lewis within 30 min of the finish of your race

2018 data indicated that the average DNS + DNF percentage for a Super Series event is 12% of the field (Youths) and 15% (Juniors). For all races up to and including Eton we will award up to a maximum of 12% or 15% (category dependent) of each start list to athletes with a successful appeal. For events thereafter, as by that point most athletes will have a ranking, the percentage of appeals awarded will fall to 8% or 10%. If there are more appeals than the percentage allows appeals will be ranked by the Appeal Committee. All athletes with appeals will be added to the back of the field.

SUPER SERIES ENTRY PROCESS EXPLAINED

REGISTERING INTEREST

Athletes must register their interest for the relevant event prior to the entry deadline to be awarded a start - if you have not registered your interest you will **NOT** receive a start. Click [here](#) to both register interest and find out deadlines.

ENTRY CODE

Athletes who have both registered their interest and are high enough on the rankings will be sent an entry code. This code will need to be activated within an allotted time period normally around 2 weeks to guarantee entry. Failure to activate your code **WILL** mean that you lose your entry.

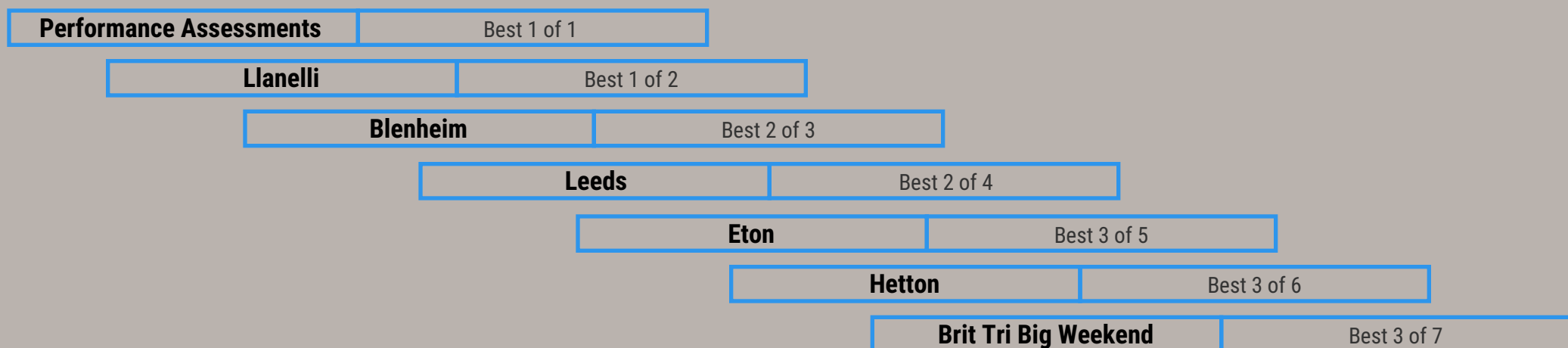
For more information on how registering interest, entry codes and everything else to do with entry process please see our dedicated webpage [here](#)

WAIT LIST

Given the competition for places British Triathlon is committed to ensuring full start lists. To enable this and in a similar fashion to ITU events we operate a wait list and expect all athletes who are unable to start to notify British Triathlon at superseries@britishtriathlon.org of this as soon as possible. If a place is vacated it will fall to the first athlete on the wait list who will be contacted immediately. Athletes who do not start and have not notified us risk being penalised, this will normally mean not starting the next Super Series event. All athletes who have not received an entry code will automatically be placed on the wait list (in Super Series rank order as fits that point in the season). The wait list will close on the Wednesday before each event. Thereafter no changes will be made to start lists. It is expected that there will still be a small number of drop outs right up to the event - again British Triathlon must be contacted immediately at superseries@britishtriathlon.org in such cases to avoid any penalty. Some Super Series events (not Leeds/Mallory) will accept a very small number of entries on the day if the field size is below the set limit. Whilst no guarantee can be made on starts being available, should athletes wish to travel they should notify registration officials upon arrival and discuss how this will work at that event.

POINTS AND RANKINGS

Rankings will be calculated as soon as possible after each event and published [here](#). While every effort is made to do this as quickly as possible our workload, and that of the race organiser into, during and after each race is heavy so occasionally this may mean a slight delay. As early season races clash with exams and because things can go wrong in races we will phase how rankings are totalled through the season to maximise opportunity and support each athlete getting the best possible ranking - this will work as follows:



There will be 6 separate ranking tables across the 3 age groups - Youth A, Youth B, Junior and the 2 genders. In order to help us get rankings right can you please **ENSURE** that you always use **EXACTLY** the same name, consistently spelled the same way when entering **EVERY** race e.g. always use Kate and not any derivatives e.g. Katie or Katherine. Any misspellings or missing hyphens on double barrelled surnames or shortened christian names will likely mean that your points are awarded to the wrong name which will cause us and you a headache!

Similar to the WTS Grand Final, The British Triathlon Big Weekend (Mallory Park) as the Super Series season finale, which includes the British Youth and Junior Championships as well as the British Youth and Junior inter Regional Mixed Relay Champs, will carry Super Series ranking points plus an additional quarter. All other Super Series events will carry the standard amount of points.

QUESTIONS

Questions and communication about rankings, appeals, athletes not starting/withdrawing, entry codes and issues activating them should be directed to superseries@britishtriathlon.org

Questions that relate to the event itself should be directed to the relevant race organisation