

# SUPER SERIES ENTRY PROCESS EXPLAINED

The [Super Series](#) is designed to give our leading Youth and Junior athletes the best possible learning and development platform as well as to support the continued development of racing standards in Britain. Athletes in all 3 Home Nations, in the Academy and Next Generation stages of the pathway, focus their domestic Triathlon racing commitments on the Super Series. Triathlon is a dynamic and fluid sport, and our leading athletes are expert decision makers and Intelligent Racers. [Intelligent Racing](#) is best developed when athlete's decision making abilities are put under some pressure and ensuring Super Series races have the leading athletes competing will support this. Similarly it will continue to drive performance standards forward, as well as provide the necessary [One Day One Race](#) experiences, to support development in that pillar of the [Athlete Development Framework](#).

## PRE-PERFORMANCE ASSESSMENT INTELLIGENT RACE DAY (IRD)

**New for 2022** is that **ALL** Junior and Youth athletes will be required to attend a Pre-Performance Assessment IRD, which are spread through Britain. The reasons here are two-fold, firstly, given that the Assessments are so early in the season, to ensure that our more experienced athletes have an opportunity to dial back into their bunch racing skills and secondly to ensure that any athletes who haven't raced a Super Series can be assessed to ensure their skills are at a level to race safely in draft legal events. For more information, please see [here](#).

## PERFORMANCE ASSESSMENTS

All British athletes wishing to compete in the Super Series must take part in the British Triathlon Performance Assessment weekend. This not only gives every Youth and Junior athlete an equal opportunity to compete for a place it also ensures athletes are ready to race at this level. For 2022, the [Performance Assessments](#) are on April 2/3 in Nottingham (swim) and Prestwold Hall (bike/run).

The Performance Assessments are over the following distances for the following age groups:

**Youth A** - (2006/2007 born) 400m swim / 10km bike / 2.5km run

**Youth B** - (2005 born) 400m swim / 10km bike / 2.5km run

**Junior** - (2003/2004 born) 800m swim / 20km bike / 5km run

Like the Super Series, the bike is draft legal and subject to British Triathlon draft-legal [Wheel Regulations](#). [Gear restrictions](#) **WILL** be in place for ALL Youth events including the Assessments and any other event where the age groups are combined, as well as for ALL series events where Youth A athletes are racing as a single age group.

Being held at the start of April, when open water temperatures are too low, the swim is pool based and held separately from the bike and run. Athletes start the bike/run in pursuit format. The fastest swimmer starts first, and subsequent athletes follow according to swim time. If an athlete is 5 secs slower, they start 5 secs behind, 10 secs slower, 10 secs behind, etc. Athletes start in bare feet, as if exiting the water, and run into and complete T1, before going onto complete the bike, T2 and run without a break, as per a standard Triathlon. For this year some Senior athletes will also be invited to the Assessments to qualify for the Senior Super Series, they will race with Junior athletes while Youth B's will race Youth A's.

## SUPER SERIES QUALIFICATION

The Performance Assessments will be the first event of the Youth and Junior Super Series and the order of finish will create the first Super Series ranking of 2022, all subsequent Super Series start lists will also be set from the Super Series rankings at the relevant entry deadline, with start places rolling down the list from the top until the event is full. See the following sections [Populating Start Lists](#) and [Points and Rankings](#) for more detail.

NB Any athlete selected to **2022 Championship teams** and/or meeting 2022 ETU Jnr Cup automatic selection standards (2.6 of policy) will qualify for all further 2022 Super Series events.

## START NUMBERS AND TIERS

The number of athletes able to start in each event will vary according to athlete experience and distance to the first (swim) buoy. The further the distance and more experienced the athletes the higher the start number in each event, so Junior waves will in general be bigger than Youth waves as the athletes are more experienced. The current racing pool for males is significantly larger than that for females and as a result, in Junior/Senior male events especially we have enough numbers to race men in 2 Tiers at those events that have the capacity.

**How Tiers operate** - Super Series rankings will determine which Tier an athlete will race in, with the higher ranked athletes being in Tier 1. Both Tiers will race over the same course with results being combined and sorted by finish time; finish times will then determine ranking points - so a Tier 2 athlete with a faster time than a Tier 1 athlete will be awarded more ranking points.

The Aquathlon with events in the south (Bowood) and north (Lochore) will spread the national racing pool allowing Tier 2 athletes additional opportunities. Likewise, the Heats/Final format at Mallory in July has larger start numbers. Further opportunities are available at the Leeds WTS events, which are not part of the Youth and Junior Series and age group qualification events (should you be old enough and ready to race over sprint distance). The race at Eton is still very much TBC both venue (Eton (preferred) and likely or Mallory) and date (either 10/11 (preferred) or 24/25 Sept) and we will of course update on this as soon as we can. Please see the [Competition Maps](#) for more information.

**Female start numbers** – As the racing pool is smaller for females and because field spread at the first buoy is greater than that in male events we can safely add additional female start numbers (especially for Youth females) without compromising athlete safety and thereby at present ensure the vast majority of female athletes get starts.

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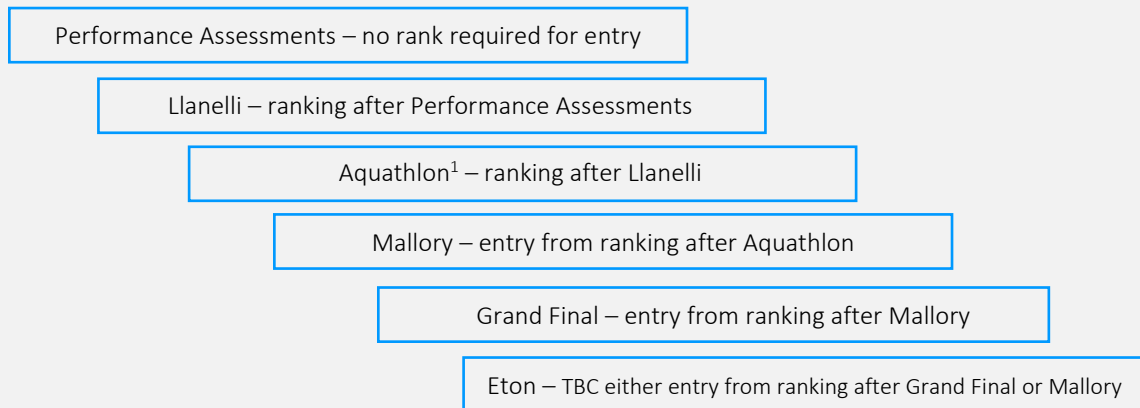
## START NUMBERS, TIERS AND AGE GROUPS BY RACE (for formats at each event please see Competition Maps)

		Youth A	Youth B	Junior	Senior	
1	Performance Assessments	Female	96	30	50	50
		Male	120	50	100	50
2	Llanelli	Female	45	25	30	45
		Male	T1 30 / T2 45	T1 25 / T2 10	T1 25 / T2 35	T1 35 / T2 25
3	Aquathlons	Female	60	20	40	By invite
		Male	60	20	40	By invite
4	Mallory	Female	55	25	40	40
		Male	55	25	40	40
5	Grand Final	Female	70	16	28	32
		Male	60	8 T1/16 T2	20 T1/ 30 T2	35 T1 /17 T2
6	Eton (TBC)	Female	70	10	30	45
		Male	60	10	20	35

The numbers above serve as the **GUIDE** that we will work to, however, **British Triathlon**, and the **race organisers** it works with, **reserve the right to adjust as needed** in line with the philosophy of the Super Series. While numbers are listed for Performance Assessments and Aquathlons we do not expect to exceed these and as such these events are effectively 'open' entry. In the event either fills up Pathway athletes will be prioritised.

## POPULATING START LISTS

Non ranking events aside, start lists for each Super Series event will be populated by rank order as follows.



<sup>1</sup>For more information on Aquathlon format please read 'Racing Explained'

## PERFORMANCE ASSESSMENT APPEALS

Athletes who are ill/injured/unable to compete and do not start (DNS) or do not finish (DNF) at the Performance Assessments and therefore do not have a Super Series ranking, may appeal.

**DNS** - The appeal will need a doctor's note (ill/injured) or grounds for non-attendance (serious and immovable commitments only)

**DNF** - The appeal will need to detail grounds for DNF and be handed to Katie Parrish within 30 min of the finish of your race.

The average DNS + DNF percentage for a Super Series event is 12% of the field (Youths) and 15% (Juniors). For all races up to and including the Mallory event we will award up to a maximum of 12% or 15% (category dependent) of each start list to athletes with a successful appeal. For those events afterward the percentage of appeals awarded will fall to 8% or 10%, as by that point most athletes will have a ranking. If there are more appeals than the percentage allows appeals will be ranked by the Appeal Committee, if there are less appeals entries will instead roll down the rankings further. All athletes with appeals will be added to the back of the field/start list.

**NB** Given the competition for places and high quality of field in the Super Series, athletes who live abroad and hold British passports are asked to come to the Assessments to trial. Comparing results from foreign races and making an accurate assessment is extremely difficult as standards are significantly higher and fields deeper in Britain outside all but a few of the leading European nations.

## REGISTERING INTEREST

Athletes must register their interest for the relevant event prior to the entry deadline to be awarded a start - if you have not registered your interest you will **NOT** receive a start. Click [here](#) to both register interest and find out deadlines.

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## ENTRY CODE

Athletes who have both registered their interest and are high enough on the rankings (if relevant) will be sent an entry code. This code will need to be activated within an allotted period, normally around 2 weeks, to guarantee entry. Failure to activate your code **WILL** mean that you lose your entry.

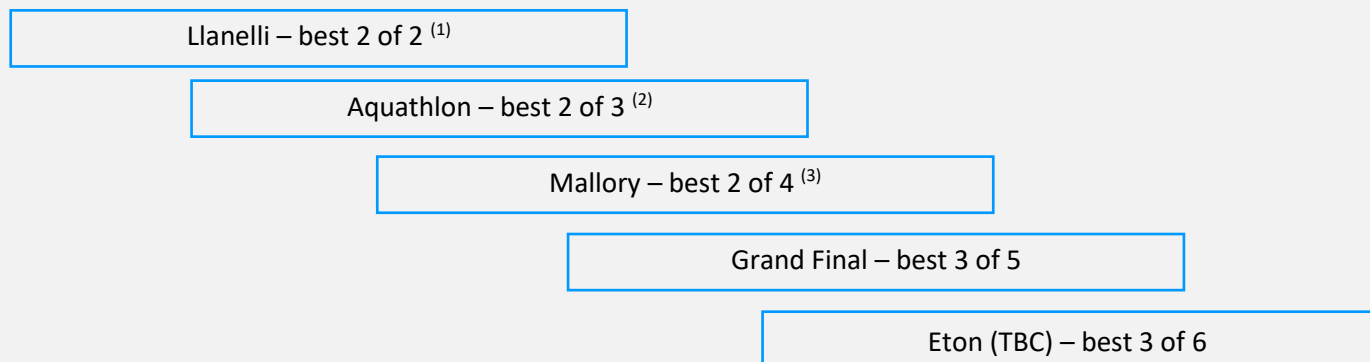
For more information on registering interest, entry codes and everything else to do with entry process please see our dedicated webpage [here](#)

## WAIT LIST

Given the competition for places, British Triathlon is committed to ensuring full start lists. To enable this and in a similar fashion to ITU events we operate a wait list and expect all athletes who are unable to start to notify British Triathlon at [superseries@britishtriathlon.org](mailto:superseries@britishtriathlon.org) of this as soon as possible. If a place is vacated it will fall to the first athlete on the wait list who will be contacted immediately. Athletes who do not start and have not notified us risk being penalised; this will normally mean not starting the next Super Series event. All athletes who have not received an entry code will automatically be placed on the wait list (in Super Series rank order as fits that point in the season). The wait list will close on the Wednesday before each event. Thereafter no changes will be made to start lists. It is expected that there will still be a small number of dropouts right up to the event – again British Triathlon must be contacted immediately at [superseries@britishtriathlon.org](mailto:superseries@britishtriathlon.org) in such cases to avoid any penalty. Some Super Series events (please check prior) will accept a very small number of entries on the day if the field size is below the set limit. Whilst **NO** guarantee can be made on starts being available, should athletes wish to travel they should notify registration officials upon arrival and discuss how this will work at that event.

## POINTS AND RANKINGS

Rankings will be calculated as soon as possible after each event and published [here](#). While every effort is made to do this as quickly as possible, our workload, and that of the race organiser into, during and after each race is very heavy so occasionally this may mean a slight delay – if this is the case please be patient! We phase how rankings are totalled through the season to maximise opportunity and support each athlete getting the best possible ranking - this will work as follows:



There will be 6 separate ranking tables across the 3 age groups - Youth A, Youth B, Junior and the 2 genders. To help us get rankings right can you please **ENSURE** that you always use **EXACTLY** the same name, consistently spelled the same way when entering **EVERY** race e.g., always use Kate and not any derivatives e.g., Katie or Katherine. Any misspellings or missing hyphens on double barrelled surnames or shortened christian names will likely mean the spreadsheet creates another version of you to award your points to and will therefore cause us and you a headache!

Like the WCTS Grand Final, The British Triathlon Grand Final (Sunderland) as the biggest and most important Super Series event, which includes the British Youth and Junior Championship, will carry Super Series ranking points plus an additional quarter. All other Super Series events will carry the standard number of points.

<sup>1</sup> This will include the Performance Assessments and Llanelli

<sup>2</sup> In the Aquathlon an athlete's best 2 results across the 3 Aquathlons will count towards Super Series points – see Racing Explained for more info.

<sup>3</sup> Mallory - all athletes making the A final will be ranked higher than any B final athletes IRRESPECTIVE of finishing times in either final.

## QUESTIONS

Questions and communication about rankings, appeals, athletes not starting/withdrawing, entry codes and issues activating them should be directed to [superseries@britishtriathlon.org](mailto:superseries@britishtriathlon.org)

Questions that relate to the event itself should be directed to the relevant race organisation.