How to: restrict gears – front mech

It may be necessary to adjust the front derailleur too by screwing off the outer chain ring. This follows a similar process to the rear. First find the H Limit screw, on this Shimano front derailleur it is the foremost screw (picture 1) again turn this screw clockwise (picture 2) to prevent the outer chain ring being accessed.

1. **H limit screw**
2. Turn H limit clockwise to screw off outer ring

H or Outer Chain Ring limit screw