Agenda

• British Triathlon Racing Philosophy
• Racing Levels
• Competition Maps
• Super Series Qualification
• Super Series Rankings
• Selection Policy Principles
• Details of Specific Selection Policies
British Triathlon Racing Philosophy

• Learning & Development
  • Priority for Youth and Junior racing

• One Day One Race
  • Deliver a performance on given day
  • Evaluate the process not the outcome

• Intelligent Racing
  • Explore decision making
  • Review the race and plan
  • Fearless commitment to decisions
Racing Levels

• **Racing Up**
  - Outside of comfort zone, limited control
  - High level of challenge
  - No more than 15-25% of season

• **Racing At**
  - More comfortable, greater control of the race
  - Can usually recover from poor decisions
  - 50-70% of season

• **Racing Below**
  - In control both physically and mentally
  - Opportunity to try different approaches
  - 15-25% of season
Types of Racing - International

- **Performance Exposure**
  - Experience of racing internationally
  - Super League, Riga ETU Junior Cup and all other non-supported ETU Junior Cups

- **Performance Development**
  - Learning to thrive in the international environment
  - Stable performances
  - European Junior Championships, European Youth Championships, Holten & Quarteira ETU Junior Cups

- **Performance Delivery**
  - Outcome focus
  - Delivering on a given day
  - Junior World Championships
Competition Maps & Super Series Info

• Competition maps help athlete to navigate the race season and are designed to help with decisions of where and when to race.

British Triathlon Youth & Junior Super Series

The 2019 British Triathlon Youth & Junior Super Series is designed to bring together the best young triathletes from across the UK, so they can race head to head at the best and most exciting venues in the country.

The Youth and Junior Super Series has developed massively in terms of both athlete numbers and competitive standards in the past four years. This has led to us making a number of changes this season - please read our ‘Super Series Moving Forward’ booklet which explains these.

Rising numbers and standards have also meant that entry requirements and processes have developed year on year, these have again evolved for 2019 - please read our ‘Super Series Explained’ document which details these.
Competition Maps

British Triathlon Youth & Junior Super Series

The 2019 British Triathlon Youth & Junior Super Series is designed to bring together the best young triathletes from across the UK, so they can race head to head at the best and most exciting venues in the country.

The Youth and Junior Super Series has developed massively in terms of both athlete numbers and competitive standards in the past four years. This has led to us making a number of changes this season - please read our ‘Super Series Moving Forward’ booklet which explains these.

Competition

British Triathlon views competition for its young athletes very much as a series of development opportunities. Learning and development are the key focuses through the early stages of the Performance Pathway.

Our domestic competition structure, the British Youth and Junior Super Series, is deliberately set up to support these two key objectives as are our selection policies and philosophies that surround international racing experiences. To find out more please read the following:

Racing Explained

Our philosophies around Learning and Development and the growing number of racing opportunities for Youth and Junior athletes are briefly detailed below.

Competition Map

This highlights all of the relevant opportunities across the different ages and stages of development in the Youth and Junior Pathway.

To best understand the Map, and the different competitive routes it outlines through the season, please read the Competition Map explained first.

A series of competition maps for the Youth and Junior 2019 season can be downloaded below. We have made changes to the age categories this year, all information on this can be found in the Super Series Moving Forwards document below.

- Youth A (03/04 born) Competition Map
- Youth B (02 born) Competition Map
- Junior (00/01 born) Competition Map
British Triathlon Youth A (2003/04)
2019 COMPETITION MAP

Championship Youths

Performance Assessments

Super Series Qualification

Super Series Youths

British Duathlon (Bedford) Apr 7

Llanelli SS May 11
Tier 3/Tier 2 (with Youth B)
European Youth/Super League/School Games Qualifier

Blenheim SS TBC Jun 2
Super League/School Games Qualifier (with Youth B)

Leeds WTS SS Jun 8
Super Sprint Tier 1/Tier 2

Eton SS Jun 29
Super Sprint

Hetton Super Sprints SS Jul 20
Heats/finals/relay format

School Games Triathlon Aug 3
Parc Bryn Bach
Format TBC - Yr 10/11 only

Brit Tri Big Weekend (Mallory) SS Sep 7/8
British Champs & Mixed Relay
Youth Super Sprint Tier 1/Tier 2

Regional Youths

Stockton Duathlon Apr 14
(Draft Legal)

Eton Sprint May 19
(Draft Legal)

SWYD Sprint May 26
(Barry Island (Draft Legal))

Regional Race Series options and/or
local non-drafting events

European Youth Jun 20 - 23
Kitzbuhel AUT
Super Series Qualification

• **Allocation of Race Starts**
  - From BYJSS Ranking - with PAs as Stage 1 (see number of races to count at different stages of the season)

• **Appeals**
  - [SuperSeries@britishtriathlon.org](mailto:SuperSeries@britishtriathlon.org) before application deadline
  - 12-15% of race starts reducing to 8-10% of race starts

• **Race Quotas**
  - Number of athletes in each race / tier are in Super Series Explained document
  - Guideline not a rule - balance between creating opportunities and best possible field
Tier 2 Racing

• **Additional Opportunities**
  • Greater number of athletes racing & learning
  • “Racing at” level rather than “racing up” all the time

• **Allocation & Points**
  • Starts based on BYJSS Ranking (as per Tier 1)
  • BYJSS Ranking Points allocated based on finish time (results combined between Tier 1/2)

• **Female Races**
  • 2018 had wait lists in Youth female at two events for first time

Entry lists to be monitored in 2019 for future development
Super Series Rankings

• **2019 Age Groups** *(age at 31st December 2019)*
  - 15/16 - Youth A
  - 17 - Youth B (will race with either Youth A OR Junior)
  - 18/19 - Junior

• **2019 Rankings**
  - Rolling system - rankings evolve through year
    - Best 1 result after PAs/Llanelli
    - Best 2 results after Blenheim/Leeds
    - Best 3 results from Eton onwards
  - Results from 2 Tier events combined based on time
  - Tiering for future events from current rankings
Selection Policy Principles

• **Guiding Principles**
  • Select the right athletes, for the right race, at the right time
  • Provide age and stage appropriate opportunities
  • Experiences for athlete development towards senior success

• **Terminology**
  • Automatic Selection - performances NOT evaluated
  • Discretionary Selection - performances ARE evaluated

• **Appeals**
  • Decisions of Selection Committee are final
  • No right of appeal against decisions
  • Injury/illness/racing incidents considered under discretionary selections - (U17 Champs exception)
Nomination Processes

At Senior level ALL ATHLETES MUST nominate for consideration for EVERY EVENT

• 2019 Nomination Requirements for Youth/Juniors
  • REQUIRED
    • ETU Junior Cups
    • Juniors for Super League
  • NOT REQUIRED
    • All Youth Policies
    • Junior Championship Policies

*Please check each policy for the nomination deadline

• Nominations by ATHLETES ONLY, no parents or coaches
• Athletes MUST have completed Fit to Compete forms
2019 Championship Policies

- **School Games** - Parc Bryn Bach
- **Super League** - Jersey/Malta
- **European Youth Champs** - Kitzbuehel, AUT
- **European Junior Cups**
- **European Junior Champs** - Weert, NED
- **World Junior Champs** - Lausanne, SUI
# International/Domestic Age Groups

<table>
<thead>
<tr>
<th>International - YOUTH</th>
<th>Domestic – YTH/JNR</th>
<th>International - JUNIOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Born 2000</td>
<td>Junior</td>
<td>Junior</td>
</tr>
<tr>
<td>Youth</td>
<td>Junior</td>
<td>Junior</td>
</tr>
<tr>
<td>Born 2002</td>
<td>Born 2001</td>
<td>Born 2001</td>
</tr>
<tr>
<td>Youth</td>
<td>Youth B</td>
<td>Junior</td>
</tr>
<tr>
<td>Born 2003</td>
<td>Born 2002</td>
<td>Born 2002</td>
</tr>
<tr>
<td>Youth</td>
<td>Youth A</td>
<td>Junior</td>
</tr>
<tr>
<td>Born 2004</td>
<td>Born 2003</td>
<td>Born 2003</td>
</tr>
<tr>
<td></td>
<td>Youth A</td>
<td>Born 2004</td>
</tr>
</tbody>
</table>

**Note:**
- Youth A and Youth B refer to age groups for younger participants.
- Junior and Youth refer to age groups for older participants.

**BRITISH TRIATHLON**
<table>
<thead>
<tr>
<th>Event</th>
<th>Automatic</th>
<th>Discretionary</th>
</tr>
</thead>
<tbody>
<tr>
<td>School Games</td>
<td>First eligible male and first eligible female in Youth race at</td>
<td>One further eligible male &amp; female selected from their best single result from</td>
</tr>
<tr>
<td>Parc Bryn Bach (3 August)</td>
<td>- <strong>Llanelli</strong> (on 11 May) for ENG/WAL&lt;br&gt;- <strong>Blenheim</strong> (on 2 June) for SCO</td>
<td>2019 Llanelli or Blenheim events.</td>
</tr>
<tr>
<td>Starts (per region)</td>
<td></td>
<td>Best single performance only compared to other athletes best single performance.</td>
</tr>
<tr>
<td>2 Male / 2 Female</td>
<td></td>
<td>If 2 M / 2 F not achieved, results from Performance Assessments or 2019 Regional Series will be considered</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Super League</td>
<td>10 places per age group, per gender in priority order:</td>
<td>Up to 2 additional places if athletes are unable to compete in selection races, based on best performance at:</td>
</tr>
</tbody>
</table>
| Jersey (27-28 September)                   |   1. Any athlete selected for: 2019 European JNR Champs
   2019 European YTH Champs                 | 2019 Quarteira/Holten ETU Jnr Cups 2019 Super League Selection Events
<p>| Malta (19-20 October)                      |                                                                          | Athletes must demonstrate higher performance than lowest qualifier |
| Starts (European age bands)                |                                                                          | Any unallocated places by this method will be returned to be allocated by rankings at 2A/2B |
| 12 x Youth Male (02-04)                    |                                                                          |                                                                                  |
| 12 x Youth Female (02-04)                  |                                                                          |                                                                                  |
| 12 x Junior Male (00-01)                   |                                                                          |                                                                                  |
| 12 x Junior Female (00-01)                 |                                                                          |                                                                                  |
| <strong>Note: 6 starts available at each event per gender &amp; age group</strong> | 2A. Super Series Ranking after Eton (Junior)&lt;br&gt;2B. Best performance at Llanelli OR Blenhein (Youth) - priority in tie goes to Llanelli |                                                                                  |
| Athletes pick ONE event in priority order based on rankings |                                                                          |                                                                                  |</p>
<table>
<thead>
<tr>
<th>Event</th>
<th>Automatic</th>
<th>Additional Athletes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>European Youth Champs</strong></td>
<td>Order of finish in the:</td>
<td></td>
</tr>
<tr>
<td>Kitzbühel, AUT (20-23 June)</td>
<td>Llanelli Youth Super Series (Tier1) (on 11 May)</td>
<td></td>
</tr>
<tr>
<td>GB Starts (TBC)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4 Male, 4 Female</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>ETU Junior Cup Events</strong></td>
<td>Championship Team Members</td>
<td>Holten ETU Jnr Cup</td>
</tr>
<tr>
<td>Various</td>
<td>• Previous World Jnr Champs</td>
<td>• Top-12 YJSS rankings (Jnr)</td>
</tr>
<tr>
<td>GB Starts (quota per event)</td>
<td>• Previous ETU Jnr Champs</td>
<td>• Top-3 YJSS rankings (YthB)</td>
</tr>
<tr>
<td>10 Male, 10 Female</td>
<td>• Previous ETU Yth Champs (A Final)</td>
<td><strong>Riga ETU Jnr Cup</strong></td>
</tr>
<tr>
<td></td>
<td>• 2018 Youth Olympic Games</td>
<td>• HN Talent Programme</td>
</tr>
<tr>
<td></td>
<td><strong>ETU Junior Cup medallist</strong></td>
<td><em>Priority as decided by panel</em></td>
</tr>
<tr>
<td></td>
<td>(previous 12 months)</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Top-8 Finish</strong></td>
<td><strong>All Other ETU Jnr Cups</strong></td>
</tr>
<tr>
<td></td>
<td>• 2019 Quarteira ETU Jnr Cup</td>
<td>• Top-20 YJSS rankings (Jnr)</td>
</tr>
<tr>
<td></td>
<td>• 2018/19 Holten ETU Jnr Cup</td>
<td>• Top-10 YJSS rankings (YthB)</td>
</tr>
<tr>
<td></td>
<td>• 2018 Kitzbuehel ETU Jnr Cup</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• 2018 European YOG Qualifier</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Event</td>
<td>Automatic</td>
<td>Discretionary</td>
</tr>
<tr>
<td>-----------------------------------------</td>
<td>---------------------------------------------------------------------------</td>
<td>-------------------------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>World JNR Champs</strong></td>
<td><strong>Automatic</strong></td>
<td><strong>Discretionary</strong></td>
</tr>
<tr>
<td>Lausanne, SUI (29 Aug – 1 Sept)</td>
<td>Winner World Junior Trial 2019 ETU Jnr Champs medallist 2019</td>
<td><strong>World Junior Trial (Bryn Bach)</strong></td>
</tr>
<tr>
<td></td>
<td><em>If the number of athletes achieving the above is greater than available starts, World Junior Trial winner takes priority then order of finish at 2019 ETU Junior Champs</em></td>
<td>- Potential to achieve Top-15 finish at Champs based on benchmarking</td>
</tr>
<tr>
<td>GB Starts (TBC)</td>
<td>3 Male, 3 Female</td>
<td>Any remaining places considered against Top-15 benchmarks from:</td>
</tr>
<tr>
<td>Athletes born 2000 – 2003*</td>
<td></td>
<td>• 2018 World Jnr Champs medallists</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• 2019 ETU Jnr Cup medallists</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• 2019 ETU Jnr Champs Top-8</td>
</tr>
<tr>
<td><strong>European JNR Champs</strong></td>
<td><strong>Automatic</strong></td>
<td><strong>Discretionary</strong></td>
</tr>
<tr>
<td>Weert, NED (31 May – 2 June)</td>
<td>2018 World Jnr Champ medallist 2018 ETU Jnr Champs medallist First two eligible male/female athletes (excluding above) in Llanelli Jnr Super Series (Tier 1)</td>
<td><strong>Llanelli Jnr Super Series (Tier 1)</strong></td>
</tr>
<tr>
<td>GB Starts (TBC)</td>
<td></td>
<td>- Potential to achieve Top-30 finish at Champs based on benchmarking</td>
</tr>
<tr>
<td>3 Male, 3 Female</td>
<td></td>
<td>If more athletes meet Top-30 standard than places available, consideration of best performance from:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• 2019 Performance Assessments</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• 2018 JNR World Champs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• 2018 Quality of Field (QoF) assessed performance</td>
</tr>
</tbody>
</table>

* It is the belief of BTF and GB WCPP that athletes born 2003 are not at an appropriate age or stage in their triathlon development journey to compete Internationally in this level of event (Junior), whereas the BTF Super Series is a more suitable learning and development environment (judged by QOF)
2019 Selection Policies

Senior Selection Policies

Olympic Games Selection Policies

Paratriathlon Selection Policies

Junior Selection Policies
Senior Selection Policies

JUNIOR

- BTF 2019 European Junior Triathlon Championships Selection Policy
- BTF 2019 World Junior Triathlon Championships Selection Policy
- BTF 2019 European Youth Championships Selection Policy
- Racing Up An Age Group 2019
- BTF 2018 ETU Junior Cup Qualification and Nomination Criteria
- BTF 2019 ETU Junior Cup Qualification and Nomination Criteria
- England Talent Squad Selection Policy 2018/19
- TE/WT 2019 School Games Selection Policy (England & Wales)
- TS 2019 School Games Selection Policy (Scotland)
- BTF 2019 Super League Selection Policy

BRITISH TRIATHLON
Home Nation Programmes
Finding the Selection Policies
<table>
<thead>
<tr>
<th>Policy Title</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BTF 2019 European Junior Triathlon Championships Selection Policy</strong></td>
<td></td>
</tr>
<tr>
<td><strong>BTF 2019 World Junior Triathlon Championships Selection Policy</strong></td>
<td></td>
</tr>
<tr>
<td><strong>BTF 2019 European Youth Championships Selection Policy</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Racing Up An Age Group 2019</strong></td>
<td></td>
</tr>
<tr>
<td><strong>BTF 2018 ETU Junior Cup Qualification and Nomination Criteria</strong></td>
<td></td>
</tr>
<tr>
<td><strong>BTF 2019 ETU Junior Cup Qualification and Nomination Criteria</strong></td>
<td></td>
</tr>
<tr>
<td><strong>TE/WT 2019 School Games Selection Policy (England &amp; Wales)</strong></td>
<td></td>
</tr>
<tr>
<td><strong>TS 2019 School Games Selection Policy (Scotland)</strong></td>
<td></td>
</tr>
<tr>
<td><strong>BTF 2019 Super League Selection Policy</strong></td>
<td></td>
</tr>
<tr>
<td><strong>England Talent Squad Selection Policy 2018/19</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Welsh Triathlon Performance Programme Selection Policy 2019/20</strong></td>
<td></td>
</tr>
<tr>
<td>For the Triathlon Scotland National Squad Selection Criteria please see HERE</td>
<td></td>
</tr>
</tbody>
</table>