

Pro's

for / advantages / +ves

- | | |
|----------------------------|-----|
| 1. Close to home | + 5 |
| 2. Small training group | + 3 |
| 3. Experienced Coach | + 5 |
| 4. Access to Sport Science | + 2 |

Score = + 15

Con's

against / disadvantages / -ves

- | | |
|----------------------------|-----|
| 1. Expensive living costs | - 5 |
| 2. Busy roads for riding | - 2 |
| 3. Poor off road running | - 2 |
| 4. Lack of job flexibility | - 4 |

Score = - 13

A simple scoring system 1-5 with 5 being good allows you to prioritise and weight the needs that are most important to you. Giving each side a score can mean for some that a little more objectivity is brought to the process and allows you to see which side comes out better.