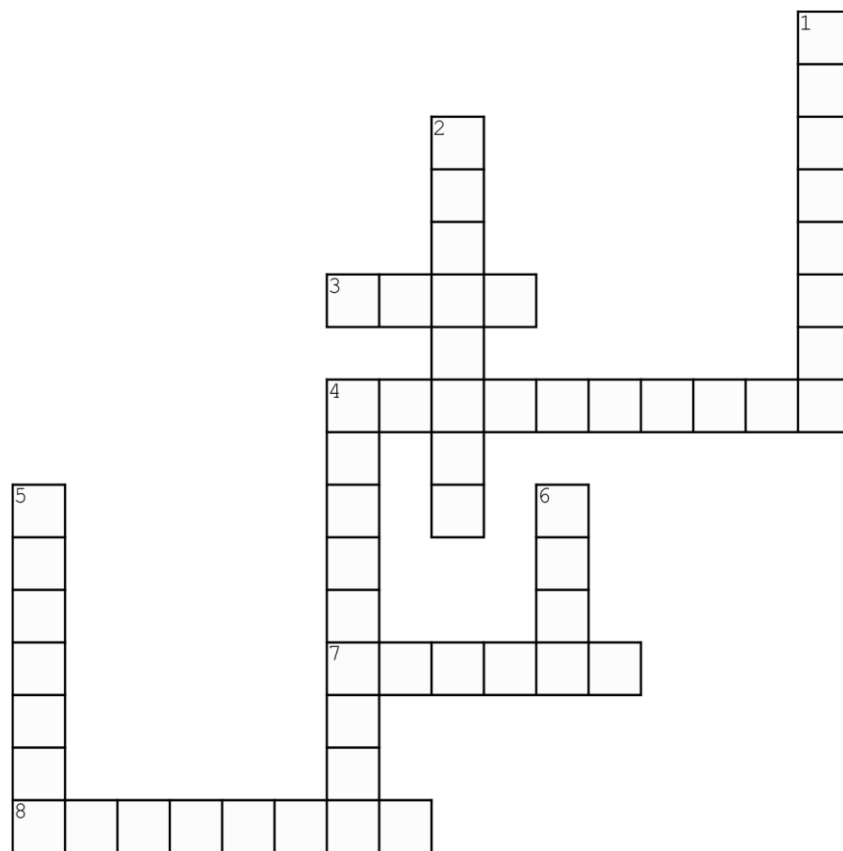


ALISON'S TRIATHLON CROSSWORD



ACROSS

3. A floating marker used in an open water swim race to guide the swimmers around a set course.
4. The activity of moving from one triathlon discipline to another.
7. Safety equipment designed to prevent impacts to the head of a cyclist.
8. This is where an advantage is gained by tucking close behind the cyclist in front.

DOWN

1. Event consisting of run-bike-run.
2. Specially designed handlebars to improve aerodynamics and performance for triathletes and time trial cyclists.
4. Event consisting of swim-bike-run.
5. One of the British Triathlon Home Nations.
6. Human-powered pedal-driven vehicle.