Tiers and Permissions

Every part of England is classified into one of three tiers as set out below. These may change at any time and clubs and coaches are encouraged to check these regularly by looking what restrictions are in operation in each tier and looking at the live list of the tiers each area falls into. They are also available directly through the government's test and trace app.

The table below sets out what is permitted in each tier and across all types of provision within the scope of club and coached settings of our sport.
Provision for under 18s, disabled people and delivery in educational settings inside curriculum time are exempt from all tier restrictions set as below.

Activity Type		Tier 1 (MEDIUM)	Tier 2 (HIGH)	Tier 3 (VERY HIGH)	Tier 4 (STAY AT HOME)
Outdoor Organised Club and/or Coached Activity	Non-Led Club Sessions	✓ **Permitted** Group sizes should be limited to 6 and session ownership and accountability sits with the club at all times. Covid requirements in section 1 should be adhered to. NO under 18s in this session type.	✓ **Permitted** Group sizes should be limited to 6 and session ownership and accountability sits with the club at all times. Covid requirements in section 1 should be adhered to. No under 18s in this session type.	✓ **Permitted** Group sizes should be limited to 6 and session ownership and accountability sits with the club at all times. Covid requirements in section 1 should be adhered to. No under 18s in this session type.	✗ **Not Permitted**
	Activator-Led Club Sessions	✓ **Permitted** Group Size of 8 only in line with section 2.	✓ **Permitted** Group Size of 8 only in line with section 2.	✓ **Permitted** Group Size of 8 only in line with section 2.	✗ **Not Permitted** for adults ✓ **Permitted** for under 18s and disabled people within the tier only.

Coached Sessions	✓ **Permitted** Group Size allowances in section 2 that differ depending on coach qualification.	✓ **Permitted** Group Size allowances in section 2 that differ depending on coach qualification.	✓ **Permitted** Group Size allowances in section 2 that differ depending on coach qualification.	✗ **Not Permitted** for adults ✓ **Permitted** for under 18s and disabled people within the tier only.
Indoor Organised Club and/or Coached Activity	✓ **Permitted**	✓ **Permitted**	✗ **Not Permitted** Unless for disabled people, under 18s and in education (curriculum time).	✗ **Not Permitted** Unless for under 18s specifically when in education settings (curriculum time).
Pool Swimming	✓ **Permitted** Note group sizes and session type allowances in section 2.	✓ **Permitted** Note group sizes and session type allowances in section 2.	✗ **Not Permitted** Unless for disabled people, under 18s and in education (curriculum time).	✗ **Not Permitted** No exceptions. Pools will be closed in tier 4 areas.
Open Water Swimming	✓ **Permitted**	✓ **Permitted**	✓ **Permitted**	✓**Permitted**
Travel (Participants, Club Members, Parents)	✓ **Permitted** Across tier and 1 and tier 2 only	✓ **Permitted** Across tier 2 and into tier 1 only	✗ **Not Permitted** Within tier 3 only. Do not travel into tiers 1 or 2 or across neighbouring tier 3 areas even where they share a border. Where activity means a ride/run takes participants out of the tier 3 area and into a neighbouring area (and then back to the tier 3 area), this is permitted.	✗ **Not Permitted** Within tier 4 only for allowed activity involving under 18s and disabled people outdoors.

			Parents/carers/chaperones may travel across tiers to enable under 18s and disabled people to take part.	
Coaching in Education Settings as part of a core curriculum	✓ **Permitted**	✓ **Permitted**	✓ **Permitted**	✓**Permitted**
Coaching as part of paid work (not as part of a volunteer role)	✓ **Permitted**	✓ **Permitted**	✓ **Permitted** Adult participants may not travel into tier 3 to attend coached sessions from lower tiers. Participants must be resident in the tier 3 area.	✓**Permitted** Only permitted for one-to-one coaching sessions or under 18s coaching outdoors where allowed. No travel in or out of tier 4 area for participant being coached.
British Triathlon Workforce Education Programme	✓ **Permitted**	✓ **Permitted**	✓ **Permitted** Courses that include practical swimming or any indoor practical of any kind will not be able to include this element.	**× Not Permitted**