

Meeting Minutes

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|----------------------------|-------------------------------|
| Purpose of Meeting: | Annual general Meeting AGM |
| Date of Meeting: | 19 th October 2016 |
| Time: | 7.30 pm |
| Location: | Hilton Hotel Stansted |

Attendees:

| Name | Representing | Name | Representing |
|--|--------------|------|--------------|
| <i>A complete record of Attendance is attached in the Appendix of these minutes.</i> | | | |

Apologies:

| Name | Representing | Name | Representing |
|---------------|----------------|------|--------------|
| Kate Liddiard | TEER Secretary | | |

| Item | Notes | Action | | | | | | | | | | | | | | | | |
|-----------|---|-----------------|----------------|----------|----------|----------|----------|-----------------|----------------|-----------|---------------|--|--|-----------|----------------|-----------------|----------------|--|
| 1.0 | <p><u>Preliminaries</u></p> <p>The minutes of the 2015 AGM were not available to distribute on the night – The previous year’s minutes 2015 will be posted on the east region web site for viewing.</p> <p>Apologies were received from Kate Liddiard – Committee Secretary</p> | | | | | | | | | | | | | | | | | |
| 2.0 | <p><u>Election of the Committee Members</u> :</p> <p>The Chairman (Jonathon Davies) Introduced to the floor the TEER current Committee members</p> <p>The existing committee was dissolved and an election for the committee pursued :-</p> <p>The Election of committee members results summarised as follows :-</p> <p><u>Summary of Election of the Committee Members</u></p> <table border="1"> <thead> <tr> <th>Position</th> <th>Person</th> <th>Proposer</th> <th>Seconder</th> </tr> </thead> <tbody> <tr> <td>Chairman</td> <td>Rob Line</td> <td>Jonathan Davies</td> <td>Richard Fuller</td> </tr> <tr> <td>Secretary</td> <td>Kate Liddiard</td> <td></td> <td></td> </tr> <tr> <td>Treasurer</td> <td>Richard Fuller</td> <td>Jonathan Davies</td> <td>Elisabeth Ross</td> </tr> </tbody> </table> | Position | Person | Proposer | Seconder | Chairman | Rob Line | Jonathan Davies | Richard Fuller | Secretary | Kate Liddiard | | | Treasurer | Richard Fuller | Jonathan Davies | Elisabeth Ross | |
| Position | Person | Proposer | Seconder | | | | | | | | | | | | | | | |
| Chairman | Rob Line | Jonathan Davies | Richard Fuller | | | | | | | | | | | | | | | |
| Secretary | Kate Liddiard | | | | | | | | | | | | | | | | | |
| Treasurer | Richard Fuller | Jonathan Davies | Elisabeth Ross | | | | | | | | | | | | | | | |

| Item | Notes | Action |
|------|---|--------|
| 2.0 | <p>There was interest from the attendees to join the committee</p> <p>A complete record of the committee members for Year 2016 – 2017 is as detailed in the Appendices of these minutes.</p> | |
| 3.0 | <p><u>Chairman's Report:</u> -</p> <p>The chairman would like to thank the committee members especially thanks to Carol Macdonald and Richard Fuller for their support during his tenure</p> <p>A full copy of the chairman's report by Jonathan Davies and is in the Appendices of these minutes.</p> | |
| 4.0 | <p><u>Treasurers Report:</u> -</p> <p>The Treasurers report was summarised as follows :-</p> <p>Accounts April – March 2016 Reported £48,000 in the account currently</p> <p>End of year position was £38,000</p> <p><u>Coach Education</u></p> <p>This was the most profitable process for improving revenue – All revenue is re-invested into the region through Club Bursary Schemes.</p> <p>Currently Sport England is coming to the end of its 4 year cycle for funding for sport.</p> <p><u>Challenges Ahead</u></p> <p>Sport England want to see a better management of monies so likely direct funding will disappear and the region will be lucky to see a ¼ of the current funding which is currently received in the coming years</p> <p>Overall the accounts are in good shape and full report will be provided in April 2015</p> <p><u>BTF Academy</u> – Academy is given a budget for elite coaching – Provide a pathway to National level</p> <ul style="list-style-type: none"> • BTF Academy monies are ring fenced for coaching of developing youngsters | |
| 5.0 | <p><u>Regional head Coach's report :</u> -</p> <p>A full copy of the Regional Coaches report is attached in the Appendix :-</p> <p>A summary is as Follows :-</p> <p>Academy Sessions are once a month with regular weekday sessions in the summer</p> <p>Key Races Super Series :- Learning opportunities, especially draft legal events</p> <p><u>OLDER ATHLETES</u></p> <p>Provided with coaching plans</p> <p>Attendance at organised training camps</p> | |

| Item | Notes | Action |
|------|--|--------|
| 5.0 | <p><u>Regional head Coach's report continued</u> : -</p> <p><u>ACADEMY CAMP</u></p> <p>This year saw the academy camp extended to include Tristars – 70 Youths & Juniors Children took up the opportunity</p> <p><u>INTER- REGIONAL COMPETITIONS</u></p> <p>Eastern Region Finished in 4th place out of 12 regions</p> <p><u>ACADEMY</u></p> <p>Academy trials went well – slight improvement on previous year take up</p> <p>Academy currently standing at 20 Strong</p> | |
| 5.1 | <p><u>Skill School</u></p> <p>The Skill school is a new undertaking by triathlon England and the regions representative is Emma Springham. Emma provided a short dialogue of what the Skill school is all about.</p> <p>Triathlon England have identified that there should be a more skill emphasis at the younger age groups and the skill school is there to help children's development in the sport as well the coaches development.</p> <p>The content of the Skill school has been developed by triathlon England over the last 9 months, which explores a different way of coaching which is fun based.</p> <p>It is currently available from T2 upwards to youth , but currently looking to extend to T1</p> <p>The Skill schools are open to children who show an interest across the region from different clubs and so far the skill school sessions have been well received</p> | |
| 6.0 | <p><u>Regional managers Report</u> : -</p> <p>This was presented by Carol Macdonald and was in the form of a Powerpoint presentation which was well received by the audience.</p> <p>The PowerPoint was a summary of the involvement TEER have had over the last year and how the region can assist clubs in the future</p> | |
| 7.0 | <p><u>Technical Co-ordinator's Update</u> : -</p> <p>The region is still running officials courses and the eastern region has very representational figures for the region compared to other regions. A full report is attached in the appendix of these minutes.</p> | |

| Item | Notes | Action |
|------|--|--------|
| 8.0 | <p><u>Triathlon England Council</u></p> <p>The region also has a triathlon England council member – Richard Fuller</p> <p>The council meet 6 times a year at Loughborough and the council helps govern triathlon England similar to what how school Governors work within schools</p> <p>Typically to discuss how triathlon England distributes information to the regions a typical example is regional budgets.</p> <p>Richard Fuller – provides an update to the committee following a council meeting.</p> | |
| 9.0 | <p><u>A.O.B</u></p> <p>No Items raised</p> | |
| 10.0 | <p>Meeting closed 20.50</p> | |
| | <p><u>Presentation of Awards</u></p> <p>The Regional Presentations Followed :-</p> <p>Adult League(s)</p> <p>Attendance Awards</p> <p>Volunteer awards</p> <p>The children's awards to be presented at the Annual Bowling event</p> <p>A complete list of all award winners to be found on the TEER Website</p> | |

19th October 2016 - Regional Committee AGM Appendices

| | |
|---|-------------|
| Schedule of Committee members 2016 – 2017 | As attached |
| Chairmans Report | As attached |
| Technical Co-ordinator report | As attached |
| Regional Head Coach's Report | As attached |
| Record of AGM attendees | As attached |

Election of Committee Members - October 2016

| Role | Name of Previous position holder | Name of Person(s) to stand | Proposer / Nominator | Secunder | Votes / AGM Agreed |
|--|----------------------------------|----------------------------|----------------------|----------------|--------------------|
| <i>Chairman</i> | Jonathon Davies | Rob Lines | Jonathon Davies | Richard Fuller | Agreed |
| <i>Secretary</i> | Kate Liddiard | Kate Liddiard | Jonathon Davies | Richard Fuller | Agreed |
| <i>Treasurer</i> | Richard Fuller | Richard Fuller | Jonathon Davies | Elisabeth Ross | Agreed |
| <i>Regional Technical Co-Ordinator</i> | Jonathon Davies | Jonathon Davies | | | |
| <i>Regional Head Coach</i> | Tim Williams | Tim Williams | | | |
| <i>Committee Member</i> | | Peter Bryan | | | |
| <i>Committee Member</i> | | Kevin Carley | | | |
| <i>Committee Member</i> | | Roger Clarke | | | |
| <i>Committee Member</i> | | Alastair/Cheryl Henson | | | |
| <i>Committee Member</i> | | Justin Howard | | | |
| <i>Committee Member</i> | | Ashley Nicholson | | | |
| <i>Committee Member</i> | | Mark Philo | | | |
| <i>Committee Member</i> | | Elisabeth Ross | | | |
| <i>Committee Member</i> | | James Springham | | | |
| <i>Committee Member</i> | | Alasdar Sutherland | | | |

CHAIRMANS REPORT 2016

It has been another successful year for our sport with no fewer than 7 national championship or qualification events in the region with the cream of British and English age groupers racing and it is only fitting that a regional award has gone to Grafman which was the middle distance national championship.

Our adult and children's leagues have again been well supported with a good spread of races keenly contested as well as over 80 other races we have been spoilt for choice in 2016. Our sport at the younger age groups from trisstart upwards continue to grow with a number of clubs with waiting lists and races full in hours. We have also had a successful year with our regional talent academy who acquitted themselves well at the under 20s championship, which was previously the IRC, under the excellent leadership of Tim Williams who was ably supported by a team of volunteers throughout the year. In addition to the regional academy we also now have the Triathlon England Skills School which held its first event earlier in the month and we were delighted to hear that Emma Springham, one of the driving forces behind Infinity Tri, was appointed the Skills School Coach. Although technically independent of the region the committee has offered its full support to ensure this initiative is a success and gives our youngsters the best possible chances of taking part in multi sport events.

Finally for my Chairman's report I would like to thank the committee for all the hours they give up to ensure we are one of the best run regions in Triathlon England and also Richard Fuller who is our regional TE council member whose counsel I have called on throughout my three years as chairman.

TECHNICAL CO-ORDINATORS REPORT 2016

This year saw the introduction of a brand new rule book which sees Britain aligned more closely to ITU rules than ever before but this has brought with it some challenges with our 30 technical officials having to re-learn the rules and also competitors having to get used to new concepts such as stop/go penalties as well as older ones such as the front fastening tri-suit rule. I think on balance that the new rule book has worked well and allowed technical officials to concentrate more on their primary role of independent safety officer for permitted events.

It has also been a good year for our technical officials as well with two new National Technical Officials qualifying in February bringing our total up to four as well as another 8 new local technical officials joining the community in this region having completed the course and passed to the stringent standards.

Going forward I will be working with Emma and the Skills School to hold a seminar for parents on the rules and how they can best help their youngsters enjoy our sport and also as two of the national tutors for local and regional officials both Kevin Gregory and I are taking part in the course reviews in January at British Triathlon so as a region we continue to contribute nationally and internationally with TOs working in both Rotterdam and Stockholm this year.

Regional Coach Report to AGM 2016

Overall

This has been a good year for youths, particularly youth girls. Less so for Juniors, particularly junior boys.

The recurring theme has been exams and revision taking priority over training and racing. More so than in any previous year.

Perhaps the prioritising has been to good effect as three of our Academy members have been accepted at Loughborough University. Two others have also gone to University this year. And though their training and racing was badly disrupted their enthusiasm appears undiminished. The risk of losing a year is not that they cannot recover the lost ground in performance terms, but that they lose their places in the pecking order and the advantages that come from being at the front.

Academy Activity

Activity was much as established over recent years. There were eleven weekend sessions (which works out at over one a month when you consider seven weekends at super-series races and the trials weekends), weekly mid-week sessions during the summer and a week-long training camp in February.

Races.

2016 Superseries races:

- Winsor (Duathlon)
- Llanelli
- Eton
- Leeds (Aquathlon)
- Hetton
- Liverpool
- Glasgow

Training camp

This year's training camp was a much bigger venture than last, which was just for the Regional Academy. In order to hold a camp at Culford School again we needed a bigger group so I organized a Region-wide camp. I didn't do it myself: I roped in a number of people to help and we ran a camp for nearly 70 triathletes, youths and juniors. It was successful enough that we'll be doing it again next year. I'd particularly like to thank Michael Masters, Geoff Jones and Emma Springham, without whom it could not have taken place.

The training camp was entirely funded by attendees. There was no regional subsidy. It was not intended to be profit-making, but did result in a small surplus (approx. £1k) which was returned to regional funds.

IRC (Inter Regional Championship)

This year's IRC was in Glasgow on the Commonwealth Games course. The event was fantastic and blessed with the same sort of weather as the Commonwealth Games too.

The purpose of the event is to give the kids (Tristar 2 and Triastar 3) who make the team a good experience: before and during the event itself. We hold a number of training events and provide kit. This year, thanks to Craig Dyce, the pre-event preparation was incredible. Craig ran eleven training sessions in addition to the five 'official' sessions laid on by Michael Masters (the team leader) and me. And thanks to Tabitha Stanton Stock the team was kitted out in brand new kit.

The result of the IRC is something of a lottery. Our goal is always 12 children happy with their performances. We've finished third and second from last in the past. This time we were fourth (happy) and everyone performed well (delighted!).

Money

(added following comments during the Treasurer's report)

The Academy is funded centrally by Triathlon England and is ring fenced. Most of the money goes on venue hire and kit. Some goes on coaches travel and accommodation. Our academy has run within budget which has allowed us to build a small reserve. The apparent underspend this year was because we didn't do an academy kit run alongside the new IRC kit. Academy members do not pay for academy membership or academy sessions. However they do not receive any financial support, travel or accommodation.

Future.

We've just had trials for the next academy year. The standard was the highest so far and has resulted in the biggest academy to date. We have our first date of the new season on Sunday.

There has been much discussion in the TPG (triathlon performance group – RHCs, university coaches, National Talent Coaches) about developing the Academy programme. Some of this is to do with selection and some with athlete development. This year we'll be trialing a number of standard screening assessments during academy sessions. This gives us some baselines and allows us to make comparisons and monitor progress. In the long run it might help us make better selections or target different areas of development.

Skills school

This time last year I briefed the meeting about the BTF Skills School. Since then this has been taken up Emma Springham.

Sign in Record - AGM October 2016

| Name of attendee | Club Affiliation if Applicable |
|--------------------|--------------------------------|
| Ashley Nicholson | Discovery Tri |
| Elisabeth Ross | Trisport Epping |
| Carol Macdonald | British Triathlon |
| Peter Bryan | Born-2-Tri |
| Jonathan Davies | Born-2-Tri |
| Richard Fuller | East Essex Tri |
| Mark Philo | Tri-Anglia |
| Rob Lines | Tri-Anglia |
| Kevin Carley | Blackwater Tri |
| Lindsay Hobden | TriSudbury |
| Natalie McLaren | TriSudbury |
| Melonie Evans | TriSudbury |
| Andy Brigg | TriSudbury |
| Simon Budd | TriSudbury |
| Alsidar Sutherland | TriSudbury |
| Paul Murray | TriSudbury |
| Simon Daniel | TriSudbury |
| Ian Gowers | Infinity Tri |
| Jo Gowers | Infinity Tri |
| Charlotte Gowers | Infinity Tri |
| B. Carpenter | Hoddesdon Tri Club |
| D. Madden | Hoddesdon Tri Club |
| D. Eagle | Hoddesdon Tri Club |
| Andy Cotton | Cambridge Tri Club |
| V.Grice | Beccles Tri Club |
| S. Crowley | Beccles Tri Club |
| K. Howard | Beccles Tri Club |
| S. Knights | Beccles Tri Club |
| Hayley Oates | Hemel Hempstead CC |
| Justin Howard | East Essex Tri |
| Cheryl Henson | Born-2-Tri |
| Ali Henning | Born-2-Tri |
| Will Stephens | TriSudbury |
| J. Springham | Infinity Tri |
| E. Springham | Infinity Tri |
| C. Ritchie | Nicetri Events |
| K. Richie | Nicetri Events |
| Tim Williams | Cambridge Tri Club |
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