

Race Num	Name	Cat	Swim		Bike		Run		Overall	
			Time	Swim Place	Time	Bike Place	Time	Run Place	Time	Penalty
1	85 Born2tri1	MO	00:32:11	3	01:41:57	4	00:57:07	5	03:11:15	0
2	70 Cambridge Tri A	MO	00:35:32	14	01:41:44	3	00:55:32	3	03:12:48	0
3	54 Shorter Rochford Exclusive Ranges RT 1 Mix	Mix	00:33:04	7	01:42:35	7	00:58:33	9	03:14:12	0
4	38 Tri-Force Adam's Family	MO	00:34:23	12	01:45:43	10	00:54:16	2	03:14:22	0
5	24 walden tri	MO	00:33:15	8	01:42:01	5	00:59:31	11	03:14:47	0
6	44 ALL-SORTS	MO	00:31:39	1	01:48:17	19	00:55:52	4	03:15:48	0
7	59 MS1	MO	00:33:15	9	01:45:03	9	00:57:32	6	03:15:50	0
8	87 Buddy Curtis and the Crickets	MO	00:32:11	4	01:45:45	11	00:57:59	7	03:15:55	0
9	28 Ollie's Army	MO	00:46:17	58	01:33:58	1	00:58:39	10	03:18:54	0
10	42 TSE MVs 1	MV	00:33:41	11	01:47:18	16	00:58:25	8	03:19:24	0
11	88 Tri Anglia MVs	MV	00:35:28	13	01:43:50	8	01:00:16	13	03:19:34	0
12	82 Born2tri2	MO	00:33:15	10	01:46:48	13	01:00:17	14	03:20:20	0
13	55 Shorter Rochford Exclusive Ranges RT	MV	00:36:01	17	01:42:01	6	01:02:46	18	03:20:48	0
14	49 Human Performance Unit Men A	MO	00:31:39	2	01:47:02	15	01:03:27	20	03:22:08	0
15	86 Trisport 8 - The mixed one	Mix	00:32:58	6	01:48:06	17	01:02:30	16	03:23:34	0
16	52 Fredericia 2001	MV	00:32:58	5	01:51:27	27	01:04:33	24	03:28:58	0
17	43 Human Performance Unit Men B	MO	00:40:02	33	01:48:32	21	01:02:31	17	03:31:05	0
18	79 Witham - Team Alan	MO	00:37:08	20	01:54:24	34	00:59:54	12	03:31:26	0
19	7 Harwich Runners Mixed Team A	Mix	00:40:03	34	01:49:22	22	01:03:07	19	03:32:32	0
20	11 Won2Six	Mix	00:41:09	38	01:47:02	14	01:04:27	23	03:32:38	0
21	56 MV1	MV	00:51:13	72	01:41:28	2	01:00:24	15	03:33:05	0
22	60 MV2	MV	00:39:38	31	01:50:55	24	01:04:19	22	03:34:52	0
23	26 2 Vets & a Whippet	MO	00:40:04	35	01:51:25	25	01:03:50	21	03:35:19	0
24	19 Surf n'Turf	MO	00:35:55	16	01:52:03	29	01:07:30	32	03:35:28	0
25	36 The Walden Trio	MO	00:40:01	32	01:48:26	20	01:07:13	30	03:35:40	0
26	31 stortford dare devils	Mix	00:39:27	29	01:48:14	18	01:09:36	40	03:37:17	0
27	18 The Puppies	MO	00:36:57	19	01:53:58	31	01:07:21	31	03:38:16	0 dnf
28	47 Human Performance Unit Men C	MO	00:41:24	41	01:49:34	23	01:08:22	34	03:39:20	0
29	83 Born2trigirls	FO	00:37:58	23	01:54:05	32	01:08:35	37	03:40:38	0
30	75 Born2tri - updated	MO	00:45:00	52	01:51:26	26	01:04:47	25	03:41:13	0

31	58 MS2	MO	00:38:00	24	01:57:05	38	01:06:29	27	03:41:34	0
32	13 Girl Fridays	FV	00:38:50	26	01:55:15	36	01:08:00	33	03:42:05	0
33	20 Tr-ingteens	MO	00:36:22	18	02:00:48	49	01:04:57	26	03:42:07	0
34	51 TSE Ladies 1	FO	00:41:34	43	02:14:45	72	00:47:04	1	03:43:23	0 dnf
35	45 MIX N' MATCH	MO	00:37:55	22	01:59:42	47	01:06:57	28	03:44:34	0
36	5 Harwich Runners Open Male A	MO	00:42:36	47	01:55:28	37	01:07:12	29	03:45:16	0
37	22 New2Tri	MO	00:42:10	46	01:53:54	30	01:10:30	43	03:46:34	0
38	35 Perko's Band	MO	00:39:37	30	01:58:10	41	01:09:33	39	03:47:20	0
39	1 Team Viper Snipers	MO	00:40:46	36	01:59:05	44	01:09:33	38	03:49:24	0
40	8 Walden Tri Sub Zero	MO	00:48:29	68	01:52:00	28	01:10:49	44	03:51:18	0
41	68 FS1	FO	00:41:35	44	02:01:42	52	01:08:33	36	03:51:50	0
42	17 Budgie Smugglers	MV	00:48:28	67	01:55:14	35	01:08:30	35	03:52:12	0
43	53 The 3 Togs	MV	00:41:24	42	01:59:26	46	01:11:44	49	03:52:34	0
44	81 Born2tri3	MO	00:38:20	25	02:03:32	56	01:11:13	46	03:53:05	0
45	21 Bobby Charltons	MV	00:46:05	57	01:54:22	33	01:12:51	52	03:53:18	0
46	37 Tri-Babes	FO	00:41:51	45	02:01:23	50	01:11:12	45	03:54:26	0
47	33 Fat Ginger Pig	MO	00:41:24	40	02:02:23	53	01:11:18	47	03:55:05	0
48	39 Tri-Anglia	FO	00:38:50	27	02:06:53	63	01:09:58	41	03:55:41	0
49	69 MV6	MV	00:45:16	54	02:01:23	51	01:11:30	48	03:58:09	0
50	57 MS3	MO	00:45:28	55	02:02:36	54	01:10:28	42	03:58:32	0
51	65 MV4	MV	00:41:02	37	02:00:45	48	01:17:41	68	03:59:28	0
52	72 MV7	MV	00:48:20	66	01:57:36	39	01:13:33	55	03:59:29	0
53	62 MV3	MV	00:47:25	63	01:58:34	42	01:13:47	56	03:59:46	0
54	14 In Therapy	FO	00:39:25	28	02:09:14	66	01:15:43	60	04:04:22	0
55	12 Springfield Striders	MO	00:43:53	50	02:03:32	55	01:17:19	66	04:04:44	0
56	3 Harwich Runners MV A	MV	00:42:52	49	02:10:55	67	01:12:30	51	04:06:17	0
57	34 Tri-Force Tapsgang	MO	00:47:40	65	02:03:47	57	01:16:06	62	04:07:33	0
58	23 The Vaccines	MO	00:42:50	48	02:09:06	65	01:16:08	63	04:08:04	0
59	25 PJ'S	MO	00:50:56	71	02:04:29	59	01:14:15	58	04:09:40	0
60	73 Mx1	Mix	00:54:19	79	02:04:10	58	01:14:30	59	04:12:59	0
61	50 PRINCESSES	FO	00:35:44	15	02:17:34	74	01:20:54	72	04:14:12	0
62	67 MV5	MV	00:52:35	76	02:05:58	61	01:15:45	61	04:14:18	0
63	66 FS2	FO	01:02:40	88	01:58:46	43	01:13:23	53	04:14:49	0

64	80 The bewildered	FV	00:56:53	83	01:58:07	40	01:20:18	70	04:15:18	0
65	40 Mill Road Rules	FO	00:51:41	73	02:07:10	64	01:17:05	65	04:15:56	0
66	77 Witham - Team Tony	MV	00:57:08	84	02:05:49	60	01:13:25	54	04:16:22	0
67	15 Mummy's Birthday Boy	Mix	00:44:07	51	02:11:13	69	01:21:45	74	04:17:05	0
68	63 FV1	FV	01:00:58	87	01:59:20	45	01:17:39	67	04:17:57	0
69	84 Witham - Team David P	Mix	00:50:31	70	02:16:47	73	01:12:19	50	04:19:37	0 dnf
70	78 The Good and the Bad and the Ugly	MV	00:52:30	75	02:11:01	68	01:18:24	69	04:21:55	0
71	9 The Witches of Walden	FO	00:41:24	39	02:27:16	83	01:14:00	57	04:22:40	0
72	30 Centurions	Mix	00:46:59	60	02:11:56	70	01:26:31	80	04:25:26	0
73	74 MS4	MO	00:56:16	82	02:12:59	71	01:16:25	64	04:25:40	0
74	4 Harwich Runners Open Female A	FO	00:55:32	80	02:06:37	62	01:23:43	76	04:25:52	0
75	6 Harwich Runners Mixed Team B	Mix	00:46:30	59	02:17:45	75	01:26:21	79	04:30:36	0
76	71 Go JEN Go!	FO	00:47:17	61	02:19:20	79	01:27:53	82	04:34:30	0
77	76 Witham - Team Colsy	Mix	00:53:54	78	02:17:55	76	01:23:01	75	04:34:50	0
78	46 Human Performance Unit Women A	FO	00:47:31	64	02:22:36	81	01:27:33	81	04:37:40	0
79	48 CLASSIC	MV	00:56:15	81	02:21:13	80	01:20:46	71	04:38:14	0
80	61 FV2	FV	00:52:59	77	02:19:10	78	01:29:50	84	04:41:59	0
81	10 south eastern road club	Mix	00:59:00	85	02:18:21	77	01:25:09	77	04:42:30	0
82	29 Dancing Dolphins	Mix	00:49:00	69	02:28:02	84	01:25:53	78	04:42:55	0
83	16 Blues Babes	FO	00:45:06	53	02:29:20	86	01:29:23	83	04:43:49	0
84	41 The Hackney Hatrick	Mix	01:00:39	86	02:38:06	87	01:21:02	73	04:59:47	0
85	32 Only came for the picnic	FV	00:52:04	74	02:28:16	85	01:39:39	85	04:59:59	0
86	2 Harwich_KDA	FO	00:47:22	62	02:43:02	88	19:29:36	198	23:00:00	0 dnf
87	27 Dorking and Mole Valley AC	MV	00:37:30	21	01:46:02	12	20:36:28	200	23:00:00	0 dnf
88	64 FS3	FO	00:45:36	56	02:25:54	82	19:48:30	199	23:00:00	0 dnf