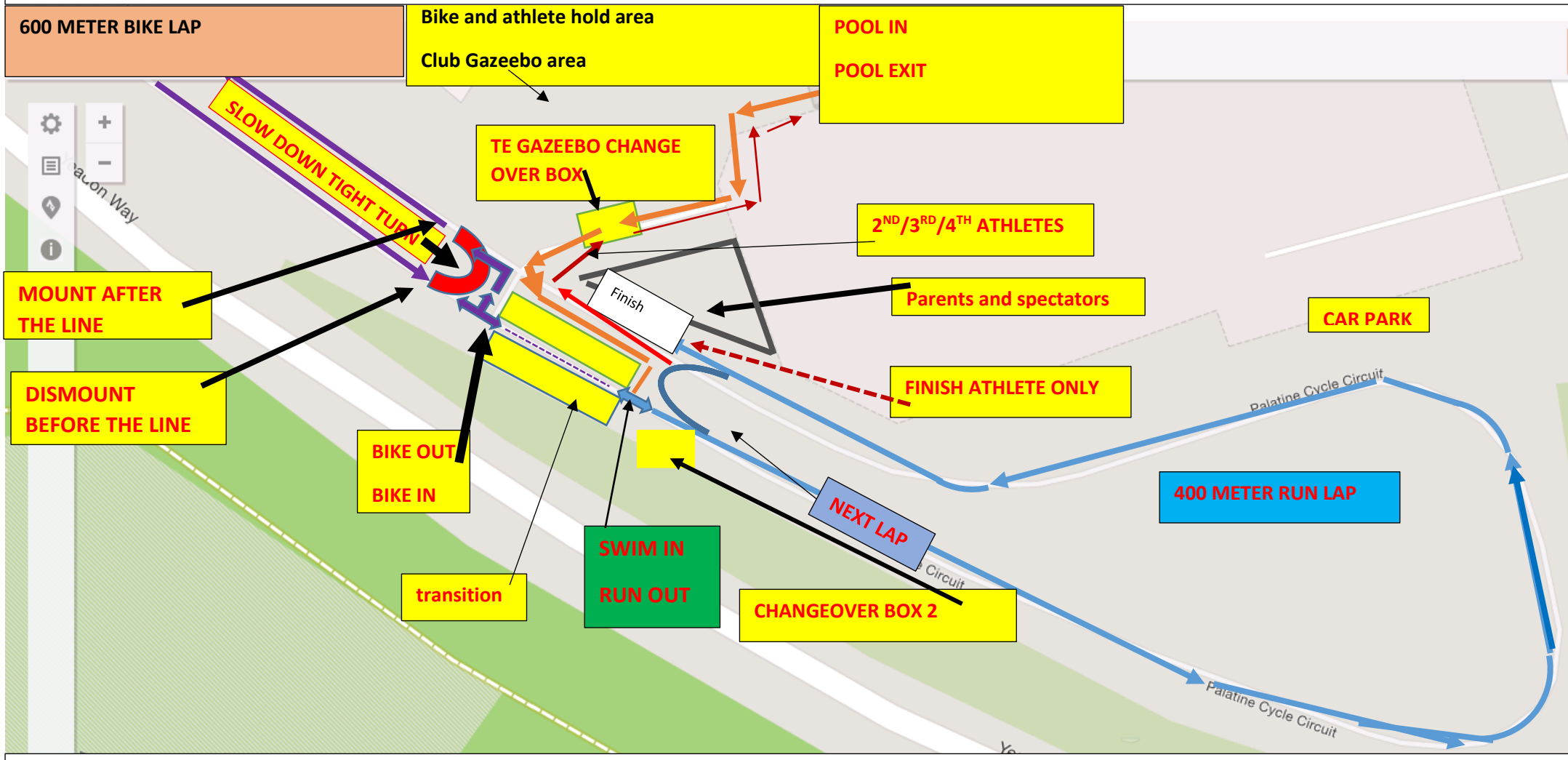
EPIC KIDZ TRIATHLON ENGLAND NORTH WEST CHILDRENS TRIATHLON RELAYS TRACK LAYOUT

PALATINE LEISURE CENTRE BLACKPOOL Sunday 24th September 2017.



	SWIM	CYCLE	RUN		SWIM	CYCLE	RUN		SWIM	CYCLE	RUN
TRISTART	25 MTS	600 MTS	400 MTS	YOUTH	200 MTS	48OO MTS	1600 MTS	GO TRI ADULT	200 MTS	4800 MTS	1600 MTS
T1	75 MTS	1800 MTS	400 MTS	JUNIOR	200 MTS	4800 MTS	1600 MTS	GO TRI TRISTART	25 MTS	600 MTS	400 MTS
T2	100 MTS	3000 MTS	800 MTS	ADULTS	200 MTS	4800 MTS	1600 MTS	GO TRI SUPER SPRINT	100 MTS	2400 MTS	800 MTS
T3	150 MTS	3600 MTS	1200 MTS	TENW SERIES.				GOTRI SPRINT	200 MTS	4800 MTS	1600 MTS