



Triathlon England South Central AGM Minutes  
20:00 Thursday 22<sup>nd</sup> October 2020  
Virtual AGM hosted on Zoom

## Agenda

1. Welcome, Introductions and Apologies for absence

Welcome: Lee Rhodes welcomed all attendees, went through virtual AGM house rules and presented the Agenda

Introductions: Round table introductions facilitated by Ronnie Parker.

Apologies: Nil

Attendees: Lee Rhodes, Jen Granger, Del Granger, Scott Murray, Di Murray, Gary Cooper, Kelly Wickens, Rosie Davies, Ronnie Parker, Bex Stubbings, Pete Nash, Gina Graham, Lesley Quiney, James Mann, Keith Graetz, Sally Waterman, Nike Nash, Erika Tavener, Shaun Doyle, Jan Goble, Tony Webber, Gemma Korff, Shaun Percell, Toni Cox, Craig Perks, Clare Lawrence, Kirsty Shannon and Mike Jarvie

2. Approval of minutes of the previous year's AGM

Due to an administrative error it was not possible to locate the minutes from the 2019 AGM. L Rhodes apologised and offered to provide a copy of the Chair report to anyone who wished to view it.

3. Treasurer's Report

D Granger, Treasurer, provided a summary of the Treasurer's Report. See Annex A.

4. Chair's Report

L Rhodes, Chair, read out Chair's report. See Annex B.

5. Selected Questions from Chat

Could the committees please outline what types of activities / initiatives are currently on their list for re-investment of surplus funds?

L Rhodes – A very good question and rather than glibly respond with the Committee will consider all requests. Funding requests will be considered which reflect meeting the four goals (more participants, great clubs, growing membership and developing athletes) detailed in TE Strategic Plan 2019-2024. In the past we've considered grants for coaching, coaches to support our clubs, we've supported on equipment, we're looking at how we can get more young athletes involved, potentially opening up a committee position and developing a young persons network. We will take this question away as a committee, give it serious consideration and look at how best the region can support clubs. If you do

have an idea, even if it's out of left field, put the case forward and we will consider each request on its own merit.

R Parker – We are only 8 people, important that clubs within the region present their good ideas, the more that we receive the more we can share and support. If they meet the strategic objectives then we'll definitely take them forward.

D Murray – It was an aim this year to raise the presence of the committee around the region, not be a distant / silent body that is never seen, aim to go round the clubs, meet members, increase presence, attend events, move forward in the region and progress. This obviously wasn't possible this year but we will be looking to do so as restrictions are lifted and events return.

L Rhodes - Outside of the AGM we will circulate committee contact details, we're keen to engage, raise our profile and in turn support clubs and athletes within the region.

Is the regions funding purely based upon the number of clubs and members? or are there other factors taken in to account?

J Granger – South Central funding has built up over a number of years. In previous years we used to get all of the money into the regional account from coaching courses, we paid royalties etc but kept the profit, we no longer get this funding. As a committee we apply to Brit Tri / Tri England, with requests awarded on what we have asked for, we won't get everything from now on. The committee will be required to create a development plan for the region, this will be linked to the strategic goals i.e. increased participation with funding linked to the plan.

Is there any news regarding the Regional personal kit i.e. gillet etc. (Question refers to technical official kit)?

J Granger - This would come out of our regional fund, other regions do this and it's certainly something the committee could look into

J Goble – already approved and agreed, awaiting for order to be submitted.

L Rhodes – We'll take this one away and see what has happened with the order. We'll get back with an answer.

How does a club apply for grants say for level 2 coaching and is there anything going on.

J Granger – Funding form available, previous on website, simple form, anyone is able to use to apply for funding, taken to the committee for consideration. We've struggled this year to put on training courses, venues just haven't been available. Keen to put on a Level 1 and Level 2 early in 2021. If anyone knows of any venues that might be suitable please let us know.

## 6. Election of new regional Committee

Under the new Triathlon England constitution committee members from one club can not represent more than 33% of committee membership and wherever possible committee membership shall be made up of individuals drawn from a spread of regional clubs.

Two positions were published to regional members as being vacant; Treasure and Secretary, both of which are essential committee roles. Nominations for both positions were received ahead of the AGM.

Position	Name	Club	Nominator	Second
Chair	Lee Rhodes	Bayside Tri Club	Pete Nash	Erika Tavener
Treasurer	Laurel Dibden	N/A	Kelly Wickens	Lee Rhodes
Secretary	Clare Lawrence	Bicester Tri Club	Cynthia Reader	Kirsten Doyle
TE Council Representative	Ronnie Parker	Andover Tri Club	Bex Stubbings	Scott Murray
Junior Series Coordinator	Gary Cooper	Chapel Tri Junior Triathlon Club	Ronnie Parker	Lee Rhodes
Junior Series Coordinator	Hester Pollock	Beachborough Triathlon club	Bex Stubbings	Pete Nash
Senior Series Coordinator	Kelly Wickens	Southampton Tri Club	Di Murray	Kirsty Shannon
Academy Lead	Scott Murray	Synergie Coaching	Gary Cooper	Bex Stubbings
Technical Coordinator	Bex Stubbings	Chiltern Tri Club	Tony Webber	Di Murray
Para Triathlon Coordinator	Bex Stubbings	Chiltern Tri Club	Jan Goble	Tony Webber
Communications and Website Coordinator	Rosie Davies	BRAT	Sean Purcell	Di Murray
Welfare Coordinator	Di Murray	Synergie Coaching	Bex Stubbing	Lee Rhodes

## 7. Regional Award Winners

### TESC Award winners for 2020

#### Key Worker of the Year: Gemma Korff

Gemma is Ladies Captain of the Berkshire Tri Squad. She is an inspirational captain for the members who are constantly amazed at how she juggles being a key worker on shifts with her family with two young boys, tri club committee member and dedicated triathlete.

#### Virtual Coach of the Year: Keith Graetz

During lockdown, the winner put together Zwift and non-Zwift cycle sessions; brick sessions; HIIT sessions and even combined Zwift with Zoom! Each session was different to ensure that athletes remained interested and engaged. He clearly makes sure each person gets encouragement. He has also written to parents with updates, schedules and positive reinforcements - all this while also being a keyworker himself

#### Coach of the Year: Ronnie Parker

Ronnie delivered individual sessions, coffee and discussions over personal goals and book recommendations suitable for all. He not only considers the physical aspects of coaching but all takes into consideration the mental side of things, utilising virtual platforms over COVID 19 lock down. Ronnie does compete in triathlon but his passion is coaching, he would rather be track/ poolside to ensure that he is signposting individuals to be a better athlete. Ronnie coaches within various organisations and he is constantly organising and attending seminars and focus groups to ensure that he is educated and able to understand the needs of his athletes

#### Club of the Year: Witney Tri Club

Witney Tri Club is a small, friendly club which has made multisport accessible and inclusive for all. They have created a triathlon club that caters for all abilities. Their sessions are always mixed ability, however

the coaches give individual advice tailored to the athlete during the sessions. During lockdown the Club's coaches set challenges and goals for the club members to complete. The competitiveness from the coaches was described as a great incentive and ensured all club members still felt part of the club during the restrictions.

L Rhodes encouraged all those nominating for regional and national awards to support their nomination with evidence and a narrative. Unfortunately this year the region was only able to award 4 out of 7 categories due to lack of supporting rationale in the nomination process.

#### 8. Summary / Washup

L Rhodes thanks all volunteers, coaches, clubs and event organisers for all of their events during extremely challenging times. We shouldn't underestimate how much our actions inspire others and have kept people going over the past 6 months or so.

L Rhodes thanked all those that registered and attended the virtual AGM and thanked the committee for their efforts last year.

As a region we do a lot of great work with our Juniors and our Academy and we will continue to do so but in addition we are looking at ways to engage with clubs at a senior level.

We've evolved during COVID with lots of information now available online, from a variety of sources, we should be looking to use this information as much as possible.

## Triathlon England South Central Regional Committee

**Income / Expenditure Statement****For the year ended 31st March 2020****As at 31st March 2020**

	<b>£</b>	<b>£</b>
<b>Income</b>		
BTF Funding	3212	
Summer Camp	750	
Grants/Fees	893	
Other	73	
<b>Total Income</b>		<b>4928</b>
<b>Expenditure</b>		
Events	2611	
Expenses	588	
Education	0	
Facilities	0	
Grants & Fees	600	
Stationery	0	
<b>Total Expenditure</b>		<b>3800</b>
<b>Surplus / (Deficit) for the Year</b>		<b>1128</b>
<b>Balance Sheet as at 31st March 2020</b>		
	<b>£</b>	<b>£</b>
<b>Current Assets</b>		
Cash at Bank		22842
<b>Total Assets</b>		<b>22842</b>
<b>Cash Statement for the Year Ended 31st March 2020</b>		
		<b>£</b>
Bank Statement Balance at 1st April 2019		<b>21714</b>
Surplus for the Year		1128
<b>Bank Balance at 31st March 2020</b>		<b>22842</b>

Chair's Report 2020

Well what can we say about 2020 ? A year that has challenged us as individuals, as a triathletes, as coaches, as clubs and as a sport. When we held our first committee meeting of 2020 no one had heard of COVID-19 or imagined the impact that it would have on our sport and life in general.

The year started with plans for a regional championship for Sprint, Standard, Aquathlon and Duathlon races. Event organisers were invited to bid to host the championship and there was a great uptake with a number of organisers submitting bids for their events to incorporate these championships. Athletes were selected for the regional academy and selection criteria for Inter Regional Championships (IRC) published. The IRC was to take place in September with a team of 12 athletes from TriStar2 and Tristar3 categories representing the region.

By April / May it was obvious that racing and events would be taking a back seat as the nation faced lockdown and mass participation sport was severely restricted. As a committee we adjusted focus to look at how we could support clubs, coaches and athletes through virtual meetings and drop-in sessions.

Our Triathlon England Council Representative, Ronnie Parker, was able to keep us updated on TE's plans for a Regional wide constitution, providing a structure and constitution which all regions would comply with and adhere to. As a committee we were asked to review and comment ahead of proposal for acceptance at the TE AGM. Ronnie remains actively engaged on the council and provides regular updates to the committee. Thank you Ronnie.

As a region we are committed to supporting the TE Strategic Plan 2019-2024, which lists four goals by 2024:

1. More Participants
2. Great Clubs
3. Growing Membership
4. Developing athletes.

It should come as no surprise that we have struggled in 2020 to progress any of the goals listed above. The region saw a reduction in the number of British Triathlon numbers and had 68 clubs registered under the new affiliation structure. Given the restrictions on mass participation events we should be proud that within our region we had 14 events and 4 GO TRIs. Clubs should be proud of the virtual events and challenges that have been organised, displaying ingenuity, imagination and promoting camaraderie.

Del has produced a detailed financial statement for the fiscal year ended 31st March 2020. We applied for, and were granted, £2,000 from the Regional Grant and the Junior Development Grant for 19/20. The Region is in a very strong financial position. In fact our cash position is considered too high by BTF and we will therefore be looking at ways to invest in regional clubs, coaches and athletes in 2021.

Despite a disappointing year for our young athletes and the lack of a Junior Race Series and the IRC both Hester and Gary remain committed to developing the regions young talent. Two years ago we won the IRC and came close last year and I'm know that Gary and Hester will be working hard to give the South Central athletes every opportunity to compete in 2021.

South Central Academy: Scott Murray (head coach) continues to work tirelessly in supporting our academy athletes. The academy has recently gone through the application process for next year and 29 athletes out of 37 applicants have been invited into the Academy. These 29 athletes will work with the four Academy coaches until the formal Academy time trials in January 2021, when the final Academy athletes will be confirmed. All 29 athletes & parents have had a virtual 1-2-1 meeting with Academy Lead to ensure their circumstances are better understood and that their individual training needs can be met within a group environment.

Coaches have supported the athletes, parents and individual coaches through various social media platforms and drop in sessions.

Lack of races means a lack of events for our Technical Officials to officiate at however I know that Bex has worked hard to keep engaged with our TO community and a steady stream of newly qualified TOs joined that team.

I'd like to formally thank all our volunteers for their continued support, any committee is only as good and successful as those members that give their free time to support it.

Finally, special thanks to Agnieska and Del for their contribution to the region and the committee over the last couple of years. Their support has been very much appreciated and I'd like to put on record my thanks to them for their efforts as they stand down to focus on family, work and study commitments.

Lee Rhodes - TESC – Chair 21/10/2020