

Elite Duathlon Championships

Youth Female

Results

Pos	Bib	Name		Time	Cat.	C.Pos	Run1	Pos	C.Pos	T1	Cycle	Pos	C.Pos	T2	Run	Pos	C.Pos
1	25	BRONWEN OWEN	tri 4 u	00:31:39	FYOU	1	00:08:15	5	6	00:00:40	00:18:19	6	6	00:00:22	00:04:01	1	1
2	29	GRACE COOK	Bodyworks1@aol.com	00:31:51	FYOU	2	00:08:15	6	8	00:00:37	00:18:24	8	8	00:00:20	00:04:14	3	3
3	20	SIAN RAINSLY		00:31:54	FYOU	3	00:08:15	2	5	00:00:42	00:18:17	5	5	00:00:25	00:04:14	2	2
4	28	Kate Waugh		00:32:11	FYOU	4	00:08:15	7	2	00:01:05	00:17:57	2	2	00:00:26	00:04:26	4	4
5	15	PHILIPPA CHAMBERS	ryton tri	00:32:16	FYOU	5	00:08:15	4	7	00:00:41	00:18:20	7	7	00:00:26	00:04:32	5	5
6	5	SOPHIE ALDEN	Human Performance Unit	00:32:17	FYOU	6	00:08:53	8	3	00:00:24	00:17:59	3	3	00:00:22	00:04:37	6	6
7	9	ELISABETH HOOD	DL Ringwood	00:32:23	FYOU	7	00:08:15	3	4	00:01:00	00:18:02	4	4	00:00:25	00:04:39	7	7
8	18	MEGAN MCDONALD		00:32:53	FYOU	8	00:08:57	9	1	00:00:26	00:17:50	1	1	00:00:28	00:05:10	15	15
9	4	NICOLE GOULDING	4 Life Tri	00:33:47	FYOU	9	00:09:10	11	9	00:00:31	00:18:52	9	9	00:00:27	00:04:45	8	8
10	2	OLIVIA MATHIAS	4 life triathlon club	00:34:01	FYOU	10	00:09:05	10	11	00:00:33	00:18:55	11	11	00:00:26	00:05:01	12	12
11	23	BETSAN JENKINS	Welsh Triathlon Academy	00:34:11	FYOU	11	00:09:12	13	10	00:00:27	00:18:54	10	10	00:00:22	00:05:14	17	17
12	7	NIXIE TURNER	Worcester Triathlon Club	00:34:45	FYOU	12	00:08:15	1	12	00:01:54	00:19:05	12	12	00:00:37	00:04:52	9	9
13	1	ALICIA JONES	Pembrokeshire Tri Club	00:35:04	FYOU	13	00:09:11	12	15	00:00:24	00:20:08	15	15	00:00:21	00:04:57	10	10
14	12	MIA MOORE	LBT	00:35:15	FYOU	14	00:09:18	14	14	00:00:34	00:19:54	14	14	00:00:27	00:05:00	11	11
15	27	LUCY FARQUHAR	Holmfirth Harriers	00:35:36	FYOU	15	00:09:39	19	13	00:00:29	00:19:44	13	13	00:00:26	00:05:17	18	18
16	13	JESSICA WENLOCK	Thames Turbo	00:35:50	FYOU	16	00:09:27	15		00:21:00	23:59:28			00:00:26	00:05:28	19	19
17	10	DANIELLE ELLIOTT	SunCity Triathlon Club	00:36:22	FYOU	17	00:09:30	16	16	00:00:41	00:20:32	16	16	00:00:31	00:05:06	14	14
18	26	LEAH MELVIN		00:36:27	FYOU	18	00:09:31	17	18	00:00:33	00:20:48	18	18	00:00:30	00:05:04	13	13
19	11	PHOEBE HUGHES	Oswestry Triathlon Club	00:36:48	FYOU	19	00:09:37	18	17	00:00:25	00:20:41	17	17	00:00:35	00:05:28	20	20
20	19	WHITNEY LARKIN	Toro CSC	00:38:11	FYOU	20	00:10:15	21	21	00:00:40	00:21:30	21	21	00:00:32	00:05:12	16	16
21	3	ISABELLE DAVIES	Pembrokeshire Tri Club	00:38:18	FYOU	21	00:10:35	22	20	00:00:26	00:21:19	20	20	00:00:26	00:05:29	21	21
22	17	CHARLOTTE WICKENS		00:38:33	FYOU	22	00:10:07	20	22	00:00:31	00:21:55	22	22	00:00:26	00:05:31	22	22
23	14	ALICE RUSSELL-STRETCH	Pembrokeshire Tri Club	00:39:21	FYOU	23	00:11:00	23	19	00:00:29	00:21:01	19	19	00:00:31	00:06:17	25	25
24	16	CAROLINE FUREY	Stratford Sharks	00:40:26	FYOU	24	00:11:03	24	23	00:00:29	00:22:28	23	23	00:00:30	00:05:56	23	23
25	24	ALICIA BUCK	Bodyworks XTC	00:40:43	FYOU	25	00:11:05	25	24	00:00:29	00:22:32	24	24	00:00:27	00:06:08	24	24

Elite Duathlon Championships

Youth Male

Results

Pos	Bib	Name	Time	Cat.	C.Pos	Run1	Pos	C.Pos	T1	Cycle	Pos	C.Pos	T2	Run	Pos	C.Pos
1	50	LEWIS BYRAM	00:28:42	MYOU	1	00:07:38	2	4	00:00:29	00:16:14	4	4	00:00:19	00:04:00	2	2
2	56	JORDAN HULL	00:28:46	MYOU	2	00:07:45	6	3	00:00:23	00:16:13	3	3	00:00:25	00:03:58	1	1
3	58	JACK WILLIS	00:28:56	MYOU	3	00:07:51	7	2	00:00:28	00:16:03	2	2	00:00:23	00:04:11	7	7
4	51	MARCUS FRANCIS	00:29:19	MYOU	4	00:08:05	15	1	00:00:25	00:15:52	1	1	00:00:34	00:04:20	9	9
5	43	BEN MEIR	00:29:21	MYOU	5	00:07:36	1	8	00:00:30	00:16:36	8	8	00:00:28	00:04:10	5	5
6	40	ALEX YEE	00:29:23	MYOU	6	00:07:44	3	7	00:00:29	00:16:34	7	7	00:00:28	00:04:06	3	3
7	34	BEN DIJKSTRA	00:29:34	MYOU	7	00:07:44	4	6	00:00:26	00:16:31	6	6	00:00:27	00:04:24	10	10
8	49	OLIVER SWALLOW	00:29:51	MYOU	8	00:08:05	14	10	00:00:28	00:16:40	10	10	00:00:27	00:04:10	6	6
9	41	FERGUS ROBINSON	00:29:58	MYOU	9	00:07:59	10	11	00:00:29	00:16:45	11	11	00:00:33	00:04:10	4	4
10	59	ARCHIE ST. AUBYN	00:29:59	MYOU	10	00:07:56	9	14	00:00:28	00:16:48	14	14	00:00:27	00:04:19	8	8
11	62	ELLIOT BENNETT	00:30:08	MYOU	11	00:08:04	13	9	00:00:28	00:16:40	9	9	00:00:30	00:04:25	11	11
12	60	CALLUM BEARE	00:30:16	MYOU	12	00:07:45	5	15	00:00:27	00:17:01	15	15	00:00:29	00:04:33	19	19
13	52	JOSH GREAVES	00:30:28	MYOU	13	00:07:54	8	13	00:00:29	00:16:48	13	13	00:00:30	00:04:45	25	25
14	38	FINNLAY THOMPSON	00:30:52	MYOU	14	00:08:51	28	5	00:00:25	00:16:29	5	5	00:00:28	00:04:38	22	22
15	63	JAMES TAPLEY	00:30:56	MYOU	15	00:08:36	24	12	00:00:28	00:16:47	12	12	00:00:28	00:04:35	20	20
16	46	SAMUEL ELLIOTT	00:31:01	MYOU	16	00:08:09	17	19	00:00:28	00:17:26	19	19	00:00:27	00:04:29	16	16
17	33	FINN BARNES	00:31:04	MYOU	17	00:08:24	19	16	00:00:31	00:17:04	16	16	00:00:27	00:04:36	21	21
18	44	JACK BOND	00:31:10	MYOU	18	00:08:29	22	17	00:00:29	00:17:07	17	17	00:00:37	00:04:26	13	13
19	61	JORDAN SYMINGTON	00:31:12	MYOU	19	00:08:06	16	21	00:00:29	00:17:33	21	21	00:00:32	00:04:31	18	18
20	32	SETH WATERMAN	00:31:32	MYOU	20	00:08:24	20	25	00:00:32	00:17:38	25	25	00:00:29	00:04:27	14	14
21	57	LUKE HOWARD	00:31:35	MYOU	21	00:08:00	11	23	00:00:26	00:17:36	23	23	00:00:30	00:05:02	29	29
22	35	GEORGE COOK	00:31:37	MYOU	22	00:08:33	23	22	00:00:27	00:17:34	22	22	00:00:30	00:04:31	17	17
23	64	THOMAS WHITCHER	00:31:38	MYOU	23	00:08:49	27	18	00:00:29	00:17:15	18	18	00:00:21	00:04:42	24	24
24	53	JORDAN-LEE STAMP	00:31:42	MYOU	24	00:08:27	21	24	00:00:30	00:17:38	24	24	00:00:38	00:04:28	15	15
25	55	TOBY ROUTLEDGE	00:32:03	MYOU	25	00:08:37	26	20	00:00:30	00:17:27	20	20	00:00:41	00:04:47	26	26
26	67	SCOTT JENKINS	00:32:59	MYOU	26	00:08:23	18	26	00:00:33	00:18:45	26	26	00:00:29	00:04:48	27	27
27	37	DANIEL CROWE	00:33:15	MYOU	27	00:08:37	25	27	00:00:30	00:18:59	27	27	00:00:29	00:04:39	23	23
28	45	JOSH GILBERT WEAVERS	00:33:27	MYOU	28	00:08:02	12	28	00:00:32	00:19:57	28	28	00:00:29	00:04:25	12	12
29	42	STEPHEN BURGESS	00:35:47	MYOU	29	00:09:16	29	30	00:00:35	00:20:32	30	30	00:00:31	00:04:52	28	28
30	65	ZACK HOLDAWAY	00:36:34	MYOU	30	00:09:43	30	29	00:00:29	00:20:29	29	29	00:00:28	00:05:23	30	30

Elite Duathlon Championships

Senior & Junior Females

Results

Pos	Bib	Name	Time	Cat.	C.Pos	Run1	Pos	C.Pos	T1	Cycle	Pos	C.Pos	T2	Run	Pos	C.Pos
1	93	VANESSA RAW	01:01:02	F25-29	1	00:17:39	3	1	00:00:32	00:33:17	1	1	00:00:28	00:09:04	1	1
2	87	LUCY HALL	01:01:16	F20-24	1	00:17:36	2	1	00:00:31	00:33:20	2	1	00:00:32	00:09:15	3	1
3	97	RUTH BRENNAN MORREY	01:01:59	F35-39	1	00:17:12	1	1	00:00:33	00:34:39	7	1	00:00:29	00:09:04	2	1
4	101	KERRY MACPHEE	01:03:25	F25-29	2	00:17:44	4	3	00:00:33	00:35:17	8	3	00:00:28	00:09:21	5	2
5	96	VICKY GILL	01:03:42	F30-34	1	00:18:33	9	1	00:00:29	00:34:32	3	1	00:00:33	00:09:32	6	2
6	76	KATE CURRAN	01:03:43	F17-18	1	00:18:29	7	1	00:00:32	00:34:35	4	1	00:00:25	00:09:40	8	1
7	90	SUZIE RICHARDS	01:03:58	F25-29	3	00:18:32	8	2	00:00:30	00:34:36	5	2	00:00:27	00:09:53	9	4
8	95	GILLIAN PALMER	01:04:09	F30-34	2	00:17:49	5	2	00:00:28	00:35:56	9	2	00:00:34	00:09:20	4	1
9	71	LEAH PEPLOE	01:04:32	F17-18	2	00:18:33	10	2	00:00:29	00:34:37	6	2	00:00:27	00:10:24	13	3
10	89	INDIA LEE	01:05:37	F25-29	4	00:18:20	6	4	00:00:30	00:36:42	12	4	00:00:32	00:09:32	7	3
11	78	MEGAN WITHERS	01:06:37	F17-18	3	00:19:22	14	3	00:00:28	00:36:26	10	3	00:00:24	00:09:56	11	2
12	88	JENNY MANNERS	01:06:41	F20-24	2	00:19:04	12	2	00:00:29	00:36:45	13	2	00:00:28	00:09:54	10	2
13	91	EMMA HOLT	01:07:01	F25-29	5	00:18:53	11	5	00:00:27	00:36:57	14	5	00:00:28	00:10:14	12	5
14	73	FFION-HAF HARRETT	01:07:23	F17-18	4	00:19:19	13	4	00:00:24	00:36:33	11	4	00:00:28	00:10:37	14	4
15	83	ALICE SHARPE	01:11:19	F19-19	1	00:20:55	17	1	00:00:33	00:37:32	15	1	00:00:32	00:11:45	17	1
16	82	TIFFANY KELLEWAY	01:12:25	F17-18	5	00:21:02	18	5	00:00:36	00:38:57	16	5	00:00:40	00:11:08	15	5
17	75	RHIANNON MIDDLETON	01:13:24	F17-18	6	00:20:50	16	6	00:00:28	00:39:16	17	6	00:00:30	00:12:18	19	8
18	74	BO HAYWOOD	01:14:54	F17-18	7	00:21:46	19	7	00:00:36	00:40:00	18	7	00:00:31	00:12:00	18	7
19	77	ISABEL STEELE	01:17:07	F17-18	8	00:20:45	15	8	00:00:45	00:43:41	19	8	00:00:38	00:11:15	16	6

Elite Duathlon Championships

Senior & Junior Males

Results

Pos	Bib	Name	Time	Cat.	C.Pos	Run1	Pos	C.Pos	T1	Cycle	Pos	C.Pos	T2	Run	Pos	C.Pos
1	178	MARK BUCKINGHAM	00:54:05	M25-29	1	00:15:17	5	3	00:00:23	00:30:29	6	3	00:00:19	00:07:35	2	1
2	184	ADAM BOWDEN	00:54:18	M30-34	1	00:14:51	1	1	00:00:30	00:30:49	13	1	00:00:29	00:07:37	3	1
3	174	DAVID MCNAMEE	00:54:28	M25-29	2	00:15:18	9	1	00:00:25	00:30:24	3	1	00:00:25	00:07:54	4	2
4	173	AARON HARRIS	00:54:33	M25-29	3	00:15:13	2	2	00:00:29	00:30:28	5	2	00:00:23	00:07:59	6	3
5	179	DAVE ROPER	00:54:41	M25-29	4	00:15:16	4	4	00:00:23	00:30:29	7	4	00:00:20	00:08:10	7	4
6	180	OLIVER MOTT	00:54:47	M25-29	5	00:15:17	6	5	00:00:24	00:30:29	9	5	00:00:18	00:08:17	8	5
7	165	DAVID BISHOP	00:54:52	M20-24	1	00:15:18	8	3	00:00:22	00:30:27	4	3	00:00:24	00:08:18	9	1
8	159	RICHARD HORTON	00:55:15	M20-24	2	00:15:14	3	1	00:00:29	00:30:24	1	1	00:00:23	00:08:43	22	7
9	148	LIAM LLOYD	00:55:47	M19-19	1	00:15:26	11	2	00:00:26	00:30:57	15	2	00:00:26	00:08:29	14	2
10	167	CHRIS CARTER	00:56:01	M20-24	3	00:15:55	20	2	00:00:33	00:30:24	2	2	00:00:31	00:08:36	19	5
11	193	PHIL HOLLAND	00:56:07	M35-39	1	00:15:50	17	2	00:00:26	00:30:36	11	2	00:00:28	00:08:45	23	1
12	116	JIMMY KERSHAW	00:56:07	M17-18	1	00:15:53	19	1	00:00:29	00:30:29	8	1	00:00:29	00:08:45	24	4
13	182	DANNY RUSSELL	00:56:23	M30-34	2	00:15:18	7	3	00:00:30	00:32:08	34	3	00:00:28	00:07:58	5	2
14	146	CALUM JOHNSON	00:56:40	M19-19	2	00:15:24	10	5	00:00:33	00:31:55	32	5	00:00:25	00:08:22	10	1
15	171	ROBERT BRIDGES	00:56:44	M20-24	4	00:16:10	22	6	00:00:26	00:31:18	21	6	00:00:22	00:08:27	12	3
16	170	RICHARD ANDERSON	00:56:47	M20-24	5	00:15:50	18	9	00:00:30	00:31:31	26	9	00:00:30	00:08:24	11	2
17	154	ALEX HILL	00:56:49	MERR	1	00:15:42	15	1	00:00:31	00:31:40	29	1	00:00:27	00:08:27	13	1
18	135	CHRISTOPHER PERHAM	00:56:50	M17-18	2	00:15:41	13	7	00:00:29	00:31:41	31	7	00:00:24	00:08:33	16	2
19	166	DOUGLAS ROBERTS	00:56:51	M20-24	6	00:16:10	24	5	00:00:29	00:31:10	19	5	00:00:26	00:08:35	18	4
20	114	GEORGE GOODWIN	00:56:53	M17-18	3	00:16:24	27	2	00:00:28	00:30:59	16	2	00:00:27	00:08:34	17	3
21	155	BEAU SMITH	00:57:04	M20-24	7	00:16:30	29	4	00:00:23	00:30:55	14	4	00:00:23	00:08:50	26	8
22	189	Geoffrey Beetham	00:57:09	M35-39	2	00:16:38	37	1	00:00:41	00:30:34	10	1	00:00:26	00:08:48	25	2
23	129	RICHARD ALLEN	00:57:17	M17-18	4	00:15:43	16	6	00:00:34	00:31:36	28	6	00:00:31	00:08:52	27	5
24	123	JAMES TEAGLE	00:57:25	M17-18	5	00:16:19	26	3	00:00:29	00:31:01	17	3	00:00:25	00:09:09	36	10
25	119	DERI STEWART	00:57:26	M17-18	6	00:16:10	23	4	00:00:29	00:31:13	20	4	00:00:32	00:09:00	31	8
26	142	FERGUS ROBERTS	00:57:35	M19-19	3	00:16:12	25	4	00:00:40	00:31:41	30	4	00:00:27	00:08:33	15	3
27	163	BEN COCKBURN	00:57:39	M20-24	8	00:16:25	28	10	00:00:32	00:31:32	27	10	00:00:25	00:08:42	21	6
28	139	ALASTAIR WEYMOUTH	00:57:47	M19-19	4	00:16:01	21	6	00:00:30	00:31:59	33	6	00:00:32	00:08:42	20	4
29	107	KIERAN LINDARS	00:57:53	M17-18	7	00:16:38	36	5	00:00:26	00:31:22	22	5	00:00:30	00:08:55	28	6
30	162	MATT DEWIS	00:58:03	M20-24	9	00:16:30	31	7	00:00:29	00:31:29	23	7	00:00:25	00:09:07	34	10
31	194	ROSS FAWCETT	00:58:05	M20-24	10	00:16:32	34	8	00:00:31	00:31:31	25	8	00:00:34	00:08:55	29	9
32	183	THOMAS CROUCH	00:58:23	M30-34	3	00:16:30	32	2	00:00:30	00:31:30	24	2	00:00:37	00:09:14	39	3
33	153	JACK HALL	00:58:31	M19-19	5	00:16:50	40	3	00:00:30	00:31:07	18	3	00:00:35	00:09:27	44	8
34	145	MORGAN DAVIES	00:58:42	M19-19	6	00:15:42	14	1	00:00:27	00:30:43	12	1	00:00:27	00:11:21	57	10
35	109	HARRY LELEU	00:59:33	M17-18	8	00:16:30	30	12	00:00:31	00:32:55	41	12	00:00:28	00:09:08	35	9
36	113	JOSEPH ARUNDEL	00:59:42	M17-18	9	00:16:56	43	9	00:00:26	00:32:34	37	9	00:00:30	00:09:14	38	11
37	117	IEUAN COOKE	00:59:49	M17-18	10	00:16:55	42	8	00:00:28	00:32:31	36	8	00:00:31	00:09:22	43	15
38	118	Macaulay Carline	00:59:57	M17-18	11	00:16:37	35	10	00:00:31	00:32:47	38	10	00:00:32	00:09:29	45	16

Elite Duathlon Championships

Senior & Junior Males

Results

Pos	Bib	Name	Time	Cat.	C.Pos	Run1	Pos	C.Pos	T1	Cycle	Pos	C.Pos	T2	Run	Pos	C.Pos
39	136	ELLIOT WILKS	01:00:08	M17-18	12	00:18:15	55	24	00:00:29	00:40:33	58	24	00:00:44	00:00:07	1	1
40	164	DANIEL BAILEY	01:00:21	M20-24	11	00:16:56	45	11	00:00:28	00:32:29	35	11	00:00:27	00:10:00	51	11
41	112	DAVID ROBERTSON	01:00:40	M17-18	13	00:16:57	46	14	00:00:29	00:33:43	45	14	00:00:33	00:08:57	30	7
42	149	WILLIAM COWEN	01:00:45	M19-19	7	00:17:13	49	7	00:00:29	00:32:52	39	7	00:00:28	00:09:42	49	9
43	144	ELLIOT SMALES	01:00:49	M19-19	8	00:17:16	50	8	00:00:29	00:33:22	42	8	00:00:31	00:09:10	37	7
44	111	NATHAN VEALL	01:00:58	M17-18	14	00:17:42	51	11	00:00:30	00:32:54	40	11	00:00:30	00:09:20	41	13
45	134	SEAN WATSON	01:01:08	M17-18	15	00:17:03	47	15	00:00:31	00:33:45	46	15	00:00:32	00:09:16	40	12
46	141	Callum Jones	01:01:16	M19-19	9	00:16:47	38	9	00:00:49	00:33:49	47	9	00:00:43	00:09:05	33	6
47	110	FINLEY THOMPSON	01:01:17	M17-18	16	00:17:05	48	13	00:00:31	00:33:31	43	13	00:00:32	00:09:36	47	18
48	160	PHILIP SESEMANN	01:01:47	M20-24	12	00:15:33	12	12	00:00:44	00:33:35	44	12	00:00:34	00:11:19	56	12
49	150	WILLIAM KIRK	01:02:38	M19-19	10	00:16:49	39	11	00:00:34	00:35:42	52	11	00:00:29	00:09:02	32	5
50	137	MATTHEW O'CONNOR	01:02:57	M17-18	17	00:16:56	44	19	00:00:28	00:35:43	53	19	00:00:28	00:09:20	42	14
51	127	GREG CHAMBERS	01:04:09	M17-18	18	00:16:31	33	22	00:00:30	00:36:55	56	22	00:00:30	00:09:42	48	19
52	132	CHRISTOPHER BROOKES	01:04:13	M17-18	19	00:17:49	53	16	00:00:30	00:34:46	48	16	00:00:34	00:10:32	54	23
53	105	CHEYENNE ANTOINE-CHAGAR	01:04:34	M17-18	20	00:16:55	41	23	00:00:33	00:37:01	57	23	00:00:31	00:09:32	46	17
54	133	NICHOLAS HAWORTH	01:04:44	M17-18	21	00:18:25	56	18	00:00:29	00:35:18	51	18	00:00:30	00:10:01	52	21
55	138	EDWARD EVANS	01:04:58	M17-18	22	00:17:46	52	21	00:00:30	00:36:11	55	21	00:00:32	00:09:58	50	20
56	115	JAMES KIDD	01:05:16	M17-18	23	00:18:00	54	20	00:00:29	00:36:01	54	20	00:00:21	00:10:23	53	22
57	124	NATHAN TWEEDIE	01:05:42	M17-18	24	00:18:48	57	17	00:00:31	00:35:11	50	17	00:00:37	00:10:33	55	24
58	147	ALEXANDER TEAGLE	01:06:50	M19-19	11	00:18:51	58	10	00:00:29	00:35:07	49	10	00:00:29	00:11:52	58	11

Elite Duathlon Championships

Para Athletes

Results

Pos	Bib	Name	Time	Cat.	C.Pos	Run1	Pos	C.Pos	T1	Cycle	Pos	C.Pos	T2	Run	Pos	C.Pos
1	210	JOSEPH TOWNSEND	00:58:00	M25-29	1	00:01:30	8		00:11:36	23:48:23						
2	226	CHRIS GOODWIN	01:01:20	M40-44	1	00:18:38	15	2	00:01:01	00:31:05	3	2	00:00:51	00:09:44	2	1
3	227	PHIL HOGG	01:01:51	M40-44	2	00:01:30	11		00:10:16	23:49:43						
4	220	SEAN GRUNDY	01:02:57	M40-44	3	00:19:42	20	1	00:00:50	00:30:40	1	1	00:00:48	00:10:55	5	3
5	215	JAMES GODDARD	01:04:21	M35-39	1	00:01:30	9		00:13:17	23:46:43						
6	211	JOE ALLEN	01:04:47	M25-29	2	00:16:53	14	3	00:01:07	00:36:22	9	3	00:00:50	00:09:33	1	1
7	219	RUSSELL WHITE	01:05:36	M35-39	2	00:19:32	18	1	00:00:47	00:33:11	4	1	00:00:56	00:11:08	6	1
8	206	DAVID KNOTT	01:05:42			00:21:47	26	1	00:00:41	00:30:58	2	1	00:00:37	00:11:37	9	1
9	212	MATTHEW EMMERSON	01:05:54	M25-29	3	00:18:39	16	1	00:00:51	00:34:40	5	1	00:00:59	00:10:43	4	2
10	228	HASEEB AHMAD	01:06:06	M40-44	4	00:18:59	17	3	00:01:01	00:35:09	7	3	00:01:04	00:09:51	3	2
11	213	DAVE ELLIS	01:07:15	M25-29	4	00:19:38	19	2	00:00:41	00:34:41	6	2	00:00:39	00:11:35	8	3
12	218	ADRIAN HEATHFIELD	01:10:50	M35-39	3	00:21:31	23	2	00:00:56	00:35:21	8	2	00:01:06	00:11:55	11	2
13	225	RICH MCLEOD	01:11:18	M40-44	5	00:20:13	22	6	00:00:34	00:38:05	13	6	00:00:36	00:11:49	10	4
14	221	STEVE JUDGE	01:13:11	M40-44	6	00:21:45	25	5	00:00:48	00:37:34	12	5	00:00:51	00:12:10	12	5
15	204	CLARE CUNNINGHAM	01:13:47	F35-39	1	00:21:48	27	1	00:00:48	00:38:46	14	1	00:00:57	00:11:27	7	1
16	208	GEORGE PEASGOOD	01:14:00	M17-18	1	00:01:30	7		00:21:59	23:38:00			00:55:51	00:16:38	20	1
17	202	MELISSA REID	01:14:27	F20-24	1	00:01:30	5		00:22:28	23:37:31			01:00:28	00:12:28	14	1
18	229	ADRIAN HOWDEN	01:16:43	M55-59	1	00:01:30	2		00:21:46	23:38:13			01:02:57	00:12:16	13	1
19	209	DAVID HILL	01:16:53	M20-24	1	00:21:35	24	1	00:00:38	00:39:10	15	1	00:00:37	00:14:51	18	1
20	223	JASON MARTINDALE	01:18:12	M40-44	7	00:24:19	29	4	00:01:00	00:37:31	11	4	00:01:51	00:13:30	16	6
21	214	OLLIE HANCOCK	01:21:38	M30-34	1	00:12:23	12	1	00:12:39	00:37:13	10	1	00:04:53	00:14:28	17	1
22	205	SARAH PEARSON	01:23:22	F40-44	1	00:22:52	28	1	00:02:46	00:39:34	16	1	00:04:50	00:13:18	15	1
23	207	CRAIG MCNEIL	01:28:38										00:16:08	00:16:08	19	2
24	200	CHLOE SELMAN	01:42:20	F17-18	1	00:15:24	13	1	00:16:20	00:46:10	17	1	00:05:34	00:18:51	21	1
25	217	SANTOS CABALLERO	02:00:58	M35-39	4	00:20:00	21		00:21:54	23:58:23			00:54:04	00:26:36	22	3