



# YORKSHIRE & HUMBER

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## Regional Manager Report – 22nd November 2023

### **CLUB DEVELOPMENT**

39 Affiliated Clubs for 2023 - down from 40 in 2022.

26 adult

11 adult/junior

2 junior

### **MEMBERSHIP PURCHASE IN 2023/24**

Total: 1,179

Female members: 385 (33%)

Male members: 794 (67%)

Of the total number of members, 93 (8%) are juniors.

Of the total number of members, 820 (70%) are from clubs.

### **EVENT DEVELOPMENT**

There are currently 48 events registered as either General Permitted Events or Swim Bike Run events in the region from April 23-March 24.

From the 33 post-event data submitted to date (69%):

Total competitors = 5,706

Of those entrants, 2,283 (40%) are members and 3,423 (60%) are day members. 24 events are General Permitted Events and 24 events, 22 events are Swim Bike Run Local's and 2 events are Swim Bik Run Mini's.

GO TRI Events from the 18 events that have submitted their post-race information (86%)

- 21 events
- 333 total competitors
- 292 (88%) TE members
- 41 (12%) day members

## COURSES

Type ▾	Name ▾	County ▾	Start Date ▾	Unique Entrants ▾	Throughput ▾
Level 2 Diploma	Level 2 Diploma - Leeds	Yorkshire	03/01/2024	2	10
Coaching CPD	Open Water Coaching Workshop	South Yorkshire	05/08/2023	7	7
Coaching CPD	Triathlon Specific First Aid	Bradford	21/01/2024	0	0
Skills School	Active Skills for Life Award	West Yorkshire	24/02/2024	0	0
Club Coach Mentoring Award	Club Coach Mentor	South Yorkshire	10/02/2024	2	2
Foundation Coach	Foundation Coach - Leeds	Yorkshire	11/09/2023	9	27
Foundation Coach	Foundation Course - Scarborough	North Yorkshire	12/12/2023	4	12
Group Coach	Group Coach - Leeds	Yorkshire	13/11/2023	6	18
Group Coach	Group Coach - Scarborough	North Yorkshire	13/02/2024	1	3
<b>Total</b>				<b>31</b>	<b>79</b>

## EDUCATION AND LEARNING PATHWAY

This year a new [Education and Learning Pathway](#) was launched by British Triathlon which includes a range of new coaching, leadership and CPD courses. The previous First for Sport Level 1 and Level 2 Triathlon Coaching qualifications are now being delivered in house through the [Foundation Coach](#) and [Group Coach](#) courses. There are two new awards available via the [Swim Bike Run Leader Award](#) and [Swim Bike Run Community Activator Award](#). The Leader Award has been designed with clubs in mind to support guided (not coached) swimming, cycling, walking/running activities. The Community Activator course comes with 9 CIMSPA points and is targeted at Triathlon England's Priority Place communities and is available to people who have never completed a sports qualification before (as well as those who have).

In Yorkshire & Humber 7 participants have attended an online Swim Bike Run Leader Award and 5 have completed/received their certificates. The first Swim Bike Run Community Activator course in the region is due to be delivered at John Charles Centre for Sport on the 27<sup>th</sup> and 28<sup>th</sup> January 2024. There are several conversations happening across the region regarding the possibility of a Swim Bike Run Community Activator Franchise which will allow up to 10 people to become upskilled to deliver the Swim Bike Run Community Activator course within their organisations/local communities.

A new CPD workshop called [Including Disabled People in Triathlon](#) was launch during summer. This course comes with 3 CIMSPA points and is designed to increase knowledge and confidence of coaches, activators, leaders and other club roles to encourage more disabled people to take part in swim, bike and walk/run sessions. At present, nobody residing in Yorkshire & Humber has completed the course.

[Triathlon Specific First Aid](#) is another CPD workshop launched as part of the Education and Learning Pathway. There has not been anyone from the region undertake the course so far.

## SWIM BIKE RUN PROGRAMMES

[Swim Bike Run](#) launched at the end of July 2023 at the World Triathlon Series in Sunderland. The GO TRI programme has been replaced with Swim Bike Run which offers 5 programmes to encourage new audiences and continue providing grassroots/intermediate swim bike run participation, with the added addition of family waves at Swim Bike Run Local and Mini events for event organisers who wish to offer this option. Swim Bike Run Local and recreational Swim Bike Run Mini events have been lowered to ages 6+ for junior and family waves, however the event organiser can choose to set a higher minimum age if preferred. Where the Swim Bike Run Mini event is registered as competitive; the minimum age must be 8+ and there is no competitive family wave option.

### [Swim Bike Run Local](#)

In 2022/23 there were 3 GO TRI Local Partnership Agreements in place:

- GO TRI Local Doncaster with Animis Racing Team (Run/Bike/Run).
- GO TRI Local John Charles with JCCS (Pool Swim/Bike/Run).
- GO TRI Local Manvers Boathouse with Team Manvers (Run/Bike/Run and in Summer an additional event of OW Swim/Bike/Run).

However, John Charles never proceeded to invoice British Triathlon for their events due to staffing capacity challenges. They have now postponed their involvement in the Swim Bike Run Local programme.

In 2023/24 there are currently 3 Swim Bike Run Local agreements in place:

- Swim Bike Run Local Doncaster delivered by Animis Racing Team (Run/Bike/Run). Events are open to juniors 8+ and adults 15+.
- Swim Bike Run Local Rotherham delivered by Team Manvers (Triathlon, Aquathlon, Duathlon and Aquabike options available, however there is no open water swimming during winter months). Events are open to juniors 6+, families 6+ and adults 15+.
- Swim Bike Run Local Leeds delivered by Bramley Baths and TriBB (Swim/Bike/Run). Events are open to adults aged 15+.

### [Swim Bike Run Mini](#)

From the previous GO TRI event organisers there is nobody in Yorkshire and Humber that transitioned to the Swim Bike Run Mini programme due to the distances not aligning with the Mini requirements. This being said, the GO TRI events were transitioned to General Permitted Events, with the exception of the Doncaster Aquathlon delivered by Animis Racing Club as they have taken the decision to stop delivering the events due to low entry numbers each year.

There are two Swim Bike Run Mini events planned for November 2023 delivered by Everyone Active at Whitby Leisure Centre. There is also a Swim Bike Run Mini event registered on the Swim Bike Run website to take place in April 2024, delivered by Harrogate Tri Club.

### [Swim Bike Run Develop](#)

There are no current Develop sessions registered on the Swim Bike Run website, however Morely Tri Club are interested in delivering Develop activities.

### [Swim Bike Run Explore](#)

There are no current Explore sessions registered on the Swim Bike Run website, however the Swim Bike Run Leader Award which is the training requirement to deliver Explore activities has been rolled out and has bookings from participants in Yorkshire & Humber. Feedback regarding the Explore programme has been passed onto the National Programmes Manager, this includes the percentage split between deliverer/BTF being too low for deliverers and concerns over the £7.50 cost of activities when other NGB's are offering guided activities free of charge (for example British Cycling Breeze or Go Ride programmes).

### [Swim Bike Run The BIG](#)

This programme requires further development, but it offers timed events with a festival feel. The distances are set at 200m swim, 10km bike and 2.5km run and medals should be provided. There are no Swim Bike Run The Big events planned in the region as yet.

### ACTIVE SKILLS FOR LIFE

[Active Skills for Life](#) is provided by British Triathlon and Triathlon England to give children and young people aged 7-14 the opportunity to try swim bike run activities in a fun and inclusive environment. It is based on the principles of physical literacy and provides skills-based activities that can be enjoyed in schools as part of Key Stages 2/3 of the National Curriculum, or throughout community settings which could be delivered in the form of after school clubs, holiday activity programmes and leisure offers for example. Active Skills for Life is delivered by external delivery partners and there are three packages available:

- Engage (free subscription giving access to examples of Active Skills for Life resources)
- Enhance (for Active Skills for Life delivery in one location)
- Franchise and Franchise+ (for delivery in 2-20 and 21+ locations)

The programme was piloted in several locations across the country and was formally launched in June this year in line with National Schools Week. Conversations are taking place with a range of partners and networks ahead of delivery next year. The programme comes with access to training for deliverers via the [Active Skills for Life Award](#). The Award can also support young people aged 14+ and the team are developing bespoke programmes to support secondary schools and colleges to undertake training as part of youth leadership programmes.

### BEYOND SWIM

[Beyond Swim](#) is an open water venue accreditation scheme available in England to all open water venues. Triathlon England work in partnership with Swim England and the Royal Life Saving Society to deliver the accreditation. Interested venues are required to apply via the self-endorsed or fully endorsed options available on the Beyond Swim website. Triathlon England clubs can receive free Beyond Swim accreditation as part of their affiliation whereby sessions are only being delivered to their club members.