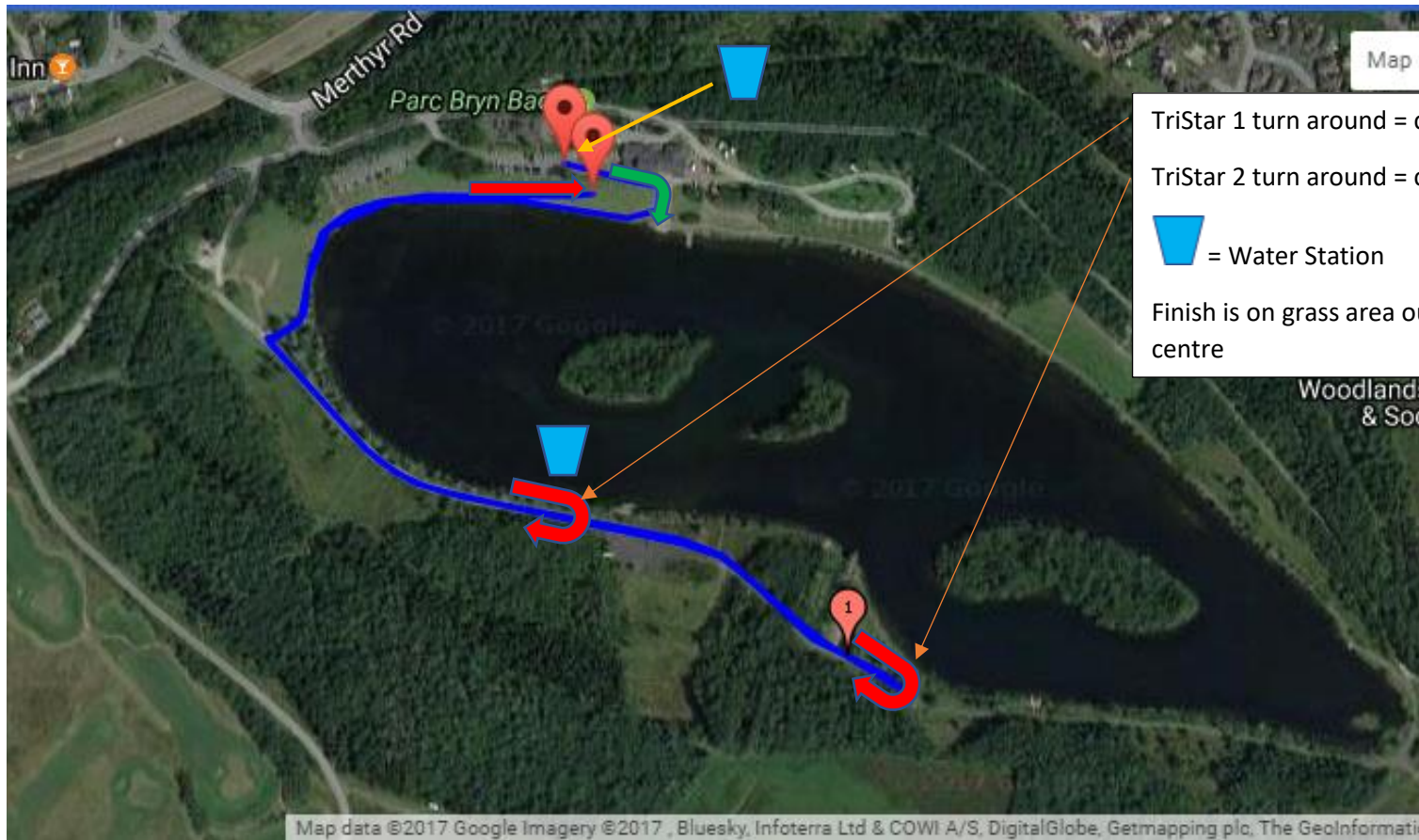


TriStar 1 and 2 Run Route, Welsh Triathlon Gemau Cymru IRC qualification event



TriStar 1 turn around = circa 600m
TriStar 2 turn around = circa 900m
= Water Station
Finish is on grass area outside visitor centre