

Position	Name		Member	Team	Cat	Gender	WSS Points	Stage 1 - Llanelli		Stage 2 -TATA Steelman		Stage 3 - Bala		Stage 4 - Snowman	
								Time	Individual Points	Time	Individual Points	Time	Individual Points	Time	Individual Points
1	Rhian	Roxburgh	yes	GOG TRIATHLON	F40	F	265			2:14:39	85	00:59:55	90	03:53:20	90
2	Florence	Swan	yes	NTPCW	FS	F	250			2:16:17	80	01:02:17	70	03:40:08	100
3	Rhiannon	Middleton	Yes	NTPCW	FS	F	225	01:20:53.50	85			01:01:10	80	04:17:08	60
4	Helen	Marshall	Yes	Intrtri	F40	F	220	01:22:35.35	80	2:17:23	75	01:02:21	65		
5	Gwen	Kinsey	yes	Pedal Cover Insurance Tri Team	F40	F	205	01:27:03.90	60	2:21:33	70	01:01:47	75		
6	Hannah	Munday	Yes	Intelligent Triathlon Training	FS	F	200	01:17:53.00	100	2:10:04	100				
7	Catherine	Marks	Yes	Pembrokeshire Triathlon	FS	F	198	01:27:36.50	55	2:29:04	46	01:05:11	50	04:24:57	47
8	Rebecca	Comins	Yes	Monmouth Triathlon Club	F50	F	187	01:28:13.50	49	2:29:52	45	01:06:32	47	04:27:34	46
9	Laura	Clements	Yes	Ufit	FS	F	183	01:27:56.55	50	2:26:47	48			03:54:23	85
10	Jasmine	Bowyer	Yes	Cycle Specific	FS	F	167	01:25:04.90	70	2:25:57	49	01:06:12	48		
11	Emer	Sandham	Yes	Gog Triathlon Club	FS	F	140	01:30:38.90	48	2:33:24	43			04:21:14	49
12	Eleanor	Davies		CLWB BEICIO BALA	F40	F	138			2:34:12	42	01:10:24	41	04:18:19	55
13	Katie	Greenwood	Yes	Cardiff Triathletes	FS	F	130	01:24:42.30	75	2:24:44	55				
14	Eloise	Crowley		CARDIFF TRIATHLON CLUB	FS	F	115			2:23:14	60	01:04:26	55		
15	Mared	Dafydd		GOG TRIATHLON	FS	F	112			2:43:48	37	01:15:12	33	04:37:29	42
16	Sara	Willhoit		SYTRI	FS	F	110			2:25:55	50	01:03:51	60		
17	Jennifer	Aylward	Yes	Celtic Tri	F50	F	109	01:38:40.10	39			01:16:04	30	04:49:59	40
18	Elizabeth	Vaughan	Yes	Taff Ely Triathlon Club	F50	F	102	01:40:30.25	31	2:46:24	34	01:14:24	37		
19	Megan	McDonald			FS	F	100					00:57:58	100		
20	Victoria	Baker		MONMOUTH TRI CLUB	FS	F	90			2:11:22	90				
21	Carol	Bridge	Yes	Erdinger	FS	F	90	01:20:25.65	90						
22	Samantha	Sugden			FS	F	89					01:07:21	45	04:29:44	44
23	Charlotte	Ralph	Yes	Cardiff Triathletes	FS	F	88	01:31:35.00	47	2:34:57	41				
24	Hannah	Pearson		Black Country Triathletes	FS	F	85					01:01:05	85		
25	Paula	Stevens		Gog Triathlon	F40	F	81			2:56:17	26	01:14:42	34	05:24:30	21
26	Karen	Munn	Yes	Pembrokeshire Triathlon Club	F60	F	80	01:43:35.05	27	2:55:59	27	01:18:06	26		
27	Jazmin	Rogers		Bristol	FS	F	80							03:56:13	80
28	Bryanie	Allsworth	Yes	West Coast Triathlon	FS	F	76	01:38:44.35	38	2:41:40	38				
29	Bridget	Ripley			F60	F	76					01:12:48	38	04:52:04	38
30	Catherine	Connell			FS	F	75							04:03:41	75
31	Helen	Colley	Yes	Taff Ely Tri Club	F40	F	70	01:39:42.45	35	2:45:26	35				
32	Rebecca	Lodge		Wakefield Triathlon Club	FS	F	70							04:06:04	70
33	Zoe	Davies	Yes	Risc-A-Tri	FS	F	68	01:40:22.70	33			01:14:39	35		
34	Debs	Jones		GOG TRIATHLON	F50	F	68			2:53:43	29	01:21:42	24	05:46:39	15
35	Ailsa	Beck		UNIVERSITY OF STIRLING	FS	F	65			2:23:04	65				
36	Hannah	Mattinson			FS	F	65							04:11:04	65
37	Emma	Palfrey	Yes	Cycle Specific	FS	F	65	01:26:33.60	65						
38	Cathryn	Williams	Yes	Port Talbot Harriers	FS	F	62	01:40:42.30	30	2:49:18	32				
39	Eden Rae	Davies	Yes	Celtic Tri	FYJ	F	57	01:42:49.10	28			01:16:55	29		
40	Ellen	Nelissen			F40	F	50							04:18:27	50
41	Larna	Andrew			FS	F	49					01:05:29	49		
42	Amy	Seppman	Yes	Port Talbot Harriers	FS	F	49	01:45:01.15	26	2:58:26	23				
43	Christine	Howard		Belper Ten Twenty	F40	F	48							04:24:50	48
44	Ffion	Davies		PORT TALBOT HARRIERS	FS	F	47			2:28:11	47				
45	Joanna	Callan		CARDIFF	FS	F	46					01:06:57	46		
46	Lesley	Mainwaring	Yes	Triathlon Coaching Wales	F50	F	46	01:46:43.30	25	2:59:56	21				
47	Sian	Williams	Yes	Pembrokeshire Triathlon Club	F40	F	46	01:34:26.50	46						
48	Claire	Manson	Yes	Cardiff Triathletes	FS	F	45	01:34:53.25	45						
49	Alexandra	Richards		INTRtri	FS	F	45							04:28:14	45
50	Natasha	Barton	Yes	Pencoed	FS	F	44	01:36:51.35	44						
51	Amy	Edwards O'Hare		Cardiff University Triathlon Club	FS	F	44					01:07:31	44		
52	Ceri	Ruzzi		FUL-ON-TRI	FS	F	44			2:31:13	44				
53	Finola	Corley		SY Tri (Shrewsbury Triathlon)	FS	F	43					01:10:06	43		

164	Harriet	McCann		FS	F	5					01:45:17	5		
165	Nicola	Thomas	CELTIC TRI	F40	F	5			3:22:49	5				
166	Judith	Moulsdale	Mere Runners	F40	F	4					01:45:55	4		
167	Nicola	Peake	BFUNCTIONAL	F50	F	4			3:22:54	4				
168	Katey	Purkiss-Mcendoo		F50	F	4							06:57:30	4
169	Ali	Barber	Gog Triathlon	F50	F	3					02:01:58	3		
170	Meg	Howe		FS	F	3							07:09:14	3
171	Nicola	Jones	TAFF ELY TRIATHLON CLUB	F40	F	1			3:29:45	1				

Position	Name		Member	Team	Cat	Gender	WSS Points	Stage 1 - Llanelli		Stage 2 - TATA Steelman		Stage 3 - Bala		Stage 4 - Snowman	
								Time	Individual Points	Time	Individual Points	Time	Individual Points	Time	Individual Points
1	Eden Rae	Davies	Yes	Celtic Tri	FY	F	190	01:42:49.10	100			01:16:55	90		
2	Mali Fflur	Jones		Cerist Triathlon Club	FY	F	100					01:12:25	100		
3	Lauren	Watts		Cerist Triathlon Club	FY	F	85					01:22:42	85		
4	Jess	Simpson		Cardiff University Triathlon Club	FY	F	80					01:24:19	80		

Position	Name		Member	Team	Cat	Gender	WSS Points	Stage 1 - Llanelli		Stage 2 - TATA Steelman		Stage 3 - Bala		Staged 4 - Snowman	
								Time	Individual Points	Time	Individual Points	Time	Individual Points	Time	Individual Points
1	Florence	Swan		NTPCW	FS	F	265			2:16:17	85		80	03:40:08	100
2	Rhiannon	Middleton	Yes	NTPCW	FS	F	235	01:20:53.50	85			01:01:10	85	04:17:08	65
3	Catherine	Marks	Yes	Pembrokeshire Triathlon	FS	F	234	01:27:36.50	65	2:29:04	49	01:05:11	65	04:24:57	55
4	Laura	Clements	Yes	Ufit	FS	F	205	01:27:56.55	60	2:26:47	55			03:54:23	90
5	Hannah	Munday	Yes	Intelligent Triathlon Training	FS	F	200	01:17:53.00	100	2:10:04	100				
6	Jasmine	Bowyer	Yes	Cycle Specific	FS	F	190	01:25:04.90	75	2:25:57	60	01:06:12	55		
7	Emer	Sandham	Yes	Gog Triathlon Club	FS	F	162	01:30:38.90	55	2:33:24	47			04:21:14	60
8	Katie	Greenwood	Yes	Cardiff Triathletes	FS	F	150	01:24:42.30	80	2:24:44	70				
9	Eloise	Crowley		CARDIFF TRIATHLON CLUB	FS	F	145			2:23:14	75	01:04:26	70		
10	Sara	Willhoit		SYTRI	FS	F	140			2:25:55	65	01:03:51	75		
11	Mared	Dafydd		GOG TRIATHLON	FS	F	132			2:43:48	43	01:15:12	42	04:37:29	47
12	Megan	McDonald			FS	F	100					00:57:58	100		
13	Samantha	Sugden			FS	F	98					01:07:21	49	04:29:44	49
14	Charlotte	Ralph	Yes	Cardiff Triathletes	FS	F	96	01:31:35.00	50	2:34:57	46				
15	Bryanie	Allsworth	Yes	West Coast Triathlon	FS	F	90	01:38:44.35	46	2:41:40	44				
16	Victoria	Baker		MONMOUTH TRI CLUB	FS	F	90			2:11:22	90				
17	Carol	Bridge	Yes	Erdinger	FS	F	90	01:20:25.65	90						
18	Hannah	Pearson		Black Country Triathletes	FS	F	90					01:01:05	90		
19	Zoe	Davies	Yes	Risc-A-Tri	FS	F	87	01:40:22.70	44			01:14:39	43		
20	Jazmin	Rogers		Bristol	FS	F	85							03:56:13	85
21	Cathryn	Williams	Yes	Port Talbot Harriers	FS	F	84	01:40:42.30	42	2:49:18	42				
22	Amy	Seppman	Yes	Port Talbot Harriers	FS	F	81	01:45:01.15	41	2:58:26	40				
23	Ailsa	Beck		UNIVERSITY OF STIRLING	FS	F	80			2:23:04	80				
24	Catherine	Connell			FS	F	80							04:03:41	80
25	Rachael	Parkinson	Yes	Bynea Cycling Club	FS	F	76	01:54:00.85	39	3:09:56	37				
26	Rebecca	Lodge		Wakefield Triathlon Club	FS	F	75							04:06:04	75
27	Jenna	Griffiths	yes	Be Awesome	FS	F	70	02:03:52.25	36	3:21:34	34				
28	Hannah	Mattinson			FS	F	70							04:11:04	70
29	Emma	Palfrey	Yes	Cycle Specific	FS	F	70	01:26:33.60	70						
30	Larna	Andrew			FS	F	60					01:05:29	60		
31	Joanna	Callan		CARDIFF	FS	F	50					01:06:57	50		
32	Ffion	Davies		PORT TALBOT HARRIERS	FS	F	50			2:28:11	50				
33	Alexandra	Richards		INTRtri	FS	F	50							04:28:14	50
34	Claire	Manson	Yes	Cardiff Triathletes	FS	F	49	01:34:53.25	49						
35	Natasha	Barton	Yes	Pencoed	FS	F	48	01:36:51.35	48						
36	Amy	Edwards O'Hare		Cardiff University Triathlon Club	FS	F	48					01:07:31	48		
37	Rebecca	Northeast		Manchester Triathlon Club	FS	F	48							04:34:15	48
38	Ceri	Ruzzi		FUL-ON-TRI	FS	F	48			2:31:13	48				
39	Finola	Corley		SY Tri (Shrewsbury Triathlon)	FS	F	47					01:10:06	47		
40	Jemma	Sedgmond	Yes	Cardiff Triathletes	FS	F	47	01:37:21.65	47						
41	Jennifer	Pybis		St Helens Tri	FS	F	46					01:10:17	46		
42	Charlotte	Zealley			FS	F	46							04:55:53	46
43	Melanie	Davies		Cycle Specific	FS	F	45							04:56:48	45
44	Sarah	Gallacher		GOG TRIATHLON	FS	F	45			2:39:26	45				
45	Hayley	Griffiths	Yes	Celtic Tri	FS	F	45	01:40:11.65	45						
46	Sophie	Whittingham		SY Tri (Shrewsbury Triathlon)	FS	F	45					01:11:22	45		
47	Emma	Shallcross			FS	F	44					01:14:33	44		
48	Kat	Suddaby			FS	F	44							04:57:50	44
49	Kate	Humphrey	Yes	Newt	FS	F	43	01:40:28.90	43						
50	Charlotte	Mead			FS	F	43							05:04:04	43
51	Ruth	Cattell			FS	F	42							05:14:11	42
52	Kayley	Griffiths		CAERPHILLY TRI-ERS	FS	F	41			2:57:33	41				
53	Vicki	Lewis		Pembrokeshire Triathlon Club	FS	F	41					01:15:48	41		

54	Joanne	Parker-Stirling		Teme Leisure Tri	FS	F	41							05:14:40	41
55	Charlotte	Brass		Cardiff University Triathlon Club	FS	F	40						01:16:56	40	
56	Angharad	Lewis	Yes	Gog Triathlon	FS	F	40	01:53:31.55	40						
57	Sarah	Ward		Wakefield Triathlon Club	FS	F	40							05:17:42	40
58	Amy	Jenkins		PORT TALBOT HARRIERS	FS	F	39			3:04:05	39				
59	Danielle	Martin		WVTRI	FS	F	39							05:18:07	39
60	Ali	Roberts			FS	F	39						01:23:06	39	
61	Cicely	Arthur		Oxford Triathlon Club	FS	F	38							05:26:30	38
62	Jayne	Hamer			FS	F	38						01:23:44	38	
63	Bethan	Morris	Yes	Port Talbot Harriers	FS	F	38	01:54:30.00	38						
64	Sian	Richards		CELTIC TRI	FS	F	38			3:05:24	38				
65	Kirsty	Edwards	Yes	Newport & East Wales Triathlon	FS	F	37	01:57:04.20	37						
66	Clare	Fox		Tri2O	FS	F	37							05:31:21	37
67	Stephanie	George			FS	F	37						01:29:07	37	
68	Jane	Harwood		PORT TALBOT HARRIERS	FS	F	36			3:11:09	36				
69	Sarah	Roberts		Manchester Triathlon Club	FS	F	36							05:34:08	36
70	Emma	Scott			FS	F	36						01:34:17	36	
71	Stephanie	Conway		GOG Triathlon	FS	F	35							06:07:27	35
72	Seren	Hathway			FS	F	35						01:34:45	35	
73	Abigail	Jones			FS	F	35			3:14:22	35				
74	Anna	Rees	Yes	Celtic Tri	FS	F	35	02:04:46.20	35						
75	Hannah	Brake			FS	F	34						01:35:25	34	
76	Helen	Griffith			FS	F	34							06:14:29	34
77	Alice	Bevan-Fisher			FS	F	33						01:36:13	33	
78	Andrea	Cooper		Titan Triathlon Club	FS	F	33							06:20:16	33
79	Kirsty	Shaw		TAFF ELY TRIATHLON CLUB	FS	F	33			3:37:16	33				
80	Meg	Howe			FS	F	32							07:09:14	32
81	Harriet	McCann			FS	F	32						01:45:17	32	
82	Lyndsy	McKeown		CELTIC TRI	FS	F	32			3:37:44	32				

Position	Name	Member	Team	Cat	Gender	WSS Points	Stage 1 - Llanelli		Stage 2 - TATA Steelman		Stage 3 - Bala		Stage 4 - Snowman		
							Time	Individual Points	Time	Individual Points	Time	Individual Points	Time	Individual Points	
1	Rhian	Roxburgh	Yes	GOG TRIATHLON	F40	F	300			2:14:39	100	00:59:55	100	03:53:20	100
2	Helen	Marshall	Yes	Intrtri	F40	F	275	01:22:35.35	100	2:17:23	90	01:02:21	85		
3	Gwen	Kinsey	yes	Pedal Cover Insurance Tri Team	F40	F	265	01:27:03.90	90	2:21:33	85	01:01:47	90		
4	Eleanor	Davies	Yes	CLWB BEICIO BALA	F40	F	220			2:34:12	50	01:10:24	80	04:18:19	90
5	Paula	Stevens	Yes	GOG TRIATHLON	F40	F	173			2:56:17	49	01:14:42	75	05:24:30	49
6	Helen	Colley	Yes	Taff Ely Tri Club	F40	F	125	01:39:42.45	60	2:45:26	65				
7	Cathryn	Jenkins	Yes	Celtic Tri	F40	F	101	01:48:18.65	55	3:01:40	46				
8	Bethan	Thomas	Yes	Port Talbot Harriers	F40	F	86	01:58:14.60	47	3:25:23	39				
9	Ellen	Nelissen			F40	F	85							04:18:27	85
10	Sian	Williams	Yes	Pembrokeshire Traithlon Club	F40	F	85	01:34:26.50	85						
11	Rosie	Davies	yes		F40	F	80	01:37:21.80	80						
12	Christine	Howard		Belper Ten Twenty	F40	F	80							04:24:50	80
13	Claire	Jackson	Yes	MONMOUTH TRI CLUB	F40	F	75			2:37:27	75				
14	Jenny	Mcadie	Yes		F40	F	75	01:38:05.65	75						
15	Susie	Peart			F40	F	75							04:47:58	75
16	Jayne	Arnold	Yes	CELTIC TRI	F40	F	70			2:45:01	70				
17	Connie	James			F40	F	70					01:15:19	70		
18	Kate	Mills		KNUTSFORD TRIATHLON	F40	F	70							04:50:49	70
19	Ceri	Rees-Coe	Yes	North Dock Dredgers	F40	F	70	01:39:21.10	70						
20	Anna	Iley		SY Tri (Shrewsbury Triathlon)	F40	F	65					01:17:55	65		
21	Toni	O'donovan		Barrow	F40	F	65							04:52:07	65
22	Kath	Thomas	yes	Cyclespecific	F40	F	65	01:39:25.65	65						
23	Rebecca	Emerton		N/A	F40	F	60							04:54:15	60
24	Ceri	Hughes		Gog Triathlon	F40	F	60					01:22:20	60		
25	Louise	Miskell	Yes	ABERDARE VALLEY AAC	F40	F	60			2:47:41	60				
26	Lowri	Bowen	Yes	CRP TRI CLUB	F40	F	55			2:49:48	55				
27	Sarah	McDonnell		Total Transition Triathlon	F40	F	55					01:30:37	55		
28	Helen	Spicer		Bad Tri	F40	F	55							05:03:24	55
29	Sara Jones	Jones			F40	F	50					01:30:39	50		
30	Louise	Pierpoint	Yes	PORT TALBOT HARRIERS	F40	F	50			2:49:53	50				
31	Alexandra	Pocock			F40	F	50							05:21:22	50
32	Kathryn	Sweetman	yes		F40	F	50	01:55:37.50	50						
33	Katharine	Burton		Chester Triathlon Club	F40	F	49					01:31:44	49		
34	Denise	Phillips	Yes	Bynea	F40	F	49	01:57:42.55	49						
35	Kate Benny	Benny			F40	F	48					01:32:52	48		
36	Kathryn	Land		Bayside tri	F40	F	48							05:43:15	
37	Helen	Murray	yes	Tenby Aces	F40	F	48	01:57:59.05	48						
38	Angharad	Pocock	Yes	CARDIFF TRIATHLON CLUB	F40	F	48			2:57:57	48				
39	Geri	Angharad-Evans	Yes	GOG TRIATHLON	F40	F	47			2:58:35	47				
40	Sarah	Ellwood		Gog Triathlon	F40	F	47					01:36:57	47		
41	Svenja	Gr		Zeppelin Team OSC Potsdam	F40	F	47							05:45:11	47
42	Carolyn	Dales			F40	F	46							05:47:39	46
43	Judith	Mouldsdale		Mere Runners	F40	F	46					01:45:55	46		
44	Caroline	Rees	Yes	Pencoed Tri Club	F40	F	46	02:04:05.65	46						
45	Andrea	Griffiths	Yes	Celtic Tri	F40	F	45	02:09:57.50	45						
46	Helen	Jonesz	Yes	TAFF ELY TRIATHLON CLUB	F40	F	45			3:08:47	45				
47	Glenda	Lord		Rosendale triathlon club	F40	F	45							05:49:22	
48	Tabitha	Angle-Smith		GOG Triathlon	F40	F	44							05:56:50	44
49	Catherine	Colleypriest	Yes	CRP TRI CLUB	F40	F	44			3:14:25	44				
50	Hannah	Andrew		Wakefield Triathlon Club	F40	F	43							06:07:13	43
51	Daniela	Jones	Yes	PEN-Y-BONT TRIATHLON CLUB	F40	F	43			3:16:00	43				
52	Sian	Hollins		Cardiff Triathletes	F40	F	42							06:40:08	42
53	Kelly	Owen	Yes	CWM OGWR TRI CLUB	F40	F	42			3:19:11	42				
54	Lisa	Forrest	Yes		F40	F	41			3:22:09	41				
55	Sian	Jakeman	Yes	PENCOED TRIATHLON CLUB	F40	F	40			3:22:15	40				
56	Nicola	Jones	Yes	TAFF ELY TRIATHLON CLUB	F40	F	38			3:29:45	38				
57	Karen	Jones	Yes	TAFF ELY TRIATHLON CLUB	F40	F	37			4:03:55	37				

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								Time	Individual Points	Time	Individual Points	Time	Individual Points	Time	Individual Points
1	Rebecca	Comins	Yes	Monmouth Triathlon Club	F50	F	400	01:28:13.50	100	2:29:52	100	01:06:32	100	04:27:34	100
2	Jennifer	Aylward	Yes	Celtic Tri	F50	F	260	01:38:40.10	85			01:16:04	85	04:49:59	90
2	Elizabeth	Vaughan	Yes	Taff Ely Triathlon Club	F50	F	260	01:40:30.25	80	2:46:24	90	01:14:24	90		
4	Debs	Jones	yes	GOG TRIATHLON	F50	F	230			2:53:43	85	01:21:42	75	05:46:39	70
5	Lesley	Mainwaring	Yes	Triathlon Coaching Wales	F50	F	145	01:46:43.30	70	2:59:56	75				
6	Karen	Birdsall	Yes	Celtic Tri	F50	F	115	02:03:07.10	60	3:26:40	55				
7	Emma	Wheeler	Yes	Cmc Llandeilo	F50	F	90	01:38:23.30	90						
8	Elaine	Rowlands		Tri Ystwyth	F50	F	85							05:08:48	85
9	Jacqueline	Gibbons		Pembrokeshire Triathlon Club	F50	F	80					01:18:24	80		
10	Fiona	Sandom		Ynys Mon Triathlon Club	F50	F	80							05:11:01	80
11	Carolyn	Williams	yes	PORT TALBOT HARRIERS	F50	F	80			2:55:41	80				
12	Helen	Mansfield	Yes	None	F50	F	75	01:42:24.35	75						
13	Pam	Worrall		Humber Triathletes	F50	F	75							05:21:50	75
14	Sharon	Daniel	yes	HEALTHY LIFE ACTIVITIES	F50	F	70			3:10:59	70				
15	Julie	McDonnell		Chester Triathlon Club	F50	F	70					01:26:45	70		
16	Katie	Alcock			F50	F	65							06:01:52	65
17	Helen	Griffiths	yes	PORT TALBOT HARRIERS	F50	F	65			3:19:46	65				
18	Dinah	Hazeldine		Gog Triathlon	F50	F	65					01:42:10	65		
19	Christina	Smith	Yes	Celtic Tri	F50	F	65	01:54:39.10	65						
20	Dwynwen	Myers			F50	F	60							06:09:04	60
21	Nicola	Peake	yes	BFUNCTIONAL	F50	F	60			3:22:54	60				
22	Kerry	Wykes		COVENTRY TRIATHLETES	F50	F	60					01:42:19	60		
23	Ali	Barber		Gog Triathlon	F50	F	55					02:01:58	55		
24	Katey	Purkiss-Mcendoo			F50	F	55							06:57:30	55
25	Sian	Rees-Jones	yes	Cycle Specific	F50	F	55	02:04:28.15	55						
26	Andrea	Griffiths	yes	CELTIC TRI	F50	F	50			3:52:57	50				

Position	Name		Member	Team	Cat	Gender	WSS Points	Stage 1 - Llanelli		Stage 2 - TATA Steelman		Stage 3 - BALA		Stage 4 - Snowman	
								Time	Individual Points	Time	Individual Points	Time	Individual Points	Time	Individual Points
1	Karen	Munn	Yes	Pembrokeshire Triathlon Club	F60	F	290	01:43:35.05	100	2:55:59	100	01:18:06	90		
2	Bridget	Ripley			F60	F	200					01:12:48	100	04:52:04	100
3	Barbara	Cook	Yes	North Dock Dredgers	F60	F	90	01:46:56.75	90						
3	Kaz	Ceeney	Yes	NEWT	F60	F	90			3:47:43	90				
3	Stella	Farrar			F60	F	90							05:08:31	90

Position	Name		Member	Team	Cat	Gender	WSS Points	Stage 1 - Llanelli		Stage 2 - TATA Steelman		Stage 3 - Bala		Stage 4 - Snowman	
								Time	Individual Points	Time	Individual Points	Time	Individual points	Time	Individual points
1	Linda	Spillane	Yes	Newt	F70	F	100	01:53:40.80	100						

Team Scores			Llanelli - Stage 1		ATA Steelman - Stage 2		Bala - Stage 3		Snowman - Stage 4	
Position	Team Name	Total Series Points	Total Stage Points	No. Of Eligible Athletes	Total Stage Points	No. Of Eligible Athletes	Total Stage Points	No. Of Eligible Athletes	Total Stage Points	No. Of Eligible Athletes
1	GoG Triathlon Club	1445	239	4	341	11	435	14	430	14
2	Pembrokeshire Triathlon Club	1328	470	8	253	4	450	11	155	3
3	Celtic Tri	1136	410	18	350	23	250	3	126	2
4	Taff Ely Triathlon Club	1063	300	6	341	14	332	5	90	1
5	Cardiff Triathletes	986	430	12	324	11	190	5	42	1
6	N.E.W.T	781	330	10	324	9	47	1	80	1
7	Port Talbot Harriers	713	240	11	430	47	43	1		
8	Monmouth Triathlon Club	655	100	1	355	3	100	1	100	1
9	InterTri	425	100	1	90	1	185	2	50	1
10	Bynea CC	397	270	7	127	2				
11	Caerphilly Tri-Ers	338	86	2	192	5	60	1		
12	Pencoed Triathlon Club	333	94	2	239	6				
13	UFIT	321	60	1	171	3			90	1
14	Rhondda Triathlon Club	315	147	5	78	3			90	1
15	North Dock Dredgers	311	311	5						
16	ATAC	260	144	3	116	2				
17	Cardiff University	249					249	7		
18		215	140	2	75	1				
19	Cr@p Tri	214	55	2	159	3				
20	Tenby Aces	191	148	4			43	1		
21	Cerist Triathlon	185					185	2		
22	Wrecsam Tri Club	185					185	2		
23	Tinworks Triathlon Club	178	130	4			48	1		
24	Brecon	144							144	2
25	Y Fenni Triathlon	137	50	1	40	1	47	1		
26	Risca Tri	118					118	2		
27	Healthy Life Activities	117			117	2				
28	Cadence	85					85	1		
29	Tri Ystwyth	85							85	1
30	Denbighshire Triathlon	80					80	1		
31	Ynys Mon Triathlon	80							80	1
32	Cardiff Junior Tri	65	65	1						
33	Bfunctional	60			60	1				
34	Clwb Beico Bala	50			50	1				
35	PenyBont	43			43	1				
36	TATA Multisport	42			42	1				
37	Aim2Tri	41			41	1				
38	Cwm Ogwr	38			38	1				
39	SWYD	38							38	1
40	San Domenico	32	32	1						