

Team Competition		
Position	Team Name	Total Series Points
1	Pembrokeshire Triathlon Club	470
2	Cardiff Triathletes	430
3	Celtic Tri	410
4	N.E.W.T	330
5	North Dock Dredgers	311
6	Taff Ely Triathlon Club	300
7	Bynea CC	270
8	Port Talbot Harriers	240
9	GoG Triathlon Club	239
10	Tenby Aces	148

Overall Male					
Position	Name		Team	Stage 1 - Llanelli	
				Time	Stage Pts
1	Liam	Lloyd	Cycle Specific	01:06:09.65	100
2	Alex	Matchett	Pembrokeshire Tri	01:06:36.45	90
3	Sam	Wade	Team Pedal Cover	01:07:12.05	85
4	Beau	Smith		01:07:29.05	80
5	Joshua	Lewis	Ntpcw	01:07:41.65	75
6	Chris	Silver		01:08:33.30	70
7	Oliver	Simon	Atac	01:11:38.85	65
8	Ross	Simpson		01:13:07.00	60
9	Guto	Morgans	Cycle Specific	01:15:16.75	55
10	Jamie	Best	Bynea Cc	01:16:40.50	50

Overall Female					
Position	Name		Team	Stage 1 - Llanelli	
				Time	Individual Points
1	Hannah	Munday	Intelligent Triathlon Training	01:17:53.00	100
2	Carol	Bridge	Erdinger	01:20:25.65	90
3	Rhiannon	Middleton		01:20:53.50	85
4	Helen	Marshall	Intrtri	01:22:35.35	80
5	Katie	Greenwood	Cardiff Triathletes	01:24:42.30	75
6	Jasmine	Bowyer	Cycle Specific	01:25:04.90	70
7	Emma	Palfrey	Cycle Specific	01:26:33.60	65
8	Gwen	Kinsey	Pedal Cover Insurance Tri Team	01:27:03.90	60
9	Catherine	Marks	Pembrokeshire Triathlon	01:27:36.50	55
10	Laura	Clements	Ufit	01:27:56.55	50

Male Seniors					
Position	Name		Team	Stage 1 - Llanelli	
				Time	Individual Points
1	Liam	Lloyd	Cycle Specific	01:06:09.65	100
2	Alex	Matchett	Pembrokeshire Tri	01:06:36.45	90
3	Sam	Wade	Team Pedal Cover	01:07:12.05	85
4	Beau	Smith		01:07:29.05	80
5	Joshua	Lewis	Ntpcw	01:07:41.65	75
6	Chris	Silver		01:08:33.30	70
7	Ross	Simpson		01:13:07.00	65
8	Guto	Morgans	Cycle Specific	01:15:16.75	60
9	Kieran	John	Caerphilly Tri-Ers	01:16:44.80	55
10	Daniel	Madden	University Of Birmingham	01:16:48.75	50

Female Seniors					
Position	Name		Team	Stage 1 - Llanelli	
				Time	Individual Points
1	Hannah	Munday	Intelligent Triathlon Training	01:17:53.00	100
2	Carol	Bridge	Erdinger	01:20:25.65	90
3	Rhiannon	Middleton		01:20:53.50	85
4	Katie	Greenwood	Cardiff Triathletes	01:24:42.30	80
5	Jasmine	Bowyer	Cycle Specific	01:25:04.90	75
6	Emma	Palfrey	Cycle Specific	01:26:33.60	70
7	Catherine	Marks	Pembrokeshire Triathlon	01:27:36.50	65
8	Laura	Clements	Ufit	01:27:56.55	60
9	Emer	Sandham	Gog Triathlon Club	01:30:38.90	55
10	Charlotte	Ralph	Cardiff Triathletes	01:31:35.00	50

Male 40s					
Position	Name		Team	Stage 1 - Llanelli	
				Time	Individual Points
1	Oliver	Simon	Atac	01:11:38.85	100
2	Jamie	Best	Bynea Cc	01:16:40.50	90
3	James	Manson	Cardiff Triathletes	01:19:09.40	85
4	Conrad	Lawson	Hereford Triathlon Club	01:19:29.55	80
5	Marc	Davies	Nathon Ford Triathlon	01:20:01.40	75
6	David	Hawkins	Cardiff Triathletes	01:20:05.55	70
7	Brian	Hosty		01:20:10.35	65
8	Mark	Binding	Taff Ely Triathlon	01:21:41.50	60
9	Chris	Lewis	Port Talbot Harriers	01:21:57.10	55
10	David	Morgan	Port Talbot Harriers	01:22:19.75	50

Female 40s					
Position	Name		Team	Stage 1 - Llanelli	
				Time	Individual Points
1	Helen	Marshall	Intrtri	01:22:35.35	100
2	Gwen	Kinsey	Pedal Cover Insurance Tri Team	01:27:03.90	90
3	Sian	Williams	Pembrokeshire Traithlon Club	01:34:26.50	85
4	Rosie	Davies		01:37:21.80	80
5	Jenny	Mcadie		01:38:05.65	75
6	Ceri	Rees-Coe	North Dock Dredgers	01:39:21.10	70
7	Kath	Thomas	Cyclespecific	01:39:25.65	65
8	Helen	Colley	Taff Ely Tri Club	01:39:42.45	60
9	Cathryn	Jenkins	Celtic Tri	01:48:18.65	55
10	Kathryn	Sweetman		01:55:37.50	50

Male 50s					
Position	Name	Team	Stage 1 - Llanelli		
			Time	Individual Points	
1	Gareth Bowyer	Gog	01:21:26.70	100	
2	Steve Matchett	Pembs Tri	01:23:17.75	90	
3	Rodney Savage	Cardiff Triathletes	01:23:18.85	85	
4	Gareth Norton	Cardiff Triathletes	01:27:48.25	80	
5	Martin Hughes	Team Bodyworks	01:31:28.30	75	
6	Andy Bostock		01:35:38.05	70	
7	Gary Davies		01:42:37.25	65	
8	Mark Ford	Bynea	01:43:05.55	60	
9	Nigel Soulsby	Taff Ely Triathlon	01:46:57.85	55	
10	Geoff Wall	Y Fenni	01:47:38.35	50	

Male 60s					
Position	Name	Team	Stage 1 - Llanelli		
			Time	Individual Points	
1	Michael Battersby	Cardiff Triathlon Club	01:41:37.05	100	
2	Dave Hill		01:46:34.35	90	
3	Martin Davies	Newt	01:52:07.15	85	
4	David Hunter		01:55:21.90	80	
5	John Nicholls	North Dock Dredgers Tr	01:58:55.60	75	

Male 70s					
Position	Name	Team	Stage 1 - Llanelli		
			Time	Individual Points	
1	Alex Heron	Celtic Tri	01:40:36.75	100	

Male Yth and Jnr					
Position	Name	Team	Stage 1 - Llanelli		
			Time	Individual Points	
1	Dafydd Brown	Pembrokeshire Triathlo	01:18:23.40	100	
2	Iwan Dugmore	Pembrokeshire Triathlo	01:23:01.30	90	
3	James Oulsnam	Csg Elite Performers	01:23:29.95	85	
4	Dominic Davies	Llanelli Asc	01:23:37.75	80	
5	Jack Southam	Llanelli Swimming Club	01:24:35.95	75	
6	Osian Williams	Tcw	01:26:21.60	70	
7	Sam Belcher	Cardiff Junior Tri	01:34:06.70	65	

Female 50s					
Position	Name	Team	Stage 1 - Llanelli		
			Time	Individual Points	
1	Rebecca Comins	Monmouth Triathlon Club	01:28:13.50	100	
2	Emma Wheeler	Cmc Llandeilo	01:38:23.30	90	
3	Jennifer Aylward	Celtic Tri	01:38:40.10	85	
4	Elizabeth Vaughan	Taff Ely Triathlon Club	01:40:30.25	80	
5	Helen Mansfield	None	01:42:24.35	75	
6	Lesley Mainwarin	Triathlon Coaching Wales	01:46:43.30	70	
7	Christina Smith	Celtic Tri	01:54:39.10	65	
8	Karen Birdsall	Celtic Tri	02:03:07.10	60	
9	Sian Rees-Jones	Cycle Specific	02:04:28.15	55	

Female 60s					
Position	Name	Team	Stage 1 - Llanelli		
			Time	Individual Points	
1	Karen Munn	Pembrokeshire Triathlon Club	01:43:35.05	100	
2	Barbara Cook	North Dock Dredgers	01:46:56.75	90	

Female 70s					
Position	Name	Team	Stage 1 - Llanelli		
			Time	Individual Points	
1	Linda Spillane	Newt	01:53:40.80	100	

Female Yth and Jnr					
Position	Name	Team	Stage 1 - Llanelli		
			Time	Individual Points	
1	Eden Rae Davies	Celtic Tri	01:42:49.10	100	