



2021 Series Results
After Stage 2



Male Seniors (20-39)

Position	Name		Team	WSS Points 2021
1	Tom	GRAHAM	Dragon Tri Club	145
2	Daniel	MADDEN	Viceroy's	140
3	Alex	MATCHETT	Pembrokeshire Tri	100
4	Liam	Lloyd	TRI POTENTIAL	100
5	Guto	MORGANS	Top Step Triathlon	94

Male Veterans (40-49)

Position	Name		Team	WSS Points 2021
1	Matthew	DAVIES	Dragon Tri	190
2	Stephen	ROWLANDS	Carmarthen Triathlon Club	170
3	Jonathon	SEYMOUR	GOG Triathlon	150
4	Alan	LATTER	Team Watt	125
5	Darren	JARMAN		109

Male Vintage Veterans (50-59)

Position	Name		Team	WSS Points 2021
1	Gareth	BOWYER	GOG Triathlon	200
2	Richard	LEARY	Celtic Tri	160
3	Gareth	NORTON	Cardiff Triathletes	130
4	Alan	PORTER	Taff Ely Tri	97
5	Steve	MATCHETT	Pembrokeshire Tri	90

Male Super Veterans (60-69)

Position	Name		Team	WSS Points 2021
1	Simon	OSBORNE	Pencoed Tri	200
2	Edward	MORGAN	Taff Ely Tri	180
3	Kevin	WHEELER	Pembrokeshire Tri	85
4	Paul	Belcher	Pen-y-Bont Tri	85
5	M	J BATTERSBY	Cardiff Triathletes	80

Male Super Vintage Veterans (70-79)

Position	Name		Team	WSS Points 2021
1	David	HILL		100
2	Mike	WILLIAMS	Pembrokeshire Tri	90
3				
4				
5				

Male Juniors

Position	Name		Team	WSS Points 2021
1	James	Harries	Tinworks	100
2	Sean	Petty	Dragon Tri	90
3				
4				
5				

Overall Males Top 10

Position	Name		Team	WSS Points
1	Matthew	DAVIES	Dragon Tri	165
2	Daniel	MADDEN	Viceroy's	132
3	Tom	GRAHAM	Dragon Tri Club	125
4	Stephen	ROWLANDS	Carmarthen Triathlon Club	118
5	Alex	MATCHETT	Pembrokeshire Tri	100
6	Gareth	BOWYER	GOG Triathlon	100
7	Liam	Lloyd	TRI POTENTIAL	100
8	Jonathon	SEYMOUR	GOG Triathlon	92
9	Oliver	SIMON	Atac	90
10	George	Comins	Royal Navy Triathlon	90

Overall Females Top 10

Position	Name		Team	WSS Points
1	Sara	MORGAN	Taff Ely Tri	120
2	Jennifer	AYLWARD	Celtic Tri	113
3	Catherine	MARKS	Pembrokeshire Tri	100
4	Chloe	Dooley	Cardiff AC	100
5	Mared	DAFYDD	GOG Triathlon	90
6	Paige	Horsnell	Rhondda Tri	90
7	Emer	SANDHAM	GOG Triathlon	85
8	Caryl	Williams	Bynea	85
9	Emily	SHARP		80
10	Rebecca	Comins	Dragon Tri	80

Overall Clubs Top 10

Position	Team Name	WSS Points
1	Dragon Tri	750
2	Cardiff Triathletes	738
3	GOG Triathlon Club	659
4	Taff Ely Tri	656
5	Rhondda Tri Club	501
6	Pembrokeshire Triathlon Club	490
7	Celtic Tri	480
8	NEWT	302
9	Penybont	280
10	WATT	277

Female Seniors (20-39)

Position	Name		Team	WSS Points
1	Catherine	MARKS	Pembrokeshire Tri	100
2	Chloe	Dooley	Cardiff AC	100
3	Mared	DAFYDD	GOG Triathlon	90
4	Paige	Horsnell	Rhondda Tri	90
5	Emily	SHARP		85

Female Veterans (40-49)

Position	Name		Team	WSS Points
1	Sara	MORGAN	Taff Ely Tri	170
2	Joanne	WILLIAMS		145
3	Emer	SANDHAM	GOG Triathlon	100
4	Caryl	Williams	Bynea	100
5	Melanie	MILES	Pembrokeshire Tri	90

Female Vintage Veterans (50-59)

Position	Name		Team	WSS Points
1	Jennifer	AYLWARD	Celtic Tri	180
2	Elizabeth	WILLIAMS	Pembrokeshire Tri	100
3	Rebecca	Comins	Dragon Tri	100
4	Jacqui	SWINNEY	TVT	85
5	Gail	Osborne	Taff Ely triathlon club	85

Female Super Veterans (60-69)

Position	Name		Team	WSS Points
1	Karen	MUNN	Pembrokeshire Tri	100
2	Sian	Hayward		100
3				
4				
5				

Team Competition Results

Position	Team Name	Total Series Points	Stage 1 - Pembrokeshire			Stage 2 - Porthcawl		
			Total Stage Points (Top 5 Age Cat Athletes)	No. Of Eligible Athletes	Total Participant Points	Total Stage Points (Top 5 Age Cat Athletes)	No. Of Eligible Athletes	Total Participant Points
1	Dragon Tri	750	270	3	270	480	22	1182
2	Cardiff Triathletes	738	385	12	730	353	5	353
3	GOG Triathlon Club	659	440	9	613	219	3	219
4	Taff Ely Tri	656	301	11	491	355	5	355
5	Rhondda Tri Club	501	185	5	185	316	11	435
6	Pembrokeshire Triathlon Club	490	490	22	1385			
7	Celtic Tri	480	240	3	240	240	3	240
8	NEWT	302	65	1	65	237	5	237
9	Penybont	280				280	9	359
10	WATT	277	141	3	141	136	2	136
11	Top Step Triathlon	259	140	2	140	119	3	119
12	Merthyr ATG	252	40	1	40	212	8	244
13	Porthcawl Tridents	252				252	14	486
14	ATAC	228	149	2	149	79	3	79
15	DC Triathlon	228	19	1	19	209	5	209
16	Team Cemais	224	224	3	224			
17	Tenby Aces	216	146	5	146	70	2	70
18	Pembroke RFC Tri Club	200	200	7	213			
19	Tinworks	171				171	3	171
20	Tri Monkey	155				155	2	155
21	Carmarthen Triathlon Club	144	85	1	85	59	2	59
22	Port Talbot Harriers	132	47	1	47	85	2	85
23	Monmouth	118				118	2	118
24	Cwm Gwendraeth	117	115	2	115	2	1	2
25	Bynea	108	8	1	8	100	1	100
26	Swnasea Vale Tri	107	42	1	42	65	1	65
27	SWYD Triathlon	107	62	2	62	45	2	45
28	Tri Potential	100				100	1	100
29	Royal Navy	96				96	2	96
30	Y Fenni	91	48	1	48	43	1	43
31	Total Triathlon Training	85				85	1	85
32	U Fit	60				60	1	60
33	Caerphilly Triers	55	55	1	55			
34	Risca-Tri	55	55	1	55			
35	Tri Harder Training	46				46	1	46
36	Trizone	46				46	1	46
37	Tondu Wheelers	38				38	2	38
38	North Dock Dredgers	37				37	1	37
39	Torfaen	28				28	1	28
40	Cr@p Tri	27	27	1	27			
41	Nathan Ford Tri	18				18	1	18
42	Cardiff University Triathlon Club	13	13	1	13			

Overall Female Competition

Position	Name		Member	Team	Cat	Gender	WTSS Points	Stage 1 - Pembroke		Stage 2 - Porthcawl	
								Time	Individual Points	Time	Individual Points
1	Sara	MORGAN	W10101408	Taff Ely Tri	Overall	F	120	03:03:54	55	02:22:40	65
2	Jennifer	AYLWARD	W1058187	Celtic Tri	Overall	F	113	03:01:49	65	02:27:22	48
3	Catherine	MARKS	W1045068	Pembrokeshire Tri	Overall	F	100	02:45:58	100		
4	Chloe	Dooley		Cardiff AC	Overall	F	100			02:14:42	100
5	Mared	DAFYDD	W10115974	GOG Triathlon	Overall	F	90	02:50:27	90		
6	Paige	Horsnell		Rhondda Tri	Overall	F	90			02:16:44	90
7	Emer	SANDHAM	W1056333	GOG Triathlon	Overall	F	85	02:53:02	85		
8	Caryl	Williams		Bynea	Overall	F	85			02:17:36	85
9	Emily	SHARP	E10142930		Overall	F	80	02:55:36	80		
10	Rebecca	Comins		Dragon Tri	Overall	F	80			02:18:57	80
11	Elizabeth	WILIAMS	W1035927	Pembrokeshire Tri	Overall	F	75	02:55:59	75		
12	Danielle	Davies			Overall	F	75			02:19:54	75
13	Melanie	MILES	W10129762	Pembrokeshire Tri	Overall	F	70	03:01:01	70		
14	Ffion	Caines		DC Triathlon	Overall	F	70			02:20:56	70
15	Natalie	RICHARDS	W1063086	Cardiff Triathletes	Overall	F	60	03:02:39	60		
16	Lucy	Sullivan		Cardiff Triathletes	Overall	F	60			02:24:06	60
17	Hannah	Jenkins			Overall	F	55			02:24:50	55
18	Rachael	DAVIES	W1090523	Cardiff Triathletes	Overall	F	50	03:10:56	50		
19	Laura	Furness		Tenby Aces	Overall	F	50			02:25:02	50
20	Bryanie	ALLSWORTH		Rhfc	Overall	F	49	03:15:23	49		
21	Gillian	Hopkins		Cardiff Triathletes	Overall	F	49			02:25:36	49
22	Jacqui	SWINNEY	E10138064	TVT	Overall	F	48	03:17:58	48		
23	Tej	QUINE	W1059574	Cardiff Triathletes	Overall	F	47	03:20:26	47		
24	Rebecca	John		Porthcawl Triathlon Club	Overall	F	47			02:31:37	47
25	Joanne	WILLIAMS			Overall	F	46	03:20:59	46		
26	Clare	Hughes		Penybont triathlon team	Overall	F	46			02:32:01	46
27	Erika	HOLE			Overall	F	45	03:23:03	45		
28	Raeanna	Grainger		Pen y Bont Tri Club	Overall	F	45			02:33:01	45
29	Angharad	POCOCK	W1049103	Cardiff Triathletes	Overall	F	44	03:23:54	44		
30	Chelsea	Figoni		JF Tri	Overall	F	44			02:34:13	44
31	Rosie	HILL			Overall	F	43	03:24:50	43		
32	Lucy	Evans		Porthcawl Tridents	Overall	F	43			02:35:47	43
33	Carole	DUDLEY		Team Cemais	Overall	F	42	03:26:21	42		
34	Megan	Parker		JF Tri	Overall	F	42			02:37:31	42
35	Sophie	LAWRENCE			Overall	F	41	03:26:42	41		
36	Joanne	Williams			Overall	F	41			02:39:29	41
37	Catrin	WILLIAMS		Top Step Triathlon/Panache Cyclin	Overall	F	40	03:27:39	40		

38	Gail	Osborne		Taff Ely triathlon club	Overall	F	40			02:41:32	40
39	Karen	MUNN	W10111173	Pembrokeshire Tri	Overall	F	39	03:27:55	39		
40	Melanie	Williams		Porthcawl Triathlon Clun	Overall	F	39			02:41:32	39
41	Sioned	HARRIES			Overall	F	38	03:28:26	38		
42	Nicky	Jo			Overall	F	38			02:43:03	38
43	Helen	STEIGER			Overall	F	37	03:29:33	37		
44	Kelly	Edwards		Rhondda Triathlon Club	Overall	F	37			02:45:01	37
45	Nikki	KAPP			Overall	F	36	03:32:07	36		
46	Sharon	Simpson		Tri Training Harder	Overall	F	36			02:47:47	36
47	Hannah	MCCONNACHIE			Overall	F	35	03:33:03	35		
48	Victoria	Gee			Overall	F	35			02:50:41	35
49	Debbi	PAYNE		Coalville Triathlon Club	Overall	F	34	03:33:51	34		
50	Rhiannon	Thomas		Dragon Tri	Overall	F	34			02:50:56	34
51	Debs M	JONES	W1056917	GOG Triathlon	Overall	F	33	03:35:41	33		
52	Louise	James		Top step triathlon	Overall	F	33			02:51:02	33
53	Ceri	PUCKETT	W10156333	Cardiff Triathletes	Overall	F	32	03:41:08	32		
54	Alice	Hutson			Overall	F	32			02:52:32	32
55	Lisa	MONK		Rhondda Tri	Overall	F	31	03:46:46	31		
56	Kirstie	Edwards		Dragon Tri	Overall	F	31			02:55:23	31
57	Emma	BARNES		BAD Tri	Overall	F	30	03:49:46	30		
58	Rhiannon	Buckley		Porthcawl Triathlon Club	Overall	F	30			02:55:28	30
59	Dj	MCCUSKER	W10172567	Celtic Tri	Overall	F	29	03:51:31	29		
60	menna	jones		Top step tri	Overall	F	29			02:56:06	29
61	Claire	DEACON	W10169879	Pembrokeshire Tri	Overall	F	28	03:54:36	28		
62	Jess	Gregory			Overall	F	28			02:57:33	28
63	Jane	THORPE	E10173099		Overall	F	27	03:55:44	27		
64	yvonne	brindley		NEWT	Overall	F	27			02:57:53	27
65	Donna	REED			Overall	F	26	04:21:31	26		
66	lindsay	jones		Merthyr Triathlon Clubá	Overall	F	26			02:58:42	26
67	Deborah	ROBINSON	W1063594	GOG Triathlon	Overall	F	25	04:54:54	25		
68	Sara	Birkett		Porthcawl Tridents	Overall	F	25			03:00:16	25
69	Liz	Davis		Dragon Tri	Overall	F	24			03:02:12	24
70	Joy	Williams		Celtic Tri	Overall	F	23			03:13:43	23
71	Maia	Kavanagh		BAD (Bristol and District) Tri	Overall	F	22			03:19:25	22
72	Sian	Hayward			Overall	F	21			03:29:44	21
73	Mary-jayne	Granville		Pen y bont	Overall	F	20			03:48:40	20

Female Senior Category

Position	Name		Member	Team	Cat	Gender	WTSS Points	Stage 1 - Pembrokeshire		Stage 2 - Porthcawl	
								Time	Individual Points	Time	Individual Points
1	Catherine	MARKS	W1045068	Pembrokeshire Tri	Seniors	Female	100	02:45:58.397	100		
2	Chloe	Dooley		Cardiff AC	Seniors	Female	100			02:14:42	100
3	Mared	DAFYDD	W10115974	GOG Triathlon	Seniors	Female	90	02:50:23.180	90		
4	Paige	Horsnell		Rhondda Tri	Seniors	Female	90			02:16:44	90
5	Emily	SHARP	E10142930		Seniors	Female	85	02:55:36.477	85		
6	Danielle	Davies			Seniors	Female	85			02:19:54	85
7	Bryanie	ALLSWORTH		Rhfc	Seniors	Female	80	03:15:23.903	80		
8	Ffion	Caines		DC Triathlon	Seniors	Female	80			02:20:56	80
9	Erika	HOLE			Seniors	Female	75	03:23:03.377	75		
10	Lucy	Sullivan		Cardiff Triathletes	Seniors	Female	75			02:24:06	75
11	Chloe	TARTAN			Seniors	Female	70	03:24:48.090	70		
12	Hannah	Jenkins			Seniors	Female	70			02:24:50	70
13	Rosie	HILL			Seniors	Female	65	03:24:50.310	65		
14	Laura	Furness		Tenby Aces	Seniors	Female	65			02:25:02	65
15	Sophie	LAWRENCE			Seniors	Female	60	03:26:40.457	60		
16	Rebecca	John		Porthcawl Triathlon	Seniors	Female	60			02:31:37	60
17	Catrin	WILLIAMS		Top Step Triathlon	Seniors	Female	55	03:27:39.170	55		
18	Raeanna	Grainger		Pen y Bont Tri Club	Seniors	Female	55			02:33:01	55
19	Sioned	HARRIES			Seniors	Female	50	03:28:26.410	50		
20	Chelsea	Figoni		JF Tri	Seniors	Female	50			02:34:13	50
21	Helen	STEIGER			Seniors	Female	49	03:29:29.373	49		
22	Lucy	Evans		Porthcawl Tridents	Seniors	Female	49			02:35:47	49
23	Nikki	KAPP			Seniors	Female	48	03:32:04.087	48		
24	Megan	Parker		JF Tri	Seniors	Female	48			02:37:31	48
25	Hannah	MCCONNACHIE			Seniors	Female	47	03:33:03.833	47		
26	Nicky	Jo			Seniors	Female	47			02:43:03	47
27	Emma	BARNES		BAD Tri	Seniors	Female	46	03:49:46.453	46		
28	Sharon	Simpson		Tri Training Harder	Seniors	Female	46			02:47:47	46
29	Sasha	GIBSON			Seniors	Female	45	03:56:23.240	45		
30	Victoria	Gee			Seniors	Female	45			02:50:41	45
31	Rhiannon	Thomas		Dragon Tri	Seniors	Female	44			02:50:56	44
32	Alice	Hutson			Seniors	Female	43			02:52:32	43
33	Rhiannon	Buckley		Porthcawl Triathlon Club	Seniors	Female	42			02:55:28	42
34	Jess	Gregory			Seniors	Female	41			02:57:33	41
35	Maia	Kavanagh		BAD (Bristol and District) Tri	Seniors	Female	40			03:19:25	40
36	Mary-jayne	Granville		Pen y bont	Seniors	Female	39			03:48:40	39

Female Veteran Category

Position	Name		Member	Team	Cat	Gender	WTSS Points	Stage 1 - Pembrokeshire		Stage 2 - Porthcawl	
								Time	Individual Points	Time	Individual Points
1	Sara	MORGAN	W10101408	Taff Ely Tri	40	Female	170	03:03:54	80	02:22:40	90
2	Joanne	WILLIAMS			40	Female	145	03:20:59	70	02:39:29	75
3	Emer	SANDHAM	W1056333	GOG Triathlon	40	Female	100	02:53:02	100		
4	Caryl	Williams		Bynea	40	Female	100			02:17:36	100
5	Melanie	MILES	W10129762	Pembrokeshire Tri	40	Female	90	03:01:01	90		
6	Natalie	RICHARDS	W1063086	Cardiff Triathletes	40	Female	85	03:02:39	85		
7	Gillian	Hopkins		Cardiff Triathletes	40	Female	85			02:25:36	85
8	Clare	Hughes		Penybont	40	Female	80			02:32:01	80
9	Rachael	DAVIES	W1090523	Cardiff Triathletes	40	Female	75	03:10:56	75		
10	Melanie	Williams		Porthcawl Triathlon Club	40	Female	70			02:41:32	70
11	Angharad	POCOCK	W1049103	Cardiff Triathletes	40	Female	65	03:23:54	65		
12	Kelly	Edwards		Rhondda Triathlon Club	40	Female	65			02:45:01	65
13	Carole	DUDLEY		Team Cemais	40	Female	60	03:26:21	60		
14	Louise	James		Top step triathlon	40	Female	60			02:51:02	60
15	Ceri	PUCKETT	W10156333	Cardiff Triathletes	40	Female	55	03:41:08	55		
16	Kirstie	Edwards		Dragon Tri	40	Female	55			02:55:23	55
17	Lisa	MONK		Rhondda Tri	40	Female	50	03:46:46	50		
18	menna	jones		Top step tri	40	Female	50			02:56:06	50
19	Jane	THORPE	E10173099		40	Female	49	03:55:44	49		
20	lindsay	jones		Merthyr Triathlon Clubá	40	Female	49			02:58:42	49
21	Donna	REED			40	Female	48	04:21:31	48		
22	Sara	Birkett		Porthcawl Tridents	40	Female	48			03:00:16	48
23	Liz	Davis		Dragon Tri	40	Female	47			03:02:12	47

Female Vintage Veteran Category

Position	Name		Member	Team	Cat	Gender	WTSS Points	Stage 1 - Pembrokeshire		Stage 2 - Porthcawl	
								Time	Individual Points	Time	Individual Points
1	Jennifer	AYLWARD	W1058187	Celtic Tri	50	Female	180	03:01:49.230	90	02:27:22	90
2	Elizabeth	WILIAMS	W1035927	Pembrokeshire Tri	50	Female	100	02:55:59.190	100		
3	Rebecca	Comins		Dragon Tri	50	Female	100			02:18:57	100
4	Jacqui	SWINNEY	E10138064	TVT	50	Female	85	03:17:58.757	85		
5	Gail	Osborne		Taff Ely	50	Female	85			02:41:32	85
6	Tej	QUINE	W1059574	Cardiff Triathletes	50	Female	80	03:20:26.340	80		
7	yvonne	brindley		NEWT	50	Female	80			02:57:53	80
8	Debbi	PAYNE		Coalville Triathlon Club	50	Female	75	03:33:49.740	75		
9	Joy	Williams		Celtic Tri	50	Female	75			03:13:43	75
10	Debs M	JONES	W1056917	GOG Triathlon	50	Female	70	03:35:38.950	70		
11	Dj	MCCUSKER	W10172567	Celtic Tri	50	Female	65	03:51:30.867	65		
12	Claire	DEACON	W10169879	Pembrokeshire Tri	50	Female	60	03:54:32.947	60		
13	Deborah	ROBINSON	W1063594	GOG Triathlon	50	Female	55	04:54:52.800	55		

Female Super Veteran Category

Position	Name		Member	Team	Cat	Gender	WTSS Points	Stage 1 - Pembrokeshire		Stage 2 - Porthcawl	
								Time	Individual Points	Time	Individual Points
1	Karen	MUNN	W10111173	Pembrokeshire Tri	60	Female	100	03:27:55.893	100		
2	Sian	Hayward			60	Female	100			03:29:44	100

Overall Male Competition

Position	Name		Member	Team	Cat	Gender	WTSS Points	Stage 1 - Pembrokeshire		Stage 2 - Porthcawl	
								Time	Individual Points	Time	Individual Points
1	Matthew	DAVIES		Dragon Tri	Overall	M	165	02:21:38.810	80	01:51:16	85
2	Daniel	MADDEN		Viceroy's	Overall	M	132	02:20:07.257	85	01:54:48	47
3	Tom	GRAHAM	E1073073	Dragon Tri Club	Overall	M	125	02:25:43.537	65	01:54:05	60
4	Stephen	ROWLANDS	W10108758	Carmarthen Triathlon Club	Overall	M	118	02:23:46.027	70	01:54:28	48
5	Alex	MATCHETT	W10100698	Pembrokeshire Tri	Overall	M	100	02:08:47.040	100		
6	Gareth	BOWYER	W1063965	GOG Triathlon	Overall	M	100	02:27:47.060	60	01:58:23	40
7	Liam	Lloyd	W1072764	TRI POTENTIAL	Overall	M	100			01:44:56	100
8	Jonathon	SEYMOUR		GOG Triathlon	Overall	M	92	02:28:07.700	55	01:59:53	37
9	Oliver	SIMON	W10105302	Atac	Overall	M	90	02:09:40.413	90		
10	George	Comins	W134469	Royal Navy Triathlon	Overall	M	90			01:49:47	90
11	Iwan	Jones		Total Tri Training	Overall	M	80			01:51:28	80
12	Guto	MORGANS		Top Step Triathlon	Overall	M	75	02:22:06.733	75		
13	Matt	Grantham	w1095015	Tri Monkey	Overall	M	75			01:51:52	75
14	Alan	LATTER		Team Watt	Overall	M	74	02:31:33.073	49	02:05:46	25
15	Jack	Smith	W1069925	Monmouth Tri Club	Overall	M	70			01:52:32	70
16	Alex	John		Dragon Tri	Overall	M	65			01:53:11	65
17	Simon	OSBORNE		Pencoed Tri	Overall	M	56	02:38:21.033	37	02:07:11	19
18	Darren	JARMAN	W128172		Overall	M	55	02:35:29.543	39	02:09:05	16
19	Tom	Danter		Dragon Tri	Overall	M	55			01:54:09	55
20	Lewis	MURRAY			Overall	M	50	02:30:15.957	50		
21	Jonathan	Phillips		Dragon Tri	Overall	M	50			01:54:20	50
22	Kyle	Blackmore		Dragon Tri	Overall	M	49			01:54:22	49
23	Jack	REES		Pembrokeshire Tri	Overall	M	48	02:32:27.957	48		
24	Michael	KIPLING	W10112524	Cardiff Triathletes	Overall	M	47	02:33:06.027	47		
25	Jonathan	ROBERTS	W1094709		Overall	M	46	02:33:15.273	46		
26	James	Harries		Tinworks	Overall	M	46			01:54:59	46
27	Paul	RADFORD		Tri Train Harder	Overall	M	45	02:33:29.337	45		
28	Richard	Dando		Dragon Tri	Overall	M	45			01:56:38	45
29	Michael	BOOL		Pembrokeshire Tri	Overall	M	44	02:33:40.157	44		
30	Sam	Dodge	W134331	Dragon Tri	Overall	M	44			01:56:46	44
31	Jonathan	HARWOOD		Pembrokeshire Tri	Overall	M	43	02:34:22.800	43		
32	Richard	Brady	W10101340	Tri Monkey	Overall	M	43			01:56:51	43
33	Alexander	HATTON		GOG Triathlon	Overall	M	42	02:34:51.443	42		
34	Oliver	Webb	W10169430	Cardiff Triathletes	Overall	M	42			01:57:53	42
35	Richard	LANDON		Ciwb Seiclo Cwm Gwendaeth	Overall	M	41	02:35:17.690	41		
36	Tristian	Manning	W10143085	ATAC	Overall	M	41			01:58:17	41
37	Alex	PICTON		Cardiff Triathletes	Overall	M	40	02:35:27.040	40		
38	Geraint	Lewis	W1082133	Trizone	Overall	M	39			01:58:51	39
39	Gareth	POSTON		Port Talbot Harriers	Overall	M	38	02:37:07.327	38		

40	Aled	Jenkins		RAS Endurance	Overall	M	38			01:59:07	38
41	Dean	SCOURFIELD			Overall	M	36	02:38:59.603	36		
42	Joshua	Burns			Overall	M	36			02:01:23	36
43	Ben	WILLIAMS			Overall	M	35	02:39:55.570	35		
44	Jason	Hanson		Monmouth Tri Club	Overall	M	35			02:02:15	35
45	Marc	GEARY		Risc A Tri	Overall	M	34	02:41:00.873	34		
46	Jordan	Clarke	W10151952	DC Triathlon	Overall	M	34			02:02:24	34
47	Josh	GEORGE		Clwb Seiclo Cwm Gwendaeth	Overall	M	33	02:41:41.900	33		
48	Clive	Tilbury			Overall	M	33			02:03:19	33
49	Terry	FRANCIS		Army Triathlon Association	Overall	M	32	02:42:47.857	32		
50	Sean	Petty		Dragon Tri	Overall	M	32			02:03:34	32
51	Mathew	COLLEY		Cardiff Triathletes	Overall	M	31	02:43:10.773	31		
52	Marc	Barrow	W1089363	Swansea Vale Tri	Overall	M	31			02:04:11	31
53	John	JONES		Atac	Overall	M	30	02:43:35.603	30		
54	Simon	O'NEILL	W1098014	Y-Fenni Tri	Overall	M	30	02:44:59.027	26	02:11:47	4
55	Brian	Hosty	W10142333		Overall	M	30			02:04:27	30
56	Tom	BLACKLER		Swansea Vale Tri	Overall	M	29	02:44:10.860	29		
57	Gareth	Medd		Taff Ely Triathlon	Overall	M	29			02:04:32	29
58	Sean	BEYNON		Prfc Tri	Overall	M	28	02:44:11.843	28		
59	Gafin	Griffiths	W10185852	Les Croupiers Running Club	Overall	M	28			02:05:04	28
60	Kitt	ONYETT			Overall	M	27	02:44:15.617	27		
61	Matthew	Jenkins		Rhondda Triathlon Club	Overall	M	27			02:05:07	27
62	Andrew	Powell		Porthcawl Tridents	Overall	M	26			02:05:20	26
63	Hefin	LLOYD			Overall	M	25	02:45:15.867	25		
64	Steve	MATCHETT		Pembrokeshire Tri	Overall	M	24	02:45:33.953	24		
65	Daniel	oconnor	W10119330	RAS Endurance	Overall	M	24			02:05:50	24
66	Chris	HARRIS		Pembrokeshire Tri	Overall	M	23	02:45:53.280	23		
67	Ben	Smith	W10142067	ATG TRI	Overall	M	23			02:05:55	23
68	Gareth	EVANS		Taff Ely Tri	Overall	M	22	02:45:55.597	22		
69	Ricky	Howell	W10109686		Overall	M	22			02:06:25	22
70	Richard	LEARY		Celtic Tri	Overall	M	21	02:45:57.923	21		
71	Ryan	Bowen	W1075400	Dragon Tri	Overall	M	21			02:06:38	21
72	Phylip	WILLIAMS		Team Watt	Overall	M	20	02:46:00.597	20		
73	Rhys	Perkins		Porthcawl Triathlon Club	Overall	M	20			02:07:02	20
74	Nick	ELLIOTT			Overall	M	19	02:46:10.767	19		
75	Luke	LARNER	W10169215		Overall	M	18	02:46:11.720	18		
76	Luke	Hollyman			Overall	M	18			02:07:56	18
77	Peter	LLOYD		Pembrokeshire Tri/Peter Lloyd Coac	Overall	M	17	02:46:19.963	17		
78	Marc	Fitzgibbon	W1052287	Pen y Bont Tri	Overall	M	17			02:08:25	17
79	Cr	EVANS		Rhondda Tri	Overall	M	16	02:46:31.623	16		
80	Iwan	WILLIAMS			Overall	M	15	02:47:10.847	15		
81	Lee	Jefferson		ATG tri club	Overall	M	15			02:09:20	15

82	James	BARTON			Overall	M	14	02:47:26.110	14		
83	Chris	Brown			Overall	M	14			02:09:34	14
84	Richard	PRICE		Taff Ely Tri	Overall	M	13	02:48:32.533	13		
85	Jon	Launchbury	W10142670	ATG Merthyr	Overall	M	13			02:09:36	13
86	Garry	JONES			Overall	M	12	02:48:56.470	12		
87	Jack	Hughes	W10172578		Overall	M	12			02:09:42	12
88	Mark	PRICE			Overall	M	11	02:49:13.873	11		
89	Lloyd	Rosewell			Overall	M	11			02:09:42	11
90	Jack	MITCHELL		Mortimer'striteam	Overall	M	10	02:49:37.480	10		
91	Paul	Chappell		Dragon Tri	Overall	M	10			02:10:45	10
92	Patrick	MARTIN			Overall	M	9	02:49:49.593	9		
93	Peter	Page	W126735	Torfaen triathlon club	Overall	M	9			02:10:48	9
94	Michael	MONROE		Nbz	Overall	M	8	02:50:08.470	8		
95	Adam	Clarke		Pth harriers	Overall	M	8			02:10:49	8
96	Andrew	THORP		Prfc Tri	Overall	M	7	02:50:22.177	7		
97	James	Crook	W10175068		Overall	M	7			02:10:51	7
98	Darren	BOWDEN		Rhondda Tri	Overall	M	6	02:50:48.180	6		
99	Ryan	Lecraw	W1055691		Overall	M	6			02:11:05	6
100	Matthew	EVANS		Atg Tri Club Merthyr	Overall	M	5	02:50:52.033	5		
101	Matt	Downton		SWYD	Overall	M	5			02:11:25	5
102	Simon	PHILLIPS		Pembrokeshire Tri	Overall	M	4	02:50:57.567	4		
103	Alex	WILKES	W10107435	Prfc Tri	Overall	M	3	02:51:04.737	3		
104	Scott	Gray		Dragon Tri	Overall	M	3			02:11:54	3
105	Steven	PLUMB		Not Narberth Nobblers	Overall	M	2	02:51:08.580	2		
106	James	McGrath		Porthcawl Tridents	Overall	M	2			02:12:04	2
107	Gareth	WILLIAMS		Taff Ely Tri	Overall	M	1	02:51:19.727	1		
108	Ryan	Thomas	W10176315	DC Triathlon	Overall	M	1			02:12:05	1

Male Senior Category

Position	Name		Member	Team	Cat	Gender	WTSS Points	Stage 1 - Pembrokeshire		Stage 2 - Porthcawl	
								Time	Individual Points	Time	Individual Points
1	Tom	GRAHAM	W10108758	Dragon Tri Club	Seniors	Male	145	02:25:43.537	80	01:54:05	65
2	Daniel	MADDEN	E1073073	Viceroy's	Seniors	Male	140	02:20:07.257	90	01:54:48	50
3	Alex	MATCHETT	W1063965	Pembrokeshire Tri	Seniors	Male	100	02:08:47.040	100		
4	Liam	Lloyd		TRI POTENTIAL	Seniors	Male	100			01:44:56	100
5	Guto	MORGANS	w1095015	Top Step Triathlon	Seniors	Male	94	02:22:06.733	85	02:16:26	9
6	George	Comins		Royal Navy Triathlon	Seniors	Male	90			01:49:47	90
7	Iwan	Jones		Total Tri Training	Seniors	Male	85			01:51:28	85
8	Matt	Grantham		Tri Monkey	Seniors	Male	80			01:51:52	80
9	Lewis	MURRAY			Seniors	Male	75	02:30:15.957	75		
10	Jack	Smith		Monmouth Tri Club	Seniors	Male	75			01:52:32	75
11	Jack	REES	W10112524	Pembrokeshire Tri	Seniors	Male	70	02:32:27.957	70		
12	Alex	John		Dragon Tri	Seniors	Male	70			01:53:11	70
13	Dean	SCOURFIELD			Seniors	Male	69	02:38:59.603	46	02:12:07	23
14	Michael	KIPLING	W1094709	Cardiff Triathletes	Seniors	Male	65	02:33:06.027	65		
15	Jonathan	ROBERTS			Seniors	Male	60	02:33:15.273	60		
16	Tom	Danter		Dragon Tri	Seniors	Male	60			01:54:09	60
17	Paul	RADFORD		Tri Train Harder	Seniors	Male	55	02:33:29.337	55		
18	Kyle	Blackmore		Dragon Tri	Seniors	Male	55			01:54:22	55
19	Michael	BOOL	W134331	Pembrokeshire Tri	Seniors	Male	50	02:33:40.157	50		
20	Phylip	WILLIAMS		Team Watt	Seniors	Male	50	02:46:00.597	38	02:15:18	12
21	Alexander	HATTON	W10169430	GOG Triathlon	Seniors	Male	49	02:34:51.443	49		
22	Sam	Dodge		Dragon Tri	Seniors	Male	49			01:56:46	49
23	Alex	PICTON	W1082133	Cardiff Triathletes	Seniors	Male	48	02:35:27.040	48		
24	Oliver	Webb		Cardiff Triathletes	Seniors	Male	48			01:57:53	48
25	Gareth	POSTON		Port Talbot Harriers	Seniors	Male	47	02:37:07.327	47		
26	Tristian	Manning		ATAC	Seniors	Male	47			01:58:17	47
27	Geraint	Lewis		Trizone	Seniors	Male	46			01:58:51	46
28	Ben	WILLIAMS			Seniors	Male	45	02:39:55.570	45		
29	Aled	Jenkins		RAS Endurance	Seniors	Male	45			01:59:07	45
30	Terry	FRANCIS		Army Triathlon Association	Seniors	Male	44	02:42:47.857	44		
31	Joshua	Burns			Seniors	Male	44			02:01:23	44
32	Matthew	COLLEY	W1089363	Cardiff Triathletes	Seniors	Male	43	02:43:10.773	43		
33	Jason	Hanson		Monmouth Tri Club	Seniors	Male	43			02:02:15	43
34	Tom	BLACKLER		Swansea Vale Tri	Seniors	Male	42	02:44:10.860	42		
35	Jordan	Clarke		DC Triathlon	Seniors	Male	42			02:02:24	42
36	Sean	BEYNON	W10185852	Prfc Tri	Seniors	Male	41	02:44:11.843	41		
37	Gareth	Medd		Taff Ely Triathlon	Seniors	Male	41			02:04:32	41
38	Kitt	ONYETT			Seniors	Male	40	02:44:15.617	40		
39	Gafin	Griffiths		Les Croupiers Running Club	Seniors	Male	40			02:05:04	40
40	Gareth	EVANS	W10109686	Taff Ely Tri	Seniors	Male	39	02:45:55.597	39		

41	Andrew	Powell		Porthcawl Tridents	Seniors	Male	39			02:05:20	39
42	Daniel	oconnor		RAS Endurance	Seniors	Male	38			02:05:50	38
43	Luke	LARNER			Seniors	Male	37	02:46:11.720	37		
44	ben	smith		ATG TRI	Seniors	Male	37			02:05:55	37
45	James	BARTON			Seniors	Male	36	02:47:26.110	36		
46	Ricky	Howell			Seniors	Male	36			02:06:25	36
47	Richard	PRICE	W10142670	Taff Ely Tri	Seniors	Male	35	02:48:32.533	35		
48	Ryan	Bowen		Dragon Tri	Seniors	Male	35			02:06:38	35
49	Jack	MITCHELL		Mortimer'striteam	Seniors	Male	34	02:49:37.480	34		
50	Rhys	Perkins		Porthcawl Triathlon Club	Seniors	Male	34			02:07:02	34
51	Patrick	MARTIN	W126735		Seniors	Male	33	02:49:49.593	33		
52	Luke	Hollyman			Seniors	Male	33			02:07:56	33
53	Michael	MONROE		Nbz	Seniors	Male	32	02:50:08.470	32		
54	Marc	Fitzgibbon		Pen y Bont Tri	Seniors	Male	32			02:08:25	32
55	Alex	WILKES		Prfc Tri	Seniors	Male	31	02:51:04.737	31		
56	Chris	Brown			Seniors	Male	31			02:09:34	31
57	Gareth	WILLIAMS	W10176315	Taff Ely Tri	Seniors	Male	30	02:51:19.727	30		
58	Jack	Hughes			Seniors	Male	30			02:09:42	30
59	Kyle	DAVIES			Seniors	Male	29	02:52:35.520	29		
60	Llyod	Rosewell			Seniors	Male	29			02:09:42	29
61	Gwynndaf	LEWIS		Team Watt	Seniors	Male	28	02:52:39.253	28		
62	Peter	Page		Torfaen triathlon club	Seniors	Male	28			02:10:48	28
63	Sam	HARRIS		Cr@p Tri	Seniors	Male	27	02:52:57.137	27		
64	Robert	JONES			Seniors	Male	27	03:07:52.500	6	02:12:16	21
65	James	Crook			Seniors	Male	27			02:10:51	27
66	Shaun	HOLMES			Seniors	Male	26	02:53:59.547	26		
67	Ryan	Lecraw			Seniors	Male	26			02:11:05	26
68	Dominic	MARSH			Seniors	Male	25	02:54:40.840	25		
69	Scott	Gray		Dragon Tri	Seniors	Male	25			02:11:54	25
70	Tomos	LEWIS		Swyd Tri Club	Seniors	Male	24	02:54:42.107	24		
71	James	McGrath		Porthcawl Tridents	Seniors	Male	24			02:12:04	24
72	Craig	JONES	W10183504	Pembrokeshire Tri	Seniors	Male	23	02:55:06.393	23		
73	Sam	BARTON		Pembrokeshire Tri	Seniors	Male	22	02:55:48.653	22		
74	Carson	Pryce		DC Triathlon	Seniors	Male	22			02:12:11	22
75	William	EDWARDS	W10185067	Prfc Tri	Seniors	Male	21	02:56:56.723	21		
76	Andrew	BENJAMIN		Taff Ely Tri	Seniors	Male	20	02:57:01.360	20		
77	Jordan	figoni		ATAC	Seniors	Male	20			02:12:26	20
78	Rhys	BEVAN		Dc Triathlon	Seniors	Male	19	02:57:24.623	19		
79	Luke	Dummett		ATG	Seniors	Male	19			02:12:34	19
80	Ben	DARE		Pembrokeshire Tri	Seniors	Male	18	02:57:36.923	18		
81	Daniel	Hearse		Pen Y Bont Triathlon Club	Seniors	Male	18			02:12:34	18
82	Sion	JENKINS	W1058325	Tenby Aces	Seniors	Male	17	02:57:58.720	17		
83	Anthony	Owen		TEAM NFT	Seniors	Male	17			02:12:42	17
84	Adam	CARBIS			Seniors	Male	16	02:58:16.790	16		
85	Simon	Mills			Seniors	Male	16			02:12:44	16
86	William	HORTON			Seniors	Male	15	02:59:20.097	15		

87	Richard	Landon		CSCG	Seniors	Male	15			02:13:40	15
88	Haydn	RALPH			Seniors	Male	14	03:01:01.513	14		
89	Tom	Rhoden		Porthcawl Triathlon Club	Seniors	Male	14			02:14:35	14
90	Daniel	LINKENS	W10114976	Cardiff University Triathlon Club	Seniors	Male	13	03:01:55.700	13		
91	Adam	Mathlin		None	Seniors	Male	13			02:14:56	13
92	Frederick	BISSON			Seniors	Male	12	03:02:20.630	12		
93	Rhys	THOMAS		Tenby Penguins	Seniors	Male	11	03:02:40.037	11		
94	Oliver	Edwards		Dragon Tri	Seniors	Male	11			02:15:50	11
95	Jack	GREENHALGH			Seniors	Male	10	03:03:06.143	10		
96	David	Tanner		Rhondda Tri	Seniors	Male	10			02:16:16	10
97	Ellis	PARRY			Seniors	Male	9	03:04:52.023	9		
98	Dan	GOSNOLD	W10185069	Pembroke Rfc Tri	Seniors	Male	8	03:06:29.990	8		
99	Philip	Thomas		Rhondda Triathlon Club	Seniors	Male	8			02:17:05	8
100	Adrian	JOHN			Seniors	Male	7	03:06:34.130	7		
101	Andrew	Davies		Porthcawl Triathlon Club	Seniors	Male	7			02:17:08	7
102	Jake	Howells		Royal Navy Triathlon	Seniors	Male	6			02:17:17	6
103	Craig	JOHNSON		Peter Lloyd Coaching	Seniors	Male	5	03:07:55.413	5		
104	Ricki	Morgan		Tenby Aces	Seniors	Male	5			02:17:40	5
105	Jonathon	DAVIES			Seniors	Male	4	03:08:31.227	4		
106	Owain	Woodward		ATG Tri Merthyr	Seniors	Male	4			02:17:53	4
107	Kieran	SILSBY			Seniors	Male	3	03:08:50.853	3		
108	Richard	Addis			Seniors	Male	3			02:18:10	3
109	Richard	AXFORD			Seniors	Male	2	03:11:12.123	2		
110	Jamie	Cooper		Clwb Seiclo Cwm Gwendraeth	Seniors	Male	2			02:18:15	2
111	Steve	DYDE		Pembrokeshire Harriers	Seniors	Male	1	03:12:25.750	1		
112	Robert	Floyd		SWYD tri	Seniors	Male	1			02:18:39	1

Male Veteran Category

Position	Name		Member	Team	Cat	Gender	WTSS Points	Stage 1 - Pembrokeshire		Stage2 - Porthcawl	
								Time	Individual Points	Time	Individual Points
1	Matthew	DAVIES		Dragon Tri	40	Male	190	02:21:38.810	90	01:51:16	100
2	Stephen	ROWLANDS	W10100698	Carmarthen Triathlon Club	40	Male	170	02:23:46.027	85	01:54:28	85
3	Jonathon	SEYMOUR	W10105302	GOG Triathlon	40	Male	150	02:28:07.700	80	01:59:53	70
4	Alan	LATTER	W1069925	Team Watt	40	Male	125	02:31:33.073	75	02:05:46	50
5	Darren	JARMAN			40	Male	109	02:35:29.543	60	02:09:05	49
6	Oliver	SIMON	W134469	Atac	40	Male	100	02:09:40.413	100		
7	Simon	O'NEILL	W10142333	Y-Fenni Tri	40	Male	91	02:44:59.027	48	02:11:47	43
8	Jonathan	Phillips		Dragon Tri	40	Male	90			01:54:20	90
9	Garry	JONES	W10172578		40	Male	80	02:48:56.470	43	02:18:15	37
10	Richard	Dando		Dragon Tri	40	Male	80			01:56:38	80
11	Richard	Brady		Tri Monkey	40	Male	75			01:56:51	75
12	Jonathan	HARWOOD	W10101340	Pembrokeshire Tri	40	Male	70	02:34:22.800	70		
13	Richard	LANDON	W10143085	Clwb Seiclo Cwm Gwendaeth	40	Male	65	02:35:17.690	65		
14	Marc	Barrow		Swansea Vale Tri	40	Male	65			02:04:11	65
15	Brian	Hosty			40	Male	60			02:04:27	60
16	Marc	GEARY	W10151952	Risc A Tri	40	Male	55	02:41:00.873	55		
17	Matthew	Jenkins		Rhondda Triathlon Club	40	Male	55			02:05:07	55
18	Josh	GEORGE		Clwb Seiclo Cwm Gwendaeth	40	Male	50	02:41:41.900	50		
19	Richard	LEWIS			40	Male	50	02:56:01.880	30	02:31:45	20
20	John	JONES	W1098014	Atac	40	Male	49	02:43:35.603	49		
21	Lee	Jefferson		ATG tri club	40	Male	48			02:09:20	48
22	Hefin	LLOYD			40	Male	47	02:45:15.867	47		
23	Jon	Launchbury		ATG Merthyr	40	Male	47			02:09:36	47
24	Chris	HARRIS	W10142067	Pembrokeshire Tri	40	Male	46	02:45:53.280	46		
25	Paul	Chappell		Dragon Tri	40	Male	46			02:10:45	46
26	Cr	EVANS		Rhondda Tri	40	Male	45	02:46:31.623	45		
27	Adam	Clarke		Pth harriers	40	Male	45			02:10:49	45
28	Iwan	WILLIAMS			40	Male	44	02:47:10.847	44		
29	Matt	Downton		SWYD	40	Male	44			02:11:25	44
30	Mark	PRICE			40	Male	42	02:49:13.873	42		
31	Ryan	Thomas		DC Triathlon	40	Male	42			02:12:05	42
32	Darren	BOWDEN	W1055691	Rhondda Tri	40	Male	41	02:50:48.180	41		
33	Mark	Evans		Tinworks Tri	40	Male	41			02:13:07	41
34	Matthew	EVANS		Atg Tri Club Merthyr	40	Male	40	02:50:52.033	40		
35	Scott	Askew			40	Male	40			02:15:02	40
36	Simon	PHILLIPS	W10107435	Pembrokeshire Tri	40	Male	39	02:50:57.567	39		
37	Leon	Burns		Burns tri club	40	Male	39			02:16:30	39
38	Steven	PLUMB		Not Narberth Nobblers	40	Male	38	02:51:08.580	38		
39	James	Farrant		Dragon Tri	40	Male	38			02:18:14	38
40	Nick	SHIELS	W10185077	Prfc Tri	40	Male	37	02:52:35.513	37		

41	Stephen	MAY	W10137956	Taff Ely Tri	40	Male	36	02:53:09.133	36		
42	Ryan	Evans		Rhondda Triathlon Club	40	Male	36			02:18:38	36
43	Sior	JONES		Rushacre	40	Male	35	02:53:12.640	35		
44	James	Bater		RAC Tri	40	Male	35			02:19:11	35
45	Darren	DALTON	W10184415	Peter Lloyd Coaching	40	Male	34	02:53:14.820	34		
46	Marcus	Sainsbury		Porthcawl Triathlon Club	40	Male	34			02:19:12	34
47	Craig	EVANS		Taff Ely Tri	40	Male	33	02:54:53.223	33		
48	Daniel	Rees		Rhondda Triathlon	40	Male	33			02:19:38	33
49	Joe	OTTERBURN			40	Male	32	02:55:19.173	32		
50	Daniel	Morgan		Dragon Tri	40	Male	32			02:20:59	32
51	James	DILKS	w10155100	Tenby Penguins	40	Male	31	02:55:55.700	31		
52	Justin	Howells		ATG Merthyr	40	Male	31			02:22:10	31
53	Craig	Millett		Tinworks triathlon	40	Male	30			02:22:13	30
54	Chrissy	WILLIAMS			40	Male	29	02:58:35.410	29		
55	Gavin	John			40	Male	29			02:22:22	29
56	David	MEYRICK		Tenby Aces	40	Male	28	02:59:11.913	28		
57	Phil	Protheroe		Porthcawl Triathlon Club	40	Male	28			02:24:02	28
58	Manuel Jesus	LAGO FERNANDEZ			40	Male	27	02:59:13.953	27		
59	Leon	Williams		Rhondda Tri	40	Male	27			02:24:36	27
60	Colin	BARRETT		Tenby Aces	40	Male	26	02:59:41.643	26		
61	Andrew	Rogers		None	40	Male	26			02:24:44	26
62	Kevin	DEAN	W10137194	Pembrokeshire Tri	40	Male	25	03:00:29.623	25		
63	Christopher	Harding		Tondu Wheelers	40	Male	25			02:25:48	25
64	Emyr	STEPHENS	W10100802		40	Male	24	03:03:11.127	24		
65	Matt	Simkins		Tri Team Glos	40	Male	24			02:26:41	24
66	Robert	BRIGHT			40	Male	23	03:03:45.823	23		
67	Martin	Walters		Rhondda Triathlon Club	40	Male	23			02:27:59	23
68	Nick	DAINES			40	Male	22	03:03:45.977	22		
69	Jonathan	Cosson		Porthcawl Triathlon Club	40	Male	22			02:28:44	22
70	Mathew	NEWMAN	W10105277		40	Male	21	03:04:14.870	21		
71	Marc	De		Carmarthen Triathlon Club	40	Male	21			02:31:02	21
72	Mark	WUSTHOFF		Pac Tri	40	Male	20	03:04:32.543	20		
73	Nathan	CUMMINS	W10100049	Cardiff Triathletes	40	Male	19	03:06:06.410	19		
74	Christopher	Dunn		Penybont Triathlon Club	40	Male	19			02:34:09	19
75	Colin	LEWIS			40	Male	18	03:06:09.480	18		
76	Neil	ridley		Rhondda Tri	40	Male	18			02:34:35	18
77	Brian	ROBERTS		Pembrokeshire Tri	40	Male	17	03:07:46.000	17		
78	Huw	Macmillan			40	Male	17			02:38:46	17
79	Andrew	MORGAN		Team Cemais	40	Male	16	03:09:24.357	16		
80	Alix	Popham		Dragon Tri	40	Male	16			02:46:50	16
81	Simon	SCURRELL	W10184220		40	Male	15	03:09:39.847	15		
82	Paul	Fraser		RAC Tri	40	Male	15			02:48:32	15
83	Andrew	WILLIAMS			40	Male	14	03:09:57.913	14		
84	Brian	Cotton		Dragon Tri	40	Male	14			02:50:21	14

85	Rhys	MATHIAS			40	Male	13	03:11:05.740	13		
86	Dan	Bevan		Tondu Wheelers	40	Male	13			02:51:11	13
87	Gareth	GREEN			40	Male	12	03:11:31.103	12		
88	Stuart	Davies		ATAC	40	Male	12			02:51:14	12
89	Matthew	DAVIES		Nbcc	40	Male	11	03:13:10.533	11		
90	brian	kilsby		emlyn	40	Male	11			02:53:21	11
91	Nick	LOGAN		Tenby Aces	40	Male	10	03:13:13.947	10		
92	Simon	Lightwood		PYBTC & Porthcawl Tridents	40	Male	10			02:58:15	10
93	Ashley	TOMLINSON	W1066540	GOG Triathlon	40	Male	9	03:13:41.903	9		
94	Paul	Bagshaw		Merthyr Tri	40	Male	9			03:02:14	9
95	Jack	TREMLETT		Bynea CC	40	Male	8	03:17:55.403	8		
96	Gary	MONK		Rhondda Tri	40	Male	7	03:21:38.063	7		
97	Anthony	EVANS			40	Male	6	03:24:58.443	6		
98	Darren	GILBERT	W10106107	Prfc Tri	40	Male	5	03:37:47.880	5		
99	Craig	COLBORNE		Team Nft	40	Male	4	03:42:51.197	4		
100	Michael	LATTIMER			40	Male	3	03:46:27.827	3		
101	Karl	WEAKE			40	Male	2	03:50:37.913	2		
102	James	GODDING			40	Male	1	03:54:58.317	1		

Male Vintage Veteran Category

Position	Name		Member	Team	Cat	Gender	WTSS Points	Stage 1 - Pembrokeshire		Stage 2 - Porthcawl	
								Time	Individual Points	Time	Individual Points
1	Gareth	BOWYER	W1072764	GOG Triathlon	50	Male	200	02:27:47.060	100	01:58:23	100
2	Richard	LEARY	W1075400	Celtic Tri	50	Male	160	02:45:57.923	85	02:16:24	75
3	Gareth	NORTON	W1063760	Cardiff Triathletes	50	Male	130	02:51:42.277	65	02:20:53	65
4	Alan	PORTER	W10107041	Taff Ely Tri	50	Male	97	03:03:56.837	47	02:25:24	50
5	Steve	MATCHETT	W10119330	Pembrokeshire Tri	50	Male	90	02:45:33.953	90		
6	Clive	Tilbury		Individual	50	Male	90			02:03:19	90
7	Justin	Bailey		Team Watt	50	Male	85			02:14:20	85
8	Nick	ELLIOTT	W10169215		50	Male	80	02:46:10.767	80		
9	Mathew	Atkins		N/A	50	Male	80			02:15:37	80
10	Peter	LLOYD	W1052287	Pembrokeshire Tri	50	Male	75	02:46:19.963	75		
11	Andrew	THORP	W10175068	Prfc Tri	50	Male	70	02:50:22.177	70		
12	Stephen	Davies		Rhondda Tri	50	Male	70			02:18:46	70
13	Miles	BROWN	W134432	Cardiff Triathletes	50	Male	60	02:53:24.027	60		
14	Richard	Jenkins		U-FIT CARDIFF	50	Male	60			02:22:19	60
15	Simon	WILLIAMS	W1079976	CAERPHILLY TRIERS	50	Male	55	02:55:08.110	55		
16	Kevin	Frood			50	Male	55			02:22:34	55
17	Mark	WHITBY		Pembrokeshire Harriers	50	Male	50	02:56:14.873	50		
18	Tim	JONES	E10131011	Sytri (Shrewsbury Triathlon)	50	Male	49	02:58:45.677	49		
19	James	Watkins		GOG Triathlon Club	50	Male	49			02:30:53	49
20	Kenneth	OWEN	W10136446	Team Cemais	50	Male	48	03:00:12.443	48		
21	John	Cregg		NEWT	50	Male	48			02:34:45	48
22	Gary	Phillips			50	Male	47			02:35:44	47
23	Ian	DUNCAN			50	Male	46	03:05:48.250	46		
24	Tim	Lebbon		NEWT	50	Male	46			02:38:29	46
25	Tony	DALLY	W1043740	Taff Ely Tri	50	Male	45	03:06:42.833	45		
26	Daymion	Jenkins			50	Male	45			02:39:37	45
27	Nigel	BEVAN			50	Male	44	03:08:55.230	44		
28	Craig	Fancis			50	Male	44			02:40:51	44
29	Jonathan	MEEK			50	Male	43	03:12:57.730	43		
30	Andy	Barry		Newport East Wales triathlon	50	Male	43			02:42:46	43
31	Marcus	LLOYD	W1053399	Rhondda Tri	50	Male	42	03:13:01.293	42		
32	Mark	James		Porthcawl Triathlon Club	50	Male	42			02:44:54	42
33	John	PARKER		Tenby Aces	50	Male	41	03:13:07.353	41		
34	Christie	Coleman		Penybont tri	50	Male	41			02:46:46	41
35	Ian	TOMLEY	W10135783		50	Male	40	03:13:58.420	40		
36	Stuart	Mort		Port talbot Harriers	50	Male	40			02:50:36	40
37	Jason	THOMAS			50	Male	39	03:17:20.117	39		
38	Julian	Hopkins		Dragon Tri	50	Male	39			02:55:15	39
39	Wesley	PEARSON	E10168839	Swyd Tri Club	50	Male	38	03:22:09.873	38		
40	David	walters		Carmarthen Triathlon Club	50	Male	38			02:56:39	38
41	Adrian	LEWIS			50	Male	37	03:23:27.290	37		
42	Chris	Morris		North Dock Derdgers	50	Male	37			03:05:01	37
43	Dean	PHIPPS		Taff Ely Tri	50	Male	36	03:23:53.097	36		

44	Martin	James			50	Male	36			03:15:08	36
45	Shaun	SINCLAIR		Pembrokeshire Tri	50	Male	35	03:24:10.163	35		
46	Simon	Davies		Pen Y Bont Triathlon Club	50	Male	35			03:22:04	35
47	Ian	WARNE		Tenby Aces	50	Male	34	03:25:52.477	34		
48	Paul	MORRIS			50	Male	33	03:27:43.603	33		
49	Graham	CRANE	E1099907	Teme Leisure Tri	50	Male	32	03:30:09.113	32		
50	Nicholas	NEWTON			50	Male	31	03:32:31.223	31		
51	Greg	PAYNE		Coalville Triathlon Club	50	Male	30	03:33:02.853	30		
52	John	SHEEHAN	E10178919	Ealing Eagles Running Club	50	Male	29	04:00:00.740	29		

Male Super Veteran Category

Position	Name		Member	Team	Cat	Gender	WTSS Points	Stage 1 - Pembrokeshire		Stage 2 - Porthcawl	
								Time	Individual Points	Time	Individual Points
1	Simon	OSBORNE	W128172	Pencoed Tri	60	Male	200	02:38:21.033	100	02:07:11	100
2	Edward	MORGAN	W120728	Taff Ely Tri	60	Male	180	02:57:28.353	90	02:24:19	90
3	Kevin	WHEELER	W1062263	Pembrokeshire Tri	60	Male	85	02:59:14.173	85		
4	Paul	Belcher		Pen-y-Bont Tri	60	Male	85			02:39:05	85
5	M	J BATTERSBY	W129473	Cardiff Triathletes	60	Male	80	03:07:35.773	80		
6	Bill	Snowdon		Cardiff Triathletes	60	Male	80			02:40:06	80
7	Steve	RICH	W10160178	Pembrokeshire Tri	60	Male	75	03:12:13.427	75		
8	David	Hunter			60	Male	75			02:46:49	75
9	Simon	ANDERTON		Todmorden Harriers	60	Male	70	03:14:07.553	70		
10	Stuart	Elson		South Wales Police	60	Male	70			02:48:38	70
11	Martin	DAVIES	W1033112	NEWT	60	Male	65	03:14:36.840	65		
12	Malcolm	HARRISON	W1057745	GOG Triathlon	60	Male	60	03:21:41.047	60		
13	Michael	SMITH			60	Male	55	03:24:47.310	55		
14	Richard	SCARR	E10138063	Thames Valley Triathletes	60	Male	50	03:37:12.430	50		
15	Neil	ROBERTS			60	Male	49	03:38:13.737	49		

Male Super Vintage Veteran Category

Position	Name	Member	Team	Cat	Gender	WTSS Points	Stage 1 - Pembrokeshire		Stage 2 - Porthcawl	
							Time	Individual Points	Time	Individual Points
1	David HILL	W1085805		70	Male	100	03:31:07.860	100		
2	Mike WILLIAMS		Pembrokeshire Tri	70	Male	90	04:09:39.810	90		